

**WOMEN'S ORGANIZATIONS**

**Rev. Keith Whitney Speaks At Bideford UCW Session**

The general meeting of United Church Women of the Bideford pastoral charge was held in the church at Conway on Monday evening, September 30. The meeting, which was presided over by Mrs. Herman Dymond of the Northern Unit, opened with a devotional program by the Rev. Keith Whitney, pastor of the Lot 14 members. Mrs. Maynard MacArthur and Mrs. Chesler Phillips, which included a thought provoking reading on "Praising for Thomas as well as Rose".

A gift of a life membership certificate in the United Church Women and the pin, from Mrs. and Mrs. Hugh Smith of the North Congregational Church, was presented by Mrs. Herman Dymond.

The treasurer reported that \$344.00 proceeds from a supper at Port Hill hall in August, had been paid on the note in bank.

The next meeting will be held in the Church at Lot 14, the last Monday in November, when Conway will be in charge of the devotional period and Bideford of the program.

Rev. Keith Whitney gave a very descriptive talk on his social work in East Harlem, New York, where a population of 300,000 people — Puerto Ricans, Negroes and mixed races are enclosed in an area, about 1 1/2 miles in size and an area the size of a city block houses 4,000 people, who never move beyond the block on which they live. Fear of everything is prevalent, he said especially of the law. One third of the population are drug addicts.

Social work is not the answer to these squalid conditions, Mr. Whitney explained, they must have the cross of Christ preached. If Christian people don't help them, communism will creep in. The Cross of Christ makes a wonderful change, no matter how small stepping back there is.

Mr. Whitney also told of a trip to the southern states in company with negro friends, and of their treatment by the white people, which was shameful.

A question, answer and discussion period was held following the lecture.

The meeting closed with the benediction, after which a fellowship hour was enjoyed.

**MURRAY HARBOUR UCW**

At a meeting of the United Church Women of Murray Harbour, Mrs. Lloyd Herring presided at a meeting of the executive held recently in Cavendish. Members decided to help with the Cavendish pastoral charge support to be held at Slitting Waters Lodge.

Meeting closed by members repeating the Lord's Prayer in unison after which lunch was served by the hostess.

**IS HARMLESS**

The common brown hat that frightens women is harmless and is in fact, living on a diet of insects.

**Women**

The Guardian, Charlottetown, Fri. Oct. 4, 1963. 9

**IDA BAILEY ALLEN**

**Now Is The Season For Luscious Grapes**

WHEN you plan a dinner based on chicken, there are five types from which to choose. The desirability of the individual is based on the right choice. Rock Cornish hens for individual service; broiler-fryers for broiling, frying or small roasts; a capon for a large, elegant roast for 6 to 8 persons; a broiler (young steaming chicken) for a large family to use for dishes calling for cooked chicken; a 4 to 5 lb. roaster to supply two entrees for an average family of 6 persons.

**CHICKEN**

To save cooking time, we suggest buying a roasting chicken weighing about 4 lbs. Brains, steam on pressure-cooker. Use half for a tasty chicken pie. Full-wrap and refrigerate the balance of later in a fricassee, blanquette, salad or any way you like.

**Measurements level: recipes for 6**

**CHICKEN-VEGETABLE PIE**  
 Half 4 lb. cooked roasting chicken with giblets  
 1 cup small-diced potato  
 1/2 cup thin-sliced carrot  
 1/2 cup thawed frozen green peas  
 1 cup canned or fresh corn kernels  
 1 tsp. instant onion  
 3 cup chicken gravy, well-seasoned  
 Puff pastry (see Chef)  
 1 egg yolk  
 Remove chicken meat from bones; leave on skin if soft; cut cooked giblets into small dice and add.

Combine vegetables and instant onion. Add chicken and thickened chicken gravy made from cooking broth. When boiling hot, turn into buttered 2 1/2 qt. baking dish that can go-to-table. Top with puff pastry rolled 1/4" thick. Flute edges. Slash 3 times in center for steam-escape. Brush with slightly beaten egg yolk mixed with 1 tsp. water. Bake 25 to 30 min. in hot oven 400 degrees.

