

Mental Health

THE NEED FOR VOLUNTARY ORGANIZATIONS IN THE MENTAL HEALTH FIELD

(A statement by C. A. Roberts, M. D., Chief, Mental Health Division, Department of National Health & Welfare.)

There is overwhelming evidence to support the claim that public health services flourish where public interest and support are strong, and that these services lag badly where public apathy and disinterest prevail. Certainly all our experience in the past indicates that health services in general stem from concerted, vigorous efforts on the part of public spirited citizens. The lack of such backing invariably places a severe handicap on progress and perhaps in no other aspect of public health has this been more evident than in the field of mental health, where the struggle for improved programs has been traditionally a disheartening and uphill battle.

Before such support can be forthcoming, there must be public understanding and acceptance of the problems of mental illness, the willingness to face up to the implications of the tremendous drain that mental illness, in all its forms, is making on the nation. It is in this area that the voluntary organization can play such a vitally important role, by helping to dispel misunderstandings and prejudices. Thus can the way be paved for truly great advances against our greatest public health menace.

The voluntary organization is the pioneer in the mental health field with its educational and informational program. It is in a preferred position to disseminate information concerning mental health; the basic principles that may be applied in everyday living; the important lesson that most mental illnesses are a gradual process to be treated as early as possible in order to offset serious long-term effects.

Key Personnel

The parent, clergyman, teacher, employer, and family physician are the key personnel in maintaining community mental health and a continuous awareness on their part of their responsibilities pays handsome dividends in community well-being. The voluntary association, representing all groups in the community, keeps this awareness of responsibility alive, and, by its year-round activities, helps translate sound principles into constructive action.

Government, with all the best intention in the world cannot hope to carry out this essential "grass roots" activity and it is here that the voluntary mental health group probably plays its most useful part. Once involved in community mental health, the voluntary organization finds any number of problems to challenge its ingenuity, courage and alertness. It must overcome not only apathy on the part of fellow citizens but frequently downright antipathy. Shame and fear and ignorance will test its mettle. Above all, the public must be informed about the extent of mental disorder, the devious ways they show up.

1. An opportunity to say what he thinks and feels about what is concerned about.

2. An opportunity to hear other viewpoints and problems and thereby:

- (a) Get to know and better understand others.
- (b) Realize that others have problems similar to his own.
- (c) Discover new methods and techniques of handling his own problems.
- (3) An opportunity to clarify his own thinking and more clearly recognize and accept his own feelings and needs.
- (4) An opportunity to develop a feeling of friendliness and a sense of belonging to the group.
- (5) An opportunity for regular and systematic discussion centered on what is problematic to him.

Study Groups

Study groups will be formed with any group of teachers, parents, or other adults interested in child guidance or mental health in general. The groups could consist of a sharing and comparing of experiences, a discussion of films, books, putting on mental health plays, bringing in outside speakers, or whatever procedure the group might wish to follow.

Practically an assured success. The voluntary association can lead the way in providing another continuous basic service: that of creating a community climate which will be sympathetic to the rehabilitation needs of the person who has been discharged from a mental institution. (This effort, of course, would include the immediate family of the patient.)

