ELEANOR ROSS

Constant Use Improves The Beauty of Linens

Just as silverware thrives on use, linen also improves with constant use. This is because use necessitates frequent laundering which, if it is done properly, will make the fabric softer, more lustrous and more luxurious to the touch.

BROADER MEANING

Incidentally, the term "linens" now has a broader meaning. To be in this category, tablecloths, napkins, runners, doilies and place mats need not necessarily have originated in a field of flax. They can be woven of cotton or rayon and can be as fragile as lace or as sheer as organdy. So long as they fit the role once filled by linens made of flax, they are known as "household linens."

To keep white linens sparkling, fresh and sturdy, just use plenty of hot water and thick suds—suds them twice before rinsing. Segregate linens from the rest of the wash to avoid possible discoloration. Also, it's wise to wash "linen" linens away from cotton "linens" since real linen is apt to pick up lint from cotton. Rayon "linens" should be washed separately since they require lower water temperature.

BLEACHING LINENS

To bleach white linens, saturate and soap them and hang them in the sun. When dry, launder them in the usual manner.

If possible, hang linens, particulary real linen, out of doors, since hot, dry air affects its resiliency. If they are dried in a machine, turn the regulator to room temperature. When hanging them outdoors, though, be careful not to freeze them, as this may cause either linen or cotton threads to crack when folded. When hanging, hold large items over the line and straighten out hems with your fingers.

A FEW HOURS

Linens mildew easily, so dampen them only a few hours before froning. Dampen thoroughly and store in the refrigerator briefly for easy ironing. The combination of hot iron on chilled fabric creates steam which helps to erase wrinkles easily.

For a high gloss, iron on both sides; for a dull shine, tackle the wrong side only. If possible, roll ironed linens on a cylinder to avoid creasing. If not, fold them lightly in thirds and change the position of the crease slightly each time to avoid undue strain on any one line of threads.

ORGANDY OR LACE

Fragile pieces of organdy or lace should be sudsed by hand. If you put them in a machine, first place them in a mesh bag for protection. Small pieces can be safely and easily washed by placing them in a capped jar, half-filled with warm suds, and shaking till they're clean.

Lace and openwork doesn't always have to be ironed. After sudsing, starch lightly, roll in towels to blot up excess moisture, then straighten loops and scalloped edges and spread flat to dry. If ironing is necessary, do it under a press cloth to avoid snagging threads. Press in one direction or, in the case of circular pieces, press from the center out.

Happenings

Mr. Justice and Mrs. F.H. Barlow were among the nine hundred guests at the Ontario Lieutenant Governor's reception last week after the opening of the Legislature. Justice and Mrs. Barlow have visited the Island on many occasions and have been entertained by Justice and Mrs. G. J. Tweedy and Justice and Mrs. Mark MacGuigan.

Miss Margaret (Peggy) Burns, daughter of Mr. and Mrs. Steven Burns, Hunter River, has left for Toronto where she is employed with the Bell Telephone Company. Prior to her departure, Miss Burns was entertained at the home of Mrs. Alan Smith, where she was presented with a gift from her knitting club. Miss Burns was also the recipient of gifts from many other friends.

Mrs. Mark MacGuigan is entertaining at bridge several times this week at her residence, Greenfield Avenue.

Mrs. W. W. Reid and Mrs. George Fisher are entertaining this week at bridge at Mrs. Fisher's residence, Pownal Street.

Mrs. A. B. Cosh leaves this week to visit her son Lieutenant Commander A. B. Cosh, Mrs. Cosh and grand-son in Ottawa, Canada.

Mrs. W.H.V Dunbar and Mrs. A. B. Cosh were among those entertaining in honour of Mrs. H. R. Stewart of Ottawa.

The ladies social club of the Summerside Presbyterian church met on Tuesday evening at the home of Mrs. D B Coffin, Granville Street. The new president, Mrs. Eric MacKay, was in the chair. The lunch hostessess were Miss Jean MacFadyen and Mrs. Hibbert Johnston.

Mrs. Cliff Ramsay and Mrs. Jack Nisbit were co-hostesses at the former's home recently, honoring Mr. and Mrs. Sydney Forbes who are now residing in Charlottetown. Mr. Jack Nisbit made the presentation of a coffee table to the guests of honor, and appropriate remarks were made by Mr. Duncan MacGougan. Mr. and Mrs. Forbes' boys, Hal and Kendall, were presented with a pin-up lamp. A social evening followed with lunch served by the hostesses.

