

SHOP
CO-OP
IT'S
A
GOOD
SLOGAN

Value Menu for THANKSGIVING

- FRESH GROUND **HAMBURG** 2 LBS. FOR **59c**
- YOUNG STEER BEEF **CHUCK ROAST** LB. **33c**
- SWEET PICKLED **PORK HOCKS** LB. **29c**
- FRESH TASTY LAMB'S **LIVER** LB. **35c**
- BONELESS ROLLED **VEAL ROAST** LB. **47c**
- YOUNG STEER STANDING **RIB ROAST** LB. **43c**
- ISLAND KOLD-PAK **LOBSTER** PER TIN **\$1.69**



You'll be surprised—pleasantly surprised—to see how much less your Thanksgiving dinner will cost when you buy ALL the foods for the feast at the CO-OP SUPER MARKET! For we're serving up savings on a silver platter . . . a menu of super values to help you feast for the least. Yes—you'll find the best quality . . . the best variety . . . at the CO-OP—and best of all—you'll find that every item is low priced to give you the best buys in Thanksgiving supplies.

STEAKS YOUNG STEER **59c** Lb.
ROUND - SIRLOIN
OR T-BONE

BACON Swift's Diamond "A" Sliced **49c** Lb. PKG.



Tops in turkey value—GOLD SEAL TURKEYS — pleasingly plump and temptingly tender — personally SEALected for their plumper breasts and heavier drumsticks . . . for their finer quality that means finer flavor and juicer goodness. GOLD SEAL TURKEYS — exclusive with the CO-OP SUPER MARKET. Order yours today! GRADE "A"—ALREADY DRAWN READY TO STUFF AND COOK

- GOLD SEAL TURKEYS** LB. **69c**
NEW YORK DRESSED — LARGE 22-25 LB. AV.
- TURKEYS** LB. **53c**
GRADE "A" — 5-6 LB. AVERAGE
- CHICKENS** LB. PER **49c**
GRADE "A" — CLEANED — OVEN-READY
- DUCKS** LONG ISLAND LB. **59c**



GOODY!! — GOODIES!!
IN SHELLS — THIS SEASONS
MIXED NUTS lb. **49c**
IN SHELL — FRESH ROASTED
PEANUTS lb. **33c**
HALL-O-WEEEN WRAPPED
KISSES lb. **35c**
WESTON'S — CREAM FILLED
COOKIES, asst. lb. **39c**

- COD FILLETS** FRESH CHILLED LB. **19c**
- HADDOCK FILLETS** LB. **29c**

ALL FLAVOURS
JELLO 3 PKGS. FOR **29c**

YORK KERNEL
CORN 2 14 OZ. TINS **29c**

RED ROSE INSTANT
COFFEE 3 OZ. JAR **43c**

JOHNSON'S HARD GLOSS
WAX PINT TIN ONLY **49c**

GIANT SIZE — SAVE 7c
BREEZE ONLY **79c**

CLOVER LEAF — SOCKEYE
SALMON 1/4 LB. TIN **53c**

OPEN
FRIDAY &
SATURDAY
NIGHTS
UNTIL
9.30 P.M.



Thanksgiving SPECIAL

BUY ONE CARTON **COKES**
AT REGULAR PRICE TWO CTNS. ONLY
GET ONE CARTON **SEV-ORA**
FREE! **42c**

PLUS DEPOSIT ON THE BOTTLES

SAVE HERE! STOCK UP FOR COOL WEATHER **OATS** 5 LB. BAG ONLY **49c**

SAVE 10c SPECIAL OFFER **SHORTENING** 3 LB. TIN ONLY **83c**

NO. 1 ISLAND PRODUCED HONEY 2 LB. TUB **49c**

BUY OF THE WEEK Guaranteed Quality NOW ONLY **\$1.59** 25 LB. BAG

Ruth Martin's **MENU SECRETS**
from LOOK Magazine's Dream Kitchen

CRANBERRY STUFFING

Cranberries can be even more wonderful when used to stuff your Thanksgiving turkey. LOOK recommends this cranberry stuffing made with cranberries, apple, prunes, celery, sugar, salt, pepper, bread cubes, butter. There will be many cries for "more", so be generous when making this delicious stuffing.

Combine: 1 1/2 cups fresh cranberries, chopped; 2 cups diced apple; 1/2 cup chopped prunes; 1/2 cup diced celery; 1/3 cup sugar; mix well and let stand 1/2 hour. Then blend in and toss together: 1 1/2 teaspoon salt, 1/2 teaspoon pepper, 8 cups lightly packed bread cubes, 1/2 cup melted butter. Stuff crop and body cavity of dressed 12 pound turkey.

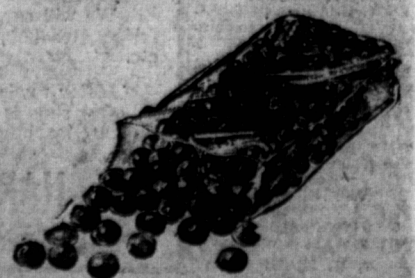
- GRAPES** FLAME TOKAY 2 LBS. FOR **29c**

APPLES

RED APPLES
LOBOES

REMEMBER! THEY EAT OR COOK **5 LB. BAG 39c**

- SWEET POTATOES** 2 LBS. FOR **25c**
- TABLE PEARS** 6 FOR **29c**
- BANANAS** GOLDEN RIPE LB. **21c**
- FINE QUALITY P.E.L. GROWN
CRANBERRIES lb. **23c**



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AN ISLAND STORE OWNED BY ISLAND PEOPLE

THE FINEST MEATS IN TOWN

SPECIALISTS IN FRESH FRUIT AND VEGETABLES

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