

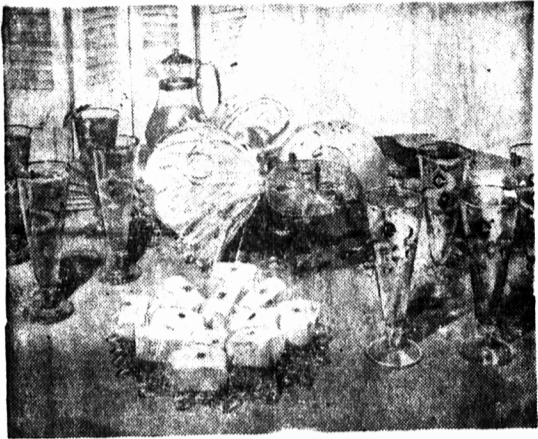
# WOMEN

Page 8, The Guardian Thursday, Dec. 29, 1955

## LET'S EAT

### Simple Meals Are Best After Week Of Feasting

By Ida Bailey Allen



NEW YEAR'S EVE party refreshments include Sambes, a fruited drink made of frozen berries and ices and served in footed glasses.

"All over the country on Saturday at the stroke of midnight, the people will toast the New Year and then enjoy refreshments. I suggest petits fours with your beverage, the Sambes, Madame," suggested the Chef.

"A good choice, Chef," I agreed, "for both of them sparkle with flavor. And how gay they'd look arranged on a table with a centerpiece of colorful balloons, masks, confetti and fringed New Year's horns."

**Sambes:** Spoon 2 tbsp. mixed frozen fruits or frozen strawberries in the bottom of a glass. Fill with chilled orange juice. Top with a scoop of lime ice and serve garnished with sprigs of fresh mint.

To bring a "fiesta" touch to the table, the Sambes might be served in tall, footed glasses, decorated in pink, gold and charcoal gray. New Year's Day dinner should be a bit glamorous, but still substantial and fairly simple, for by the end of a week of feasting, appetites are usually jaded.

#### SUNDAY NEW YEAR'S DINNER

Avocado Tomato Juice Cocktail  
Roast Beef  
Whipped Potato  
Buttered Asparagus  
Blossom Sherbet  
Lady Fingers  
Coffee

Blossom Sherbet: Use sherbet of three different colors: lime, raspberry and orange.  
Arrange a small scoop of each in a deep sauce dish.  
Pass lady fingers.  
"With a week-end of more feasting coming up," the Chef was saying, "Tomorrow's dinner should not be too rich or highly seasoned."

## KEEP IN TRIM

### Designing Magic "Slims" Or Rounds The Throatline

By Ida Jean Kain

It's almost magic the way the right neckline design can flatter your face and give the illusion of more weight or less—it all depends through this basic principle of design: a round or square neckline shortens and thickens, a long or oval line lengthens and slenderizes. Amazingly enough, the design of the neckline not only changes the proportions of the neck and shoulders, but in some cases, even the figure from waist to shoulders.

The neckline is a good example for it gives the illusion of length. The true V neckline is slenderizing for the heavy figure. When it hugs the nape of the neck and fits closely at the sides of the throatline and then dips down to

a low V, the vertical effect narrows the top of the figure.

On the other hand, if the V is cut wide at the sides and doesn't hug the sides of the neckline, the effect is more horizontal, and this gives breadth to the top of the figure. For the short, stocky figure, a short V is perfect—just enough dip to give the neckline length, but not enough to take away from figure height.

A V shaped collar has the same slenderizing effect when it tapers to a point and buttons carry the eye down. A U shaped neckline is lengthening but does not achieve the same narrowing effect. A squared-off neckline is a rather

(Continued on page 9)

## MARY HAWORTH'S MAIL

### Gracious Mother Slips When Children Leave

DEAR MARY HAWORTH: I have a friend whom I have known for over 30 years. In all this time I have admired her for one thing or another—for her home, her dress; but, more than anything, for her beautifully mannered children and her graciousness as a hostess. She could entertain two or 20 people with equal poise.

Now her children are grown and away, and she has changed completely. She repeats over and over again: "Nothing is worth doing since the children aren't here." She says missing them is like a physical pain. Yet she has never been a possessive mother. They chose their own schools, professions and associates.

The children all have enviable positions and Nina is very proud of them; but unfortunately their work takes them away from this city and they've settled elsewhere. She has spells of depression, with uncontrollable sobs and crying. If anything goes wrong with plans she makes, she goes completely to pieces. And just the other day she had a few women in her home, who hadn't met each other before, and it was quite a long time before she remembered to introduce them.

Such absent-minded and distraught actions are so foreign to her that they worry me; and I am appealing to you to tell me how I may help her, without being too obvious. Thank you, J. B.

