

A Country Garden

By Mrs. Gordon MacMillan

A wonderful rain has come and the garden has had a good soaking. I am reminded of this description of a garden after rain. "The garden is lovely on a hot summer night, when the perfume steals out in the soft stillness. It is lovely in the dawn, when it is still drenched with dew; but it is never more lovely than when it has been soaked in the first rain after a dry spell."

There is a wonderful scent which rises from dry soil as the rain falls upon it, and afterwards the hot earth steams and the plants hysterical with joy seem to grow before one's eyes. It is true when the first intoxicating tour is over of the glistening foliage, the experienced gardener reflects with a sigh that weeds also grow hysterically in the hot atmosphere — there are always snags; or if we like to put it in another way, there are always compensations.

It is a wearisome task trying to water a large garden with leaky hose and old buckets and now the gardener can spend the precious time in weeding and staking and trimming the grass. Delphinium and Madonna Lilies are blooming! These perennials look very well together and some years ago there were many of them in the garden; now there are three beautiful lilies with as many as twenty blooms on a stem. They are a lovely fragrant lily and more must be planted if possible.

The dignified grace and beauty of the Lilies distinguish them above all other flowers and confer on all members of the family an air of refinement that stamps them as king despite the diversity of their size and colour. Among the very oldest inhabitants of gardens, they are also among the best beloved, and it is a matter of common knowledge that many people who have little or no interest in flowers and gardens have a deep and lasting regard for Lilies. A group of fragrant Lilies scenting the air in the cool of a summer's evening is one of the greatest joys of the garden.

The quiet charm of the family has not been without its appeal to the botanists who have described the various species, about one hundred varieties of wild Lilies are found in the cool valleys of the northern hemisphere. In Europe pride of place is given to the Madonna Lily, Lilium candidum has been grown for their beauty longer than any other species and while the beauty of Lilies has long been recognized in both art and poetry, there is no doubt that they were first grown for their real or supposed medicinal value.

No one is now certain of the wild home of the Madonna Lily although it has been found on one or two stations among the Balkan mountains and in the long ago this lily held a high reputation for healing wounds and curing internal disorders. In the first plant book to be written in English in 1525, more than half a page is devoted to the virtues of Lilium and now in 1952 we know that Lilies are beneficial to the health and life of all who grow and love them.

Fragrance is everywhere in the garden and in the evenings after the busy heat of the day. "Summer is the season of happiness. When, among the trees, in the mountains, or by the sea, the fair hours of the year, the hours which at last open to us the golden gates of leisure, return for our delight; let us learn to enjoy them fully, continuously, voluptuously. Let us have for these privileged hours a nobler measure than that into which we pour our ordinary hours. Let us gather their dazzling minutes in unaccustomed turns, glorious, transparent, and made of the very light which they are to contain". — M. Maeterlinck.

ELLEN'S DIARY

By an Island Farmer's Wife

The Goldfinch family in tiny spots of color enlivens and enhances these days the bit of lawn about—the four nestlings, their evolution from soft-lined empty nest to the same some weeks and a hundred visits later, duly noted by the children. . . . Even James so busy with the farming and the interests of the carpentry at Alderlea has been inveigled into taking stock from time to time of the wonder of their creation.

His half-hearted: "Yes, I can see them" as he peered amid the nest's leathery surroundings in the rose bush, "but not too well," one day, sent an alert young scout post-haste to the house for his glasses that he might the better enjoy with them the miracle of nature unfolding before their very eyes. "Sh!" Jamie whispered at the supper-hour when a nestling on a branch lit on a low branch of the rowan tree on the lawn.

In the prevailing heat we had taken our food outdoors to a shady place beneath the trees there. How warm it was then! No breath stirred the lazy air, redolent with incense of summer and the heat lay in a shimmering wave along the far hills.

Jamie looked up from the sandwiches of lettuce and whatnot he had made to his liking and commented: "Of all places, I should like to be at the shore right now. Can't you imagine the nice breeze coming in from the sea? And the water would be warm from running in on the sands."

