



Smooth black wool and white Jersey are combined in this dress and stole twosome giving it an elegant look. The simple sheath line of the dress is buttoned down neckline to hemline with the last top button left purposely undone. The huge white stole is built out from the belt anchoring the stole firmly to the waist. For shopping or business the stole can be replaced with an accompanying (back) self-fabric belt.—(CP Photo).

Better English

By D. C. Williams

1. What is wrong with this sentence? "He was obligated to remain overnight because of the bad weather."
2. What is the correct pronunciation of "annihilate"?
3. Which one of these words is misspelled? Frolicing, frolicsome, frolicspeak, frivolity.
4. What does the word "recur" mean?
5. What is a word beginning with "t" that means "self-determined; intentional"?

ANSWERS
 1. Say, "He was obliged to remain." 2. Pronounce a-ni-lat, first a unstressed, first i as in night, second i as in it, second a as in late, accent second syllable. 3. Frolicking. 4. To come up again for consideration.

How Can I?

By Anne Ashley

- Q. How can I prevent sticking the finger when sewing?
- A. Bind a small piece of adhesive tape on the finger to prevent it from being pricked by the needle when sewing or embroidering.
- Q. How should books be packed when storing them away?
- A. Cut off the corners of stiff envelopes and place them on the corners of the books. It will prevent damage to the books.
- Q. How can I make a clothes hamper?
- A. By covering a barrel with cretonne. The inside of the barrel can be enameled.

Continuation: "Such an argument is certain to recur again and again." S. Willful.

Anne Adams Patterns

CUT TO FIT!



Half-sizers! COOL OFF in this bright and breezy style. It's sew-simple—no side opening! Just unbutton the shoulders—slip it on! 1-2-3 quick! Make several in 15 minutes in cool, tubular cottons. Cut to fit the short, fuller figure—no alteration problems.
 Pattern 4523: Half Sizes 14½, 16½, 18½, 20½, 22½, 24½. Size 16½ takes 4½ yards 35-inch.
 This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.
 Send Thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly Size, Name, Address, Style Number.
 Send order to ANNE ADAMS, 1/0 The Guardian, 60 Front Street West, Toronto, Ontario.

Household Scrapbook

- By Roberta Lee
- Moth Preventive**
Hang a couple of small bags of gum camphor inside the piano near the felt, but not touching the resonating keys, and this will discourage moths from feasting on the felts.
 - Baby's Nails**
To avoid trouble and accidents when cleaning baby's nails, try taking a piece of paper, fold it several times into a square and use the stiff corner.
 - Cleaning Paint**
Mix a paste of common whiting and warm water. Rub briskly with a piece of flannel. Then wash in cold water.

DOROTHY DIX

Wants Definition Of Love

DEAR MISS DIX: In all my years of marriage—10 to be exact—I have yet to find out what is love. My home is complete in every respect; it's a pleasant place, well furnished, with happy children and a wonderful husband. Nevertheless, I still do not know what love is. Is it a word, a figment of the imagination, or something real?
 Mary C.
LOVE HAS VARIOUS ASPECTS

ANSWER: You are the person best qualified to define love for your own satisfaction. Surely you haven't maintained a happy home for 10 years without love; it dominates every day of your lives together, so you must understand at least some of the facets it has for you and yours. Since love means different things to different people, the definition that might suit you wouldn't quite fit somebody else. It has many aspects, and each has many expressions. Love of God, of country, parents, children, spouse, sweetheart, friends, all contribute to the overall well-being of each of us. To some, love is best shown by service; to others, it means to be served. It can be selfish or selfless, possessive or relinquishing. Probably more words have been written on this subject than on any other. There are books and poems without number to help you find the definition you seek. If you saw the television programs of Bishop Fulton J. Sheen last season, or will view them during the coming year, you will hear the most beautiful commentaries on love that have ever been spoken in written, not the sentimental, romantic types of love, but the infinite love of God for humanity. This is the love that is breathed into happy homes.
 If you want a definition of love on the romantic scale, I'd like to quote you one of my favorites, "Love is not a simple emotion, but a complex thing. It is compounded of three elements—the physical, the mental and the spiritual. Any two of them, or perhaps any one, may produce an emotion which we loosely call Love. But only when all three are involved is Love really complete."
 Certainly love is real! The world would be in a sorry state if it were not. A word, a figment of the imagination could never make the sacrifices that people who love each other perform willingly. Won't you try again to see where love fits into your home, and, having made the discovery, hold onto it?