### TOO SHELTERED FOR TOO LONG?

DEAR J.B.: In effect your friend is proclaiming "I've had it." She seems to feel there is no more social development ahead for her. As if she never had any purpose, potential or function in adult life, other than to first produce and thereafter nurture children through their dependent phase.

She seems to lack "viability"—which is the essence of livingness. It is the innate capacity for growing; or adapting to changing environment. Perhaps her existence has been too sheltered, for too long—so that she has become ossified in one mode of adaptation, as it were. And consequently tends to crumble and "go to pieces" as her design-for-living is perforce shaken up more recently.

Or to use another figure of speech, she is like a vine that has lost its erstwhile supporting structure. In years past, she festooned her actions and programs about the needs of her children. Now that they no longer need her—at least not urgently, in crucial ways—she is "sunk." Well, this is a misery; and it depends upon the individual as to how she makes out.

It is you might say that Nina's life was running full tilt, of its own momentum for a good many years, until the routine took off. Since then, her routine may be compared to a clock that has stopped; and to needs re-winding and possibly some inward readjustments and repairs, to get it going stoutly again.

### FUTURE AWAITS HER HANDIWORK

Nina must discover new valid uses for her time, new opportunities for serving society, now that her children are on their own. And heaven knows there is plenty of work to be done, on a community scale, for neglected children, for the aged, for the physically handicapped, and other shut-ins—to bring the sunshine of faithful helpful interest to their situation.

Nina is going to be seen by the introspective route-looking backward in time and mourning the death of the past, as it were, instead of studying her new hand-of-cards with alert, resourceful intelligence. As a woman, her future may be likened to a procession of empty rooms, awaiting her talent to furnish them.

If she turns her back on effort, saying it isn't worthwhile any more, her future years will be empty, sure. But if she faces the truth that "life is what you make it," and mothers the needy since her children are gone, she will fill up with contentment again.

Mary Haworth counsels through her column, not by mail or personal interview. Write in care of The Guardian.

## PARIS-DESIGNED WOOL SHEATHS PRESENT SLIM FASHIONS



**SLIM DRESS** - This slim dress designed by Jacques Fath of Paris, is in lime-colored wool. It is fashioned with a wide inserted band starting at either side of the front. A feature of this slim style is the draped and knotted neckline.

**WOOL ENSEMBLE** - A short unfitted wool jacket is worn over a matching dress in this Paris ensemble of chestnut brown and green plaid by Christian Dior. The double-breasted jacket has slits at the sides and a large shawl collar. (CP Photos).

## First Woman Adjudicator Buying Clothes Like Mad

By SYLVIA HACK  
Canadian Press Staff Writer

LONDON (CP)—Pamela Stirling, first woman chosen to act as adjudicator at Canada's regional drama festivals, is "madly busy" buying clothes for her Canadian visit.

The slim, grey-eyed actress, who was born in Scotland, brought up in France and now lives in London, will fly to Vancouver Jan. 4 to begin her three-month tour. She will be accompanied by her French actor-producer husband, Claude le Sacher.

Miss Stirling, 35, will watch some 80 plays performed by English and French-speaking repertory groups at the 13 regional festivals. After each play, she will go on stage and deliver her opinion on the acting and production. Eight plays will be chosen for nights later in the year.

### MADE VOICE RECORDINGS

To get the job, she had to make recordings of her voice speaking in French and English. She passed easily. "I believe I am the first woman to be chosen as adjudicator by Canada, and I feel highly honored," she told a reporter.

"Right now I'm madly busy buying clothes and putting my affairs in order before we leave. I have bought five evening gowns especially for the trip and there are still a couple of warm suits to come."

Miss Stirling was born into the theatre. Her father, Edward took her to Paris when she was two years old, his purpose being to form his own company. Later she accompanied the troupe to many parts of the world, taking part in

the productions. She trained under the famous French actor, the late Louis Jouvet, and played with the Comedie Francaise for a year.

### WITH FRENCH COMPANY

For five months each year Miss Stirling travels throughout England with a French company called La Troupe Francaise. The group entertains students at universities and institutes and occasionally she takes part.

She does some film work, having appeared in supporting roles in "To Paris With Love," starring Alec Guinness, and in "The Divided Heart," with Yvonne Mitchell. She also appears on British television and is heard in BBC plays.

Her sister Monica is a well-known novelist, author of "The Boy in Blue."

Miss Stirling has an 11-year-old son, Jean-Pierre.

## BACKACHE May be Warning

Backache is often caused by lazy kidney action. When kidneys get out of order, excess acids and wastes remain in the system. Then backache, disturbed rest or that tired-out and heavy-headed feeling may soon follow. That's the time to take Dodd's Kidney Pills. Dodd's stimulate the kidneys to normal action. Then you feel better—work better. Get Dodd's Kidney Pills now. 51

## ANNE ADAMS PATTERNS

### PRETTY COVER-UP

How to look pretty on kitchen duty? Make this colorful cover-up! It's as bright as a sunny spring morning, with gay rickrack, appliqued motifs. See that simple princess line—so stiffening to the heavier figure! And it's extra easy to sew—jiffy to iron.

