

ELLEN'S DIARY

by an Island Farmer's Wife

A new day? Aye, a lovely new morning to take farm folks once more to their workaday world about came to life. The sun seemed to be in utterance voice to that of yesterday's sun, more alert when he had risen a point by the gateway. "There's a truck passing! Now who can it be? I maintain it's a strange one." Ana then the man in the truck to the man. "And who's this?" "Yes, I know: the other children of the road, the little boy and girl off in the truck to school!"

And hearing his bark we smiled remembering that on a summer Monday of the past a black dog himself went to school. The dog in an early week of our first year in school was in a snug island school set down at a quiet crossroad. We had spent the weekend as usual at our home by the Strait and now were on the Monday morning trek back to our classes.

The driver and rig which had conveyed us part of the way had turned homeward and was past recall, when suddenly the dog of home came beside us with an I'm-going-with-you-look in his eyes. So along we walked shaggy black animal and gingham-clad girl. It was a lonely road with not a house in sight, only wooded areas and the far fields of farms.

Through a remembered and enchanting aisle of green it wound down to one of the quietest places of the earth, where a brook emerged from a rustic bridge and with a little song stole shyly away into ferny banks of woodlands beside. Up the rise beyond it we went, the dog keeping close beside us in this strange and extended outing he had chosen.

"You would have been better off at home" we offered. He looked up at our words and showed a tongue in a confident grin. Soon the school was in sight and about it a pretty pastoral of Church and farmhouse and grove and a rail-fenced field. We took the

round gold watch from our belt, pressed the stem to release the angled cover of the face. "Twenty to nine—we're in good time" we said.

The sun made a bright pool about the door where the children were gathered—the girls and the boys, little and larger of that now quaint long ago. How respectful and obedient they were and always kind, those pupils, we once knew.

"We have a new scholar today" we smiled in greetings. "Is he cross, Teacher?" and "What's his name?" a little fellow asked shyly.

"Not a bit" . . . and "Jack" is his name" we replied.

"And where is his book?" a merry lass queried with an infectious giggle.

When we closed the door of the schoolroom, Jack set up such a mournful pleading, we had to allow him inside where he established himself at our feet beneath the desk, where all week he came to remain during the hours of the classes. If odd smiles and giggles went around when he happened to yawn or stretch, or slept head on forepaws through the long afternoons the pupils accepted his presence as that of a welcome guest. They parted with friendly goodbyes when Friday at school's close (at 4) went to dog and girl out the road toward home.

"Don't forget to bring your book on Monday, Jack!" one of the girls called after him with a happy chuckle. But the family took care on our account that his period of schooling was ended. Succeeding Mondays we walked "the last mile" alone.

A busy day this at Alderlea. However James reminds us that "Tomorrow will be busier still!"

Until tomorrow Diaries Good-night

GREAT DANCER

Anna Pavlova, the great Russian dancer who died in 1931, entered the Russian ballet at age 10.

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Mink Tie For Hope

Comedian Bob Hope grins after being presented with a mink tie by Helen Chapelsky (left) of the Pas, Man. Queen of the 1955 Northern Manitoba Trappers' festival. Marie Locker, the Queen's Princess, looks on. Hope was in Winnipeg when presented with the novel gift.—(CP Photo).

MARY HAWORTH'S MAIL

Criticized By Mate Wife Asks Advice

DEAR MARY HAWORTH: I am a young wife and my husband says it is improper for me to carry on a conversation with other men—where I work, for example. He says it is correct to speak, but that any small talk leaves the impression that I am a person of loose morals, easily available — the impression he always forms of women who talk too freely to him, he says.

In our office there are several women and one man, and the man mostly singles me out for conversation. I am not afraid of men and conversation comes easily to me, and I realize it isn't pleasant (from a woman's angle) to be out of the running; and the other women will explain his preference to their advantage, if possible. In self-defence they will think I am "not quite nice." But am I to lose all zest and personality and conduct myself in a sad wistful manner to avert such criticism?

My husband is conscious of my appearance and wants me to look smart. I have beautiful clothes and know how to wear them, yet when men comment on my appearance, George says I must have behaved in an unseemly manner else the comment wouldn't have been offered. Is this reasonable?

She Can't Bear Society's Frown

At parties, among people one knows, is it correct for a married woman to dance with other men? Is it poor taste for her to dance a number of times with the same man? If so, and he continues to ask, how should she refuse?

George feels I shouldn't let a man enter the house if he isn't here—as it might cause gossip, although that hadn't occurred to me. Please straighten me out: If a man appears at the door, should he be asked in—and offered a drink, or coffee? Is this improper in any way? Also, is it ever proper for a married woman to play golf with another man—in a twosome, foursome or other mixed group? Or to lunch with another man? Or to accept a ride with him?

