



MR. AND MRS. STEPHEN DAVOL AND PARTY Married At Bedeque Live In Cambridge, U. S.

Amid a few relatives and friends the quiet but pretty wedding took place at the bride's home on September 14th at 3 p.m. when Rev. C. A. Britten officiated in marriage. The bride, daughter of Mr. Sinclair Affleck and the late Mrs. Affleck, Bedeque, P.E.I. and Stephen, son of the late Mr. and Mrs. S. B. Davol, Brookline, Mass., U.S.A. Mrs. Edna Jenkins played the nuptial music. The rooms were tastefully decorated with baskets of gladioli. The bride, given in marriage by her brother, Lloyd, wore a floor length gown of white nylon net with lace insets over satin, topped by a lace bolero with long tapering sleeves and a Peter Pan collar, trimmed with simulated pearls and sequins. Her shoulder length veil was held in place with a tiara of simulated pearls and sequins. She carried a bouquet of white roses. The bride's sister Bernice (Mrs. Lloyd Best) was her only attend-

MRS. GORDON MacMILLAN

A COUNTRY GARDEN

INDIAN SUMMER

The emerald valley, the tapestried hill Are veiled in the haze of returning heat. This ridge is time - suspended, still - Autumn moves on moccasined feet. These are not leaves caught on a horn Of the staghorn sumac, but scarlet feathers Shed by a chieftain to adorn His gentler namesake among weathers.

DAILY PATTERN

Each One Yard 35"



PRINTED PATTERN

Our newest Printed Pattern - JIFFY-CUT Paper pattern is all one piece; just pin to fabric, cut complete apron at once. Each of these pretty little styles takes just ONE yard 35-inch. Printed Patterns #655 includes all three styles: Misses' Medium Size only. Each apron takes 1 yard 35-inch fabric. Applique transfer. Jiffy-cut pattern is easiest to cut and sew. All pattern parts are printed on ONE basic piece! Send THIRTY-FIVE CENTS (35 cents in coins (stamps cannot be accepted) for this pattern. Print name, address, and phone number. Send order to ANNE ADAMS, care of Charlottetown Guardian, Charlottetown, P.E.I.

LET'S EAT

Bride Finds That Oven Makes A Poor Catchall

By IDA BAILEY ALLEN Last night we had a tragedy. I burned all our lovely stainless steel and copper pots and pans! What can I do?" wailed my attractive young friend, Joan, a new bride. "I'll tell you what our Chef advises," I replied. "Clean them each time after they're used with the polish. With persistence, they'll last a long time."

"Then ask your husband to put on the kitchen wall, at eye level, a board containing hooks for the utensils or use the modern plastic hooks that adhere to the wall."

Tomorrow's dinner: Steak wedges; barbecued cubed steaks; Swiss butter-fried potatoes; tomato salad; green pepper mayonnaise; concord grapes or lattice grape pie; coffee, tea or milk.

All measurements are level recipes proportioned to serve 4 to 6. Swiss Butter - Fried Potatoes: Boil 6 good-sized white potatoes. Peel. While warm, slice small with a small slicer of very coarse grater.

BULB PLANTING Bulb planting should now be done for early blooming in the house and the remaining pastyry. Press that one starts with sound firm bulbs. When planting outdoors the soil is prepared as for other flowers, by being well dug and fertilized.

Later the happy couple left on a honeymoon trip to Niagara Falls and other points of interest. Travelling the bride wore a dark brown suit with yellow and taffy tone accessories.

Mr. and Mrs. Davol will reside in Cambridge, Mass., where the groom is employed. Out of town guests, included: Miss Amy Davol, Cambridge, Mass.; Mr. George Davol, Concord, Mass. - Photo by D. W. Sears.

SPRINGFIELD W. I.

The October meeting of Springfield W. I. was held at the home of the president, Mrs. Crawford Sinclair and opened with the singing of Netherlands "Hymn of Thanksgiving" and the reciting in unison of the Samiti Creed. Eight members and two visitors answered roll call with "Something for which I am Thankful".

The minutes were read and approved, treasurer's report received, bills ordered paid and correspondence read and discussed. Two entries are to be sent to the Provincial W. I. Poetry contest.

\$10 was voted for the work of the Literarian Service Committee. Copies of the W. I. News were distributed. Two pairs of socks were passed in to the Red Cross Convention and more yarn was distributed.

Further plans were made for shipping woollens before the last of Oct. The School committee reported that the blackboard needed painting and it was agreed to have the matter attended to. It was decided to send a Canadian Pictorial Calendar and ten subscriptions to W. I. News as a Christmas gift to our adopted English W. I.