At noon the four of them laved their feet in the water of the mill-stream, Mack a plump nymph of a lad clad in scanty garments enjoying the adventure quite as much as the others. "There was a sunny sparkle in the flow as we found it slipping through a glade of the farm when in the interests of their safety we accompanied the party as they carried a drink to the lamb."

The older ones barefoot, stepping on pebbles and smooth stones forded the stream to reach the pasture; while bringing some whistles into play we managed to keep the baby of the quartette along the shallows of the nearer side.

This has turned into a daily outing. And how they love the few minutes spent in that spruce-spiced spot while the dishes and James who would be off to the work at Alderlea, await our return! . . . Our mornings with the birds and bees for company, take on added color when the truck bringing the four and James to dinner stops at the door.

James and Jamie keep us acquainted with the progress of the weeding and how now the new ratters of the addition to the old barn are in place, Jamie who does very well with saw and hammer having been blessed among many lads in that there has been no death of boards always at hand, is pleased to work with the men at the carpentry. He helped to dismantle "the forms" of the concrete and also takes part at the "boasting".

"When I say there are to be four stalls for horses, Ellen," James offered today somewhat puzzled, "visitors smile. Why . . . it would not be a farm without horses would it? It just couldn't be!" Until tomorrow . . . Diary . . . Good-night . . .

Modern Etiquette

By Roberta Lee

Q. Is a member of a bereaved family expected to receive friends or acquaintances who are making calls of condolence? A. Usually a close friend or a relative receives persons calling to extend sympathy. Of course, in the case of an intimate friend, the family may wish to see him. However, this is always left to the decision of the family, as no one should intrude at such a time.

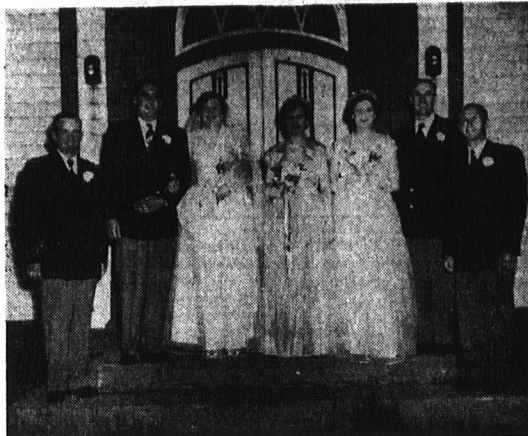
Q. When there is no one waiting on table and the serving dishes are passed from hand to hand, are they passed to the left or the right? A. To the right, so that the person receives the dish in his left hand and helps himself with the right.

Q. Is it all right to eat a chicken leg, or "drumstick," with the fingers? A. Only at very informal meals and picnics. Otherwise, it is best to forego the pleasure of that last bit of meat.

For the Birthday Those whose birthday it is are assured of an epoch of pleasure, happiness, rich fulfilment of heart's desire, whether in the realm of the romantic, social, domestic affairs, or perhaps in the creative arts, with favors, rewards, esteem, in a materialization of fondest wishes. There may be notable symbols, windfalls and abundant tokens of appreciation, favoritism and sound objectives in some unique or breath-taking manner.

A child born on this day may be said to fulfill the promise of the proverbial "gold spoon in its mouth," its home, social and romantic life being one of sustained joy and happiness.

Affleck-Coffin Nuptials



Mr. and Mrs. Bruce Affleck are shown above with their wedding attendants following their marriage which took place at St. John's United Church, Mount Stewart, recently. From left to right are the groomsmen, Mr. Clarence D. Coffin, brother of the bride, the groom and bride; Miss Jean Affleck, sister of the groom, who was maid of honour; Miss Gladys Jay, niece of the groom as bridesmaid, and Mr. Daniel Clark and Mr. Harold Affleck as ushers.

A very pretty wedding was solemnized at St. John's United Church, Mount Stewart, on June 18th, at seven o'clock, P. M., when Shirley Mae Frances, daughter of Mr. and Mrs. Clarence N. Coffin, Pisiquid, was united in marriage to Daniel Bruce Affleck, son of Mrs. Margaret Affleck and the late Jonathan Affleck of Mount Stewart.