My natural disposition is to let good conscience be my guide. But it seems necessary to satisfy the minds of others also, or take the consequences—i.e., their criticism. And I can't bear to be thought disreputable. So I suppose I must act to please others, without too much reference to my own ideas. Please advise me.

P. F.

Husband and Wife Equally Insecure

DEAR P. F.: It seems that you and your husband have a common problem of emotional insecurity, which each of you is trying to manage — blindly, without understanding — in a different way.

George identifies his problem with you — in terms of assuming that you are the sole or chief cause of it. Hence his jealous dictatorial attitude geared to his tacit theory that if you weren't a worry to him (as regards men), he'd be at peace with life.

Your insecurity neurosis keeps you trying incessantly to test, or prove, your desirability as a love-object. You are always competitively conscious of audience reaction (as if you were count-

KEEP IN TRIM

Curves For The Thin Girl

By Ida Jean Kain

ARE YOU FREE TO GAIN?

weigh in, thin girls . . . this week's columns will all be from your corner. If you will get at the cause of your underweight you can add a round dozen pounds and, more important, with them build health and attain that wonderful feeling of well-being which the trouble may be faulty food habits, or simply that you do not eat enough food. Even so, merely adding rich foods is not the answer. Only the food you can easily digest and assimilate will help you add padding. The mistake too many thin girls make is in stuffing on foods known to be fattening. The result is upset digestion, blotchy complexion and discouragement.

If nothing you eat helps you gain, find the cause. A common reason for failure to gain needed pounds is simple anemia. Red blood cells carry oxygen to the tissues. Oxygen is to the body as gas is to the car. If the car doesn't get enough gas due to a plug in the line, it will have no "go" power. It's the same way with the human motor — the iron compounds play an exceedingly important part in the nutritional processes. When the tissues of the body do not get sufficient oxygen, due to lack of carrying power of the blood cells, you thin girls cannot fill out and add desirable curves.

Drop into the doctor's office and have a hemoglobin test. The cost of this test should be included in a regular office charge. The

Canadian Wives Get New German Homes

Thirty-eight Canadian soldiers were reunited with their wives and 78 children at Soest, Germany, this week and immediately moved their families into newly-built married quarters.

For many the reunion ended months of separation and several soldiers greeted infant sons and daughters for the first time.

The dependents made the Atlantic crossing aboard the RMS Samaria, docking at Southampton before proceeding to Germany.

MORNING SMILE

"You'll really marry me, darling!" exclaimed the enraptured young man. He proceeded: "And when we are married the dark clouds will roll away, the sky will . . ."

"Don't make it a weather forecast—kiss me," said the practical girl.

False Teeth Need A Special Cleanser

Polident is the recommended way to clean dentures, banish Denture Breath. Just follow these easy rules.

1. Never use a brush on them! Your dental plates are much softer than natural teeth. Brushing wears down fitting ridges so they get loose.
2. Never use soap or toothpaste! They can leave film which collects bacteria and food particles, a major cause of offensive "Denture Breath."
3. Use a soaking-type cleanser made for false teeth only . . . Polident! Polident cleanser is recommended by more dentists than any other. No brushing, no handling of soapy plates. Polident gets where a brush can't reach.

Best of all, Polident always leaves false teeth odor free. Get the world's largest selling denture cleanser, Polident, at your drug counter.

LET'S EAT

Use Of Pungent Ginger Sparks Many Dishes

By IDA BAILEY ALLEN

"How often do you estimate that the house cook uses ginger, Madame?" asked the Chef. "At most not more than once a week, Chef, if you mean ground ginger; and perhaps twice during the preserving season, if you mean fresh or dried ginger root."

Dried Ginger Root

"I meant both, Madame. A little dried ginger root is excellent in stewing winter pears, prunes, or in making applesauce. It is better to use than ground ginger, because it leaves no cloudy color and can be removed after cooking."

"Of course, most homemakers know how to use ground ginger, but I have discovered a new use for it. A little gives a nice 'bite' to bland cheese dishes, such as those made from processed cheese. And gingered squash chips, for cocktail service, made a real hit at the Food Editors Conference at the Waldorf."

Ginger Squash Chips: Pare, halve and seed 1 small winter squash (or pumpkin). Slice paper-thin with a vegetable parer. Soak 1 hour in iced water. Drain and dry on paper towels.

Fry in deep fat at 380 degrees F. until pale brown; drain on paper towels. Dust with salt and ground ginger.

And here is a famous relish from my Colonial manuscripts, fashionable in the days of George Washington. It is served with ham, pork or poultry.

Colonial Squash Relish: Wash and pare 1 lb. fresh winter squash (or pumpkin). Cut in halves; re-

move the seeds. Slice into 1" x 1" strips.

Place in alternating layers with 2 c. sugar in a saucepan. Add 1/2 c. fresh lemon juice. Refrigerate overnight.