Mrs. William Haslam, Mrs. Clarence Haslam and Mrs. Reginald Haslam were appointed as Planning Committee for the 1957 program. Program suggestions to be passed in at the annual meeting which is to be held at the home of the secretary, Miss Muriel Haslam.

Mrs. Samuel Gillespie, leader of the recently organized "Cherry Workers" Sewing class reported that thirteen members were enrolled and displayed samples of the work prescribed.

It was regretted that the convenor of the programme Mrs. George Dunning was unable to be present but the study of "Ceylon" was presented in its different phases by Mrs. Samuel Gillespie, Mrs. William Haslam, Miss Geraldine Woodside, Mrs. Keith Mayne, Mrs. Clare Haslam and Mrs. Reginald Haslam. Further study of this subject is to be continued at the Nov. meeting.

Interesting one minute speeches were given by each member on various subjects including Thanksgiving community projects, Nature and Ceylon. A Halloween Silhouette contest was won by Miss Geraldine Woodside.

Following the singing of the National anthem lunch was served by the hostess and committee.

I. O. D. E. The regular monthly meeting of the Earl of Hillsborough Chapter I. O. D. E. was held Monday, October 8th at the home of Mrs. A. H. Roper with the Regent, Mrs. A. L. Roper presiding.

The Prayer of the Order, Minutes of the September meeting were read and approved followed by the Treasurer's report.

Plans for the presentation of a picture of the Queen to the Main Branch Navy Club were discussed. Mrs. Clarke, Secretary, Services at Home and Abroad, distributed flanellette for diapers, and also read an appeal for donations to the Halifax School for the Blind. \$10.00

It was decided to pack a box of good warm clothing for overseas. Mrs. Sterns was appointed to look after Religious Calendars.

The president announced that Dr. Whittier would speak at a Rally in Heart's Hall on November 14th. It was decided to buy some of the books in the Book Shelf. Miss Newsome volunteered to supply some copies of "World Friends" to the Mission Band.

The president invited the members to the Baby Band Party on Friday afternoon. The Hymn "Oh for a faith that will not shrink" and the Mizpah Benediction which brought the meeting to a close.

A social half hour followed and light refreshments were served.

TRINITY W.M.S. The Thankoffering meeting of the afternoon Auxiliary of the W. M.S. of Trinity United Church, Charlottetown, was held in the Social Hall on Thursday the 4th of October with a large attendance.

Miss Mabel Newsome led in the devotions which opened with the Hymn "All people that on earth do dwell". The scripture reading was the 103 Psalm read in unison followed by the Lord's Prayer.

Miss Newsome gave a fine Meditation on Thanksgiving. What shall we render to the Lord for all his benefits and how we may share our blessings with others. The Hymn "We give Thee but Thine own" brought this part of the meeting to a close.

KEEP IN TRIM

The Old Rocking Chair Can Keep You Younger

By IDA JEAN KAIN Get out the rocking chair and rock and roll. The gentle motion of rhythmic rocking works wonders - tones up circulation, relaxes tense muscles, banishes leg cramps, wards off blood clots and cures insomnia. All this and better posture, too, is claimed for daily rocking by Lindley Robbins, who is now 68 years young and for the past few years has been rocking regularly.

It all began when Mr. Robbins read an article in the American Medical Journal which stated in effect that "the old rocking chair's got science" and could do a lot toward preventing blood clots by improving the circulation.

The article promised that men and women might easily and pleasantly lengthen their lives if they would only make regular use of the once popular rocking chair.

After some weeks of rocking regularly, 45 minutes in the evening, Mr. Robbins found his leg cramps gradually disappearing, and with them, his insomnia. Then abdominal muscles were so much stronger, and that his posture had changed. "The slightly stooped shoulders that I had gloomily taken for granted as the badge of the desk worker assumed a new erectness. Also over a period of many months, I was able to take in a belline a couple of notches," he reported.

HARD TO BELIEVE At first he couldn't believe rocking could be responsible for all those pleasing transformations. He hunted for some other explanation. But bit by bit the evidence piled up - evidence accumulated not only by his own experience and that of his wife, but from the interesting things that had been happening to his friends and acquaintances who had also started rocking. They laughed when they first sat down to rock, but now they're rocking regularly.

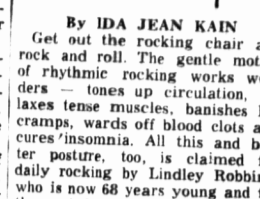
Well, this does make sense. Many aches and ailments often attributed to age are the result of poor circulation, which in turn can be caused by lack of exercise.

Enthusiastic about rocking, Mr. Robbins ventered the "Rolling Rocker" now on the market. Here are his suggestions for effective "rocking chair therapy." Use a low chair with long runners to give a full swing. Keep your feet on the floor. Be sure that the lower part of your back rests firmly against the back of the chair. Pull up continually with the lower abdominal muscles as you glide back and forth, and lean against your backbone, not your beltline. And last, don't skimp on time. Rock regularly, at least 45 minutes a day.

