

WOMEN

Page 8 The Guardian Saturday, Dec. 18, 1954

Happenings of The Week

The time draws near the birth of Christ. The moon is hid; the night is still; The Christmas bells from hill to hill Answer each other in the mist. . . . Tennyson

Ring, merrily ring, ye Christmas Bells, Ring glad and free, And announce once more to the waiting earth The Nativity. . . . Gilmour

The latter quotation comes from a Book found in an Island library, called "Scraps of Verse from a Shut-In" by Lucy C. Gilmour, and dedicated "to A. A. D., Friend of My Youth, and of my later years, and of a cloudy day." This book was published by the Maritime Stationers, Limited, at Charlottetown, P. E. Island, 1912.

At this season of the year, appropriate Christmas reading includes the well-reading of the old familiar and beloved.

The first choice for all Christians is the story of the Nativity from Holy Scriptures, which will be read in Church and Home.

Then there is "The Christmas Carol" by the great humanitarian Charles Dickens. This is one of the most beautiful portrayals of the Christmas Spirit ever written. One hears the facetious remark that Charles Dickens invented Christmas, but certainly his masterpiece has helped to place the Spirit of Christmas in Christmas literature.

It is also in keeping with the season and in this international era to read his speech, "Friends Across The Sea" which was delivered in the United States on the occasion of his visit in 1842.

In trend with the hopes for the Peace of the World, there is William Jennings Bryan's inspirational address "The Prince of Peace."

Other numbers for reading aloud among family and friends around the fireplace include the Canadian humorist Stephen Leacock's "The Errors of Santa Claus," and the beautiful "One Thousand Aves" from Maria Chapdelaine by Louis Hemans. O. Henry's "The Gift of the Magi."

Then really isn't Christmas without "The Ruggles Christmas Dinner" by Kate Douglas Wiggin, the classic editorial "Yes, Virginia, there is a Santa Claus," Moore's "The Night Before Christmas" and a beautiful new number "The Littlest Angel."

Finally there will be more than school chorals groups, join at this season of the year, to recite down the years Longfellow's beloved "I Heard the Bells on Christmas Day."

The traditional New Year's Day levee of Governor Vincent Massey will be held again Jan. 1 in the Senate chamber.

Although a notice published in Ottawa newspapers Thursday says he will receive "members of the general public, there is an understanding with a few exceptions the affair is for men only.

The exceptions are Ottawa's Mayor Charlotte Whitton and women officers of the armed forces.

But any man, whether he be a cabinet minister or a laborer, is most welcome with a vice-regal handshake and greeting some 1,200 turned out last New Year's Day.

Mr. and Mrs. R. C. Parent entertained the wives of the employees of the Experimental Farm at a delightful afternoon tea on Wednesday at Raverwood. Pouring tea were: Mrs. B. F. Tinney and Mrs. Cyrus Pickard. The guests were ushered by Mrs. Norman Back. The tea assistants were: Mrs. James Baldwin, Miss Mary Murnaghan, Miss Christine Shaw and Miss Esther Johnston. The replenishers were: Mrs. D. C. Schurman, Mrs. Fred Driscoll and Mrs. Adolph Vessey. The decorations for this lovely party were pink carnations in the living-room and dining-room with tapers to match.

Mr. and Mrs. Parent entertained again on Friday from four until six for the men employees of the Experimental Farm.

Mr. and Mrs. Earle B. MacDonald are spending the Christmas holiday in Halifax, with Dr. and Mrs. G. D. Barrett and family.

Miss Agnes McQuaid left Friday morning to spend Christmas and New Year's in Baltimore, Maryland. She will be the house guest of her brother, Judge W. T. McQuaid and Mrs. McQuaid, and also visit with her brothers, Dr. M. E. and E. G. McQuaid and their families.

Mrs. C. J. Smith, Manor Park, Ottawa, with two of her children, Kent and Wendy, has been visiting her mother, Mrs. W. G. Bruce, Harland Apartments.

Mr. Arnold Hubley, Vice-Principal of Union Commercial College has left by plane on a two-week visit with his parents, Mr. and Mrs. M. S. Hubley, Brighton, Massachusetts. Mr. Hubley will also be a guest of Dr. H. B. Wells, Vice President of Burdett College at the formal opening ceremonies of the new Business Administration and Secretarial Science building, recently purchased by Burdett College.

Mrs. E. A. Large leaves this morning to spend Christmas in Montreal with her son, Alexander, and later will go to Los Angeles, California, for a couple of months.

