



SCOTCH ACCENT

This well tailored sheath is grand for the midseason between late winter and early spring as it is warm enough for the remaining cold weather and yet light enough in weight to be perfect for the balmy days to come.

The dress comes in either brown watch or gray watch and is made of calfskin belt nips the waistline and the back is slightly bloused. Sleeves to complete this fashion there are three-quarter, cuffed wise picture.

LET'S EAT

Blueberry Hill Venture Makes Whimsical Story

By IDA BAILEY ALLEN
Like to visit farm in Vermont, right now, or any time of year? Then curl up in your most comfortable chair with that delightful new book, *Nothing Whatever To Do*, by John and Elsie Masterton, the sophisticated, college-educated young couple who gave up a comfortable living in New York City to adventure in the country, right from scratch, on a thousand acre farm that included Blueberry Hill.

Their story is told in a gay, whimsical way, mixed up with the neighbors, farm and country life, Elsie's cooking and experiments both failures and successes—she had never cooked before—three babies in quick succession, a ski-run venture on Blueberry Hill that didn't pan out, but an inn and a blueberry marmalade business that did.

FAVORITE MENU
I asked Mrs. Masterton to send me a favorite dinner menu of their guests at the inn, and also one for her family.

Zucchini Cheese Bake
Tinted Hot Biscuits
Cranberry Marmalade
Tossed Green Salad
Cream Cheese pie with hot blueberry sauce or
Blueberry Apple Crisp
Coffee.

Guests Favorite Dinner:
French Fried Shrimp with "Elsie's Dunk"
Chicken - Mock Turtle Soup
Prime Ribs of Beef carved at a rolling cart
Fresh Vegetable Casserole

DAILY PATTERN



4835 14 1/2-24 1/2
by Anne Adams
Sew easy. No side placket. You can sew this pretty sundress in jiffy time. No frills, no fuss—0-0-0 comfort on summer days to come, a cinch to launder. No alteration worries either—this pattern is proportioned to fit the shorter, fuller figure perfectly.
Pattern 4835: Half Sizes 14 1/2, 16 1/2, 18 1/2, 20 1/2, 22 1/2, 24 1/2. Size 16 1/2 takes 4 7/8 yards 35-inch fabric. This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.
Send THIRTY-FIVE CENTS (35 cents) in coin (stamps cannot be accepted) for this pattern. Print plainly SIZE, NAME, ADDRESS, STYLE NUMBER.
Send order to Anne Adams, care of *Charlotte Guardian*, Patterson Dept., 60 Front St., West Toronto, Ontario.

WOMEN

Lena Caroline McLure, Women's Editor. Phone 8506

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HAPPENINGS

Mr. and Mrs. John McNeill and baby son Douglas of Whitburn Newfoundland, spent the weekend in Charlottetown, the guests of Mr. and Mrs. Alfred McNeill, Upper Prince Street. Mr. and Mrs. John McNeill and their son are on their way from Western Canada where they had been visiting their parents in Saskatchewan.

Mrs. Walter Dalziel, formerly of Murray Harbour, has been staying with her sister Mrs. E. Roach, Euston Street, for some time. Mrs. Dalziel left for Toronto Thursday to visit her son-in-law and daughter. Mr. and Mrs. Carl Leet, Scarborough, and two little granddaughters, Linda and Susan.

KEEP IN TRIM

Keeping Slim Is Very Important To One's Life

By IDA JEAN KAIN

All too often, reducers who get off to a fine start with the new year as now, alas, regaining the lost poundage. This not only makes the whole venture futile, but, in fact, is a potential danger to health.

The new angle on the reducing story is this—once you've lost the pounds, keep the weight off. . . . or don't bother to reduce in the first place. Medical authorities warn that a regain can be more hazardous to health than the weight itself. It is during the actual gaining process that fatty materials are deposited on the inside of blood vessels, a process which is connected with hardening of the arteries.

If slimming is to be successful, normal weight must be lasting. The secret of holding weight at normal is not so much a matter of will power as it is desire. Actually it is how you think that counts. Continue to picture yourself slim and attractive, and you can keep your nice figure or go on with the diet until normal weight is reached. There is a well-known truism that appetite grows by what it feeds on. Every day you stay with the protective food pattern, you help to entrench the new food habits and to re-educate food taste. Before long you prefer to eat for normal weight.