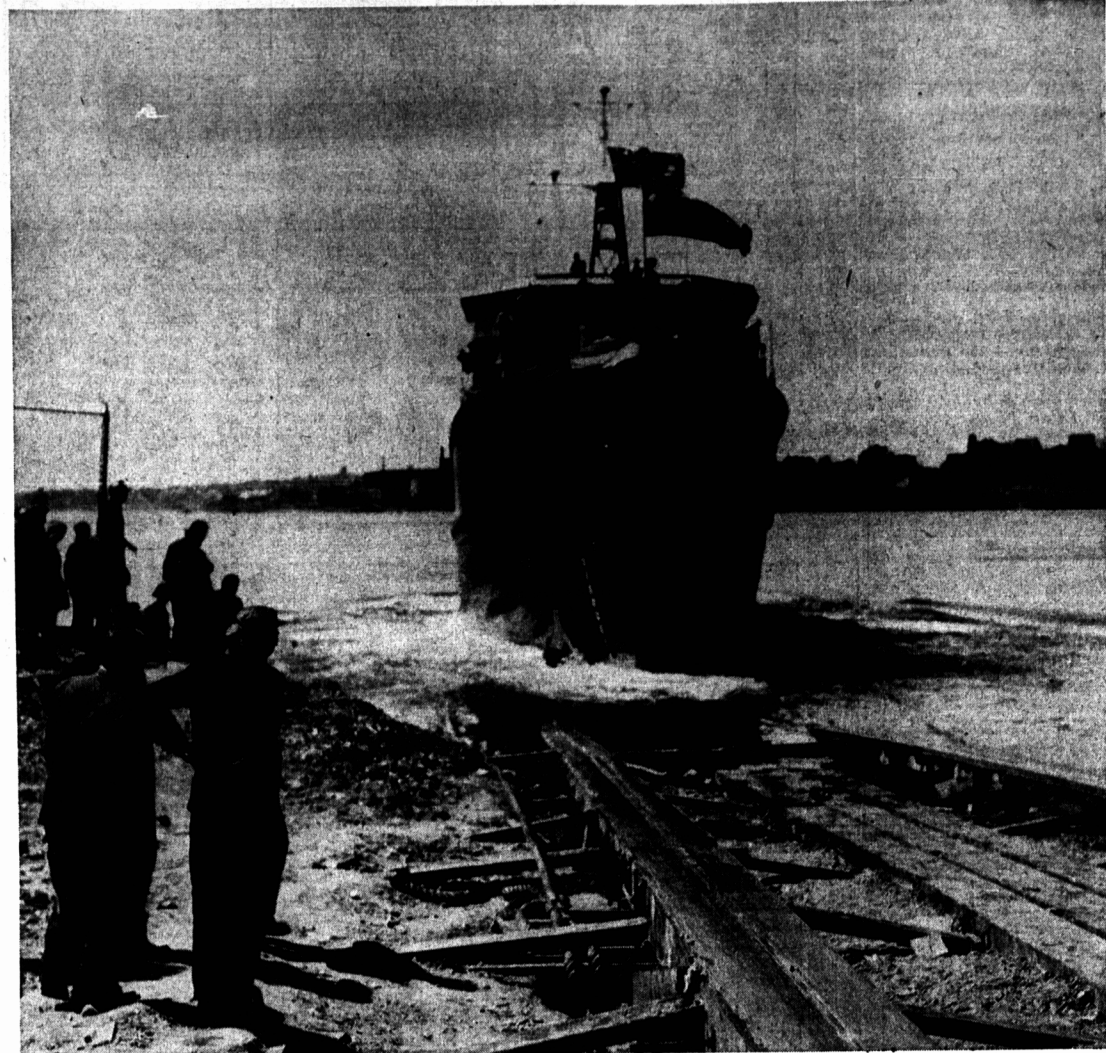
The task for voluntary organizations in the mental health field is gigantic but, by its very nature, necessary and rewarding beyond description. The group of citizens who band together to give freely and generously of their time and energy and devotion have been all too few in the past. There are encouraging signs that this may no longer be the case as groups are beginning to spring up here and there in Canada to accept the challenge.

Let us hope that their numbers increase by leaps and bounds so that every community in Canada can know the benefits that follow the formation of a voluntary organization in the mental health field.

TROI - RIVIERES, Que. (CP)—Roy Oliver Campbell of Brockville, Ont., Wednesday was ordered by Superior Court Judge J. Emile Ferron to pay taxi-owner Reginald Lemire of Joliette, Que., \$7,251.52 on a damage suit arising from a collision at nearby Pointe du Lac Dec. 24, 1951.

A counter claim by Campbell for \$1,375 was dismissed.

Minesweeper Launched At Saint John



A new-construction, aluminum and wood minesweeper was added to Canada's fast-growing modern fleet May 4 when HMCS Miramichi was launched at Saint John Dry Dock, Saint John, N.B., where the ship was built. Rear Admiral R. E. S. Bidwell, Flag Officer Atlantic Command, attended the ceremony, along with other naval and civilian dignitaries. Above, the Miramichi is seen just as she left the way, marking the completion of the launching ceremony.—National Defence Photo.

Gallant French Army Officer In Tough Position

By LARRY ALLEN

SAIGON, (AP)—A gallant French Army officer sits in a rain-soaked bunker on the plain of Dien Bien Phu, seeking the key to victory in the darkest hour of his career.

Brig.-Gen. Count Christian Marie Fernand de la Croix de Castries, commander of the little pot-shaped valley position, is surrounded by tens of thousands of Communist-led Vietnamese troops. They are trying to strangle his isolated fortress. The grip has been tightening for days.

Against them stand about 14,000 French, North African, Foreign Legion and Viet Namese troops, crowded into a circle less than a mile in diameter.

In the hands of the six-foot de Castries, a champion horseman who wears a red African cavalry cap instead of a steel helmet, is the decision whether they—and he—will leave the position alive. "He was meant to be a medieval knight, a cavalier in mail and armor," said one of his intimates recently. "Falling that, he did the next best thing—he became a cavalryman."

TRAP BACKFIRED

Jacqueline, his tall blonde second wife, lives in Hanoi—187 miles from the battle—and talks to him by radio-telephone every day at noon.

"You know," his friend says, "the general has never doubted even for a moment the possibility of holding Dien Bien Phu. If it falls it will be because the defenders have died to the last man, destroying with them most of the Vietnam."

