

Better English

By G. C. Williams

1. What is wrong with this sentence? "I don't know if I can get to go to college."
2. What is the correct pronunciation of "xylophone"?
3. Which one of these words is misspelled? Bacteria, backgammon, baptism, bauble.
4. What does the word "perusal" mean?
5. What is a word beginning with com that means "to call to remembrance"?

ANSWERS

1. Say, "I don't know whether I can go to college."
2. Pronounce xi-lo-fo-n, as in ice, both o's as in no, accent first syllable.
3. Bacteria.
4. Act of reading carefully. "He made a perusal of many biographies."
5. Commemorate.

Modern Etiquette

By Roberta Leo

Q. When a girl has been invited to several different bridal showers for the same bride-elect, is it necessary that she bring a gift for each one?

A. If she attends each shower, it is required that she bring a gift to each one. However, it is not necessary that she attend all four or five showers on one girl if she feels she can't afford the expense of four or five gifts.

Q. When a woman is traveling alone and is leaving a hotel, how should she manage about her luggage?

A. The luggage should be packed and ready. She then goes down to the cashier's desk, pays her bill, and a bellboy sent for her luggage.

ELLEN'S DIARY

By an Island Farmer's Wife

The storm of recent days is now about spent. The snowfall and drift and wind of day has eased, though skies were still sullen when past dusk we came from a "kaley" at the house across the lane... no star... no moon. And all about in the circle of light from the yard... snow!

All day as it fell, it was caught roughly and moulded by a gusty wind from the northeast into strange, and yes, beautiful, shapes about. Higher the white drifts mounted against the buildings, making the choring increasingly difficult for the farmers.

Today, granddaughter was able to reach the limbs of a tall maple in the barnyard, a height no small one could scale in the summer. Sometimes she had bemoaned the fate of a kitten that had climbed to its height. There too, the sparrows liked to muster, then swoop with a rush of wings to tease Pard, knowing white dog of ours — now deceased.

Down they would drift close enough to touch him, then amused — it would appear — at his animated barking and mad rush after them, quickly rise to their shelter. We fancy Pard's shade follows about the place still. We see him ahead of the team as it returns at evening from the woods' work and in some heated moment of herding it is his name we hear in James' insistent halloo!

"I never thought I should touch here," granddaughter smiled, caressing a maple branch, a bit of

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DOROTHY DIX'S COLUMN—

Foolish Girl

Demanding Sweetheart Not Likely To Fulfill Promise Of Marriage

DEAR MISS DIX: I am now 21 and for two years have been dating a boy three years older. Recently, in response to his ardent wooing, and with his promise that we would be married as soon as he finished night school, I lost my virtue to him. However, when he finished school, he bought a car and now is in debt for it. He has postponed our marriage until the debt is paid. He has a good job in a nearby city and comes home every week end. During the week, when he is away, he doesn't want me to go out even with other girls. I get pretty lonesome staying home every night; I don't want to go out with other boys as I love him very much. I want to get married, and am sure we could live on what we make (I also have a good job). My bank account could give us a good start. Can I believe his promises that we will be married soon or am I just kidding myself?

MARIE R. W.

ANSWER: You were very foolish to become intimate with your young man, but it's too late now for scolding. As you seem to realize your own foolishness, I hope you are not continuing the intimacy. If you are, you can be sure he'll take his time about marrying you.

You already have a good indication of where you stand when your

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How Can I!!!

By Anne Ashley

Q. How can I prevent chignon or voile from slipping about on the table when cutting it?

A. Place a blanket smoothly on the table. The material will cling and can easily be cut.

Q. How can I clean a rusty knife blade?

A. Dip a damp cloth into ashes, and rub the blade thoroughly until the rust disappears.

Q. How can I prevent the cauliflower from darkening when being boiled?

A. Try adding a slice of lemon to the water in which it is cooked.

Household Scrapbook

By Roberta Leo

Onions

Some people like onions but seem unable to digest them. If the onions are sliced, boiling water poured over them, and allowed to remain for two minutes, then plunged into ice water they can be eaten without after effects.