WEIGH TWICE WEEKLY

The same plan works for men.

The Saint Mary's Women's Guild of the Summerville Anglican Church held its annual Valentine bridge and auction forty-five party on Thursday evening. Those winning prizes were: (For bridge) Miss Ruth Lawley Mrs. Eva Lockhart, Mrs. Gothard Baker, Mr. William Proffitt, Mr. Ted Perry and Constable Eric Tedforth. (For auction, Mrs. Jessie Cooke, Mrs. Jean Champion Mrs. J. Small Mr. Ennis Small Mr. Gordon Toombs, Mr. Paul MacKay. The "Flower Cart" donated a beautiful bouquet of daffodils, which was won by Mrs. Jessie Cooke, the holer of the lucky number.

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"My Fair Lady" Gown Is Shown By Russian Model

By HAROLD K. MILKS
MOSCOW (AP) — Decolleteage has returned to Moscow for the first time since the Communist revolution 40 years ago — but not yet in public, only in an official style show.

For men there was a demonstration of the first shawl collared dinner jacket seen in a Soviet shop.

Strapsless gowns bare shoulders and low-cut dresses at an exhibit of the latest Soviet modes at the state-owned "Gum" department store here Sunday revealed more of the Russian bosom than any styles seen here in a generation or more.

There's one big catch to all of this. None of these dresses or suits can be purchased in the Soviet Union. Only patterns are for sale U.S. dollars at an average of 45 rubles (\$11.25) each. After getting the pattern, continue to buy all of the new dresses or suit must find of the materials and then seek out a tailor or seamstress to do the job.

A mixed crowd of men and women, whose plain winter attire contrasted with the new fashions, watched the clothes being modeled. Though the Soviet store officials did not disclose where they got the styles, it appeared they had been lifted from the latest foreign fashion magazines.

Decollete styles have always been regarded in the Soviet Union since the revolution as a trademark of "bourgeois decadence" and severely frowned on. Some Soviet women, fortunate enough to have access to foreign style magazines and good seamstresses, or who had lived abroad and purchased dresses there, dared to flaunt this Communist dictum, particularly in the last few years. Nevertheless, official style shows kept the neckline high — until today.

Several "Empire" gowns were displayed including a "My Fair Lady" gown which an attractive Russian model wore with a red-lined black coat, black net gloves and French spike heeled shoes.

COOK'S CORNER

TUNA CASSEROLE.
Combine together.
1 cup chopped diced potatoes
1 1/2 cups cooked macaroni
1 can peas
1 can tuna fish
And a dash of pepper and salt.
Add 1 can of cream of mushroom soup. Crush a bag of potatoes to chips and sprinkle over this and dot with butter and bake in a medium hot oven for 1 1/2 hours.

WESTMORELAND W.I.
The regular monthly meeting of Westmoreland W.I. was held February 5th at the home of Mrs. Verne Moore. Meeting opened by repeating Institute Ode and Mrs. Stewart Collect.
Roll call was answered by eight members. Two visitors were welcomed. Minutes of previous meeting were read, approved and signed. Reports of committees were heard. Sick committee reported several calls made. The school committee reported visiting the school. Mrs. R. Dickenson reported on the sewing class. Correspondence was read and discussed.

CAPE TRAVERSE W.M.S.
The February meeting of the Cape Traverse Auxiliary of the W.M.S. was held on Thursday afternoon Feb. 7th at the home of Mrs. Harry Muttart with eighteen members and two visitors present.
The worship service was led by Mrs. Avalah MacCallum who took as the subject "Ye Did No So Learn Christ", opened by singing "Land of Light, whose name outshines." Mrs. Ralph MacCallum presided in prayer, followed by scripture readings by Mrs. Randolph Stevenson and Mrs. Clifford Dawson.
A very interesting report of the Presbytery held in Summerside in January was given by Mrs. Alf Norring and Mrs. Hedley Lowther, conducted the business period. Minutes of last meeting were read and approved.
Roll call for next meeting to be answered by a biblical name of a woman beginning with the letter A. A letter was read from Dr. Ross Eaton. Plans were made for the World's Day of Prayer to be held March 8. Meeting closed with the Benediction.