Dien Bien Phu was designed as

a trap to lure the Vietminh into open battle. Now the French themselves are trapped.

De Castries' only lifeline is through the sky. Everything he uses is parachuted in.

The situation must remind de Castries of his experience in the battle of France. Tanks and dive-bombers surrounded him and his 50 men in 1940. After three days of fighting he tried a break-out, was wounded and taken prisoner. He made three unsuccessful attempts to escape, succeeded on the fourth try, and two years later was fighting on the Garigliano in Italy.

De Castries was born in Paris Aug. 11, 1902 to a family of the French nobility—and to the cavalry. One of his ancestors was the Marquis Charles de Castries, who fought under Louis XV, became minister of the navy and went into exile with Louis XVIII.

CHAMPION HORSEMAN

Young de Castries entered the cavalry school at Saumur. One day he saw a beautiful horse galloping in the pastures of a cousin's estate. The animal suddenly made a prodigious leap, clearing a hedge more than six feet high.

De Castries had to have that horse. In 1933 he took the unknown jumper—named Vol au Vent—over the barrier to a world record jump of 2.38 metres (7 feet 10 inches).

De Castries has carried over several habits from his jumping days. Once is to brandish a riding crop wherever he goes. Another is to chew gum. He chews while riding and he chews when the going in battle is toughest.

In his younger days, he valiantly upheld the cavalry tradition of cheery. Well-built, handsome in a rugged way, his soft brown eyes peering from under big black eyebrows, he was surrounded by the Paris beauties of his time.

He married first outside his exclusive circle and the marriage ended in divorce. His second wife

Churchill Honored By English Town

LONDON (Reuters)—Some of the old oratorical fire flashed in Prime Minister Churchill Wednesday when, deeply moved and eyes glistening, he spoke of "freedom."

Churchill addressed a private gathering when receiving the honorary freedom of the town of Poole in west England from a delegation gathered in his own drawing-room at 10 Downing street.

Churchill referred to old traditions, such as the granting of civic "freedoms," which added to Britain's strength.

Then, in a gesture reminiscent of his wartime rallying speeches, the 70-year-old statesman raised his right hand high above his head and declared emotionally:

"We must not forget that that strength has not only been used to protect inviolate the freedom of this island, but also kept alone the flag of freedom flying in times which nearly everyone in this room will remember."

comes from a noble family. In the Second World War, he took part in the capture of Karlsruhe and Freudenstadt, the key to the Black Forest. He captured the German crown prince.

He went to Indo-China in 1946 and stayed for 2½ years to command the Spanish, an African light cavalry unit whose cap he still likes to wear. It was with the Spanish that he was wounded for the third time and received his 18th citation for valor. He returned to Indo-China for a second tour of duty after a year in France.

OLD SETTLEMENT

The village of Hopewell near Pictou, N.S., was named after the vessel that brought Ulster colonists in 1761.

MAJOR HOOPLE



EGAD, JASON! BE SURE YOU KEEP A SHARP EYE ON THIS BALL—IT'S OUR LAST ONE! ALSO PLEASE WATCH MY FORM—YOU'RE AN OLD CADDY—AND SEE IF YOU CAN FIND THE TINIEST FLAW!

YOU IS STILL BATTIN' CURVES, MISTAH MAJOR! DAT BALL WENT CRASHIN' IN DEM WOODS! SPEAKIN' OB YOUR STYLE, MISTAH MAJOR, YOU MINDS ME SOME OB BEN HOGAN, LAKWISE SOME OB JOE DIMAGGIO

OOF!

WHERE'D IT GO?—PUFF-F!

A LINE DRIVE—SLIGHTLY FOUL—

Rushed Ashore By High Speed Launch

HALIFAX (CP)—The pregnant wife of an American Air Force sergeant was rushed ashore by high speed launch today for emergency hospital treatment.

The Canadian launch went to sea to meet the United States military transport Goethals off Halifax and bring the woman to port for treatment at the navy hospital.

Her condition was reported as "good."

She became ill after boarding the transport at Bremerhaven, Germany, for a trip to New York. The ship's doctor reported that she was in critical condition and the Goethals was ordered to divert toward Halifax.

The woman was not immediately identified.

Apologies Made To Newspaper Men

VANCOUVER (CP)—Wing Cmdr. D. C. S. Macdonald, officer commanding Sea Island RCAF station, has sent letters of apology to four Vancouver newspaper men because they were not immediately allowed on the base during a \$2,000,000 hangar fire last Thursday.

"The guards at the gate had been told to admit no civilians to the station," said the letters, "but unfortunately they did not display very good judgment in preventing newspaper men from entering."

The letters were received Wednesday by photographers George Diack and Roy LeBlanc and reporter John Kirkwood of the Vancouver Sun, and by Johnny McGinnis, photographer, Vancouver News-Herald.

