

and complained of the results afterwards. Warned sharply that they cannot escape the results, maybe the people will see that the game of politics is played for keeps, and for the highest stakes. To be sure, the citizen has only one little card to play with, his single vote, but it is a precious card, for which countless good men have willingly died through the centuries, and deserves far more consideration than a lazy electorate has been giving it."

This is well said, but it leaves unanswered the question of why Prime Minister Pearson chose to make this particular issue the crucial one—why he has made it of such paramount importance and urgency as to virtually commit himself to a non-stop, marathon debate to gain approval of his favored design.

Only a few weeks ago he outlined to the Commons the legislation to which he attached priority of passage before contemplating a summer recess. The so-called Canada pension plan was rated as the government's No. 1 priority measure at that time. Mr. Pearson turned aside questions about the possibility of flag legislation by pointing out that he had until next April to keep his commitment of bringing in a new national flag within two years of his taking office.

Why this sudden reversal of policy? Mr. Hutchison doesn't say. While we agree with him that it is good to have a government capable of taking its election pledges seriously, and of making the public take the government seriously, it puzzles us why this particular pledge should become so all-fired important so suddenly.

Assassination Probe

A Washington commission headed by Chief Justice Warren has begun writing its report on the slaying of President John F. Kennedy, and its findings are said to have turned up no substantiation for—or actually to have rebutted or discredited—the scores of rumors and reports which flew around the world six months ago. The commission has still to call more witnesses to round out its six-month inquiry, but basically it has established the following facts:

That Lee Harvey Oswald was the lone assassin; that Jack Ruby, the night club operator who shot Oswald to death 48 hours later and now awaits execution in Dallas, had not known Oswald and was not involved in any plot to silence him; that no connection can be traced between Oswald's deed and any plot developed in Russia, Cuba or Mexico; that the motive seemingly lay in the embittered, introverted mind of the ex-Marine sharp shooter. Oswald's wife said he had become "abnormal," and the evidence disclosed that his mother had ignored a school physician's recommendation that he be given psychiatric treatment.

The testimony of some 400 witnesses, plus thousands of investigation reports and at least 800 items of physical evidence, were said to substantiate overwhelmingly the original findings of the Federal Bureau of Investigation. Many of the myriad of conflicting reports seemed baseless or fabricated from the start, but the commission checked out each one in the effort to erase any doubt that the public knows all that can be known.

It is expected also to deal with such questions as whether the secret service and Dallas police took all prescribed safety measures; whether there was laxity, misbehavior or inefficiency on the part of any federal agents; and whether more stringent safeguards should be established for the safety of presidential candidates.

Chief Justice Warren has said that no federal official or agency will be spared if censure is warranted.

Barring a sensational reversal of information before the report is completed on June 30, however, it would seem that the basic facts of the assassination have now been established. There will be relief throughout the country at this announcement—and in other countries as well.

EDITORIAL NOTE It is appalling to note that at least 43 persons died in accidents across Canada during the past weekend. 36 traffic fatalities were reported, along with six drownings.



NEW AFRICAN STATE Zambia Will Have Novel Constitution

By Robin Roy United Kingdom Information Service Northern Rhodesia, that was country lying to the North of Africa's great Zambesi River, is to become independent on United Nations Day—October 24—and the name of the new state will be Zambia.

This welcome news marked the end of yet another successful independence conference in London on May 20. Northern Rhodesia was, of course, member of the now dissolved Central African Federation, together with Southern Rhodesia and Nyasaland. What it maintained its own separate government with jurisdiction over all matters which lay outside the competence of the Federal authorities. And as in Nyasaland (which is to become the Independent State of Malawi on July 6), constitutional ad-

vice proceeded steadily with the territory. In 1959 an "unofficial" major party was introduced into the Executive Council and an elected majority in the Legislative Council. AFRICAN MAJORITY By December 1962, Northern Rhodesia, still a member of the Federation, had an elected African majority government which claimed the right to secede from the Federation. A claim which was recognised by Britain.

In January of this year Dr. Kaunda's party won a sweeping victory in elections held on the basis of universal adult suffrage, winning 55 out of the 75 seats in the Legislative Assembly.

The Constitution of Independent Zambia will be a novel one for Africa. It will be a permanent constitution. At the closing session of the recent conference to determine which organs and proper balance between the need to create a strong executive and the need to safeguard individuals and minorities. It combines important features of both the British and United States systems. There will be, as in America, a President, but also executive powers; but, at the same time, the Zambian Ministers will all be drawn from the Zambian Parliament, which means that in practice the government will be responsible to the Zambian Parliament.

If the President loses his majority in Parliament he will be asked to seek re-election himself. The constitution also contains provisions for the maintenance of an independent judiciary and for the protection of basic human rights. IN COMMONWEALTH Dr. Kaunda is a firm believer in the value of the commonwealth and has expressed his country's desire for membership in it. He has also expressed his need for continuing technical and other aid from Britain and other commonwealth countries, especially in the early years of independence.

A key question for the future will be the relationship of Zambia with her erstwhile partners Dr. Kaunda has made it clear that he desires to keep European expertise in the new state of Zambia but that all three countries in Parliament are to be reserved for Europeans.

It seems certain that Dr. Kaunda will be the first president of the new republic. None of his nation can be better equipped for it. The chairman of a great Rhodesian copper mining organization has described him as one of the outstanding men of Africa. He is dedicated and realistic, and no one knows better of the opportunities and the challenges that lie ahead of his country than he does at the present.

BEGIN AS LAKES Most bogs begin as glacial-gouged lakes or ponds which, over the years, gradually decay and silt.

