

It is noteworthy that although Saskatchewan made a clean sweep of the P.C. candidates at the last election they made an exception of the Prince Albert member. In addition, the territory in Ontario where Mr. Diefenbaker assisted in the campaign was the territory where the Progressive-Conservatives chalked up the greatest gains.

These and other considerations will no doubt be in the minds of delegates to the party's annual meeting as they take the opportunity to meet and assess the personality of Mr. Diefenbaker at the present time. If he should be selected leader he will have a big job on his shoulders. He has made it clear that he does not want that job unless there is a general desire for him to undertake it.

Ca's Good Example

Anyone who is fortunate enough to have a cat in the house will have observed many times how the little animal interrupts her afternoon siesta every now and again to go through the motions of stretching and then lies down again. This is really an important activity in a cat's life and not merely a way of "showing off"—important enough, indeed, to have been brought up and discussed at the recent annual meeting of the International College of Surgeons in Chicago. The subject was introduced in a discussion of ways and means of keeping the body agile. It was pointed out by a specialist that lack of stretching at regular intervals is injurious to the health, and in the case of office workers and others in sedentary occupations can be dangerous.

This is where the cat came in. Knowing instinctively what is beneficial for health and what is not, she would never think of sleeping for seven or eight hours without taking time off for stretching her limbs; and, no doubt, she gets in a little of the exercise in her regular out-door activities. Humans, say the doctors, should follow her good example.

Cats have always been known to possess by natural endowment many philosophical gifts which their human friends attain only after years of searching and study—when they find them at all, which is no more than a 50-50 chance. It is fitting, therefore, that they should be brought into public health programs. Everyone knows there is a clear relationship between philosophy and health.

EDITORIAL NOTES

A political analyst describes Foreign Minister Fawzi of Egypt as "a master at drawing up statements full of ringing and meaningless platitudes". What's distinctive about that? Almost any politician can do as much.

A farmer in South Dakota has made a new variety of corn by crossing corn and sunflower seeds. It grows to a height of 14 1/2 feet, thus showing the sunflower influence. It tastes like ordinary corn, but the kernels are dark red instead of the traditional yellow.

Sturdy Campaigner

Fresh from addressing meetings in Winnipeg during the weekend and in Montreal on Monday John Diefenbaker has arrived in Charlottetown in time for the annual meeting of the Prince Edward Island Progressive-Conservative Association. Although arrangements were made before the question of party leadership was in issue, it is inevitable that the cross-country expedition of the member for Prince Albert, Saskatchewan, will have a powerful bearing on the final choice.

In the field of international affairs, which today has assumed paramount importance, Mr. Diefenbaker has long been the chief Opposition critic and expert. There was a time when the public did not know or care about much beyond the boundaries of their own country, but that time has long since passed. It is generally appreciated how quickly and how drastically international politics can effect the way of life within every community.

Apart from that, Mr. Diefenbaker has been an outstanding parliamentarian since his first election in 1940, and also an outstanding campaigner.

Anyone who thinks he has a good national anthem for Malaya should send it to the government of that newly independent country. A \$2,800 prize has been offered for the best entry. It has to be written in Malayan, however, a requirement which will probably keep the number of competitors relatively small.

A man who telephoned county police in a town in North Carolina, asking to be taken into custody before the municipal police found out about his condition, was drunk, but he certainly was not "incapable". He knew that the fine for drunkenness in the county court was \$10, while in the municipal court it was \$12.

Slowly but determinedly science is closing in on cancer. The latest hopeful word comes from Dr. Cornelius Rhoads, director of the Sloan-Kettering Institute for Cancer Research. He says that he and his colleagues have discovered beyond question that some persons are immune to the disease. Once the reasons for this immunity can be established, one of the formidable obstacles to a solution of the great problem will have been overcome.



WHISTLE STOP

Passing of The Gold Coast

By Robert Rice, Canadian Press Staff, London

In six months the legendary Gold Coast, where pirates roamed until the mid-19th century, will exist no longer. In its place will rise Ghana, a new, all-African nation of 4,500,000 people.

The crucial day is March 6. Then, like a youngster on his 21st birthday, the Gold Coast gets the key to the front door of the Commonwealth. It becomes black Africa's first African colony to the Commonwealth, a changing its name at the same time to Ghana, once an ancient and powerful African kingdom near Timbuktu.

A BOLD GAMBLE For Britain, it is a bold gamble. Ghana will stand, for better or worse, for all the world to see as an example of an imperial adolescent growing up.

Some critics, who feel Britain is too eager to impress others of her advanced colonial policy, fear Ghana won't be an ideal example—that corruption and dissension will steal the limelight.

Other observers see merely a chance of gifts for the United Kingdom: Either independence and a hope that maturity will match responsibility, or delay and all the inherent dangers stalling progress.

After all, it was only in 1946 that the Gold Coast, an equatorial land in Africa's western elbow, was allowed an African majority on the legislative council; and only in 1952 that its first prime minister was elected.

