

Women

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HAPPENINGS

Mrs. L. B. Smart, national president of the I.O.D.E. is a distinguished visitor to our province. Mrs. Smart has the responsibility of a national position in a great organization. However as we look into the face of this woman of destiny in our young Canadian nation we instinctively feel confident. We know that the I.O.D.E. policies will be good for everyone under Mrs. Lawrence B. Smart's inspirational leadership.

The following is a short biography pertaining to Mrs. Smart. Mrs. Lawrence B. Smart, Toronto, president of the national chapter of Canada, Imperial Order Daughters of the Empire, was born in Moose Jaw, Saskatchewan. She received her early education in Moose Jaw and Regina, where she resided for a number of years. Later Mrs. Smart attended the Marjorie Webster College, Washington, D.C., where she obtained her degree in Physical Education. Mrs. Smart is a charter member of the Regina of Vimy chapter, I.O.D.E., which was organized in 1923, and has held the offices of vice-regent and regent in that chapter. Mrs. Smart also served on the committee of the provincial chapter of Saskatchewan, I.O.D.E., for three years, and for four years was national I.O.D.E. Girl Guide Director.

On moving to Toronto Mrs. Smart formed the Wascana Chapter, I.O.D.E., of former Regina women, which is its regent for two years and is at present its honorary vice-regent. Mrs. Smart received a primary life membership during the past year in appreciation of her guidance and support.

Mrs. Smart was honorary secretary of the national chapter I.O.D.E. for seven years and for nine years a national vice-president. Mrs. Smart received a national I.O.D.E. life membership in 1943. In 1953 was awarded the Coronation Medal and was elected national president in 1955. Mrs. Smart is a member of the board of the Daughters of the Empire Hospital for convalescent children, Toronto, and held the office of "Col" Secretary for four years. When the I.O.D.E. was showing the carpet made by her late Majesty, Queen Mary, across Canada, Mrs. Smart travelled with it throughout its western Canada tour in 1950-1951.

ELLEN'S DIARY

Dr. Alexander Anderson Yes, That Is Who It Was

"What time of year was it?" Granddaughter asked.
"The last of May — or maybe early June."
"Where did the Superintendent live?"
"In Charlottetown."
"And how would he travel that distance, because there were no cars then?"
"He came by horse and wagon to our school. It is the other district and was later driven to ours — and would return home by boat afterward."
"And his name?"
"Dr. Alexander Anderson."
"Sounds Scottish," she commented.

"He was! As you will see it was difficult to catch some of his words. But he was, as we could appreciate later, a man who did much to better the standard of education here, and improve the Island schools. He was a great advocate of consolidation of rural schools. That was a matter — a hope that was dear to his heart."
"What did he look like?"
"He wasn't a young man then — and these are only a little girl's memories, one not as old as you are. . . He was smallish, with rather short-cropped but bushy grey hair — a little bald as we recall, and he wore sideburns. . . whiskers, you know. There was something pixyish about him that day — maybe it was his size or alertness or the twinkling eyes. Or perhaps it was the way he dressed — in a black suit, the coat with funny tails in a fashion worn then, nevertheless he was quite distinguished in appearance. And so nice to both teacher and pupils in that Primary room — all awed by the visit."
"The teacher — how was she dressed?"
"She wore a white blouse that day — high necked and long sleeved. And a dark skirt, long with only the toes of her boots peeping out. And around her collar, the long chain attached to the watch that was tucked in her belt. Her hair was upstayed into a coil pinned on the crown of her head. Side combs and a back comb and beneath that a little, barrette kept it neat and pretty."
"And what did you wear?"
"The Sunday-dress, of course, and the Sunday-ribbons tied our braids, for this was an occasion remember?"
"Braids?"
"Oh yes. Some of the other girls were their hair in ringlets, or unbraided in more becoming ways."

But your great-grandmother never was one as she said "to encourage vanity in her daughters. Besides as she reminded us beauty is only skin deep anyway." So the tresses were braided neatly indeed so thoroughly that it fairly lifted the scalp!" we giggled.
Granddaughter laughed. "Pray continue," she quoted.
Until tomorrow — — — Diary — Goodnight. . . .

SEVEN MILE BAY
The March meeting of St. Peter's C. W. L. Seven Mile Bay, was held in the Church Sunday afternoon at 3 o'clock. Owing to road conditions only seventeen members were present.

The meeting opened with League Prayer led by Rev. R. MacDonald. This was followed by reading and approval of minutes of previous meeting.
Letters were read from Sacred Heart Programme, Mrs. Ross re Drama Festival, Miss I. Arsenault re Education Brief conveners of magazine, Good reading, films, T. V. and radio from National conveners of press, magazines and lay retreats and Catholic action. A lengthy discussion on the Educational question took place and a number of suggestions sent to Provincial recording secretary. The treasurer reported that after all bills were paid \$155.11 remained in Bank.