Wasted Fuel

Flame showing outside a kettle of boiling liquid or food represents wasted fuel. Turn down the flame until it does not show around the edge of the pan.

Rust-Proof Pin Cushion

Fill the pin cushions with steel wool and avoid dull or rusty needles and pins.

That Body Of Yours

By James W. Barton, M.D.

ARTHRITIS AND THE RHEUMATIC DISEASES

Briefly stated, arthritis means rheumatism of the joints. When a patient asks me to explain the difference between rheumatism and arthritis, I say, "Rheumatism is an all-inclusive term. When rheumatism attacks the joint, it is called arthritis. When it assaunts the nerves, it is called neuritis; the muscles, myositis; the fibrous tissue, fibrositis and so on."

I am quoting from the preface of a new book by Dr. Philip Lewin, Professor and Chairman of the Department of Bone and Surgery, Northwestern University Medical School.

Despite all that we have learned about arthritis and the fact that rheumatism and arthritis are diseases as old as man himself, physicians are still discovering new causes. Formerly all cases of arthritis (inflammation of the joints) were considered due to infection (teeth, tonsils, gall bladder) and practicing physicians still consider infection the commonest cause. The preface records these other causes of arthritis: injury, exposure, gland disturbances and disorders of the circulation of the blood.

The most annoying signs and symptoms are: pain, stiffness, swelling, tenderness and deformity; the treatment, therefore, is directed toward relief from pain, preservation of movement in the joint, correction of deformities, prevention of disability.

In former articles, I have stressed the point that the symptoms in rheumatism and arthritis are so varied and likewise the causes, that in many hospitals there is an arthritis and rheumatism clinic or department where several "specialists" — dentists, orthopedists, nutrition experts, and general surgeons — help in restoring the arthritic to, or almost to, normal.

Thanks to the miracle drugs ACTH and Cortisone, many bed-ridden arthritics are able to walk about free or almost free from pain and disability. Orthopedic and general surgeons have enabled many arthritics to disregard braces formerly so often needed.

Rules for arthritics:

The Do's

Watch your health. Cooperate with your doctor. Follow your diet. Keep up your exercises and treatment faithfully. Get adequate rest. Be optimistic.

The Don'ts

Don't neglect early symptoms. Don't patronize quacks. Don't take up food fads. Don't expect quick results. Don't try to live as though you were well. Don't lose hope.

Arthritis is a slow process, but following the above suggestions is the only way you will get rid of arthritis or learn to live with it.

The Stars Say

By Genevieve Kemble

For Tomorrow

IT is probable it may be found expedient to revise, perhaps reject radically, recent plans and techniques of brilliant, novel and greatly desired programs or projects of considerable importance. This need not be disheartening, since there are most promising developments which might put the accent on more personal, possibly romantic, factors. Home, social, cultural considerations may stimulate the new efforts.

For the Birthday

Those whose birthday it is may find it advisable to amend, reverse, even discard entirely certain plans or prospects because of purely intimate, domestic or social considerations. The change need not be vital—in fact, it might gain by tactful or considerate motives. It might be expedient to revamp

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Anne Adams Patterns

MAKE A HIT!

STUNNING! SEW-EASY! This is a wonder-pattern! Collar is in one with bodice, no side-seams in skirt. Simplest of lines, smartest of frocks. Make it in a date fabric now, a washable fabric for summer. Whichever way you make it, this will make you a hit!

Pattern 4854: Misses' Sizes 12, 14, 16, 18, 20, 40. Size 16 takes 4 1/2 yards 35-inch fabric.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send Thirty-five Cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly Size, Name, Address, Style Number.

Send order to ANNE ADAMS, c/o of The Guardian, 63 Front Street West, Toronto, Ontario.

Morning Smile

Two of a Kind

Two women met on the street one day and they were exchanging back-handed compliments in the manner that is peculiar only to the female species of the world.

