



The Tradewind
 of the Field and Stream Club
CHARLOTTETOWN'S
MOST POPULAR DANCE SPOT

MON:	Blast to the Past
TUES:	Ladies Night Win \$100 cash Gentlemen also welcome
WED:	Selectrocution and Student Night
THURS:	Birthday Party Night
FRI:	Rock to the top 40
SAT:	Rock to the top 40
* MON - THURS:	Happy Hour Til 10 Timed Liquid Specials
FRI - SAT:	Timed Liquid Specials Through the Evening

Lounge Opens 11:00 AM to LATE
 189 Kent Street, Charlottetown
 894-4291

WHAT ARE YOU LOOKING FOR?? in a Multi Purpose Recreational Facility

FACILITIES

*2 INDOOR TENNIS COURTS *4 RACQUET BALL COURTS
 *2 SQUASH COURTS *HEATED POOL *INDOOR TRACK
 *FREE WEIGHT ROOM *UNIVERSAL GYMS, *OLYMPIC
 FREE WEIGHTS *HYDRO FITNESS CENTER *VIDEO
 WORKOUT ROOM *LOCKER ROOMS *WHIRLPOOLS
 *SAUNAS *LICENCED LOUNGE *BABY SITTING ROOM
 *PRO SHOP *MAGIC TAN SOLARIUM

PROGRAMS & WIDE RANGE OF SERVICES

*AEROBIC CLASSES *FITNESS CLASSES *SWIM CLASSES
 *PRIVATE INSTRUCTION *WEIGHT TRAINING CLASSES
 *AQUA FITNESS *ROUND ROBBINS *LADDER SYSTEM
 *BODY MASSAGE *FITNESS ASSESSMENTS
 *JR. DEVELOPMENT PROGRAMS *KARATE *CANTEEN
 SERVICE



Student rates

Fitness club
 \$159.00

Raquet club
 \$187.00



THE **spa**

West Royalty Fitness Centre Ltd.

Located in the Charlottetown Mall 566-1400