Father MacDonald complimented the women on their interest in C. W. L. activities, strongly advocated a Catholic paper or magazine in every home and asked that members be on their guard for any immoral T.V. program. Collection amounted to \$1.95. On motion meeting adjourned Father Reginald MacDonald led in Act of Consecration to the Blessed Virgin Mary.

BROOKFIELD W. I.
The regular meeting of the Brookfield Women's Institute was held at the home of Mrs. Robert Andrews on March 12th. There was an attendance of nine members. Minutes of the last meeting were read and approved. The roll call was answered by each one paying a penny for the size of her waist realizing 28 cents. The Sick committee reported making calls and taking fruit. Cards of sympathy have been received for some.
The school committee reported toilet paper needed for the school. Several articles were passed in the Red Cross Convener. The receipt books for the Red Cross were passed out to the collectors. Correspondence was read by the

secretary. It was moved and seconded that the Institute become a member of Multiple Sclerosis Society of Canada. A bill of \$1.85 was paid for fruit.
There was discussion on having a pantry sale, but it was left for a later date. One new member was added to the roll. Collection 70 cents.
Programme committee for next meeting are Mrs. David Andrews and Mrs. Preston Sentner. Roll call for the next meeting to be answered by an article for a fishing pond.
Next meeting to be held in the school. Lunch committee, Mrs. Pearl MacLeod, Mrs. Preston Sentner and Mrs. Reagh Moore. Meeting closed with the Lord's Prayer.

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TO BE IN CHARLOTTETOWN

Mrs. Lawrence B. Smart, Toronto, Daughters of the Empire, will be president of the national chapter in Charlottetown April 12-16. Photo by Ashley and Crippen, Toronto.



BURDETT - MacEACHERN NUPTIALS

Mrs. and Mrs. Louis Burdett were married in Knox Presbyterian Church, Toronto, Ontario on February 23, 1957. The bride is Mrs. Grace, daughter of Mr. and Mrs. Neil MacEachern. The groom is the son of Mr. Thomas Burdett and the late Mrs. Burdett.

LET'S EAT

Dieters Needn't Forego Those Elegant Desserts

By IDA BAILEY ALLEN
"What a gorgeous-looking dessert wagon!" I exclaimed as a waiter wheeled the tempting array toward me.

"Evidently he knows you like desserts, yet you don't seem to put on weight," chuckled our host, Ernie Byfield, Manager of the Ambassador Hotel in Chicago, where the Chef and I were dining in the Pump Room.

"That's because I eat small portions of desserts and count the calories," I explained. "There's no need of going entirely without sweets if one is reducing."

IDEA FOR HOME
"This dessert wagon display gives me an idea for home entertaining, when guests are invited for dessert-and-coffee parties. There could be a variety of French pastries, a fine blueberry or custard pie, or a fruit torte, choice fresh fruit and a delectable butter-cream layer or a chocolate wing cake."

Chocolate Wing Cake: Put 3 devil's food cake layers together and frost all over with rich chocolate icing. Dust the sides generously with chocolate sprinkles. Decorate the top with lightly toasted almonds. Near the edge, stand up thin sweet chocolate wafers or chocolate-covered mint or molasses wafers like little wings.

Rich Chocolate Icing: Melt 1/2 c. butter and 4 squares cooking chocolate together over hot water. Remove from the heat. Beat in alternately 1 c. sifted confectioner's sugar and 2-3 c. light cream or undiluted evaporated milk.

Add 1 tsp. pure vanilla extract. Beat until thick enough to spread. **SUNDAY DINNER FOR GUESTS**
Crab Balls en Brochette
Devilled Turkey Breasts with Mushrooms
Asparagus Hollandaise
Lettuce-Tomato-Egg Salad
Chocolate Wing Cake
Coffee Tea Milk

Crab Balls en Brochette: Mix 1/2 lb. fine flaked fresh or canned crabmeat, 1/2 tsp. salt, 1/2 tsp. ground dry mustard, 1/2 tsp. minced chives, 1 c. fine enriched bread crumbs and 1 tsp. each water and sherry flavoring (the Pump Room Chef uses 2 tsp. dry sherry).

Refrigerate 1 hr. Shape and press into small balls; roll each in a strip of bacon; fasten with a pic.

Broil 15 min., or until browned. Top with Hollandaise-chives sauce. Serve with thin cucumber sandwiches.

Devilled Turkey Breasts with Mushrooms: Spread sliced breast of cooked turkey with table mustard. Roll in sifted fine enriched buttered bread crumbs. Broil until light brown.