The Good Fellowship Group of the Summerside United Baptist Church met in the Spring Street Hall on Monday evening. The president, Walter Simmons, was in charge of the meeting. Plans were made for a Valentine social to be held with the social committee, consisting of Mr. and Mrs. Bob Hogg, Mr. and Mrs. Charles Ballem, and Mrs. C. B. Jelly. The guest speaker for next week will be Rev. Garnet Sherwood, who is the "Boys' Work" secretary of the Maritime Religious Educational Council. Lunch was served by Mrs. W. M. Ellis and Mrs. Walter Simmons.

The order of Service at the Marriage Viscount Stormont, only son of the Earl and Countess of Mansfield, Logie House, Logiealmond, Perthshire, and Miss Pamela Foster, only daughter of Lady Cochrane of Cults, Crawford Priory, which took place at St. James Church, Cupar-Fife on Monday, December 19th., 1955, was as follows(

Prelude and Fugue in E Major by J. S Bach, Air from Water, Music by Handel, Hornpipe (wedding March) John Cook, Gavot from Symphony No. 4 by William Boyce. At the entrance of the Bride the hymn, "Praise, My Soul, the King of Heaven." The marriage Psalm XX111, Tune: Crimond, Prayers, Address, Hymn, "Love Divine, all loves excelling." The Blessing. During the signing of the Register the carol "O Little Town of Bethlehem;" and the Wedding March by Mendelssonn.

Winter Bridal At Baptist Parsonage

Mr. and Mrs. Stuart Drummond pose with their attendants following their recent marriage at the Charlottetown Baptist Church Parsonage. Left to right: Mr. William Sherren, brother of the bride, best man; Mr. and Mrs. Drummond, and Miss Gail Drummond, sister of the groom, maid of honor. The bride is the former Miss Ada Sherren, daughter of Mr. and Mrs. Arthur Sherren, Charlottetown, and the groom's parents are Mr. and Mrs. Wilbert Drummond, Freetown, Rev. H. L. Mitton officiated. A reception followed at the Queen Hotel.

ELLEN'S DIARY

They Learned Its Secrets

Changeful weather, this winter gives-now with the sun smiling brightly on the country side, then with the Storm King driving in from cold regions to thicken the blanket of snow on the meadows. And looking ahead to the year's cropping and harvesting; we on farms commence to wonder now about the haylands. Will the green clovers of fall, the show and promise of that crop then, survive the strange winter-weather? Will they continue to be kept warmly against chance "hard" frosts to come? They talk it over-the farmers, and must leave it all in the Hands of the Keeper of seasons.

We remember, now that the folks of the neighborhood, friends of years and kin bereft, come to mind, that there has been a harvesting of late, a gathering in of one ripe in years in a heavenly garnering. He was a son of this road, his childhood and younger adult days spent on its farms, before he moved away to other Island communities and scenes.

Rob's farm was his birthplace. And there early bereft of his father, but given then to the exemplary teachings of his pioneering (English) grandfather, he mastered the ways of the farming a It was practiced i those old-time days. He learned to care for stock, to hitch a horse, to follow a plow, and harrow to sow seed, to reap, and save, and thresh, in those toilsome ways now long past.

So the farm-boy learned its secrets and later in its more progressive days, took up the occupation. And prospered at it, as he did at every successive interest to which he directed mind, heart and hand. For his was an exceptionally keen mind and knowing. But it was not of his remarkable business ability, his industry and foresight, admirable talents that they are and often enviable, that we spoke of in this family when we learned of his passing. Death strips folks of these, takes away all the trappings and glories of life.

We remembered that in the busy life that was his, he always had time to notice a child, time to pat a young head, and praise their enterprises and obviously enjoy their innocent ways. From his own boyhood, James could easily recall kindness received, a word of advice perhaps, a chuckle, a bit of candy shared, from the one now gone to his rest.

May we fancy that above all else, that transcending every goodness his, and belief, this lovely talent will have its especial reward? Will it not bring a sweet tender smile to the face of the Master, remembering? "You liked My little ones-you were always kind and good to them," will He not approvingly say?

So another goes, leaving behind loved ones and friends. And the ranks an older generation of Island folks has known, thin sadly as the road of life bends close and closer to the west.

Until tomorrow----Diary----Good-night.

MRS. GORDON MACMILLAN

A COUNTRY GARDEN

HE KNOWS NO WINTER

He knows no winter, he who loves the soil,
For, stormy days, when he is free from toil,
He plans his summer crops, selects his seeds
From bright-paged catalogues for garden needs

When looking out upon frost-silvered fields,
He visualizes autumn's golden yields;
He sees in snow and sleet and icy rain
Precious moisture for his early grain;
He hears spring-heralds in the storms turmoil--
He knows no winter, he who loves the soil

--Hager.