**TOMORROW'S DINNER**  
 Green Grape-Crushed Pine-apple Cup  
 Chicken-Vegetable Pie with Puff Pastry  
 Green Pepper - Cabbage - Celery-Tomato Salad  
 Pear Floating Island  
 Coffee, Tea, Milk  
**PEAR FLOATING ISLAND**  
 For six persons arrange indi-

crust was made of French puff pastry, which adds elegance. Here is a simple version. You need only flour, salt, butter and lemon juice.  
 Sift 2 cups of sifted flour and 1/2 teaspoon salt together in a mixing bowl. Cut 1/4 cup butter into bits the size of fibrets. Add and lightly stir until coated with flour. Heap up the mixture and make a depression in the center.  
 Add 1/4 teaspoon lemon juice and 1 tablespoon cold water. Mix but leave the bits of butter whole.  
 Gradually add 5 additional tablespoons cold water; mix lightly with a knife to form a moderately stiff paste.  
 Transfer to a floured surface. Roll quickly and gently with a rolling pin into a strip about 1/2 inch thick. Fold over in 3 equal parts. Press edges together. Then turn so the folded edges will be at right and left.  
 Repeat the rolling and folding process 4 times, thereby distributing and rolling in the fat in small layers which, when baked, will make the pastry flaky and rich.

The non-metallic element phosphorus helps soften water, preserve food, refine sugar and dye clothes.

**MARY HAWORTH**

**Mentally Ill Are Accepted, Homosexuals Are Ridiculed**

Dear Mary Haworth: In a recent column a young man, a college dropout, asked how to reconcile his family to the fact that he entered a homosexual alliance. They cast him off when they learned of it.

He says there is no hope of change for his kind; that he has accepted himself, wants peace with his family and wonders why "more people don't show more tolerance"? A good question.

We are always paying lip service to "understanding" of mental disorders. But only certain breakdowns are respectable, apparently. Notorious schizophrenia is allowed; suicides are piled.

But was the man who is homosexual. He and transvestites are considered freaks, legitimate objects of ridicule or "righteous" poke in the jaw. By way of answer you tell him that as a member of the human race he is endowed with

much strengthened to reverse his course when he finds family, church and medical specialists helpfully disposed.

Dear B.P.: As a matter of fact, I don't think it is news to anybody nowadays, except possibly to a segment of self-satisfied homosexuals, that their deviate predilections reflect a kind of sickness.

As to the nature of the sickness, there is still more question as to whether it is primarily an emotional disorder or a moral disorder.

I would surmise that in the incipient phase, it is an obscure emotional or psychological disorder. If competently dealt with at that level, it may heal over, so to speak, into a controlled quasineurotic affliction, somewhat comparable, for example, to "cured" alcoholism or "cured" drug addiction.

In cases of cured alcoholics or cured drug addicts, the cure doesn't consist in eradicating the inherent bias towards this special problem. The bias remains. The cure consists, rather, in the individual's deliberate exercise of a consciously acquired systematically maintained self-control in by passing the danger zone, for constructive reasons that appeal to his intelligence. The same potentialities prob-

ably also apply to the homosexual's bias. I don't doubt there have been countless great souls who bore this natural affliction for a lifetime, without visiting their sickness upon others, and without assuming weakly that because perverse temptation beckoned, they would be justified in pursuing it.

It was the tragic Oscar Wilde who authored the infelicitous cynicism: "The way to overcome temptation is to yield to it." But that was before he brought his life down to ruins, due to reckless, defiant, debauchery.

It is the second stage of homosexual sickness, the phase of exorbitant surrender heading towards full commitment, that involves the latent homosexual in moral disorders. (Much the same fate overtakes the invertebrate drunk or the inveterate drug addict.)

So that's why it is the homosexual's responsibility to save himself, essentially, by taking the right road, early or late. As he makes the right choice in that respect, it becomes possible for reinforcements to come from all sides. But these forces cannot reach him until then.

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