The ceremony was performed by Rev. H. E. D. Ashford of Charlottetown. The wedding music was played by Mrs. Leith Affleck. The church was tastefully decorated with spring flowers and potted plants.

The bride who was given in marriage by her father wore a floor length gown, with strapless white alchoan lace bodice that came to a point at the waist and matching bolero with long sleeves that came to a point over the hands. The bouffant skirt was fashioned of net over taffeta. Her finger tip veil of tulle illusion was caught to her head by a narrow bandeau and had clusters of lily of the valley over each ear. Her bouquet was of red roses.

She was attended by Miss Jean Affleck, sister of the groom, as maid of honour and Miss Gladys Jay, niece of the groom, as bridesmaid. The maid of honour wore a floor length gown of mauve net over taffeta with bolero jacket with matching bonnet and mitts, and carried a nosegay of yellow baby mums. The bridesmaid wore a similar dress of pale yellow and carried a nosegay of mauve baby mums.

Mr. Clarence D. Coffin, brother of the bride was groomsmen. The ushers were Daniel Clark and Harold Affleck.

During the signing of the register, Mrs. J. L. B. Anderson sang "I'll Walk Beside You."

The bride's mother chose for her daughter's wedding a navy sheer dress with white accessories and corsage of pink carnations. The groom's mother wore a grey crepe with grey accessories and a corsage of pink roses.

Following the ceremony the wedding reception was held for 85 guests at Sandy's Restaurant. The table was decorated with bouquets of flowers and a three tier wedding cake topped with miniature bride and groom. The cake was cut in traditional manner. Rev. H. E. D. Ashford proposed the toast to the bride and was responded to by the groom.

Mr. and Mrs. Affleck left on a brief honeymoon through the Maritimes, the bride wearing grey tulle and blue with navy accessories and a corsage of pink roses. The young couple will reside in Mount Stewart where the groom is a partner of Affleck Brothers.

Previous to her marriage the bride who was an employee of The Royal Bank of Canada, Toronto, was tendered a shower by her girl friends, and also at Mount Stewart where many lovely gifts were received.

The Stars Say

By Genevieve Kemble

FOR Tomorrow A RATHER surprising or unlooked-for turn of events might make this day one of unforgettable incident. The accent is on the dramatic, sudden and stimulating, more than likely in connection with romantic, social, artistic and domestic rather than workaday events. The classical "arts of Venus" may materialize in engagements, weddings, social and home festivities. Honors, distinctions, favors, even a financial "windfall," could cap the day.

For the Birthday Those whose birthday it is are assured of an epoch of pleasure, happiness, rich fulfilment of heart's desire, whether in the realm of the romantic, social, domestic affairs, or perhaps in the creative arts, with favors, rewards, esteem, in a materialization of fondest wishes. There may be notable symbols, windfalls and abundant tokens of appreciation, favoritism and sound objectives in some unique or breath-taking manner.

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Recent Wedding In Bedeque



Mr. and Mrs. William MacFarlane, whose marriage took place recently in the United Church at Bedeque are shown above with their wedding attendants. From left to right are Mr. Charles Schurman, brother of the bride, best man; the bride and groom; Miss Helen MacFarlane, sister of the groom, bridesmaid; Mr. Donald MacFarlane and Mr. Sheldon Nicholson, ushers. The flower girls are the Misses Linda and Sandra Howatt. The bride is the former Joyce Schurman, the daughter of Mr. and Mrs. Heber Schurman.

DOROTHY DIX'S COLUMN

Boy Objects To Smoking Girl Should Give It Up For Sake Of Happy Marriage

DEAR MISS DIX: I have run into a very difficult problem with my boy friend. I am 19 and have known this boy for over a year. When we began to go steady he asked me to stop smoking and became very angry when I didn't. I couldn't stand arguing so I told him I would stop, only to find that it was impossible. I then began smoking behind his back. I knew this was not right so I told him what I had been doing. We have been arguing constantly now and he says he will have to give me up unless I stop smoking. I feel if he really loved me he wouldn't get so upset over a little thing.