Seed catalogues usually arrive at the right moment to provide the material for pleasant fireside dreams at this season of the year.

Modern catalogues include such a wide range of flower seeds that it is not an easy matter to make up our minds just what we need for our gardens in this coming year. The flower seeds are offered in an attractive manner that gardeners usually experience considerable difficulty in keeping their seed order both within their intended outlay and the space that they have. In country gardens it is possible to sow many packets of seed and large borders can be made. The cost is very little when we see the color and beauty of these plants from even a small packet of seeds

LOVELY BORDER

Last spring a long border was made under the orchard trees and the seed was sown directly in the ground so that no transplanting was necessary; this border was lovely all season with quantities of cut flowers and more of this gardening will be done this spring. Zinnias in variety, Marigolds and Calendula with blue Salvia and an edging of Sweet Alyssum made up the annual plants. A few Dahlia and Gladioli were tucked in here and there. There are many of these hardy annuals to choose from in the catalogues at this time and it is a pleasant way to spend a winter evening.

A great gardener once wrote. . I have always believed that the happiness of mankind may be increased by encouraging that love of a garden, that love of the beautiful, which is innate in us all. Garden making, it has been said, is the only art in which, owing to accidental development and unlooked-for groupings, the realization surpasses in beauty the original conception.

A garden is a kingdom with its own interests, annals, and incidents. Something is always happening in it. Today is always different from yesterday, and this is why it is such an interesting hobby Even in the wintertime there is no color as we know it in the summer season but in this silent time we are conscious of a thousand unseen forces at work.

Earth bringeth forth her fruits, her seasons roll unhurried and unchanged; not only sun but rain, the dew of evening and the dark, all foster growing things. Everyone who works in love and harmony with these, who tills and sows and reaps his harvest is working in partnership with creation and with the seasons on their calm appointed way.

The gardener knows the infinite pains of creation. . .the slowness of growth, the delicacy of the young shoot, the vital need for care and love and patience in all the green things of the earth.

The earth produces all things, and receives all again, is an old proverb that the gardener never forgets, even in the wintertime.

PLANTS IN BLOOM

The sunny days have been good for the house plants and almost all are now in colorful bloom, including the daffodils in many varieties. Last autumn they were dug up from the borders where they were crowded and potted up for winter blooming. It is possible to use this method of culture with success and other bulbs can be used in this way. Crocus, Scillas, and Grape Hyacinths. So next fall if it is not possible to procure new bulbs pot up some from the garden and they will be a joy to you in the wintry months.

It is also the time to bring into the warmth of the house some branches of Forsythia or Cherry and Plum. Manitoba Maple branches have blossomed out with frail leaves and dainty blossoms. These were taken from a tree broken by

(Continued on page 11)

Woman Controls Finances

Nora M. Foulds, 42, as chief accountant, controller and treasurer of the London Free Press, controls the finances of the large daily newspaper, radio station CPFL and TV station CFPL-TV. After graduation from St. Mary's Academy in Brandon, Man., she worked in Winnipeg and Toronto before going to London. She is the only woman ever to be elected a director of the Institute of Newspaper Controllers and Finance Officers. She was elected secretary last fall. (CP Photo)

ALICE BROOKS DESIGNS

BEDROOM ENSEMBLES

Beautify your bedroom with these stunning spread and curtain ensembles! They're all easy to make—s-o-o lovely in your home!

Complete instructions included in Pattern 7393 for making 3 different sets of bedspreads and curtains—in any desired size!

Send TWENTY-FIVE CENTS in coins for this pattern (stamps cannot be accepted) to Charlottetown Guardian, Household Arts Dept., 60 Front Street, W., Toronto, Ont. Print plainly NAME, ADDRESS, PATTERN NUMBER.

Order our ALICE BROOKS Needlecraft Catalogue. Enjoy pages and pages of exciting new designs—knitting, crochet, embroidery, iron-ons, toys and novelties! Send 25 cents for your copy of this wonderful book now. You'll want to order every design in it!

HOUSEHOLD HINT

Don't purchase a dress pattern by your ready-made dress size It's usually best to buy the pattern nearest your bust measurement and make any adjustments necessary.

MORNING SMILE

Freshman—My life is ruined.
Sophmore—How come?
Freshman—A fellow wrote me a letter saying he'd shoot me if I didn't stay away from his girl, and he didn't sign his name!

COOK'S CORNER

WHITE CAKE ICING

Beat the white of 1 egg stiff, but not dry. Beat in butter size of a walnut (melted). Enough icing sugar until right consistency to spread. Flavor to suit taste.