"Mrs. Brown," said one "did you know that you have on two different colored stockings?"

"I know, my dear," said the other, "and I can understand that it surprises you. But you must understand that it often happens to women who have more than one pair of stockings!"



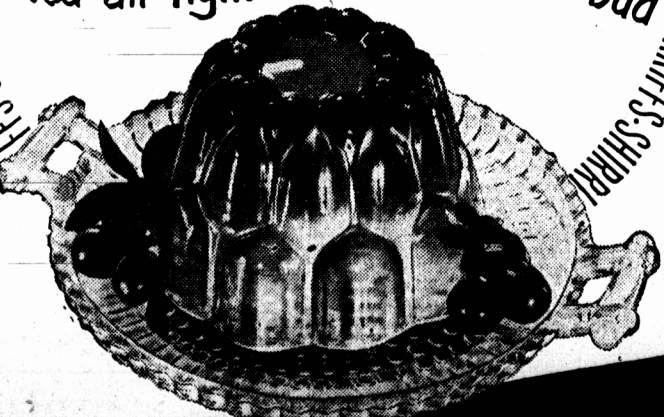
4854 SIZES 12-20-40

by Anne Adams

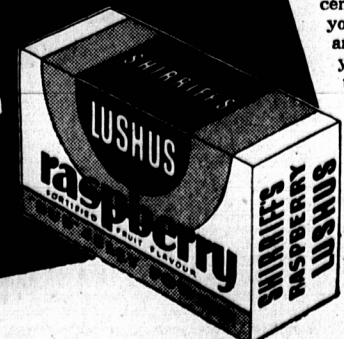
Only one jelly powder gives you...

liquid fruit fresh flavour

sealed air-tight in the flavour bud



SHIRRIFF'S LUSHUS JELLY



HOW MOTHER NATURE PROTECTS FLAVOUR

Have you ever noticed how Nature protects flavours of fresh, ripe fruit? The delicate, tantalizing, delicious flavours are contained in the liquid juices. The fibres of the fruits form tiny cells that seal up these natural fruit juices against evaporation and deterioration. Ever notice that only Lushus jelly employs "Nature's own" method to bring you fruit-fresh flavour all year 'round?

FLAVOUR ALWAYS FRESH

Just as Nature protects its fruit flavours in the natural liquid juices, so Lushus jelly seals the flavour liquid-fresh in a shell of pure sugar, Shirriff's famous flavour "Bud". The Bud protects the liquid-fresh flavour at the peak of goodness 'till you make up the jelly. That is why the flavour of Shirriff's Lushus rivals choice fresh-picked garden fruit itself.

FLAVOUR CAN'T ESCAPE

You get all the flavour you pay for in Shirriff's Lushus jelly. Not one drop of the rich fruity tang can escape until you are ready to use it. The flavour cannot evaporate or fade. All seven juicy flavours are sealed up airtight in shells of pure sugar. The "Buds" dissolve instantly in hot water to release the freshest, liveliest flavours you have ever tasted in a jelly.

GIVES YOU BETTER VALUE

No matter how you serve it, Lushus is better every way — so shimmery... so sparkly... so delicious. Yet all this Lushus goodness is yours to enjoy for just a few cents a serving. It costs you no more than ordinary jelly powder. Pick your assortment next time you shop and see for yourself that there is a difference in flavour. Only Lushus gives you liquid-fresh flavour sealed air-tight in the flavour bud!

Abducted Montreal Child Found Unharmed On Street



Barbara Nemeroff daughter of a wealthy Montreal manufacturer, was kidnapped from her crib in her home and held for \$30,000 ransom. While her parents were frantically broadcasting appeals to the abductor not to harm her, the three-year-old girl was found in front of downtown Montreal store, walking with a former employee of the child's father.



Happy parents, Mr. and Mrs. Morris Nemeroff are seen after reunion with their daughter who still clutches the doll she took with her when she was kidnapped. A Montreal housewife recognized the girl from her description and called the city police.

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