Muriel Nissen

ANSWER: This may seem like a trivial matter to you, but it is over just such seemingly small items that many marriages break up. Since your friend feels so definite on this point, it is up to you to make the concession and break the habit. It can be done. To make a happy marriage is worth the exercise of a little will power, don't you think?

LONELY DIVORCEE

DEAR MISS DIX: I am a schoolteacher, 35 years old and divorced. Since my religion precludes re-marriage, I'm very lonely on weekends when other people are going places. Church work occupies quite a bit of my time, but there is still much left for loneliness. Wouldn't it be a good idea for women in my circumstances to band together in a group to solve this problem? I heard some time ago of an organization called Divorcees Anonymous, and wonder if you know anything about it.

ANSWER: I have never heard of a group such as you mention, but agree that it would be a fine idea. Why not scout around yourself and see if you can't find enough women in similar positions to form such a group?

DEAR MISS DIX: I am getting married shortly and my future wife lives in another state. Since we're being married in her town, I wondered if it would be proper to send invitations to my relatives here, adding a note to the effect that we realize they won't be able to make the journey for the wedding. The distance is great, and I wouldn't want them to feel obligated to make it.

ANSWER: A note such as you suggest might also be taken to mean that you don't want them to make the trip. Better omit it. You will probably have a chance to discuss the problem with your relatives personally, in which case you can explain that their absence will not cause hurt feelings, though you will be delighted if they can make the trip. It really isn't too long a journey in these days of rapid transportation and perhaps some of them will be glad to make the effort.

DEAR MISS DIX: A year and a half ago my husband and I came to this country from Europe. I am now 22 and have been married five years; I have a daughter 4. My husband is quite a bit older than I, and I am not very happy with him. He is a very sick person and, in the months he has been ill, I have found someone for whom I care more. Do I have a right to ask for a divorce now or should I wait until he is better?

ANSWER: Among the American customs it will be well for you to learn is that one does not desert a sick husband—or any other member of the family in trouble. Also, Hollywood publicity to the contrary, one does not trade husbands as casually as you are planning. The mere fact that a husband is ill does not provide adequate reason for divorce in any of these United States—even the most liberal.

Miss Nissen cannot reply personally to readers but will answer problems of general interest through this column.

Anne Adams Patterns

FOR SUN AND CITY! NEWS! The sport jacket hugs your waist sleek and slim—the eyelet trim on dress is just so much icing to keep you cool and crisp on wilying summer days! And that flared skirt is designed for your prettiest petticoat! Love it for sunning, dating! Pattern R4662: Misses' Sizes 12, 14, 16, 18, 20. Size 16 frock and Spencer 5 yards 35-inch fabric. This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions. Send Thirty-five cents (35c in coin (stamps cannot be accepted) for this pattern. Print plainly size, name, address, style number. Send order to ANNE ADAMS, c/o The Guardian, 60 Front Street West, Toronto, Ontario.

Try this MEAL in a MINUTE Two Kinds with and without meat



That Body Of Yours

By James W. Barton, M.D.

DIABETES AND OVERWEIGHT

It is true that diabetes runs in families; we have all seen a thin member of a diabetic family acquire much excess weight to be followed by the development of diabetes. Fortunately, as Dr. E. F. Joslin, Boston, has so often pointed out, if members of a diabetic family do not allow themselves to become overweight, they can avoid this development of diabetes.

What about reducing their weight after diabetes has developed? In Stamford Medical Bulletin, San Francisco, Dr. G. B. Robson reports the case of a woman, aged 27, who had frequent urination and had been in a diabetic coma for 8 hours. After 8 hours she had received 975 units of insulin. Then, after about 15 hours, she improved rapidly and by the third day was back to normal mentally. She weighed 174 pounds. At first she was put on a diet of 2,550 calories (normal) later, one of 1,500 calories. In four months her weight was reduced to 154 pounds (20 pounds loss) and her insulin dose was decreased until none was required.

