

ROYAL BAKING POWDER

Absolutely Pure.

Baseball Batting.

The ideal batter puts into his stroke, first, body motion; second, upper arm motion; third, forearm motion, and fourth, wrist motion. The stroke begins with a strong body swing, which is followed by the motions of the upper and fore arm respectively, and ends with a short, quick snap of the wrists. Although this is the analysis of the ideal stroke, it is not precisely the one that I would recommend for the majority of amateurs. To get all the motions to their full extent against good pitchers requires an ability to judge the ball more quickly and accurately than amateurs, with few exceptions, can do. The wrist and arm motions can be controlled more easily and quickly than the body swing, so that if most of the latter is left off the batter has a greater chance of judging the ball accurately. I therefore think, as accuracy is absolutely essential, that batters should be coached to use but little body swing. In other words, they should be coached not to "slug" and try for home runs, but to meet the ball squarely for line singles. When you see a batter, as I often have, strike at a ball, and from the force of the stroke he turned completely around, you have seen one who is guilty of two breaches of correct batting principles. First, having entirely sacrificed the important arm and wrist motions, he has, with stiff arms and wrists, depended entirely upon a powerful body swing. And, second, he has lost his balance and therefore all batting form. It will be well to bear in mind that against any pitcher a good, clean hit can be made, even without any body motion, if the ball be hit squarely and with a quick arm motion and snap of the wrists.—Harper's Round Table.

His View of Our Women.

According to the Rev. Dr. F. E. Clark, American women are thus referred to by the Swami Vivekananda, the Hindu who was so popular with women while he was in this country: "When a woman tries her best to find a husband, she goes to all the bathing places imaginable and tries all sorts of tricks to catch a man. When she fails in her attempts, she becomes what they call in America an 'old maid' and joins the church. Some of them become very 'churchy.' These churchwomen are awful fanatics. They are under the thumb of the priests there. Between them and the priests they make a hell on earth. They make a mess of religion. With the exception of these the Americans are a very good people. They loved me so much. I loved them. I felt as though I was one of them."—New York Tribune.

The Occult.

The Orient—But you will not deny that our attainments in occult science are at least far surpass yours.
The Occident—Occult? Say, right in my own town there's a fortune teller that I'll back against anything that ever came down the pike. Why, she's the seventh daughter of the seventh husband.—Detroit Journal.

YOUR BABY'S SKIN NEEDS "BABY'S OWN SOAP"

NONE BETTER FOR DELICATE SKINS

The Albert Toilet Soap Co., Mfrs. Montreal.

Reflections of a Bachelor.

Probably Delilah was afraid Samson was thinking of becoming an artist.
The rarest but the most invulnerable kind of innocence is the kind that comes from knowledge.
If the devil had had to wear his last summer's straw hat, he would never have made a hit with Eve.
The pictures about little babies being brought to earth by angels are always painted by men.
A man always thinks in his heart that a woman is a fool for refusing him, and generally he is right.
When a man starts out fishing for a woman, he puts a dress suit on the hook and throws in some compliments for loose bait.—New York Press.

A Close Friend.



Hooley—Denny McSwatt is a close friend av yours, ain't he, Mike?
Dooley—That he is. Sure, I niver knew he wuz so close until Oi troid ter borry a dollar off av him.—Up to Date.

Too Verbose.

There was once a mathematical tutor in one of our great universities who was in the habit of boasting that he neither knew nor cared to know anything about poets or poetry and considered it all "a lot of unpractical rot." A certain brother tutor, anxious to convert him, gave him the famous "Charge of the Light Brigade" to read. The mathematician took it up and began to read aloud, thus, "Half a league, half a league, half a league"—Then he banged the book down, exclaiming impatiently, "Well, if the fool meant a league and a half, why on earth didn't he say so?"—Argonaut.

Determined.

Pale and proud she stood before him. In fact, she had him in the corner, and he could not depart.
"Do I get a 1897 wheel?" she asked, and in her tone there was a threat veiled, even as the quinine may be masked, by the liquid softness of the rock and rye.
"No," said the wretched man in desperation.
"Then," said she, her voice as hard as the inside of a ball bearing, "I shall see my lawyer today. I will buy that wheel out of the alimony."—Indianapolis Journal.

