

# Christmas IS THE Time



## FOR LINGERIE GIFTS

You'll be seeing them under the best dressed trees in town... luxurious gifts of lingerie from The Gloria... lavish with lace, and especially boxed for Christmas giving.

## The GLORIA

"Where Smarter Women Shop"

All nylon slip edged in lace and net inserts. \$6.98.  
Nylon panties, lace-ruffled. White. \$2.50.

LAY AWAY A GIFT A DAY TILL CHRISTMAS

## THE CENTRAL GUARDIAN

This column is reserved for news of local interest, but advertising of a newsy nature may be inserted at five cents a word, strictly payable in advance.

**TOYS! TOYS! TOYS!** — Thousands of toys. Lowest prices. Firestone, Bryenton & MacKay Co.

**REMEMBER** Blood Donor Clinics at Red Cross Hdqts., Charlottetown, Monday, Dec. 3rd, 2-5 and 7-10 p.m. 300 donors required.

**NEW LOW PRICE** on English Ford cars—contact Stewart Motors Ltd. for details today. You can now finance a new car at reasonable terms.

**WEEK-END SPECIALS.** — 54 pairs of Men's Slater and Scott McHale oxfords. Broken lines. Black and Brown. Good sizes, only \$9.95. Hurry—Hurry—Hurry. Le Page's on Grafton Street.

**FUNERAL TUESDAY**—The funeral of Mrs. Mary Anne McArthur took place Tuesday morning from her late residence, 75 Bayfield St., to the Church of the Most Holy Redeemer where Requiem High Mass was celebrated by Rev. Joseph MacGillivray, C. S. R. The pall-bearers were: Frank Trainor, Joseph Trainor, Vincent Leonard, Joseph Wesley Constable and Lawrence Wilson. Interment took place in St. Patrick's Cemetery, Fort Augustus where services were conducted by the pastor, Rev. T. P. Butler.

**FUNERAL YESTERDAY**—The funeral of Michael McCarthy took place Wednesday morning from the A. A. Hennessey Funeral Home to St. Dunstan's Basilica where Requiem High Mass was celebrated by Rev. Francis Corcoran who also officiated at the grave. The pall-bearers were: Charles Hine, Harry Hyde, John Lawlor, T. A. Rodd, John Coady and William Cullen. Interment took place in the Catholic Cemetery. Representation of the Charlottetown Branch of the Canadian Legion B.E.S.L. attended the funeral. The Legion graveside services were read by Comrade Whiston Smith and the Last Post was sounded by Comrade Bugler William Chaisson.

**CONTACT:** Stewart Motors Ltd. have Prefect and Consul cars at new low prices. Take advantage of this offer. Save today. Phone 831 for further details.

**CHICKEN SALAD,** tea and bazaar in Zion Hall, Thursday, Nov. 29th, 4-6:30 p.m. Home cooking and candy tables.

**PLAY 45's** for charity, geese and chicken at the Rolla-way, Thursday, November 29th. Sponsored by Islanders Hockey Club.

**BIG NEWS!** Did you know that the all new English Consul Sedan has been drastically reduced in price to meet your finances. Phone Stewart Motors Ltd. for particulars today.

### Personals

Mrs. Fred Jeffery, Hunter River, has arrived home after a month's holiday in Montreal and Levis.

Mr. and Mrs. Lester Cairns and family, and Mrs. Annie MacKinnon, Stanchel, have returned from a very pleasant two-week visit with relatives and friends in Massachusetts, and Providence, R. I.

Mr. and Mrs. John A. Martin, Malden, Mass., motored to Crapaud, P. E. I., and were recent weekend guests of Mr. and Mrs. Parker Canfield. On their return trip they were accompanied by Mr. and Mrs. Wilfred Rogerson and son Gordon, who are taking up their residence in Malden.

### IN MEMORIAM

In loving memory of Mrs. Malcolm MacArthur, who died November 8th, 1933.

In my heart your memory lingers, Sweetly, tender, fond and true. There is not a day dear Mother, That I do not think of you.

Inserted by Her Daughter, Mrs. J. Hiscott.

### Economical Meals

**DIVISION OF NUTRITION DEPARTMENT OF HEALTH AND WELFARE**

How can you be sure your family is well fed today? Which foods will you choose as food costs go up? Each Thursday in this column you will find suggestions for buying and cooking the foods that will give you the most food value for your money.