Five years later, following re-gaining of the lost weight, she returned with the characteristic findings of diabetes. Dr. Robson states that his observations definitely prove that obese diabetics can achieve a normal condition, free from diabetes, with loss of weight. In addition, it has been found that diabetics who remain overweight commonly have diabetic retinitis (cataracts), disturbances of the kidneys and other symptoms, whereas those who lost weight and cured their diabetes have remained free of these complications.

The above is just one more instance to encourage members of diabetic families not to allow themselves to become overweight. The fact that they are members of a diabetic family need cause them no worry as long as they do not allow themselves to become overweight.

L. Y. ANSWER: Among the American customs it will be well for you to learn is that one does not desert a sick husband—or any other member of the family in trouble. Also, Hollywood publicity to the contrary, one does not trade husbands as casually as you are planning. The mere fact that a husband is ill does not provide adequate reason for divorce in any of these United States—even the most liberal.

Better English

By V. C. Williams

1. What is wrong with this sentence? "The two friends sympathized with one another in their joys as well as in their sorrows."

2. What is the correct pronunciation of "esoteric"? 3. Which one of these words is misspelled? Organism, catechism, paroxysm, parallelism. 4. What does the word "diametrically" mean? 5. What is a word beginning with vi that means "justification against censure"?

ANSWERS

1. Say, "sympathized with each other," when there are only two. 2. Pronounce both e's as in set, accent third syllable. 3. Paroxysm. 4. In a manner as remote as possible or directly adverse. "We are diametrically opposed to your plan." 5. Vindication.

Household Scrapbook

By Roberta Lee

Cod Liver Oil Stains

To remove cod liver oil stains use soapy water or carbon tetrachloride. If the stains are on a bib or wash dress, rinse immediately in warm soapy water. For woollen garments, use the carbon tetrachloride.

Lemon Milk Shake

To prepare a lemon-milk shake beat together two eggs, adding 1/2 cup ice water, 6 tablespoons lemon juice, and 1/2-cup sugar; mix thoroughly. Add this mixture slowly to 3 cups cold milk, stirring constantly. Serve at once. This will make four or five glasses.

Rust

To remove old rust from knife blades stick them into an onion and leave for some time. The blades will then clean with ordinary cleaning.

Alice Brooks Designs

BE COOL—IT'S EASY!

Bright daisies bloom on this simple-sew sunback that has its own town-bound bolero! Easy-to-embroider, or buy organdy daisies by the yard. Pattern 7382: Misses' Sizes 12, 14, 16, 18, 20. Size 16 takes 5 yards 35-inch. Transfer. State size. Send Twenty-five Cents in coin for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs, c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address and Pattern Number.

7382 SIZES 12-20



Morning Smile

Only Him

"You are not opaque, are you?" sarcastically asked one man of another who was standing in front of him at the theatre. "Fath, an' O'lm not," replied the other. "It's O'Brien that O' am."

Definition

Brown: "How many coats do you give a door?" Painter: "Three." Brown: "So if you gave it four, the fourth would be an over-coat." Painter: "No, a waste-coat."

by Alice Brooks

Preserve Strawberries For Winter Months

STRAWBERRY JAM

This is a rich jam, one that will be liked for any meal of the day. The impressive yield is about ten 6-ounce jars.

4 cups prepared fruit 7 cups granulated sugar 1/2 an 8-ounce bottle liquid pectin.

Pick over, wash, drain and hull 2 quarts fully ripe berries. Crush the strawberries thoroughly (half of the crushed berries may be pressed through a sieve, if desired).

Measure 4 cups crushed berries into a large saucepan; add the sugar and combine well.

Place over highest heat and bring mixture to a full rolling boil, stirring constantly. Boil hard for exactly one minute, stirring constantly.

Remove from heat and quickly stir in the liquid pectin. Let jam stand for five minutes to help keep fruit in suspension, skimming and stirring occasionally.

Four quickly into hot sterilized jars and seal immediately; label before storing.

RHUBARB AND STRAWBERRY JAM (with added pectin) Yield—about 10 6-ounce pars. 4 cups prepared fruit 7 cups granulated sugar 1/2 an 8-ounce bottle liquid pectin.