NEW GLASGOW W.I.
The February meeting of New Glasgow Women's Institute met with Mrs. Webb at the Manse on Monday evening, February 4th. Meeting opened by singing "Ode", followed by "Collect". Eighteen members answered roll call with an original valentine verse, Miss M.E. Campbell won the prize for best poetry.
Minutes of last meeting were read and approved. Sick committee reported several calls made. The school committee reported visiting the school. Mrs. R. Dickenson reported on the sewing class. Correspondence was read and discussed.
New committees for March are as follows: School, Mrs. Earl Houston and Mrs. Chalmers Laird, sick, Mrs. James Moore, Mrs. Roy Crossman, social, Mrs. Robert Mayhew, Mrs. Heber Canfield, Howard Ling, programme, Mrs. Elmer MacDonald and Miss Ann Stevenson.
Next meeting to be held at the home of Miss Ann Stevenson. Roll

ELLEN'S DIARY

A Maxim—Those Who Enjoy Youth Enjoy Age

"So quiet and still!" we offered this morning to James in the yard. He sometimes fancy receives his wife's comments in an absent-minded way. After all, a farmer has numbers of items relevant to the farming on his mind — so many must to remember and signs to heed. Even to intrude themselves into his, and our sweetest dreams.

How many time down the years he has left his in the wee sma' hours on hearing, it might be, a plaintive low from a stable; a ewe's bleat perhaps. Or the ring of a wire fence in Summer and the sound of hoofs out of bound. How finely attuned his ears are to catch all such sounds. Even a change of wind can interrupt his sleep, particularly that which sweeps into the east with suggestive "for-boding."

"I believe, Ellen the wind's come to that (east) window" he said rising on an elbow on his pillow the other night. His voice called us to the dimness, back from an enchanting place where we roved: a summery lane, where, a row of mossy fence of stone, wild roses bloomed in profusion. Sweet fern grew along there too, and if one hungered in that Elysian land, by parting these she might gather luscious wild strawberries, clusters of them big and scarlet, quite bending their slender stalks. There was laughter there, youthful — or was it from older lips come again to meet along young trails.

Because it is said that "those who have found it good to be young will find it good to be old." "Yes—the wind's east, Ellen and rising too!" James said, "I won't diet. Put living first . . . not food. Enjoy good food, but make a mental note not to let your weight go up more than a pound or two. Weigh twice weekly, and when the pointer gets over the one-pound mark, take off that pound. That's the method by which normal weights keep slim.

Most important to keeping slim is not to be consumed with self-pity or resent the fact that you cannot go back to all your fattening food habits and still stay normal weight. True, you may gain weight rather easily and have to keep a watchful eye on the calorific value of what you eat. But it's a fine thing science found out about calories and have a friendly regard for them, you'll feel no pain at restriction.

Since you choose to have a good figure together with the joys that go with healthy normal weight, calorie curbing is no real hardship. Nothing is a hardship when it helps you accomplish what you desire. We always come back to desire . . . for that's the keynote. A protective reducing diet may be safely followed until normal weight is reached, for it is deficient in calories only. To hold the line once normal weight is reached, continue to build daily meals around the protective basic food groups. . . . milk, skim milk or buttermilk, eggs, lean meat, fish or fowl, vegetables, fruits, and a moderate amount of bread and butter.

Members Of Prominent Canadian Families Wed

OTTAWA (CP)—A former Canadian defence minister's daughter and the son of a wartime army chief were married at the Rockcliffe RCAF station chapel here Saturday.

Helen Jane Claxton, daughter of Hon. Brooke Claxton, and Lt.-Col. Edward M. D. Leslie, 38-year-old son of Gen. A. G. L. McNaughton were wed in a private ceremony at the white-trimmed Roman Catholic chapel.

Governor-General Massey proposed the toast to the bride at a later reception at a country club. Lt.-Col. Leslie, a general staff officer at army headquarters here, changed his surname from McNaughton in 1952 to meet conditions of an aunt's will which made him heir to her estate.

Rev. Father Frederick Noll of Loyola University, Montreal, officiated at the ceremony.

Following a wedding trip to Barbados, Lt.-Col. and Mrs. Leslie will live in Ottawa.

MORNING SMILE

Do you think that you can support my daughter in the manner to which she is accustomed? "No, sir. But I'll accustom her to the manner in which I can support her."

ALTAR SOCIETY
The Altar Society held their monthly meeting Feb. 6th at the home of Mrs. Arcade Arsenault. Various reports were heard. Mrs. Polycarpe Arsenault invited meeting at her home for March.