Miss Suzanne Palmer, student at Dalhousie University, is spending the holidays with her parents, Judge and Mrs. Palmer.

Miss Mary Whiteside, a second year Arts Student at Dalhousie, arrives this evening to spend the Christmas holiday with her parents, Mr. and Mrs. G. B. Whiteside.

The Alpha Club of Beta Sigma Phi met Wednesday evening at the home of Mrs. Hugh Simpson, Junior. Arrangements were completed for the Christmas project. Refreshments were served by Mrs. Simpson and Mrs. Robert Gray.

Flying Officer Douglas Pierce who has been in England for two years is visiting his parents, Dr. and Mrs. H. H. Pierce, North River Road.

Mr. Douglas Judson of Miami, Florida, has been visiting his mother, Mrs. Austin Judson.

The Hi Exemplar Chapter of Beta Sigma Phi Sorority met Wednesday evening at Mrs. Ralph Jenkins' home. The programme consisted of: Mrs. William Johnson and Mrs. Gordon Rayner, Mrs. Johnson and Mrs. Rayner spoke on "Diction," a branch of "Speech Arts." Tape recordings were made of members' voices. Luncheon was served by Mrs. George Rogers and Mrs. Gordon Rayner.

Mrs. E. C. LePage leaves this morning for St. Petersburg, Florida, to spend the winter months there with her son, Mr. A. B. LePage and Mrs. LePage, and grandson, Christopher.

Mr. and Mrs. Garfield LePage, Rusticville, have taken up residence for the winter at the Chiswick Apartments, Pownall Street.

The December meeting of the Past Noble Grand's Club met in the I.O.O.F. Hall on Thursday with the President, Mrs. Helen Turner presiding. The members brought gifts for needy children, which were placed under a beautifully decorated Christmas tree. A programme of Christmas games was enjoyed, as was also a group of Christmas carols, sung by Miss Frankie MacPherson accompanied by Mrs. Helen MacEachern, entertainment being conveyed by Adelaide Moore, Agnes Dickson and Myrtle White. Buffet lunch was served, the tea table being appropriately decorated with evergreens and silver with scarlet tapers. The lunch committee was conveyed by Mrs. Sarah Gillespie and a social hour enjoyed.

Miss Maureen Blake, Toronto, is spending Christmas with her mother, Mrs. James Blake, and her aunt, Mrs. Praught, in Taunton, Mass.

Miss Treva Stewart, Calgary, daughter of Mr. Wallace Stewart, formerly of Brudenell, Prince Edward Island, and the late Mrs. Stewart, has returned with a group of her friends from a three months

Surgery Sometimes Necessary for Ulcers

MEDICAL care and strict adherence to a special diet are usually enough to calm an ulcer. But sometimes they aren't.

That means you'll need an operation, and several types of surgery can be performed to get rid of the ulcer.

In a gastric resection, a segment of the stomach is removed, particularly the portion of the stomach where ulcers tend to form. From one-third to two-thirds of the stomach may be taken out.

Acid Secretions
The surgeon also attaches the second part of the bowel part of the small bowel, known as the jejunum, to the stomach. This prevents the acid secretions of the stomach from reaching the first part of the intestine, or duodenum, where ulcers also tend to develop.

Following such an operation, food is not retained long in the remaining section of the stomach, but passed quickly into the small bowel.

Schedule Your Meals
Consequently, if you undergo a gastric resection, you must eat smaller meals at more frequent intervals. Your stomach naturally can't hold as much when its capacity has been reduced by from one to two-thirds. You should probably follow the diet I outlined for you Wednesday.

Another surgical procedure, gastric enterostomy, the duodenum is also "short-circuited" by connecting the upper portion of the stomach to the jejunum.

Another Method
There's another method, too, of relieving you of an ulcer. In this, the ulcer is simply cut out and the openings sewed up. But this is only a temporary measure, since the area where the ulcers usually form is left in the stomach.

So, you see, one way or another, you can usually get rid of a troublesome ulcer.

QUESTION AND ANSWER
W. M. C.: I am a diabetic and have been eating rolled oats for some time. Is the oatmeal too warming to the blood?

Answer: There is no such thing as a food being warming to the blood. However, if you are suffering from diabetes, foods rich in carbohydrates, such as oatmeal, should not be eaten in large amounts.

Your physician will plan your diet for you, in order to control the diabetic condition.

Greenery and Fruit
If you have a glass epergne, it is always a useful and decorative item, but never more so than at this season. The top filled with greenery, the lower tier lined high with fruit wrapped in silver foil or just as is, punctuated by colorful little glass balls, makes a bright touch, especially when the base is wreathed with greenery.