Wash and trim about 1 pound red rhubarb; do not peel. Slice rhubarb thinly or chop finely. Pick over, wash, drain and hull about 1 quart fully ripe strawberries; crush thoroughly. Combine prepared rhubarb and strawberries.

Measure 4 cups fruit mixture into a large saucepan; add sugar and combine well. Proceed as in recipe for strawberry jam.

STRAWBERRY SAUTERNE JELLY Yield—about five-six-ounce jars. 1 cup prepared juice 3 1/2 cups granulated sugar 1 cup dry sauterne or claret 1/2 an 8-ounce bottle liquid pectin.

To prepare the juice, pick over, wash, drain and hull one pint fully ripe strawberries; crush thoroughly. Place in a jelly bag and squeeze out juice.

Proceed as in recipe for strawberry juice into a large saucepan, add sugar and combine well. Place over highest heat and

bring mixture to a full rolling boil stirring constantly. Boil hard for exactly one minute, stirring constantly.

Remove from heat and quickly stir in the sauterne and liquid pectin. Skim.

Pour quickly into hot sterilized jars and seal immediately; label before storing.

CANNED STRAWBERRIES Make up the required amount of medium or heavy syrup, allowing 1 to 1 1/2 cups of syrup for each quart sealer. For medium syrup, allow 1 cup sugar to 1 cup water—the yield will be about 1 1/2 cups syrup. For heavy syrup, allow 1 cup sugar to 3/4 cup water—the yield will be about 1 1/4 cups syrup. To make the syrup, combine the sugar and water in a saucepan; bring to the boil, stirring until the sugar is dissolved; skim if necessary and keep hot until needed.

Pick over and wash the required amount of strawberries (15 pounds of berries will yield nine to 11 quart sealers). Drain thoroughly; then remove hulls and any soft spots.

Cold Pack Method: Add prepared berries to hot syrup and bring slowly to the boil; cover, remove from heat and let stand 1 hour. Fill into hot sterilized sealers, filling to within 1/2-inch of the top; seal (rubber rings and metal lids should be dipped into boiling water before placing on sealers). Process in the boiling water bath, allowing 15 minutes for pint sealers and 20 minutes for quart sealers. Or process in the oven (275 degrees), allowing 30 minutes for pint sealers and 35 minutes for quart sealers.

Hot Pack Method: Bring the hot syrup to the boil; add prepared strawberries; cover, remove from heat and let stand 1 hour. Bring to the boil. Pack immediately into hot sterilized sealers, filling to within 1/2-inch of the top; seal Process in the boiling water bath, allowing 10 minutes for pint or quart sealers. Or process in the oven (275 degrees), allowing 20 minutes for pint or quart sealers.

SEALING JARS The most satisfactory way to seal jams and jellies is to make a perfect closure with melted paraffin.

Place new paraffin in a heat-proof jug that pours well; use an old tea or coffee pot; place

Continued on page 3

Special Offer!

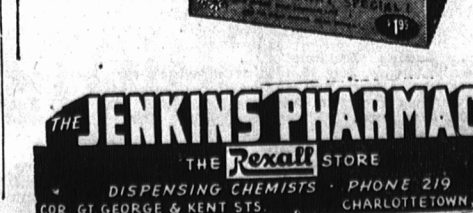
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A wonderful twosome for children's fine-textured hair: a regular \$1.95 Richard Hudnut Children's Home Permanent, featuring milder, gentler creme waving lotion and liquid neutralizer . . . plus . . . a special-size Richard Hudnut Egg Creme Shampoo, the shampoo with real egg powder!

both only \$1.95



How Can I!!!

By Anne Ashley

Q. How can I remove mildew from cloth? A. Put a tablespoonful of chloride of lime into a quart of water, strain it twice, then dip the mildewed places into this weak solution. Lay them in the sun. If the mildew has not disappeared when dry, repeat the process.

Q. How can I keep baby's rubber toys in a sanitary condition? A. Baby's rubber toys should be washed in a boracic acid solution every day. They are usually in his mouth, so it is the wise plan to keep them sanitary.