ST. THOMAS AQUINAS
St. Thomas Aquinas Society held their monthly meeting on January 30th with an attendance of 26 members. The invited speaker was Rev. W. MacIntyre and Mr. Francis Blanchard. Meeting opened with prayer followed by reading of minutes of last meeting. Others who addressed the meeting were, Tanton Landry, Victoria Arsenault, and Alyre P. Arsenault. Meeting adjourned and a few games of Bingo were played.

LACORDAIRE SOCIETY
Members of Lacordaire Society of Abran's Village, held their annual meeting in the parish hall. After the usual procedure of business, election of officers for the New Year took place. Mr. Ben. T. Gallant, Urbanville, was elected President, and Alyre Cormier, vice President, for the Jeanne D'Arc Society. Mrs. Leo Bernard was elected President, and Miss Alice Bernard, vice President.

L. ACADIENNE
The monthly meeting of the L. Acadien Credit Union was held in Mont Carmel recently, with a good attendance and with the President Mrs. Tilmon A. Arsenault, presiding. Following the recitation of prayer, and adoption of minutes of last meeting, the treasurer gave the financial statement, which showed assets as \$61,700.00. A discussion was held on C.U.N.A. Insurance. Following the meeting a hist party was held and prize winners were Lucien Arsenault, Wilfred A. Gallant, consolations going to Leonce Bernard. Ladies prize to Mrs. Albennie M. Gallant and Mrs. Sylvère Aucain and consolation going to Miss Margaret Richard.

WIFE PRESERVERS
Keep your electric toaster, griddle, waffle iron, frying pan, and other electric appliances in good working order with a waxy cloth as soon as cooled after each use.

ELMSDALE W.I.
Mrs. Orrin Wallace entertained the members of the Elmsdale Women's Institute at her home on Tuesday, Feb. 5, for the February meeting.
There was a good attendance of members and there were several visitors present. Plans were discussed regarding an entertainment to be held in the near future. To make more definite arrangements to a special meeting was to be held at the home of Mrs. Merrill Dunn. A contest supplied by Mrs. James O'Brien, was won by Mrs. Frank Dunn.

BURTON 4H CLUB
Members of Burton 4-H Sewing Club held their monthly meeting on Friday, Feb. 8. The president Mrs. Collicutt presided. Meeting opened by repeating the 4-H pledge in unison. Minutes of the last meeting were read, roll call was answered with a valentine verse. Entertainment consisted of jokes. Roll call for next meeting an Irish joke.

YORK POINT W.I.
The February meeting of York Point Institute met at the home of Mrs. Reg MacEwen. Meeting opened by singing the Institute Ode, followed by Mary Stewart Collect. Nine members answered roll call by "How to improve our Institute."

Minutes were read and approved. It was decided to hold the first weighing and card party at the home of Mrs. Reg Butler. It was moved and seconded that \$10 be donated to each the March of Dimes and the Cerebral Palsy Association.

Correspondence were read and discussed. Treasurer reported the sum of \$115.37 on hand. Bills paid School and sick committee gave report. Report of planning program was held.

It was moved by Mrs. Reg MacEwen and seconded by Mrs. Reg Butler that \$25 be paid for the lighting of Cornwall monument. It was moved by Mrs. Reg MacEwen and seconded by Mrs. Stanley Marchison that two members from the Institute visit the Orphanage Centre and Beach Grove Inn once a month.

Next meeting to be held at the home of Mrs. Fulton and John Sanderson. Roll call to be answered for next meeting by My First School Teacher. Lunch committee Mrs. Reg. MacEwen, Mrs. Gordon MacEwen, Mrs. Aubrey MacPhail.

Collection for evening amounted to 63 cents. Mrs. Reg MacEwen gave a very interesting reading about the Institute. It was moved by Mrs. Reg MacEwen and seconded by Mrs. John MacKinlay that \$5 be given towards the membership for the Musical Festival Association.

Remnants were distributed to members. Polio post were distributed to members. After singing of Queen, lunch was served by hostess and committee in charge. Social hour spent.

HOWLAN AND WOODSTOCK
On Tuesday night February 12, the ladies of St. Ann's Club held their monthly meeting at the home of Mrs. Alban D. Arsenault with an attendance of 24 members. The meeting as usual opened by prayer. Some very nice "Thank You" notes were read for gifts received at Christmas.