Sliding Heria

By Dr. Theodore R. VanDellen Heria Heria has become the most common disease. It probably is not on the increase but is detected more frequently. More and more people are X-rayed when they consult a physician because of digestive complaints such as heart-burn, upper abdominal pain, or regurgitation. Unlike other ailments, surgery seldom is needed because the majority respond to diet and medication.

The esophagus carries food from the throat to the gastric pouch and joins the stomach at the level of the diaphragm. A hernia exists when this junction is weakened so that a protrusion into the chest cavity. The condition is better understood by trying to visualize it: what might happen if the diaphragm were too short and pulled up a portion of the stomach into the chest.

Hiatus refers to the opening in the diaphragm through which the esophagus passes to reach the stomach. In some instances this area usually slides up and down with changes in posture. The main cause of symptoms is irritation of the lower end of the esophagus by a backing up of acid contents of the stomach. Many victims complain of discomfort or burning between the breastbone and upper part of the stomach, especially when bending over. An irritated area may form a peptic ulcer in a form in the lower part of the esophagus. Symptoms are more acute when lying down and less so when sitting or standing. Members of Parliament, which means that in practice the government will be responsible to the Zambian Parliament.

HEART DIET REPLY J. C. writes: Are there any special foods that are good or bad for the heart? REPLY Not for the normal heart. Obesity increases the work load on the old ticker, and foods low in calories are helpful in the circumstances. Less fat also helps when the cholesterol level of the blood is high and the coronary arteries are involved.

DISK SURGERY Mrs. B. A. writes: Can a person who has had two laminectomies and a spinal fusion have children? REPLY Yes, but pregnancy might aggravate your back condition. Consult your physician who has the firsthand information on the present status of your spine, inflamed tissues.

DEODORIZERS A G. writes: How do zircon deodorizers of the vaporization type act? REPLY They depress the sense of smell but have no effect upon the offensive substance in the atmosphere.

REPLY (Note: All correspondence to Dr. VanDellen should be addressed to: Dr. Theodore R. VanDellen, care of Chicago Tribune, Chicago, Illinois.)

NOTES BY THE WAY

You cannot choose your ancestors, and they probably would not have chosen you. — St. Catherine's Standard.

Women are reminded that not only is raising children a full-time job, it is one that is to be eliminated by automation. — Hamilton Spectator.

A medical practitioner says Napoleon's downfall was caused by glandular obesity and lassitude. Winston Churchill is an obese glutton too so we continue to hope that Napoleon's downfall was the Duke of Wellington — Stratford Beacon Herald.

Sudless Sewage

London Free Press One of the most heartening developments in the fight against water pollution is an announcement by United States manufacturers that detergents of the future will lose their foam after gurgling down the sink. Doubtless Canadian manufacturers, most of them subsidiary to U.S. companies, will quickly follow.

Most detergents now available in North America do not deteriate their suds in sewage treatment plants. Nor do they readily disappear in water courses. The detergents are made of synthetic materials, and they do not biodegrade. They are made of synthetic materials, and they do not biodegrade. They are made of synthetic materials, and they do not biodegrade.

The Straying Book

Toronto Star Down through the ages, librarians have tried all manner of devices to protect the books from that mortal enemy, the non-returning borrower. Medieval monasteries used to chain the volumes and assign the attendant monks to unchain them. Phillip II of Spain went further; he put up an inscription in his library in the Escorial warning borrowers that whoever took a book and failed to return it would incur a special excommunication that could be lifted only by the Pope.

The Toronto Public Libraries system has decided on an earlier method. It has started linking borrowers to court. Recently it successfully brought action in the Division Court against a local man who had kept two books since last September. The judge ordered the return of the volumes and assessed the defendant costs of around \$20; the maximum fine if the books had been returned voluntarily would only have been \$1.50. Legal action is reported infrequently in other cases.

Whether this procedure will be more effective than anaesthetic and recomunications remains to be seen. It is likely, however, that many otherwise respectable citizens, never previously in trouble with the law, are now waiting fearfully for that knock on the door.

Announce New Healing Substance... Shrinks Piles, Checks Itch

Exclusive healing substance proven to shrink hemorrhoids... and repair damaged tissue. A renewed research institute has found a unique healing substance with the ability to shrink hemorrhoids painlessly. It relieves itching and discomfort in minutes and speeds up healing of the injured, inflamed tissues.

One hemorrhoidal case history after another reported "very striking improvement." Pain was promptly and completely relieved... actual retraction or retraction (shrinking) took place. Among the various hemorrhoids are a variety of hemorrhoidal conditions. Relief even occurred in cases of long standing hemorrhoids. As a result of all, results were so thorough that this improvement was maintained over a period of many months.

This was accompanied by a new healing substance (Bio-Dyne) which quickly helps heal injured cells and stimulates growth of new tissue. Bio-Dyne is offered in ointment and suppository form called Preparation H. In addition to actual shrinking hemorrhoids, Preparation H lubricates and makes elimination less painful. It helps prevent infection which is a principal cause of hemorrhoids. Just ask your druggist for Preparation H Suppositories or Preparation H Ointment (with a special applicator). Satisfaction guaranteed or your money refunded.

Advertisement for HOME HEATING SERVICE. It features a large 'B' logo and text: 'INSTALL NEW OIL HEATING EQUIPMENT OF YOUR OWN CHOICE'. It includes details about financing: 'No down payment—Take ten years to pay' and 'FOR EXAMPLE: A new oil burner with controls ONLY \$1.95 per month'. At the bottom, it says 'PHONE 894-6635' and 'All costs, installation, even duct work, can be financed the same way.'