

# thrifty food buys



## Lenten Specialties

CHICKEN HADDIE 14 oz 2 for 37c

MILL RIVER CLAMS Tin 35c



Star of the Sea  
MACKEREL  
2 for 39c

### AT YOUR LOCAL CO-OP STORE



## JAMS

PRIORS — 24 OZ **42c**  
 STRAWBERRY  
 WINONA — 12 OZ **29c**  
 STRAWBERRY  
 NEAL'S — 2 LB. **49c**  
 HONEY

## Co-op Brand

PEACHES 2 15 OZ. TINS **33c**  
 PRUNE PLUMS 2 20 OZ. TINS **41c**  
 CO-OP MILK 6 TINS FOR **75c**  
 DATES Cello-Pack 2 lbs. **29c**

Catell — 20 oz  
**BEANS** (with molasses) 2 for **43c**  
 Catell — Yellow Eye  
**BEANS** 2 - 20 oz tins **43c**

## CONGRATULATIONS

TO  
SUMMERSIDE CO-OP SUPER MARKET  
ON THEIR 3rd ANNIVERSARY



5 LBS. LGE. **23c**

BLUE RIBBON

## MATCHES

3 BOXES **32c**



**32c**

Gerber's  
BABY FOODS  
3 for **29c**



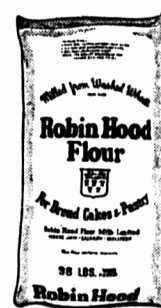
Sunlight SOAP  
2 Bars **23c**

PARD DOG FOOD 2 for **29c**  
 Campbells TOMATO SOUP 4 for **49c**  
 FORTUNE TOMATOES 2 28 oz tins **35c**

# SAVE

with these Top Quality  
MEATS FOR YOUR FREEZER

A Fresh Pork Special  
 FRESH PICNICS — Per Lb. **49c**  
 Sweet Pickled  
 NECK RIBS — Per Lb. **15c**  
 Country Style  
 SAUSAGES — Per Lb. **37c**  
 Smoked Shankless  
 PICNIC HAMS — Per Lb. **59c**  
 Individual Midget 1 1/2 to 2 Lbs.  
 BOLOGNAS — Per Lb. **29c**  
 Famous Canadian Back  
 PEAMEAL BACON — Per Lb. **79c**  
 1 Lb. Cello Pkg.  
 WIENERS — Best Quality — Per Lb. **39c**



98's  
**6.45**



GRAVES CHOICE

WAX BEANS  
2 20 oz Tins **37c**

GRAVES SOLID PACK  
28 oz Tin

APPLES  
**29c**

Ask At  
YOUR CO-OP STORE

About Your Requirements of  
WASHING MACHINES  
REFRIGERATORS  
DEEP FREEZERS

BARN EQUIPMENT PAINT  
MILKING EQUIPMENT PLUMBING

## Fresh FRUITS & PRODUCE

Green Pascal  
Celery — large sticks **29c**  
 New Spring  
Carrots — tasty — 2 lbs. **19c**  
 New Spring — Green Firm  
Cabbages — 2 lbs. **19c**  
 New Spring — Young  
Beets — tasty, delicious — 2 lbs. **19c**  
 Firm — Red Ripe  
Tomatoes — per carton **25c**  
 Sno-White  
Parsnips — they're different — 2 lbs. **19c**  
 California Seedless  
Oranges — 2 dozen in bag **85c**

Rosedale  
PEAS  
2 15 oz tins **35c**  
 Village Green  
BEANS  
2 20 oz tins **29c**

March 18, 19 and 20

# YOUR CO-OP STORE

"SHOP CO-OP AND SAVE"

STORES AT

ALBERTON — BLOOMFIELD — TIGNISH — O'LEARY — WELLINGTON — CARLETON — NORTH RUSTICO — CHERRY VALLEY — TRACADIE — ELMIRA — VERNON RIVER — MORELL — ST. PETERS.

SUMMERSIDE—Dial 2117 CHARLOTTETOWN—Dial 8557 MONTAGUE—Call 5