DEAR MISS DIX: For the past few months I've been friendly with a boy, 22-four years older than I am. He's a wonderful person, but has a facial twitch that bothers me. Just before I met him, his engagement had been broken, due, he claims, to a difference in religion. However, I am wondering if this twitch may have had something to do with it, and if I should ask his ex-fiancee why she really called it quite.
 Lenore A.

ANSWER: I advise against making any contact with the former fiancee. What her reasons for breaking the engagement were should have no direct bearing on your actions. If the man has a nervous condition that annoys you, your attitude won't change because you do or do not find it shared by another person. Since you live in a small town, your own doctor could probably throw some light on the case. Be frank with him, tell him you are interested in this particular man and ask what, in his experience generally, causes the difficulty and ask what are the chances for improvement or cure.
 DEAR MISS DIX: I recently went to a party with Ken; in was our first date, though we had been quite friendly in school and in groups. However, we had an argument at the party, and he left after a very nasty display of temper. I really like him very much and would like to get him back.
 Hazel

ANSWER: Since Ken took you to the party, it was his duty to take you home. His actions were boorish, inconsiderate and ungentlemanly. He owes you a humble apology, and there's nothing you can do until you get it.

Modern Etiquette
 By Roberta Lee

- Q. Is it good manners to place one's hand on a person's shoulder or arm while talking with him?
- A. This is a popular habit of some people, and can be very annoying. It should be avoided. Of course, in a matter of condolence, it is often done, even to the holding of a person's hand while talking—and in this case it is quite all right.
- Q. Should a bride-elect mail wedding invitations to friends of the bridegroom who are unknown to her?
- A. Certainly. She and her fiance should get together on the guest list before the invitations are ordered.
- Q. When should a person place this napkin across his lap, after being seated at the table?
- A. That should be his first act after seating himself.

— G. H. M. —

HOLMAN STORE NEWS

IT'S BIRTHDAY TIME AGAIN! Everything and everyone is in a mile and a bustle—my but it's exciting! Never in the whole long HOLMAN history have there been such marvellous Bargains and Buys—such truly tremendous Values in every single Department of Both Big HOLMAN STORES, 97 Years Old—97 Years Young... A wonderful record of public service to Prince Edward Islanders and others far and near!... A record that will grow and expand into the future! The Holman aim and ambition is to give you, the public, the Best and Finest of Value for every penny, dime or dollar that you spend here—to make your shopping at Holman's a pleasure and a joy, not only during the Holman BIRTHDAY SALE but day in and day out, every day. Be sure to visit MISS 1857, she's more beautiful than ever and has a special Birthday Gift for every one of you... Miss 1857 is this year on the 2nd Floor—through the Furniture Department in the Summerdale Holman Store and in the window of the Charlottetown Holman Store. Miss 1857 will assist you in casting your Ballots for a chance of winning one of the THREE GRAND PRIZES—you get one Ballot for every Dollar that you spend. Come to HOLMAN'S and celebrate! Come to HOLMAN'S and shop for the Best Bargains of the Year! It's HOLMAN'S 97th BIRTHDAY!

WOMEN

Page 10 The Guardian Friday, July 9, 1954

CHILD TRAINING

(This article is another in a series on child training designed to offer guidance to parents. All publications are prepared by the Department of National Health and Welfare.)

Fear Can Harm Your Child

PART II

Many parents criticize a child constantly. They feel that unless they do this he won't have the urge to improve and won't grow up properly. Criticism is a form of punishment. It can make your child feel afraid and insecure. Don't withhold your praise and admiration because you think your child will become conceited. He should know that his parents are always ready to appreciate and enjoy him. He will come along faster if you tell him now and then what a wonderful child he is.

A child who cringes as a result of harsh or frequent punishment has been made emotionally sick. His days and nights are full of fears. He may start lying and devising just to protect himself against pain and humiliation. No thoughtful parent will use such punishment.

Fears show up in many ways. Some are easily seen. Others are hard to detect. But fears will always show up somehow. Your child may be afraid of the dark, even afraid in the daytime to be alone in some part of the house. He may have nightmares, start wetting the bed, suck his thumb, bite his nails or have a twitching in his face. He may be cruel to his pets, or not play well with other children.

A child who is restless, irritable, who easily "flies off the handle," is often called nervous. The most frequent cause is fear.