Glass vases are pressed into special service, singly or better still, in pairs, filled with brightly colored Christmas tree balls from among which rise branches of greenery also laden with the colorful little ornaments.

Old bird cages — and nearly every thrift or used merchandise shop seems to have them — make a beautiful holiday decoration filled with greenery, with slender branches tied with tiny red ribbon bows escaping through the bars. Place a tiny white plaster, china or porcelain bird here and there inside the greenery for an extra pretty touch.

Fill With Plants
Or all it, if it is a large cage with a small pot of two of holiday plants and tie a big satin bow at the top. Paint the pots white or make some bright cut-outs and paste them on. Another idea is to fill the cage with a miniature Christmas tree flanked by two tiny angels.

You can make your own Christmas tree of fine mesh or chicken wire to place flush against a door or wall. Cut in the form of a triangle, and wire evergreens to the outline to form a flat tree.

Then trim it with multicolor balls, fruit, or whatever your fancy dictates, wire tiny angels and miniature Santa Claus here and there amidst the greenery of these flat trees.

MORNING SMILE
In a restaurant a man ordered a lamb chop and green peas. "And serve the green peas with honey," he said.

The waiter looked puzzled. "Surely you don't like honey with your peas?"

"It tastes awful!" replied the diner, "but it's the only way I know to keep the darn things from rolling off the knife!"

HOUSEHOLD HINT
Rubber gloves for wear when doing heavy household cleaning are being made with soft, suede-like linings. Keep them clean inside as well as out. Dip them in and out of soapuds and rinses, and let them hang over a towel rack to dry 'after using.

Fruit Punch
(For 50 Servings)
3 cups white sugar
6 cups water
1-4 cup tea (dry)
3 cups orange juice
3 cups pineapple juice
1 cup lemon juice
1-2 quarts ginger ale

Make a syrup of sugar and 3 cups water. Boil 5 minutes, cool. Make tea with other 3 cups water and the 1-4 cup tea. Add to the first mixture with the fruit juices. Chill. When ready to serve, add ice cubes and ginger ale.

BRITISH STEEL
Britain's output of steel ingots and castings in 1953 was 17,600,000 tons, compared with 10,390,000 in 1938.



North Tryon Newly-Weds

Mr. and Mrs. Gordon Cutcliffe are pictured cutting their wedding cake following their marriage in North Tryon Presbyterian Church on November 20, 1954. The bride is the former Ruth Thompson, daughter of Mr. and Mrs. Russell Thompson, of North Tryon. The groom is the son of Mr. and Mrs. Harold Cutcliffe, of Cape Traverse. (Photo by Edwin Heckbert Studio).

Make the House Festive

By ELEANOR ROSS

little details, carefully worked out to appear prettily casual, add to the charm of holiday house decoration.

Consider, for one thing, long white candles spiraled in bright red tape flanking a glass candy or apothecary jar filled with red and white peppermint candy sticks, the whole thing set in a bed of red-berried holly and placed on a table covered with a red-and-white checkered cloth.

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Wife Resents Man's Interest In His Work

DEAR MARY HAWORTH: My husband, an extraordinarily gifted man, says he loves me; but I've been puzzling over our marriage (my second). His work absorbs him that at home he rushes to the radio, and after dinner he telephones friends to discuss current events or personal or professional topics.

He never takes me to lunch on Saturdays, but meets one or another man to discuss generalities again. He never calls me during the day, and maybe half a dozen times in our 10 years' marriage he has brought me flowers or a book. We've never had a vacation except a few days with friends at their invitation. He says he doesn't care for the theater, so we've seldom gone. In short he never considers what I'd like to do.

He is professionally well known, so I can't speak to anybody about this, to clarify my thinking, I am interested in the arts and in gracious living, but I can't converse with George about anything not directly related to his work. He turns to his papers, or somehow silences me.

WIFE LET HER CAREER SLIDE
He gives me no insight into his financial status, has his secretary pay the bill and hands me money for carfare, etc., every few days. I was an outstanding success in business, but found marriage incompatible with my career, so I let business slide to a great extent.

When I try to show George this state of affairs is untenable, he says he has his code and sticks to it and won't do anything to initiate a split-up. I have an aged parent who would be heartbroken if things were known; and my daughter (by my first marriage) needs a home. So I try to appear untroubled but I feel trapped and wonder if there is a way out. Please advise.