The latest standard for buying is Canada's Food Rules. These rules include all the foods that are necessary for your family every day. They are followed all across Canada. Your children are learning Canada's Food Rules in school. Help them to put the rules into practise by buying, cooking and serving these foods every day.

1. MILK—Children (up to about 12 years).... at least 1 pint  
Adolescents.... at least 1 1/2 pints  
Adults.... at least 1 1/2 pints  
2. FRUITS—One serving of citrus or tomatoes or their juices:—One serving of other fruit.

3. VEGETABLES—At least one serving of potatoes; At least two servings of other vegetables, preferably leafy, green or yellow and frequently raw.  
4. CEREALS AND BREAD—One serving of whole grain cereal. At least four slices of bread with butter.  
5. MEAT AND FISH—One serving of meat, fish, poultry, or meat alternates such as dried beans, eggs and cheese.

Use liver frequently. Eggs and Cheese at least three times a week.  
VITAMIN D—At least 400 International Units daily for all growing persons and expectant and nursing mothers.

### PET DEER SHOT

COCHESTER, N.Y., Nov. 27 (AP)—Medical Science and loving care where used unsparingly today in a fight to save the life of a pet Japanese Deer—an expectant mother—who was felled by a hunter's bullet. One neighborhood youngster slept with "Lambie" last night to keep her warm and calm. She's had penicillin, Tetanus shots and a blood transfusion. "Lambie's" fawn is expected about Christmas Day.

### IN MEMORIAM

#### MRS. JEFFERSON RHOADES

The death occurred Tuesday evening, November 27th, at her residence in Atlantic City, New Jersey, of Mrs. Jefferson Rhoades wife of Jefferson Rhoades retired patrol officer, of Police Dept. of that city.

Death followed a short illness after she had suffered two strokes about a month ago. She was the former Miss Phoebe Livingston, daughter of Duncan Livingston, 48 Kent Street, this city. She leaves to mourn besides her sorrowing husband, her aged father and the following brothers and sisters: Sophia, (Mrs. James A. MacEachern) City; Archibald F., Brooklyn, N. Y.; Belle, (Mrs. Vernon Moore), City; Jessie, (Mrs. E. A. Wood) Moncton, N. B.; John A., City and Margie, (Mrs. Ernest H. Anderson) City.

Being of a kind and generous disposition she will be greatly missed by a wide circle of friends and neighbours of her adopted city where she was held in high esteem.

#### That Body Of Yours

Continued from page 2

and interviews show? "A clear-cut physical difference between these two groups of poor children and the well-to-do group was not noted: one-third of the children in the poorer class showed poor physique, and pale, tired faces were found practically only in the poorest group. In the poor group of fifty families, twenty were badly housed and thirty had insufficient money for food. Only 20 per cent of this group were nervous and 56 per cent were not, as compared with 30 per cent nervous and 36 per cent not in the fifty well-to-do families."

The above figures show clearly then, that poverty seems to decrease rather than to increase the amount of nervousness in adults and children. Some years ago I watched a

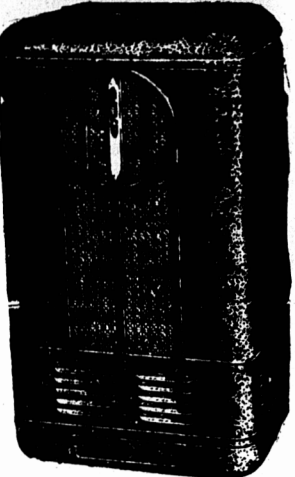
parade of the school children of a large city and as the groups of certain ages passed by, I recognized from the banners carried which groups came from well-to-do or wealthy districts, the groups from the middle-class districts, and finally those from the poor districts. While those from the wealthy districts were taller for their age, they were not more robust in appearance and there was a more high-strung or nervous look upon their faces.

My own experience, then, was in line with the findings of Dr. Neustatter in Great Britain.



## BUY NO OIL HEATER

THE ONLY HEATER YOU'VE SEEN THIS



### Colman AUTOMATIC

Made Work and Dirt Moves The Heat To Warm The Floor!

• Famous Money-Saving Coleman Low-Draft Burner.

• Gives both radiant heat for "quick warm-up" and circulating heat for warm floors.

Coleman Oil Heaters have no moving parts—no wicks. They are styled with smooth, pleasing lines that combine beauty in appearance with quiet, efficient, trouble-free operation.