Pattern 4785: Women's Sizes 36, 38, 40, 42, 44, 46, 48, 50, 52. Size 36, 3 yards 35-inch; Applique transfer.

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Order our ALICE BROOKS pages and pages of exciting new designs—knitting, crochet, embroidery, iron-ons, toys and novelties! Send 25 cents for your copy of this wonderful book now. You'll want to order every design in it!

### MORE WOMEN

There were 1,232 women to every 1,000 men in cities of Finland at the end of 1954.

## SPECIALS COATS, SUITS, DRESSES, HOUSECOATS AND BLOUSES

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Sunter's Ladies' Wear

## ELEANOR ROSS

### Plan An Ideal Kitchen

The ideal kitchen is one that has charm and color, plus a scientific arrangement of equipment to make things as workfree as possible. We did our share of admiring (and envying) one such kitchen recently in a new suburban development.

First comes the handsome refrigerator, then a wonderful range, with oven and broiler unit built into the wall and the surface units on the counter area.

Right next to the range is a built-in storage unit, one that keeps such things as trays and baking sheets upright. A removable cutting board of maple is placed under the cooking space. It has a flange that enables it to be secured to the built-in breadfast table and used for pastry rolling.

Other grand and wished-for items include a drawer just the right size to hold aluminum foil and waxed paper, and a built-in bread box. An under-counter dishwasher takes over for a complete job after dishes have been scraped, even unto dish-drying. Also, it has a special warmer for pre-heating serving dishes and plates.

A double sink is next to the automatic dishwasher. A dead work space is gained by the removable cover that slides on and off the sink. The final appliance in this dream-come-true kitchen is a combination washer-dryer.

All this is in a setting of knotty pine cupboards and stain and cut-proof working and table top surfaces. Splattered linoleum, a beamed ceiling and long windows over the sink, add up to a room that is as pleasant as it is efficient.

These are the things to keep in mind if you're building or remodeling.

### LOTS OF LAWRENCE

(CP)—Hospital nurses here have been having a hard time keeping up with the Lawrenceces. Three Mrs. Lawrenceces were admitted to the maternity ward on the same day and special precautions were taken to avoid any mixup in babies—two boys and a girl. Next day two more expectant mothers arrived—both named Lawrence.

### Words Of The Wise

Getters generally don't get happiness; givers get it. You simply give to others a bit of yourself—a thoughtful act, a helpful idea, a word of appreciation, a lift over a rough spot, a sense of understanding, a timely suggestion. You take something out of your mind, garnish it in kindness out of your heart, and put it into the other fellow's mind and heart.

—(Charles H. Burr)

### CLYDE RIVER PRESBYTERIAN W. M. S.

The December meeting of the Clyde River Presbyterian W. M. S. was held at the home of Mrs. Foster MacKinnon.

The meeting opened with "Call To Worship," taken from Luke chapter two verse eleven. Hymn 177 was then sung. Scripture was Luke chapter two, verses one to twenty.

Bible exposition was read by Mrs. Ronald Buchanan. Psalm 58 was repeated in unison. Mrs. Nicholson led in prayer, followed by the Lord's prayer in unison. Hymn 58 was then sung.

The study book was read by Mrs. Lorne MacNevin. Readings were given by: Mrs. Foster MacKinnon, Mrs. Everet Murray, Mrs. Donald Nicholson and Mrs. James Beer.

Minutes of the previous meeting were read and roll call was answered by fifteen members. Roll call for next meeting is to be answered with a verse containing the word "beginning". The offering was taken amounting to \$2.32.

Next meeting will be held at the home of Mrs. Roland Buchanan. Lunch committee will be: sandwiches, Mrs. Harry MacLean, and Mrs. Hugh MacLean; sweets, Mrs. Irvine and Mrs. Louis MacLean.

The total offering from the harvest-in-service was \$225.00. Study book for next meeting to be read by Mrs. Heber Campbell.

The meeting closed with Hymn 168, followed by the Mizpah benediction. Lunch was served by hostess and committee in charge.

There were 29,935 divorces registered in France in 1953, compared to 29,502 in 1949.



### SURKAN - MacVITTIE

The chapel of the R.C.A.F. Station, Chatham, N.B. was the scene of a pretty wedding Saturday November 26th when Rev. John F. MacKay united in marriage Arlene, youngest daughter of Mr. and Mrs. Mark MacVittie, Craupaud, P. E. I. and Peter, son of Mr. and Mrs. Peter Surkan, Theodore, Sask.