Thought They Had Lynched 'Em.

The prisoner was waiting for the verdict in a rural justice court. Three hours had passed, and still no sign from the jury. Finally his lawyer came over to him and whispered:
"I have just learned that the jury is hung."
"Thank the Lord!" cried the prisoner, who had taken the lawyer literally. "I knowed I had friends here. Gimme my hat an order yer liquor."—Atlanta Constitution.

Very Bad Judgment.

"Poor Heidsix has lost his job in the postoffice."
"You don't say!"
"But I do say. Some crank mailed a letter addressed simply to 'The Greatest Man in America,' and instead of sending it to his chief Heidsix sent it to Bob Fitzsimmons."—Indianapolis Journal.

An Impression.

"Did that lawyer get a clear view of the case?" inquired the litigant's friend.
"No, I'm afraid he didn't. I told him that my trouble was about money, and he seemed to be proceeding on the theory that by relieving me of my money he would cause the trouble to disappear."—Washington Star.

Pertinent.

Penelope—Do horse shows improve the class of horses?
Tom Barry—Yes.
Penelope—And dog shows of dogs?
Tom Barry—Yes.
Penelope—Then why don't they hold man shows?—Truth.

Another One.

"Oh, that," said she wearily, "is another thing."
It did seem as if their tete-a-tete was constantly to be interrupted by a succession of Cholliers.—Cincinnati Enquirer.

Not a Thing.

Nell—Do you think there is anything between them?
Belle—I don't know. There wasn't when I looked in at the parlor door last night.—Somerville Journal.

An Excellent Metaphor.

"Your daughter Imogene is a perfect Venus, Mr. Duggins."
"Yes—Venus de Milo; she never does any work with her arms."—Chicago Record.

Sovereign Cocoa Wine is pleasant to take, is certain and gratifying in its effect in cases of loss of sleep, and enervation.

Clear Evidence.

Judge—What's your name?
Prisoner—I'm Pat Murphy, your honor.
Judge—Where do you live?
Prisoner—Sure, I don't live anywhere, sir.
Judge (to second prisoner)—What's your name?
"I'm Denis McCarthy, sir."
"Where do you live?"
"Begorra, your honor, I live next door to Pat Murphy."—Punch.

How She Appeared.

Something whizzed by—a minglement of steel spokes and red bloomers.
"What is that there?" asked Uncle Hiram, withdrawing his gaze from the high building to look after the vision.
"That is the new woman," answered his nephew.
"The new woman? Looks like the old boy."—Kalamazoo Telegraph.

Stopped the Elopement.

"How did they stop the elopement?" asked Maud.
"By a detestable piece of trickery," replied Mamie. "Her father put his head out of the window and shouted that her hat was on crooked, and when she grabbed for it she upset the tandem."—Washington Star.

His Business.

Judge—What is your occupation?
Prisoner (who was caught in a gambling house raid)—I'm a locksmith.
Judge—What were you doing in there when the officers entered?
Prisoner—I was making a bolt for the door.—New York Sunday Journal.

A New Fashion Needed.

Foreman—We need a few lines to complete a column.
Rural Editor (wearily)—Well, say the Prince of Wales has begun wearing old clothes because they are more comfortable. Perhaps it will start a fashion that you and I can follow.—Punch.

False Prophets.

"They told me," said he to himself, "that when I married her I would be spoken of as Mrs. Bingle's husband. But they lied."
"So they did," said she, who had overheard. "You are not spoken of at all."—Indianapolis Journal.

Postponed.

Employer—I thought you wanted to go to your grandmother's funeral this afternoon.
Office Boy—Please, sir, it was postponed on account of wet grounds.—Truth.

Quite Probable.

She—How do you account for the enormous increase of the English sparrow in America?
He—They're too ugly to go on women's hats!—Chicago Record.

Covered the Bet.



"I hear Jim Jonsing's dun got pinched. What's got him in trouble?"
"His sportin' blood. He bet de copper dat he wouldn't arrest him."
"What did de cop do?"
"He took him up."—New York Journal.

Dyspepsia

Is weakness of the stomach. It is the source of untold misery. It may be cured by toning and strengthening the stomach and enriching and purifying the blood with Hood's Sarsaparilla. Many thousands have been cured by this medicine and write that now they "can eat anything they wish without distress."