"The Gold Coast is achieving in a few short years what other countries took decades to reach," says Daily Mail reporter Don Iddon. "The eyes of all Africa are on the Gold Coast for what is happening is a bold and audacious experiment, something that only the British would dare."

NEW PREMIER If all goes well, Ghana's chief minister, Dr. Kwame Nkrumah, American-educated poor boy who made good, will be invited to join the Commonwealth prime ministers.

At their annual conference next year. If the accepts—and the chances are high will—Nkrumah will be the first colored African to do so.

His isn't the only Commonwealth chair to be occupied in the next few years. Nigeria, another African colony, is at the door, and Malaya, in the Far East, has been promised entrance next August. With all three in the Commonwealth, the character of the club will radically change, since Afro-Asian members will be in the majority.

Canada has particular interest in the Gold Coast, an important source of bauxite which is used in producing aluminum. The aluminum Company of Canada is vitally concerned in a vast hydro-electric project to harness the Volta River for aluminum output on the spot.

The scheme, at an initial cost of £160,000,000, has been passed as economically, technically and commercially sound, but the Gold Coast government has reserved judgment until after independence.

The Times, noting Gold Coast collaboration with Canadian and British companies, says the scheme has an "obvious bearing" on whether the country decides to remain within the Commonwealth.

A BRIGHT FUTURE At present, with cocoa as the chief export, the Gold Coast needs a highly organized mineral industry to buttress her economy. The future appears bright.

When the people of the Gold Coast look ahead, they recall a myth from their past. It goes this way: A magician once drew from a black cloud a wooden stool partly covered with gold. This stool, said the sorcerer, contained the soul of the nation. Some day, he predicted, it would be a great nation.

And to this day, the stool is a symbol of authority and power in the Gold Coast. A chief is not crowned there. Strictly speaking, he is entooled.

League Of Free Jurists

By Reinhold Enns, Associated Press, Berlin

On a quiet, tree-lined street in West Berlin lives a man who strikes fear into the hearts of East Germany's Communist rulers—through subtle, complicated weapons.

He is Dr. Gheo Friedenau, a soft-spoken lawyer, and his weapons consist of law and legal justice. Friedenau operates through the League of Free Jurists, which is headed and headed by one of the world's most original and respected anti-Communist underground movements. It has the backing—both moral and financial—of influential jurists throughout the free world.

Volunteer informants throughout East Germany keep the League advised on the doings of Communist officials. Whenever one of the officials does something that could be considered a crime against humanity or justice, it is recorded in the files of the Free Jurists.

ENOUGH TO CONVICT The aim is to gather enough evidence so these officials could be convicted on criminal charges, should they ever fall into Western hands.

The organization has become so effective that the Communists have twice attempted to kidnap Friedenau. They failed, but in 1953 they did succeed in kidnapping Dr. Walter Linse, head of the Free Jurists' economic division.

Ever since the Linse kidnapping, Friedenau has lived a careful life. His home telephone number is unlisted. He sleeps within reach of a pistol and a police alarm button. An armed guard keeps a constant vigil in front of his home, which stands less than a mile from East German territory.

But Friedenau dislikes talking about the dangerous aspects of his job. He would rather explain how and why the Free Jurists was organized in 1949.

"I think I got the first ideas for my present job in prison," he says. "The Nazis put me there after the July 20th (1944) attempt on Hitler's life. I had nothing to do with this plot, but I did know some of the people involved."

While green of springtime turns to autumn's sere A bit of Scotland lies forever here. —Robert D. Little in the Toronto Daily Star.

The Poets Corner

COUNTRY CHURCHYARD

Here in a corner of the fields they tilled, Their tired bodies at long last are stilled; Far from the mountains of the Isle of Skye, Far from its rugged shores, inland they lie. McPhail, McDonald, Alexander, Kerr— One almost seems to hear their soft Scotch burr, And glimpse their bonnets as young marching men Follow the pipes from out the distant glen.

These are the pioneers who cleared this land, And built the kirk, the school, and also planned The rows of silver maples in whose shade The cattle rested when the sun had made The wheatfields glisten to the valley's rim. Now with the lantern of their life grown dim, Their sons have laid them in this quiet place. The furrowed land they loved above each face.

The Age Old Story The Lord thy God, he is God, the faithful God, which keepeth covenant and mercy with them that love him.

Oldest of the Old (Christian Science Monitor) ... When one stands before one of the grandest of the giant sequoias and reflects that when this colossal first spring from the earth Moses was probably leading the children of Israel out of Egypt the awesome majesty of the tree seems in keeping with its antiquity. Now one may stand before a gnarled bristlecone pine, one thousandth the size, lumberwise, of the biggest sequoia, discovered and dated by Dr. Edmund Schulman of Arizona University, and reflect that this tree was likely a healthy sapling before the Israelites ever came to Egypt.

The oldest of these "Methuselahs" was a seedling, perhaps, when men in the oldest of civilizations were just beginning to use bronze for implements instead of

of the 20th century in a statement recorded for the Voice of America, the government-operated overseas radio system.

Toynbee doubted there would be a third world war because new atomic weapons were so destructive.