The bride wore a dress of eggshell embossed satin with accessories to match. Her corsage was of Red Roses. She was attended by Mrs. Robert Harris who wore a turquoise dress with black accessories, her corsage was of pink roses. The groom was supported by Cpl Robert Harris of Chatham.

Following the ceremony a reception was held at "Germaine and Camille" in Chatham. The bride's table was covered with a lace cloth centered a two-tiered wedding cake surmounted with a miniature bride and groom. The toast to the bride was proposed by the best man. After a short honeymoon the young couple will reside in Chatham where the groom is at present stationed with the R.C.F.

Out-of-town guests included the bride's mother, Mrs. Mark MacVittie, Mr. and Mrs. Lewis Myers of Craupaud and Mrs. Neavie Watts Charlottetown, P. E. I.

### MORNING SMILE

"I met some fellows and they were throwing drinks at me..." explained a "drunk" in court the next morning.

"Couldn't you have kept your mouth shut and avoid swallowing so much of it?" thundered the magistrate.

**Bad Colds**  
Relieves Suffering fast with **VICKS VAPORUB**



### MacLellan - Sinnott

A pretty fall wedding was solemnized at the Little Flower church (Morell) on Wednesday, November 23rd at 9 a.m. when Phyllis Winifred, daughter of Mr. and Mrs. Patrick Sinnott of Bristol, was united in marriage with Charles Lorenzo MacLellan, son of Mr. Charles MacLellan and the late Mrs. MacLellan of Spring Valley.

The nuptial mass was celebrated by Rev. Eric Robin, P.P. Present in the sanctuary were Rev. A.L. Sinnott, Rev. F. P. Aylward, Rev. W. V. MacDonald and Rev. Louis Callaghan.

The church was decorated with potted plants and with turquoise and white streamers. The guests pews were marked with ribbon and fern.

The music was under the direction of Mrs. Layton Coffin and Miss Kay Steele. The selections chosen were "Mother at your feet we're kneeling" and "On this day Oh Heavenly Mother." During the signing of the register, "Oh, God of Loveliness" was played.

The bride, given in marriage by her father, was attired in a strapless floor length gown of white silk velvet, styled with fitted bodice and full skirt. The matching jacket had long sleeves coming to a point over the hand, a Peter Pan collar, and was trimmed with tiny seed pearls. Her shoulder length veil of silk illusion, fell from a velvet headdress and she carried a cascade of red roses and maiden hair fern.

Miss Frances Sinnott was her sister's bridesmaid. Her gown was a strapless under of turquoise green velvet, with fitted jacket, matching headdress and mitts. She carried a nosegay of mixed flowers.

The groom was attended by his brother, Mr. Reginald MacLellan. The ushers were Mr. Clement Sinnott and Mr. Camillus Gillis.

For her daughter's wedding, Mrs. Sinnott chose a black tulle wool dress, with winter white accessories and a corsage of white carnations.

Mrs. MacLellan, stepmother of the groom, was attired in a navy blue crepe, with accessories in pink and a corsage of pink carnations.

Immediately following the ceremony, a reception was held at the home of the bride's parents for and seven-fifty guests. The bride's table was decorated with flowers, thick, and nut meats and pour into a greased dish until cold, then cut in three-tier wedding cake, topped by 1 inch squares. (approx. 1 lb.)

### HOUSEHOLD HINT

As soon as you empty cooking pots of their contents, fill them with water. You'll find they'll wash quickly if you let them soak while you're dining.

### COOK'S CORNER



### CREAMY FUDGE

2 cups brown sugar  
2 1/2 cup milk or light cream  
1/4 tsp. cream of tartar  
2 tsp. butter  
1/4 tsp. vanilla  
nut meats can be added if desired

Boil sugar, milk and cream of tartar until soft ball stage. Remove from heat, add butter and vanilla. Let cool and beat until table was decorated with flowers, thick, and nut meats and pour into a greased dish until cold, then cut in three-tier wedding cake, topped by 1 inch squares. (approx. 1 lb.)



### STYLES FROM ST. LOUIS

From St. Louis, one of our better known fashion centers, comes this wearable and smart two-piece outfit designed to carry you through the winter months and right into spring. The ensemble

consists of a sheath dress made of wool and a finger-tip jacket. In a novelty rayon tweed, coat is designed on coolie lines and is trimmed in black braid, which is also used to accent the lines of the dress.



### EXCITING INSPIRATION

Every culture, every age, from the mythical to the modern, offers inspiration to designers forever on the search for something new. The Orient has played a starring role in fashions and furniture with spectacular results. Now the rich Renaissance period takes over as the dominant inspiration source for some fine costume jewelry. A striking ensemble is in smooth and textured silver with an antique finish that gives depth and distinction to the "Renaissance rose" motif of the medallion and coordinated earrings. Good with belts and brooches

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