Words Of The Wise

One backward step one relinquishment of right in an evil hour, one faithless tarrying, has torn the aurel from many a brow and repose from many a heart.
—(Mary Baker Eddy)

Mary Haworth

Girl In First Job Asks How To Cope With Co-Workers

DEAR MARY HAWORTH: I am a girl, 20, and took my first job last July. I work in an office with five other girls, who are five to 10 years older than I. It is a nice place to work and I enjoy my duties, but I feel that the other girls are taking advantabe of my being younger, and are putting things over on me.

For instance, they will assign certain duties to me, but they don't always give their instructions very clearly; and then, when I make an error, they look at one another in such a way as to make me feel very stupid and inferior.

I went to business college after high school and I think I am a good stenographer. In fact, when I work for men in the department they praise my efforts and find no fault. Do you think the girls are jealous of me? Frankly, I am not unattractive, and maybe this, combined with my youth, causes the girls to act the way they do.

AVOIDS SHARP WORDS

There are times when I feel like making sharp answers to girls who criticize my work ;but I hate to cause hard feelings, so I say nothing at all. But I know that if only they would tell me exactly what they want me to do, I wouldn't have any trouble doing it, and wouldn't make errors.

Apparently these girls are well liked by personel from the various departments, as everyone seems to enjoy chatting with them or visiting briefly. Only I am ignored and made to feel like an outsider. I will appreciate any advice you may give me. P.Y

UNLOVELY ASPECT

DEAR P.Y: Given broad experience of offices where women work, any intelligent observer will note that these situations usually include some few frustrated competitive females, geared to a treadmill routine, who have become destructivly negativistic about living.

The potentials of loving-kindness having withered in their bosom, their emotional expressiveness takes a hating or killjoy turn—pointedly evident in their sly ill-treatment of the hopeful, vital, open, eager, "promising" aspirants in their environment.

Thus it is a familiar rendition of one of the meaner aspects of human nature, if certain females in your department are exerting themselves to make you feel uncomfortable, inferior, stupid and socially rejected by the office (and visiting) personnel.

And from what you say, I gather that you are indeed being subjected to a senseless campaign of petty harrassment, by sundry women

(Continued on page 11)

THICK WAIST

The famed statue of liberty in New York harbor is 35 feet thick at the waist—111 feet from head to toe.

Why your child needs your help when pimples strike

by MARCELLA HOLMES
NOTED BEAUTY AUTHORITY
(former Beauty Editor of "Glamour" magazine)

Of all the mail that reaches a beauty editor's desk, there is none so urgent as letters from adolescent girls with pimples. That's why I want to alert mothers to the double dangers of this problem. Specialists warn that pimples undermine poise and self-confidence, can cause *permanent* damage to a child's personality. And everyone knows that acne-type pimples, if neglected, can leave *permanent* scars on the skin.

Is there a way you can help your child? Yes, thanks to CLEARASIL, a modern, scientific medicated formulation especially for pimples. In actual clinical tests, CLEARASIL brought positive relief in a high percentage of cases.

Greaseless, fast-drying, antiseptic . . . CLEARASIL dries pimples surprisingly fast. Ends embarrassment immediately because CLEARASIL is skin-colored to hide pimples as it works. Must work for you as it did in clinical tests or money back. Only 69¢ and $1.19 at all druggists.

LET'S EAT

Don't Waste Good Food

By Ida Bailey Allen

"Of course," I was saying, "no wife or mother would think of short-changing her family, Chef, yet many do it because they don't stop to think.

"I am referring to the way they waste the valuable mineral elements found in certain foods that are essential to the body.

VALUABLE ELEMENTS

"Unfortunately, foods containing these valuable elements are often discarded. For example, mineral-rich green tops of vegetables, the outer leaves of lettuce and raw meat bones of all kinds. Then, too, although not affected by heat, these incomparable minerals are often lost through wrong methods of cooking or carelessness."

"Ah, oui, Madame," said the Chef, "such as draining the water from cooked vegetables down the sink; or failing to use the marrow from bones or liquid in which meat has been cooked, such as boiled beef, tongue or ham.

"How many kinds of food minerals are needed by the body, Madame?"

PRINCIPAL MINERALS

"The principals minerals needed are calcium and phosphorus, which team up to work together: magnesium, sodium, potassium, iron, sulphur and chlorine. Copper, iodine, manganese, cobalt and zinc are present in the body in very small quantities. All are essential to the skeletal framework and the teeth and play an important part in cell structure. However, if a 3-meal-a-day balanced menu is eaten and the food is cooked so as to retain all minerals, sufficiency of these elements is almost sure to be provided."