## THE SIMPSON EASTERN ROBERT SIMPSON LIMITED

129 Kent Street Phone 2188

## XMAS BAKING FOOD SALE

No. 1 Breakfast BACON, sliced, lb. .... 49c Trimmed Loin PORK CHOPS, lb. .... 49c

Magic BAKING POWDER, lb. tin ..... 28c

All Brands TEA, in pkgs., 91c lb. 10 lbs. .... \$8.90

White or Yellow SUGAR, 5 lbs. .... 59c

Fancy Bema MOLASSES, bulk, gal. .... \$1.09

Cut Mixed Peel, pkg. 23c; Clark's Pork & Beans, Cut Citron, pkg. .... 23c 6 tins ..... \$1.00

Red and Green Cherries, Green Peas, 5 tins .... 95c 2 pkgs. .... 39c Wax Beans, 5 tins .... 95c

Cut Pineapple, pkg. .... 23c Tomatoes, L.V., 4 tins 99c

Aylmer SOUPS, assorted, 12 tins ..... \$1.00

Fancy COCOANUT, lb. .... 39c

PURE LARD, 4 lbs. .... \$1.00

Seeded Sticky RAISINS, 3 lbs. .... 95c

Fresh PITTED DATES, 5 lbs. .... \$1.00

Fresh SULTANA RAISINS, 4 lbs. .... \$1.00

Mixed CHRISTMAS CANDY, lb. 39c; 3 lbs. \$1.00

MIXED NUTS All Brands SOAP POWDERS, lge. pkg. .... 39c

## MT. EDWARD HEIGHTS MARKET

MT. EDWARD ROAD PHONE 1098 FREE DELIVERY



2 Pkgs. 57c



5 Lb. Pkg. 53c

## A Merry Christmas For All

Say it with an RCA VICTOR



There's an RCA Victor that's just perfect for every name on your gift list!

**NEW NIPPER II** Personal Portable

No bigger than a book! Less than 6" high and weighs less than 3 lbs.—yet it delivers full room-size volume with a delightful tone. In dark brown plastic with weatherized aluminum trim and gold lacquered numerals, it catches every glance everywhere.

Only \$29.95

Only \$45.00 (less batteries)

Plays "45" records automatically THROUGH YOUR RADIO

Connects easily to any radio phonograph or TV set and plays "45" records automatically, perfectly!

Only \$19.95

**LUMINOUS ELECTRIC CLOCK-RADIO**

It's the Chanticleer II—RCA Victor's newest clock-radio styled in ivory plastic with polished brass trim. 5-tube AC/DC radio. Teletouch clock has luminous numerals and hands. "Sleep Switch" and buzzer alarm in reserve.

Only \$57.50

**A truly fine 3-Speed radio-phonograph**

Finest of the new 1952 models, RCA Victor's V-408 is a masterpiece of classic cabinet styling—with RCA Victor's Simplified 3-Speed Record Playing System, and superb standard and shortwave radio. In walnut.

(Slightly higher in lined oak or mahogany) \$459.00

See your RCA Victor dealer

**RCA VICTOR**

World Leader in Radio... First in Recorded Music... First in Television

Your R. C. A. Victor Dealer

**R. T. HOLMAN LTD.**

Summerside and Charlottetown

"Where Old Friends Meet"

For Victor Records and Record Players See

**MILLER BROS.**

147 Gt. George Street Phone 555

**DUVAR'S RADIO SERVICE**

SALES AND REPAIRS MONTAGUE, P. E. I.

See **MacCAUSLAND FURNITURE LTD.**

SUMMERSIDE For Victor Record Players and Records

FOR THE BEST IN DRUGSTORE NEEDS

Shop At **Hughes**

Prescription Accurately Dispensed Since 1917

PHONE 3060

Refrigeration SALES AND SERVICE Repairs To All Makes

**MCTORS**

Rewinding and Repairs ELECTRICAL APPLIANCE Repairs

**Palmer Electric**

PHONE 1444

IT SHINES THE BRIGHTEST WHERE THE GOING'S THE TOUGHEST!

**JOHN DEERE Model "MC" Tractor**

You are invited to see the display of JOHN DEERE TRACTORS now set up in our Malpeque Highway Showrooms. The Model MC for farming, hauling pulpwood, snow clearing, road building and many other uses.

Other models and sizes to suit your requirements. Coming Soon—the famous John Deere Model R Diesel Tractor.

**A. PICKARD FARM TRACTORS LTD.**