But the elimination of war and the lengthening of life by disease control would create an acute problem which Toynbee stated this way:

"Is mankind going to rid itself of two of its three traditional scourges—war and pestilence—only to be done to death by the third scourge, famine? Surely we are not going to be so stupid as that."

RELIGION IS FACTOR He said control of the birth rate could be achieved either by persuading or by compelling parents to limit the size of families. Persuasion would mean getting them to change "some of the tenets of their ancestral religion."

"To coerce them would mean a tyrannical interference by the public authorities with a man's and wife's freedom to bring children into the world, a freedom which in the past has been respected even by the most tyrannical governments so far known to history," he said.

"Yet the problem of limiting the birth rate will have to be faced. The alternative is starvation."

Healing is a matter of time, but it is sometimes also a matter of opportunity.

MAXIMS

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Medically Speaking

By Herman N. Sandeen, M. D.

WHY DOES THE DOCTOR PERFORM THOSE ACTIONS? While the witch doctor of dark Africa may cavort around his patient in weird, meaningless dances, the modern physician has a reason for every action he performs in the course of a physical examination.

Many of you, however, undoubtedly wonder what on earth a doctor can learn simply by tapping your chest with his fingers, listening with his stethoscope, taking your pulse or peering into your eyes.

Let's say that you go to your doctor for a heart examination. TAPS CHEST One of the first things he probably will do will be to tap your chest at various points. He does it to determine the size of your heart. It's based on the same principle that you use when you tap a wall to find the studs. When the doctor taps the part of your chest occupied by the air-filled lungs, he hears a clear sound. But tapping over the dense muscle of the heart produces a dull and flat sound. NOISE OF VALVES

With the aid of his stethoscope, he can listen to the noise your heart makes as the valves open and close. These sounds often tell him whether the valves are functioning properly, whether you were born with a defective heart and other things that might be amiss.

The doctor can find out a lot about your heart simply by taking your wrist in his hand. He feels the radial artery to see how the heart is pumping blood through the arteries. He can tell whether your pulse is weak or strong, fast or slow or is regular or irregular in rhythm. The rhythm of your pulse reflects the rhythm of your heart beat. BLOOD VESSELS

When the doctor looks into your eyes, he also is checking your heart and your blood vessels.

With the aid of a bright light he peers at the tiny blood vessels in the back of your eyes. Many times the condition of these vessels give him a clue to important changes that may have occurred in your circulatory system.

As you can see, a doctor can tell a lot about your insides from the outside.

QUESTION AND ANSWER K.E.: I have little yellow growths on my eyelids. What are they and is it possible to have them removed?

Answer: These little growths are probably fatty growths known as xanthoma palpebrarum. Usually, they may be removed by the use of an electric needle or by surgery.

stone; it flourished in the sunlight of the same day on which King Hammurabi's stylus offixed the royal signature to the code from which the laws of 4,000 years later can claim some sort of descent.

The mere age of these denizens of America's dry Southwest is impressive enough. But the climatic record written in the rings of any tree trunk now is carried back 40 centuries. What secrets this may unlock is suggested when one recalls that weather runs in cycles—cycles of wet and drought, heat and cold. Cycles of, perhaps, a score of years' duration are known; those of a century or more are suspected. Have there been swings between extremes even greater and longer?

Researchers from the same university some 25 years ago matched up tree ring records cored out of living trees and by overlapping them with well-preserved timbers in nearby ruins of historic buildings up a climatic chronology extending back to the dawn of the Christian era. (This calendar solved the mystery of the abandonment of Mesa Verde—a great drought in the 13th century.)

OUR YESTERDAYS From The Guardian Files TWENTY-FIVE YEARS AGO (Oct. 17, 1931)

Mr. H.B. Weeks of Charlottetown spent five hours in the water off Wood Island, when the gravel schooner "Lens", owned and captained by Mr. Weeks, suddenly sank five miles off Wood Island while on a trip to Vernon.

Mr. Weeks was rescued by the Hochelaga and after spending the night at Picou aboard the boat returned to the City yesterday.

Indications are present that the sluggish condition of the potato market will pick up and that Island potatoes will move more freely, reports Mr. Richard Creed, Dominion Inspector of Fruits and Vegetables. There have been few movements of car-load lots so far this year. The quality of those shipped, however, is very good.

TEN YEARS AGO (Oct. 17, 1946)

A group of books and pamphlets dealing with international problems went on display yesterday in the Legislative and Public Library which offers this feature as part of its work in developing the use to which the Library can be put by citizens.

Mr. Charles R. McQuaid of Charlottetown, was elected President of the P.E.I. Tuberculosis League at a meeting of the newly-elected Board of Management held at the Charlottetown Hotel last evening. Other officers are Mr. Alex Matheson, Mrs. Parnell McMahon, Miss Iphigene Arsenault and Mr. A.B. Belcher.

Mr. F.M. Nash, senior poultry promoter for the Province, stated last night at the regular meeting of the P.E.I. branch of the Agricultural Institute of Canada, that the present condition of the poultry industry in the Province was a healthy one.

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NOTES BY THE WAY