TOMORROW'S DINNER

Mineral-Rich Vegetable Brtoh
Minute Steaks Mixed Vegetables
High-Protein Macaroni
Marinara Sauce
Baked 3-Fruit Compote
Coffee Tea Milk

Mineral-Rich Vegetable Broth: In a 2-qt. saucepan, combine 1½ c. coarse-chopped outer celery stalks and green leaves, 1 c. chopped green carrot tops, 1-3 c. chopped parsley, 1 1-3 c. shredded fresh spinach (outer leaves), 2 tbsp. scallion tops, 1 c. chopped unpeeled mushrooms and 6 c. cold water. Simmer 10 min.

Strain; season with plain salt. Into heated cups, put ¼ c. each chopped watercress. Fill with the hot vegetable broth.

Baked 3-Fruit Compote: In a low qt. baking dish, layer 1 pt. sliced unpeeled cooking apples, 4 sliced peeled ripe medium-sized bananas and ¾ c. raisins. Top with ½ c. light brown sugar mixed with 1 tbsp. lemon juice and 1 tbsp. butter. Cover; bake 30 min. in a moderate oven, 375 degrees F.

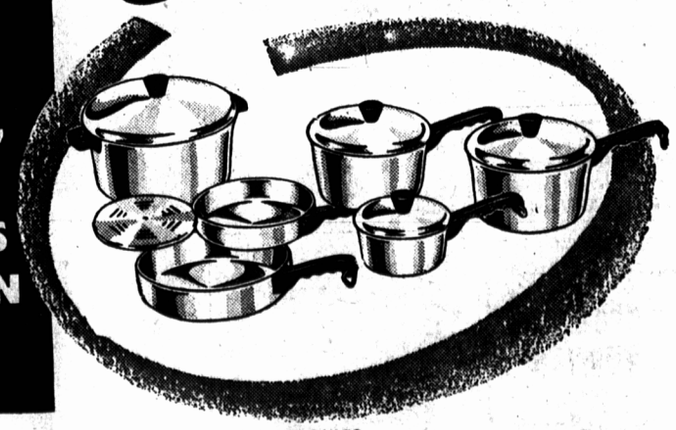
TRICK OF THE CHEF

Season canned or mixed vegetables with ¼ tsp. powdered dried mint.

ICE CREAM

Ice cream production in Canada last year was more than 32,000,000 gallons, a record output.

YOUR FEBRUARY
Monarch mix CONTEST!



40 CHALLENGER "WATERLESS" COOKING UTENSIL SETS TO BE WON
IN ATLANTIC PROVINCES ONLY!

HERE'S ALL YOU DO:

Write on plain paper your name and address and the answer to this question:

"Who was the English Monarch crowned on June 2nd, 1953?"

Win a full 11-piece set of cast aluminum "waterless" cooking utensils by Challenger. Retains flavours, vitamins and food colours. Precision-fitted covers seal in steam and natural food moisture to aid in cooking. Included are two fry pans, three saucepans and a Dutch Oven. This month 40 of these strikingly beautiful sets will be won by users of Monarch Mixes.

CONTEST RULES:

1. Each entry must be accompanied by the lion's head from any Monarch Mix Package.
2. Entries must be mailed to "Monarch Contest" Box 686, Saint John, N.B., and postmarked not later than midnight February 29th, 1956.
3. Prizewinners will be the first 40 correct entries opened after contest closes. They will be notified and asked one further question. A list of prizewinners will appear in this paper about three weeks after contest closes.
4. Employees of Maple Leaf Milling Co. Ltd., its advertising agency and their families are ineligible.

Mix it with ease,
Serve it with pride,
Monarch's the mix
With the eggs supplied.

Now to the famous family of fine Monarch Mixes is added Monarch self-saucing Sponge Puddings—the hot pudding mix *that makes its own sauce while baking.* Mixed in minutes, three fabulous flavours to choose from—chocolate, lemon and caramel. Try Monarch Sponge Puddings soon.

ANY OF THESE FAMOUS MONARCH MIXES ENABLES YOU TO QUALIFY

- MONARCH WHITE CAKE MIX
- MONARCH CHOCOLATE CAKE MIX
- MONARCH GOLDEN YELLOW CAKE MIX
- MONARCH ANGEL FOOD CAKE MIX
- MONARCH FRUIT CAKE MIX
- MONARCH CHERRY POUND CAKE MIX
- MONARCH GINGERBREAD CAKE MIX and
- MONARCH PIE CRUST MIX
- MONARCH TEA-BISK
- MONARCH SPONGE PUDDINGS

Shop for Monarch mixes today!