In the morning, bruise 3 pieces dried ginger root about 1" long; tie in a square of cheesecloth. Add to the squash. Cover; simmer 30 min., or until the squash is barely tender. Cool; refrigerate 1 week.

Drain off the syrup. Boil about 10 min., or until thickened, and add to the squash.

TOMORROW'S DINNER

Tomato Aspic Salad
Beef-Potato Hot Pot
Green Beans with Carrots
Apple Pecan Torte
Coffee Tea Milk

Apple Pecan Torte from New Mexico: Peel and thin-slice 2 large cooking apples. Place in a bowl with 1 c. medium-chopped pecan meats, 1/4 c. flour, 2 tsp. baking powder, 1/4 c. sugar, 1/2 tsp. salt, 1/2 tsp. cinnamon, 1/2 c. melted butter and 2 beaten eggs. Mix with a fork.

Spoon into a well-buttered 8" x 8" square baking dish or pan. Bake 45 min. in a moderate oven, 350 degrees F., or until golden brown on top and firm to the touch.

Serve warm or cold, with whipped cream or small scoops of vanilla or butter pecan ice cream.

TRICK OF THE CHEF

Add 1/2 tsp. rosemary when cooking 1 lb. cut green beans with 1 c. diced carrots.

Cook's Corner



VEAL OYSTERS

1 1/2 pounds shoulder or rump veal. Cut into pieces the size of large oysters. Season with pepper and salt. Dip into egg and cracker crumbs and fry in deep hot oil. Put in baking dish. Cover with milk. Bake in moderate oven, one hour.

Hot Whole Grain Cereal

With Chopped Dates
Milk and Cream
Buttered Toast — Jam
Glass of Milk
1 Cup of Coffee, if desired

Luncheon

Omelet or Creamed Chicken
Tossed Green Salad with Salted Nuts
Thinly Sliced Buttered Bread
Fruit with Cream
Cookie
Glass of Milk

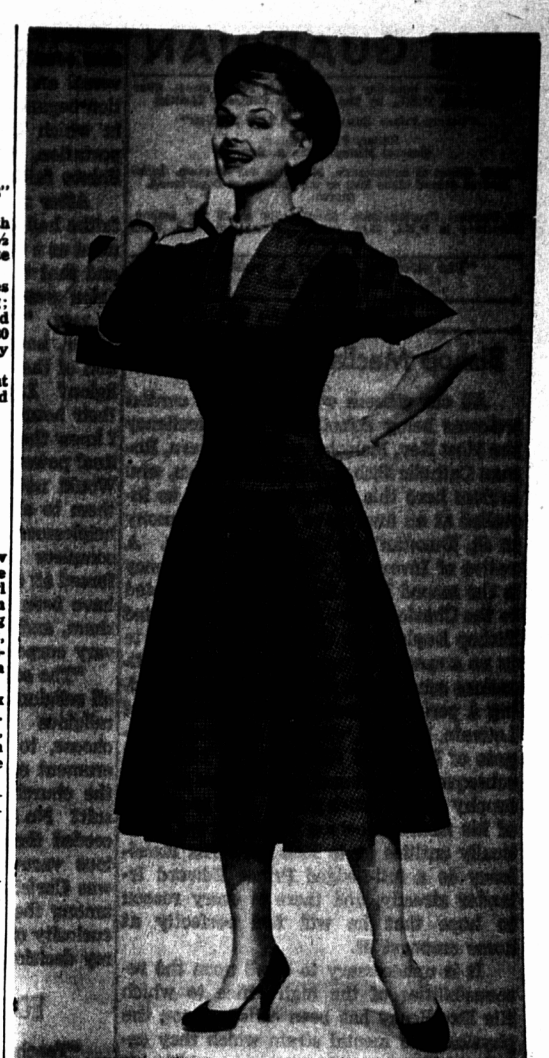
Dinner

Calves Liver and bacon or Broiled Sweetbreads on thin slice of Ham
Baked Potato with 2 Pats of Butter
Grilled Tomato
Fruit Compote (Apricots, Prunes, Peaches)
Glass of Milk

An hour before bedtime

Glass of milk
Graham Crackers

Note: One teaspoon of cod liver oil or one Vitamin A and D capsule should be taken daily.



Casual Dress

This checked dress is designed for casual wear. The semi-full circular skirt, complete with self-cinching, falls gently from below the knotted cuff, which encircles the hip. Deep shoulder darts give added fullness to the short dolman sleeve with crisp white cuffs.—(CP Photo)

HOUSEHOLD HINT

Put a row of red geraniums on your kitchen window sill. They are table with a pale yellow cloth and white dishes with red borders. Have red and white striped curtains and gay red accents in kitchen details.

Don't think a kitchen must be all functional white! The newest thing in ranges and refrigerators is color!

Stubborn Skin Itch?

Stop Scratching! Try This Tonight For Quick Ease and Comfort

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