MAN'S ATTITUDE SEEMS FILIAL
DEAR A. B.: Probably your husband loves you after his fashion — but not in a fashion that meets your needs. It is my surmise that his attitude is more filial than conjugal, and that he is defensive against the possibility of a maternal-type invasion of his maternal-privity of thought. This might explain his busy elusive reserve in relation to you.

He is emotionally oriented towards family life with a bustling, driving type of woman. And due to having had that type of mother, or grandmother or nurse, maybe. And yet, boylike, warily resistant to her purposes too. It is the psychologically immature male who sidesteps his wife habitually to visit with "the boys" in his idle hours. Such a man still unconsciously identifies his wife with his mom — or the dragon female who cramped his style in childhood, he feels.

In turning away from business success, to live up to George's position, perhaps you dawned on him in a new light, as an oppressively cozy would-be dependent, when he had supposed he was marrying a self-reliant careerist, with a repository of personal interests to counterbalance his own. Maybe he feels your motives aren't so devotional as they are security-minded and/or parasitical.

NEEDS GUIDANCE IN FACING SELF
Perhaps you want ease at the partner's expense, but after years of struggle in the market place, you can't relax into a subsidence or background role in marriage. Maybe George just happens to be a principal target, within fringing range of your unemployed energies, hence you occupy yourself taking critical inventory of his peculiarities ("everyone has them").

If George is flatly opposed to a split-up, evidently he thinks you are a pretty good sort, even though he holds you at arm's length. In any case, the sensible attack on your problem (whatever it is) consists in reviewing your grievances with a psychiatrist, in search of clues to the inside story. At this writing, your version of the case is largely self-deceiving, I think.

M. H. Mary Haworth counsels through her column, not by mail or personal interview. Write her in care of The eGuardian, Charlottetown.

Special Hors D'Oeuvres For Christmas Parties

By IDA BAILEY ALLEN

Any hors d'oeuvre service should look gay. Here is an easy-to-prepare and-make selection suitable to enjoy with coffee, fruit juice or other beverages.

For holiday colorings, include a line-up of glistening glass dishes filled with stuffed olives; radishes with their green tops; little bouquets of crisp water cress; and strips of pimiento, toothpick-fastened around rolls of snappy cheese.

Holiday Walnut Layers: Slice top and bottom crusts from a large round loaf of rye bread. Then slice loaf crosswise to make 3 layers about 1/2" thick. Spread lightly with softened butter or margarine. Cover with decorative toppings as you would a cake.

Topping Arrangement: Spread egg topping in the center of each bread layer; top with half a stuffed olive; add a decoration of domestic pimiento, toothpick-fastened to this spread.

Next to this spread a ring of devilled ham topping, making it 1" wide; border with cottage cheese onion topping and stud with whole walnut meats alternating with dots of pimiento. Chill several hours.

Cottage Cheese Onion Topping: Combine 1/2 lb. small curd creamed cottage cheese with 1 tb. grated onion or minced chives, 1 tb. horseradish (optional), and 1/4 c. minced radishes and enough soured cream to spread.

Cucumber and Carrot Curis: With polka-dot peeler, slice fresh carrots and cucumbers thin lengthwise. Spread with cream cheese mixed with minced chives or parsley. Roll up like a jelly roll. Fasten ends with toothpicks. Wrap well. Chill. Leave toothpicks in.

Devilled Ham Walnut Topping: Combine 1 (2 1/2 oz.) can devilled ham, 1/4 c. pickle relish and 1/4 c. fine-chopped walnut meats. Add 3 tb. mayonnaise to blend.

Creamed Eggplant: Mince 3 hard-cooked eggs; add 1/4 c. minced celery, 1/4 tb. salt, 1/4 tb. pepper and 1/4 tb. monosodium glutamate. Blend with 3 tb. mayonnaise.

Yield: 1 loaf
2 cups sifted all-purpose flour
1 tb. baking soda
1 tb. salt
1/4 cup sugar
1 egg
1 1/2 cup orange juice
3 tablespoons white (distilled) vinegar plus water to make 1 1/2 cup.
1 tb. grated orange rind
1/4 cup melted shortening
1 cup halves or coarsely chopped raw cranberries
1 cup chopped nuts

Sift together flour, soda, salt, and sugar into mixing bowl. Beat egg, and liquids, orange rind, and melted shortening. Add all at once to flour mixture; stir until flour is just dampened. Add cranberries and nuts; stir just enough to blend well. Turn into greased 8 x 4 1/2 x 2 1/2-inch loaf pan. Bake 60-70 minutes or until done at 350 degrees F. (moderate oven) Remove from pan; cool several hours or overnight before slicing.

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7230
by Alice Brooks

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