Arrange on toasted English muffins. Garnish with broiled mushrooms caps and crests. **TOMORROW'S OVEN-DINNER**
Coleslaw with Pimientos
Fish Fillets Creole
Green Beans
Baked potatoes
Corn Bread
Baked Custards
Coffee Tea Milk

Entree of Fish Fillets: In Chicago we enjoyed white fish fillets Creole from the Great Lakes. But fillets of haddock, cod, flounder, sole or whiting may be used in this dish, previously described in this column.

MORNING SMILE
"Thank you for the dinner and the opportunity of meeting your fascinating wife, Joe," said the boss at his employee's door. "By the way, would you like to do some travelling for the firm?"

BOMB IN PARIS
PARIS (AP)—A bomb exploded on a crowded sidewalk of the Champs Elysees during a demonstration Saturday by about 3,000 persons demanding a tough French policy in North Africa.

KEEP IN TRIM

Swing Into Spring With Some Real Waist Whittlers

By IDA JEAN KAIN
Ah — Spring. At this season when all earth comes to life, don't you get the feeling there is nothing you couldn't do? There's a promise in the air — a promise of all that makes life young. Suddenly you know you can pull your figure out of the dumps and feel younger than springtime.

Where to begin? Well, the waist is the logical place. The difference between a young figure and a matronly silhouette is centered at the waist. In the spring, designers use every trick of the fashion trade to belittle the middle measurement. So, swing into spring with these waist whittlers.

First, to give you a goal toward which to aim, here are the exact waist measurements, that is, body measurements used by the dress manufacturers. Size 10, 24 1/2"; size 12, 25 1/2"; size 14, 27"; size 16, 28 1/2"; size 18, 30"; inches. One inch leeway is allowable — but two inches crowds you into a larger size.

PASS UP DESSERT
It's not too difficult to slim bulky inches off the middle. On the calories score, enjoy the main course, but leave off the fat trimmings. Then draw your belt a notch tighter. Top off with hot tea or black coffee. When you look upon passing up dessert in the light of a lissome waist, it's a pleasure.

Once you take that first decisive step, you'll start feeling slimmer and the going is exciting. Simply follow through with limbering stretch-bend-turns.

Position: Standing, feet apart, arms arched overhead, head held high. Grasp right wrist firmly with left hand.

Movement: Bend slowly toward the left, pull-left-leg along the side boundary line, and increasing the bend by pulling strongly with left hand. Hold, then slowly return to position, change position of hands and bend toward the right. This even feels slimming. Repeat

HOUSEHOLD HINT

To disconnect an electric cord, grasp the plug, not the cord. Pull straight.

If the plug sticks, rock it gently from side as you pull, to loosen one connection at a time.

WIFE PRESERVERS

Only one teaspoon of liquid at a time pours from this new type bottle. The dispenser automatically measures light syrups, detergents and other liquids. It is molded of vinyl resin. To measure one tablespoonful with the dispenser, pour three times.



COOK'S CORNER

BROWNIES

1/2 cup butter
1 cup white sugar
1 egg
1 cup flour
1/2 cup cocoa
1 cup milk
1 tsp. baking powder
3/4 cup walnuts.
1 tsp. vanilla
Cream butter and sugar. Add egg. Sift together flour, baking powder and cocoa and add alternately with milk, then add vanilla and walnuts.
Bake in moderate oven.

Plays Trouble Making Blonde

LONDON (CP) — Lynn Tracey, green-eyed blonde model turned actress who was voted Miss Canadian Mink two years ago, has landed her first big film part in J. Arthur Rank's production of Miracle in Soho.

She will play the part of a girl who "causes trouble" between the two leading players, John Gregson and Belinda Lee.

Twenty-year-old Miss Tracey returned to England four months ago after a two-year absence, during which she worked in Toronto and Montreal and later in New York.

The death occurred at 95 Fitzroy St., Charlottetown on Monday, March 25, 1957, of Mrs. Lydia J. Hood in her 91st year.

The late Mrs. Hood is survived by three daughters, two brothers and two sisters. The daughters are: Doris, Mrs. W. H. Creighton, Toronto; Helen, Mrs. A. D. Mitchell, Pincher Creek, Alberta; and Jennie, Mrs. E. W. Beer, Charlottetown. Brothers and sisters surviving are John Hall Lea, Los Angeles, California; Hiram Lea, Jarvie, Alberta; and Mrs. J. S. Hinton, Summerside, and Mrs. John Howatt, Cornwall.

Six grandchildren and seven great grandchildren also survive. The funeral was held from the MacLean Funeral Home Wednesday, Services were conducted by the Rev. A. Frank MacLean. Interment was in Sherwood Cemetery.

The pall bearers were: Ernest Cameron, Wilfred Livingstone Ralph Beattie, Reginald MacMutt, Norman Nicholson, Dr. W. R. Carson.

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