

SPECIALS
AVAILABLE
AT THE
SOURIS
AND
VERNON
RIVER
CO-OP
STORES

MORE MEAT for YOUR MONEY

Facts are facts. You get MORE meat . . . BETTER MEAT . . . for less COST at CO-OP SUPER MARKET! MORE MEAT for the money because all our meats are table-trimmed BEFORE weighing and pricing. BETTER MEATS because they're top grade meats — the quality you prefer for wonderful flavor. LESS COSTLY because you don't pay for excess bone and fat. You get MORE GOOD EATING MEAT per pound . . . per penny.

ENJOY YOUR
SHOPPING TOUR IN
A BRIGHT, CLEAN,
COURTEOUS STAFF
FILLED STORE.
THE CO-OP
SUPER MARKET



LESS MONEY for Your MEAT

GRADE "A" EVISCERATED CHICKEN

BROILERS

WHOLE OR CUT UP LB. **35^c**

Swift Premium 1 LB. PKG. **69^c** | Swift Premium 1 LB. PKG. **45^c**
Side Bacon | Wieners

LOIN ROAST OF PORK Lb. **59^c**

OLYMPIC BOLOGNA BY THE PIECE LB. **29^c** | ALPINE STEAKETTES Lb. **59^c**

T-BONE, RIB or WING STEAK Lb. **79^c**

DEL MONTE PRUNE NECTAR 24 OZ. JAR **39^c** | SWIFT'S SILVERLEAF LARD 5 1 LB. PKGS. **99^c**

SNOWBIRD COD FILLETS 1 LB. PKG. **29^c**

SNOWBIRD HADDOCK Fish - Chips 20 OZ. PKG. **53^c**

PERFECTION ICE CREAM 1/2 GAL. **99^c**

ZERO-PAK—15 OZ. PKG.
Fresh Frozen Raspberries **39^c**

SEABROOK FARMS French Fries 2 3 OZ. PKGS. **35^c**

PEPSODENT Tooth Paste GIANT SIZE **49^c**

LUCKY WHIP Topping 2 OZ. PKG. **25^c**

PRESTIGE Furniture Polish 6 1/2 OZ. SIZE **73^c**

BIRDSEYE PEAS WITH PEARL ONIONS OR WITH CELERY 3 3 OZ. PKGS. **85^c**

POWDERED DETERGENT OMO 20c OFF GT. SIZE **69^c**

LUX TOILET SOAP 5 BAR DEAL **49^c**

SUCCESS LIQUID WAX 20 OZ. TIN **69^c**

HEINZ PICKLES SWEET MIXED OR SWEET WAFER 2 16 OZ. JAR **65^c**



THE GENTLE TISSUE WHITE SWAN 4 ROLL PACK **49^c**

FRUITS & VEGETABLES

NEW CROP "FLORIDA" JUICE ORANGES 5 LB. BAG **79^c**

DELICIOUS EATING GRAPES 2 LBS. **39^c**

IMPORTED HEAD LETTUCE EACH **27^c**

FULL OF JUICE GRAPEFRUIT 3 FOR **33^c**

CORELESS CARROTS 3 LBS. **23^c**

FLAVOR-PAK GREEN PEAS 3 20 OZ. TINS **47^c**

HAMILTON'S SODA WAFERS 1 LB. PKG. **35^c**

VACHON STRAWBERRY JAM 24 OZ. JAR **49^c**

TREASURE MOLASSES 2 53 OZ. PKGS. **69^c**

BAYVIEW SOLID PACK TUNA FISH 2 7 OZ. TINS **59^c**

BAYVIEW BABY CLAMS 2 10 OZ. TINS **59^c**

DEL MONTE ROUND-UP



PINEAPPLE JUICE 2 48 OZ. TINS **89^c**

WHOLE KERNEL CORN 2 14 OZ. TINS **35^c**

PEACHES 28 OZ. TIN **39^c**

TOMATO CATSUP 2 11 OZ. BOTTLES **39^c**

SEASONED WAX or GREEN BEANS 4 15 OZ. TINS **75^c**

"NEW AND DELICIOUS" ZUCCHINI SQUASH 2 15 OZ. TINS **45^c**

TOMATO JUICE 3 48 OZ. TINS **1.00**

Pineapple - Grapefruit DRINK 2 48 OZ. TINS **89^c**

Listen to News and Views on Groceries—CFCY Thursday at 11 a.m.

CO-OP SUPER MARKET

AN ISLAND STORE OWNED BY ISLAND PEOPLE

BIG ENOUGH TO SERVE YOU - NOT TOO BIG TO APPRECIATE YOU

FREE DELIVERY • PHONE 8557 • FREE CUSTOMER PARKING