If you have an old rocking chair in your attic, get it out from re-

Wife Preservers

As soon as you notice signs of split or rotten wood in your porch rails, replace it to prevent an accident. Keep all wood painted, and scrape rust of iron railings and repair with red lead, followed by house paint.



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BURTON W. I.

Members of Burton Women's Institute met at the home of Mrs. Wilfred Dalton on Monday evening, October 8. The president Mrs. Lance Dalton presided. Meeting opened with the Ode, followed by the Collect in unison. Nine members were present.

Minutes of last meeting and treasurer's report were read and responded to. Institute news and Polio Post were passed around. It was decided to donate a prize to the students making the highest marks in each grade at the close of the school term, and also to sponsor a Sale of lunches at the annual St. Mark's Credit Union meeting.

Mrs. Lance Dalton read acknowledgement of donation sent to "Cancer Fund." Mrs. Elmer Cooke read an interesting friendship letter from Burton W. I. in England. A spelling contest conducted by Mrs. Peter Dalton was won by Mrs. Edward Collicutt.

Sick Committee reported visiting the sick and shut ins. All bills were paid. Mrs. Elmer Cooke will be hostess for the November meeting which will be the annual meeting.

New committees are: Sick, Mrs. Peter Dalton, Mrs. Clifford Collicutt; School, Mrs. Lance Dalton; Entertainment, Mrs. Colridge Rogers; Lunch, Mrs. Henry Dalton, Mrs. Edward Collicutt, Mrs. Colridge Rogers. A dainty lunch was served by the hostess, assisted by lunch committee. Meeting adjourned with the "Queen" and was followed by a social hour.

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First Time In Full Colour! Traditional, World Famous THE SCOTSMAN OF EDINBURGH 1957 CALENDAR Deservdly famous the world over for excellence of subject and reproduction, the traditional Scotsman Calendar is once again available to Canadians through this newspaper. Printed with all the old-country flair for craftsmanlike clarity on high grade paper, this is more than a mere recorder of time. The 1957 Scotsman Calendar is a faithful reproduction of the beauty of Scotland... and for the first time, in full, true-to-life colour. See the pastoral scene near the Loch Awe in Argyll, the beauty of Eilean Donan in glorious colour, the violet haze of the Cairngorms, highland cattle on the Cullin Hills, as well as views of Balmoral Castle and Edinburgh and more. There are thirteen in all, each one suitable for framing. Certainly this is a year 'round Christmas gift, either for friends anywhere or for yourself. Order now for delivery anywhere in Canada by Christmas. Please accompany your order with payment. Order at our office, from your carrier, or by mail. Mailed Directly To Anywhere \$1.00 In Canada From Edinburgh For Order Now In Time For Christmas Delivery Through THE GUARDIAN Order at our office, from your carrier boy, or by mail. Enclose \$1.00 for each calendar desired. ALL ORDERS MUST BE RECEIVED AT THE GUARDIAN OFFICE NOT LATER THAN OCT. 27th.

COOK'S CORNER



MY NUT BREAK

2 cups flour 1/2 cup sugar 1 teaspoon salt 3 teaspoons baking powder 1/2 cup shortening, cold 1/2 cup nut meats 1 egg 1 cup milk Sift all dry ingredients. Cut in cold shortening with knife or blender. Add nuts. Beat egg well. Add 1/2 cup milk and add to mix. Mix quickly and pour into greased loaf pan. Bake at 400 degrees F., for 40 minutes.

TRINITY W.M.S.

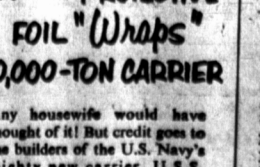
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A solo "No one ever cared for me like Jesus" sung by Mrs. L. Warren accompanied by Mrs. Howatt was much appreciated by the members.

The business was led by the president, Mrs. A.B. Bagnall. Mrs. A.F. McLean gave a very fine report of her visit to the "General Council of the United Church" which was held at Windsor, Ont. Reports of Scriptures were heard.



Any housewife would have thought of it! But credit goes to the builders of the U.S. Navy's mighty new carrier, U.S.S. Ranger, for using aluminum foil to keep their product "fresh".

During construction, a ship sits on wooden blocks, which absorb a lot of moisture. To protect their costly steel hull from rust and corrosion during the 18-month construction period, the Navy simply covered the blocks with ordinary household foil. This marine was a natural for a marine builder, since seawater is even shinier, non-corroding aluminum so widely for superstructures, lifeboats and other important ship-building components.

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