Hood's Sarsaparilla

is the best—in fact the One True Blood Purifier. Hood's Pills act easily, effectively. 25c.

TO LET.

The house on Richmond St. west, at present occupied by Mr. J. M. McLeod. This house is beautifully situated on the harbor front, with splendid view. Is fitted with all the modern improvements. Apply to Mr. Thos Campbell.

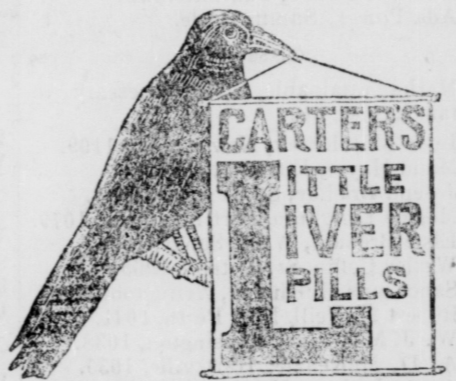
Liberal Conservative Meeting

A meeting of the Liberal Conservative Association of Belfast, will be held in the Public Hall, at Eldon, on Wednesday June 23rd, at 3 p. m. to select Candidates to contest that district at the forthcoming election. There will be ten delegates from each poll.
By order,
F. B. MCRAE, JAMES NICHOLSON,
Secretary President.

WILLING TO OBLIGE.

The Sensational Exhorter and the Fleeing Worm That Turned.

One of those old fashioned fire and brimstone exhorters who believe in shaking people over the bottomless pit and scaring them into being good was holding forth one night to an audience in a large New England town.
He had got himself aroused to the highest pitch of excitement and was thundering forth:
"Hell is yawning for all you half way Christians, as well as for backsliders and stummers. The burning lake is full of pretended Christians, and there are plenty more on the way—people that you would never imagine were bound for hell. My grandmother was one of those half way Christians, and I'm sorry to say I believe she is in hell tonight, with countless millions of others."
At this point in the discourse a young man in the audience arose and began tiptoeing his way toward the door. The quick eye of the exhorter caught sight of him before he had taken half a dozen steps, and, pointing a long, bony finger at his departing form, he shouted:
"Yes, sir, in hell tonight, and that young man sneaking out is headed straight for the same place."
Quick as a flash the young man turned around in the aisle, glanced at his denouncer and pleasantly observed:
"Thank you, dominie. Any word you'd like to send to your grandmother or other relatives?"
And then, amid the suppressed tittering of the audience and an embarrassed silence on the part of the exhorter, the young man continued on his way out.—New York Sunday Journal.



SICK HEADACHE

Positively cured by these Little Pills.

They also relieve Distress from Dyspepsia, Indigestion and Too Hearty Eating. A perfect remedy for Dizziness, Nausea, Drunkenness, Bad Taste in the Mouth, Coated Tongue, Pain in the Side, TORPID LIVER. They Regulate the Bowels. Purely Vegetable.

Small Pill. Small Dose. Small Price.

Substitution the fraud of the day.
See you get Carter's, Ask for Carter's, Insist and demand Carter's Little Liver Pills.

DR CLIFT

treats Chronic Diseases by the Salisbury method of persistent self-help in overcoming past errors and Removing causes from the blood. Catarrh, Bronchitis, Asthma, Shortness of Breath, Pleurisy, Tuberculosis Consumption of Lungs or Bowels, Indigestion, Dyspepsia, Gastritis, Ulcer, Cancer, Dropsy, Diarrhoea, Dysentery, Constipation, Piles, Fissures, Fistula. Diseases of Heart—Valvular, Fatty Enlargement, Palpitation. Of Liver—Jaundice, Diabetes Cirrhosis, etc. Of Kidneys—Albuminuria Bright's Disease, etc. Of Spleen and Bladder—Cystitis. Of the Blood—Anæmia, Chlorosis, Scrofula, Malaria, Rheumatism, Gout, Sciatica, Scurvy, Purpura. Of Female Organs—Inflammations and Displacements of Womb, Ovaries, Bladder or Bowels. Menstrual irregularities of Sexual Organs. Of Nerves and Spine—Nervous Prostration, Sleeplessness, Decline, Hysteria, Tremors, St. Vitus' Dance, Chorea, Epilepsy, Convulsions, Paralysis, Locomotor Ataxia. Paralysis, Agitans, Softening of Brain. Some forms of Insanity—Dementia, Mania, Hypochondria, Melancholia. Failure of Vision and Voice, Deafness. Of Skin—Eczema, Salt Rheum, Erysipelas, Syphilis. Tumors, Glandular Fatty, Fibroid, Uterine, Ovarian and Cancer, Goitre, Cretinism, Obesity, Corpulency. Drug and Liquor Habits—Opium, Morphine, Chloral, Cocaine, Tobacco, Stimulants. Of Bones and Joints—Deformities, Curvatures, and Pott's Disease of Spine, Paralysis, Hip Disease, Knock-knee, Bow Legs, Club and Flat Foot, Wry Neck, Rickets, Scrofula, Sore Legs, Varicose Ulcers, etc. Continuous intelligent treatment insures Minimum of suffering and Maximum of Cure, possible in each case. Avoid attempts unaided or under blind leaders.