Some sick treats were ordered paid. It was decided to have a mass said for saints in purgatory, also \$5 to Canadian Red Cross of the recent fire at Duvar. Mrs. Elizabeth Finnan then very kindly invited members to her home for March meeting with the usual Cod Liver Oil tablets were distributed. A card party with 6 tables in play then took place. Mrs. A. T. Arsenault was highest winner and Mrs. Robert Arsenault lowest. A delicious lunch was served by hostess and committee in charge. A few organ selections were played and some step dancing.

HOUSEHOLD HINT
When you buy metallic knitting yarns, choose those that won't tarnish and are washable.

CUDMORE'S DRY CLEANERS
120 Kent St. Phone 4923

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42 Canadian Originals Shown At Fashion Exhibit

MONTREAL (CP) - The Association of Canadian Couturiers, founded three years ago, reached back nearly three decades for inspiration for its 1957 spring and summer designs.

"This exhibit shows the 1930 influence," said commentator Iona Monahan on several occasions Tuesday during a special showing of 42 original designs. She referred to dresses and suits having very full bloused backs and d sleeves, suits which were really dresses made of contrasting materials with matching jackets and the "new" suit line consisting of a straight, hip-length jacket wrapped around an equally straight skirt.

The couturiers — 15 of the country's top designers who twice yearly present their collections, made entirely from Canadian fabrics — said this time they are aiming primarily at softness of lines. Thus the shadow of the '30s and sometimes earlier eras was used with empiere waistslines, back-dipping skirts, and pleats in all sorts of unusual arrangements. Most preferred the neutral shades of grey, stone, ecru and beige, with sometimes a single bright splash of color in hat or scarf.

Skirts, despite some earlier predictions, remained a normal height above the ground except for occasional back dips.

Sympathy is being extended to the nearest of kin of the late Mr. Major MacIntosh, a native of Victoria, P.E.I., a son of Mr. and Mrs. C.C. MacIntosh, whose death occurred at Huntington Beach, California General Hospital, quite recently. The late Mr. MacIntosh is survived by his widow, three sons, and a number of grand children, also by two sisters, Mrs. Gertrude Irving, Mrs. Helen Mullins of Hampton, P.E.I. and by a brother John W. MacIntosh of Santa Ana, California.

Sympathy is being extended to the immediate relatives of the late Mr. Daniel N. Taylor of Nine Mile Creek, whose death occurred at his late residence on February 5, in his 79th year. Relatives and friends were present in large numbers, at New Dominion United Church, on February 8th, where funeral services were conducted by the church pastor to convey final tributes of respect for one well known and highly respected. Interment was made in the church cemetery.

Mrs. Donald Murchison, Victoria, is receiving the congratulations of her many friends upon the occasion of having reached the four score and four mile stone on life's journey.

A recent visit to the aunt of the writer, Mrs. J.A. Morrison, at the home of Mr. and Mrs. George MacMillan, Cornwall, has revealed the good news of the gradual convalescence of this lady, who has passed the four score milestone on the journey of life, and who has been confined to her room, under medical supervision for over three months.

Milder weather and somewhat favorable road conditions, contributed to well attended services of public worship conducted in this pastoral charge on February 10. The inspiring message delivered from the text: "I am debtor both to the Jews, and the Gentiles," received an attentive hearing.

Mrs. Harvey MacEachern is receiving a "Welcome Home" having recently returned from Halifax General Hospital, where she recently underwent a successful operation.

LARGEST ANIMALS

The white rhinoceros of East Africa is the third-largest living animal, exceeded in size by the African and Indian elephants.

Twice as much NOXZEMA for your money

Giant 10-oz. jar only \$1.25

Limited time offer!

This winter, don't let icy winds and snow sandpaper your skin. Protect yourself—and your family—with medicated Noxzema. It quickly helps heal rough, chapped hands, sore, cracked lips. Irritated skin feels better instantly, turns soft and smooth again—often overnight. Noxzema is greaseless. Doesn't stain. Get Noxzema today. Big 10-oz. jar—twice as much for your money—only \$1.25 at drug, cosmetic counters.



Free! Marie Fraser's new Evaporated Milk recipes. Write today!

DAIRY FARMERS OF CANADA, 400 Main Street, Toronto