Your child's fears and worries may seem silly to you but they're very real to him. And the most harmful, common fear is that you will cease loving and caring for him! Your child can only feel safe in a strange, changing world if he always feels sure that despite his mistakes you will continue to love him. Then he'll feel sure you're always ready to help. Such a feeling of security makes him more self-reliant and eager to do better. It's natural for your child to yell his head off in revolt at times. This is healthy but it takes plenty of patience from the parent! You should not fight back the way children do. When you get angry it makes your child afraid.

To teach a child that he is bad if he doesn't always behave and talk nicely is to give him a burden of guilt that is far too heavy—and undeserved. For if he tries to bottle up all the mean words and feelings, and never blows off steam, he is wounding his personality. It he feels he's being a bad child because he has such thoughts and desires, he will become frightened.

(Next week's article will discuss Lying and Stealing.)

Contract Bridge

By Josephine Culbertson

"PREFERENCES"

One of the "toughest" of all bidding problems is this: when should you give partner a preference for his first-bid suit, and when should you accept his second suit?
 The following deal caused quite a discussion in a New York bridge club.

South dealer.
 Both sides vulnerable.

| | |
|-----------|--------------|
| ♠ J4 | ♥ A Q J |
| ♦ K 9 7 2 | ♣ 10 4 3 |
| ♠ 8 7 3 | ♥ K 10 9 |
| ♦ Q 6 5 | ♣ A K 10 8 5 |
| ♠ N | ♥ A Q J |
| ♦ W E | ♣ 10 4 3 |
| ♠ A J 8 | ♥ K 10 9 |
| ♦ 4 2 | ♣ A K 10 8 5 |
| | ♣ 6 |
| | ♣ A K J 10 4 |
| | ♣ 7 3 |

The bidding:
 South West North East
 1 ♠ Pass 1 NT 2 ♠
 3 ♠ Pass 3 ♠ Pass
 4 ♠ Dble. (final bid)

South went down 500 at four spades doubled, whereas (as he argued in the postmortem) he would have bought the contract at three diamonds undoubled and, going down only one, would have shown no loss because of his honors.

Though expert opinion was divided, it certainly seems to this observer that South should have been permitted to play a three-diamond contract—at least insofar as North was concerned. To begin with, North's response to the spade opening was optimistic in itself—a pass would not have been too cowardly. Next, when East bid hearts, the greatest part of North's slim values, the heart king, became a highly questionable asset, and at this stage North might well have looked upon his holding as a "washout".

So, despite the strength of South's three-diamond bid, North knew (or should have known) that there was no future in the hand. (After all, South had not opened with a two-bid.)

That being so, why give South the chance to hang himself? From North's point of view any undoubted contract was all right; therefore simple logic demanded that three diamonds be passed, at least until it was doubled. Perhaps South should have passed to three spades, but he should not have been exposed to temptation.

list before the invitations are ordered.
 Q. When should a person place this napkin across his lap, after being seated at the table?
 A. That should be his first act after seating himself.

That Body of Yours

By James W. Barton, M. D.

EMPLOYMENT FOR DIABETICS

It seems difficult to realize that just thirty years ago, out of every thousand persons who had diabetes, 755 died of it within a fairly short time. Nowadays, thanks to insulin and other methods of treatment, no person with diabetes mellitus is considered lost, even very advanced cases. Everyone can be saved and his condition controlled.

How is he as an employment risk? The American Diabetes Association, a voluntary organization which has done great work for the diabetic, has emphasized its philosophy that the diabetic, because of his ability to perform a full day's work satisfactorily despite this disease, should not be classed with the physically handicapped. This organization with liaison with the C. I. O., the A. F. L. and Railroad Brotherhoods, among others, has drawn up some recommendations for both labor and management regarding the employment of the diabetic.

Mildly diabetic persons, in no need of insulin, present no problem. Of persons with severe diabetes, needing both insulin and diet control we will find two types: (1) the well-controlled, cooperative person, and (2) the uncooperative and poorly-controlled one. The latter, if hired, are liable to prejudice employers against all diabetics, for they are not only poor work risks because of their diabetes but are likely to be absentees because of complications from their disease.