DR. CLIFT

Graduate of N. Y. University and the N. Y. Hospital. 23 years' practice in N. Y. City. Diploma registered in U. S. and Canada. Address:—Charlottetown, P. E. I. Office:—Victoria Row. Telephone Call. Accommodations Reserved for patients. References on application.

These Competitions will be conducted monthly during 1897.

FIRST PRIZES—10 Stearns' Bicycles EACH MONTH.

SECOND PRIZES—25 Gold Watches EACH MONTH.

\$1,625 Given Away EACH MONTH IN BICYCLES AND WATCHES.

SUNLIGHT SOAP WRAPPERS.

SEND THIS TOP PORTION WITH YOUR SOAP WRAPPERS.

Rules. 1. Every month during 1897, in each of the five districts, prizes will be awarded as follows:
The two competitors who send in the largest numbers of coupons from the district in which they reside, will each receive, at winner's option, a lady's or gent's Gold Watch, value \$25.
2. The competition will close the last day of each month during 1897. Coupons received too late for one month's competition will be put into the next.
3. Competitors who obtain wrappers from unsold soap in dealer's stock will be disqualified. Employees of Messrs. Lever Bros., Ltd., and their families are debarred from competing.
4. A printed list of winners in competitor's district will be forwarded to competitors 21 days after each competition closes.
5. Messrs. Lever Bros. Ltd., will endeavor to award the prizes fairly to the best of their ability and judgment, but it is understood that all who compete agree to accept the award of Messrs. Lever Bros., Ltd., as final.

The bicycles are the celebrated Stearns, manufactured by E. C. Stearns & Co., Syracuse, N. Y., and Toronto, Ont. Each wheel is guaranteed by its makers, and has complete attachments.

LEVER BROS., LTD.,
25 SCOTT STREET, TORONTO.

Shirt Waists, Blouses, Corsets, Underclothing, Millinery, Hats, Sunshades, Umbrellas.

T. J. HARRIS, - - London House

HIGH GRADE English Manures

Landing to-day ex Steamer "Irene Morris," direct from Liverpool, E. N. SUPERPHOSPHATES, NITRATE OF SODA, MURIATE OF POTASH, BONE MEAL, ETC.

All genuine, and of guaranteed analysis. The only reliable, best, and at least 20 per cent the cheapest fertilizer on the market.

AULD BROS.

It Costs Nothing

to have your eyes examined. It is very injurious to to persist in doing without glasses when you feel the need of them. We can refer to many of our patrons who have been greatly helped by properly fitted glasses.

G. F. HUTCHESON, Jeweler & Optician
QUEEN STREET.

Bicycle Sundries

Sperm Oil..... 8c per can
Best quality Graphite..... 5c a stick
Pant Clips..... 8c a pair
Corbin Bells..... 55c each
A good Lantern for..... \$1.00
20th Century Lantern for..... \$3.25
Hold-fast Luggage Carriers..... 18c each
Climax Luggage Carriers..... \$1.09
Tubes Fine Cement..... 3c each
Second-hand Saddle in good order, for..... \$1
Baby Carrier, half price..... \$2.50
The Celebrated Brantford Bicycle Supply Co's Dagger Chain-Brushes..... 4c each

MILLER BROS.,
The P. E. Island Music House.