McGinnis charged he had been mistreated by a security officer. Wing Cmdr. Macdonald is conducting an investigation and Associate Defence Minister Ralph Campney has ordered a report.

Makes Unusual "Courtesy" Call

HEIDELBERG, Germany, (AP)—Col.-Gen. A. A. Grechko, Soviet Army commander-in-chief in East Germany, today paid an unprecedented "courtesy" call on his American counterpart at United States headquarters here in West Germany.

The Russian's visit was the first to West Germany by such a high Soviet officer since the occupation began nine years ago. Since the Russians rarely do anything impulsive in their relations with the West, and since Grechko's trip coincided with the East-West negotiations at Geneva, it aroused intense speculation in West Germany.

The U. S. Air force gave the Rus-

Adenauer Hopeful

HAMBURG, (AP)—Konrad Adenauer, West German chancellor, today said he thinks diplomatic relations between West Germany and the Soviet Union "might be established in the not too far future."

Adenauer's only explanation was that "our trade with the Soviets had been intensified lately." He made his remarks in answer to a reporter's question.

DAILY CROSSWORD

- ACROSS
1. Frighten
 6. Coins (It.)
 11. Musical instrument
 12. Eat away
 13. Soothing ointments
 14. One who submits
 15. Evening (poet.)
 16. Sound quality
 17. Trail again
 20. Chinese measure
 22. Perform
 23. Mohammedan priest
 25. Articles bought and sold
 29. Toward the lee
 30. Born
 31. Father
 32. Toward the middle of a ship
 37. Biblical name
 38. Coin (Swed.)
 39. Sing joyfully
 41. French painter
 43. Nullify
 44. Solitary
 45. Commotions
 46. More infrequent
- DOWN
1. Serious
 2. Long for
 3. Metal tag
 4. Male sheep
 5. Half ems
 6. Citrus fruit
 7. Famous ship, "Old"
 8. Roam
 9. Any fruit drink
 10. Varying weight (India)
 16. Queen of the fairies (Shakes.)
 18. A roadster like a racing car
 19. Indian tree
 20. Owns
 21. Apricot (Jap.)
 24. Note of the scale
 25. Chart
 26. Guido's highest note
 27. Music note
 28. Man's nickname
 33. Indent, as
 35. Vehicle edges of a coin
 34. Homage
 35. Goddess of peace
 36. One of the Apostles
 37. River (It.)
 39. Vehicle
 40. Keel-billed cuckoo
 41. Disfigure
 42. Palm leaf (var.)



Saturday's Answer

36. One of the Apostles
37. River (It.)
39. Vehicle
40. Keel-billed cuckoo
41. Disfigure
42. Palm leaf (var.)

DAY CRYPTOQUOTE—Here's how to work it:

AXYDLBAAXR is LONGFELLOW

One letter simply stands for another. In this example A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.

A Cryptogram Quotation

F YKVL GKBCK FCX YVQVMS FR

F R SFG—RLOSJ.

Saturday's Cryptogram: LOVE LIGHTS MORE FIRE THAN HATE EXTINGUISHES—WILCOX.

OFFICIAL 61 to 130 more miles per tankful with a Studebaker!

That's what the '54 Champion 6 got in the Mobilgas Economy Run against competing low-priced cars!

- Studebaker Champion 6 beat all other cars in the Run in actual miles per gallon!
- Studebaker Commander V-8 beat all other eights—and all sixes except Studebaker Champion!
- Another Studebaker Commander V-8 beat all automatic drive cars—sixes and eights!



You can't get this performance in any car but a Studebaker!

Get a new 1954 Studebaker... Puts you ahead of the parade... Gets you more when you trade!

Come in and look at the official AAA score sheet of all the cars in the Mobilgas Run. You'll see that the Studebaker Champion 6 got 61 to 130 more miles per tankful than its competitors in the low-priced field. The far-advanced 1954 Studebakers made a clean sweep—first in the Grand Sweepstakes—first in actual miles per gallon—first of all overdrive cars—first of all automatic drive cars. Get Studebaker economy yourself. Duplicates of Studebaker's Mobilgas Run winners are available immediately at low cost. They are the best engineered, the best built, the best styled cars in Canada! Come in and see them!

Look what you get in a new 1954 Studebaker

Longest wheelbase in the low-price field... Extra large, extra powerful new brakes... New 7.5 to 1 high compression in both Champion 6 and Commander V-8 engines... Big, visibility-ensuring windshield and rear window... New and four Studebaker "MiracleRide" ... In addition, all 1954 Studebakers offer you an extra cost Studebaker's marvelous new Power Steering—and Automatic Drive or Overdrive.

STULL'S SERVICE STATION

FITZROY & GREAT GEORGE STREETS CHARLOTTETOWN