Some of the standards suggested are these:

1. A diabetic seeking employment should present a note from his physician stating that he is controlled and undergoes periodic examinations.
 2. Diabetics should work straight shifts (unbroken and nonrotating). If a rotating shift is absolutely necessary, they should avoid the mid-night to eight in the morning schedule. This is the only concession in terms of hours that a well-controlled diabetic should ask.
 3. Diabetics should carry cards or tags identifying their condition.
 4. If the worker's schedule is such that he cannot visit his regular laboratory regularly, the plant physician, in cooperation with the diabetic's family physician, should perform periodic blood and urine examinations.
 5. Each diabetic should have a complete annual examination.
 6. Those taking insulin in large doses, where there is the possibility of coma (unconsciousness) occurring, should not be placed in positions where these attacks might endanger themselves or others.
- If these employment standards and personal directors, the diabetic are put into real use by employers applicant should be considered just as eligible for work as those without diabetes. His effective contribution to industry has already been demonstrated.



COOK'S CORNER

TUNA OR SALMON PICKLE LOAF

- 2 7 oz. cans tuna (drained) or salmon
- 1/2 cup fine bread crumbs
- 2/3 cup milk
- 1/2 cup chopped sweet pickles
- 1 egg slightly beaten
- 1 teaspoon salt (scant)
- Pepper to taste

—Mrs. Marne Kennedy,
 O'Leary W. I.

FOAMY SAUCE

- 3 tablespoons butter
 - 1 cup powdered sugar
 - 2 eggs, separated
 - 1/2 teaspoon vanilla
 - 1/2 cup cream (whipped)
- Cream the butter and sugar together. Add well beaten egg yolks and beat thoroughly over hot water in double boiler.
 Remove from heat and fold in stiffly beaten egg whites, vanilla and whipped cream. Serves 6.
 Serve with hot gingerbread, steamed or baked puddings, etc.

—Mrs. Upton Seaman,
 O'Leary W. I.

Morning Smile

A "self-made" business man was in serious trouble and called up his lawyer. "It's a dirty trick," he screamed into the phone, "a dirty trick."
 "Calm down, calm down," said the lawyer, "and tell me what's the trouble."
 "That girl's husband has made a terrible mistake, screamed the man. "He's named me as co-respondent in a divorce case and I can't even write!"

ELLEN'S DIARY

by an Island Farmer's Wife

We catch now the loved fragrance of roses, spiced tonight with the scent of new-mown grass in an especial distillation of perfume as it comes to us here in this upstairs room borne in on a vagrant wisp of breeze...

Our study at Alderley is closed now and deserted, though our desk and chair and momentary souvenirs of other years about, await it would seem patiently our return. We came there this evening to visit briefly after a lengthy interval, this one of our favorite nooks of that house. We took from a shelf a book... to replace it; visited with a collection of pictures, tried the desk-lamp. And then, at a window looked out at the bit of lonely old orchard and beyond to the fields which stretch back now so green and promising to the woodlands.
 "Well, what do you think of it?" Granddaughter who had entered the room softly, smiled, her voice hollow in the quiet surroundings. "Everything's the same, isn't it?"
 The rooms... and fields, yes. But about the yards in our absence which now continue into the third year, shrubs have grown, and the trees—oak and linden and golden willow especially—beyond expectation.
 "Do you mind if we climb that younger linden?" that was Jamie asking. And he scaled its leafy heights, Gage at his heels. And Granddaughter shading eyes against the sun which presently hid itself behind a thunderhead of cloud watched the exploits of the two, a shy little-girl's smile playing winsomely along her cheeks.

It was Mack, youngest of the four, who bore us away to look in upon the downy nestlings of goldfinches at home in the heart of a blossoming rosebush—in a cradle artistically woven softly lined and quite full. "We mustn't make any noise!" he whispered, standing on tiptoe to view them. "June" lilies are in bloom there and peonies like great over-blown and below the front meadow, the pond rested, and the mill, gray-gabled. And the hills of Home which often come to mind, pictured in seasonal detail there

PLANETARY pressure should be sufficiently eased now to make this a really tiptop day.
 If possible, try to get outdoors and enjoy some exercise as an antidote to mental strain and the anxieties of the work week. If you have chores to do, tackle them early so that you will assure your self of time for fun.
 During the evening hours, entertaining is under favorable aspects and you should find great joy in sharing hospitality with friends and loved ones. Tomorrow's rays are also fine for creative, cultural and romantic matters and plans.

The Stars Say
 By Estrellita

For Tomorrow
 PLANETARY pressure should be sufficiently eased now to make this a really tiptop day.
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