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"The strongest memory is weaker than the weakest ink."

FRIDAY, JULY 8, 1955

Territorial Waters

The Gulf of St. Lawrence is one of the more important sea areas which could be affected by theories of sovereignty over territorial waters.

The United Nations law commission has presented a draft article for the consideration of member governments on the subject.

It considers that international law does not justify the extension of territorial waters beyond 12 miles and, without taking any decision as to the breadth of the area within that limit, considers that international law does not require states to recognize a breadth (between headland and headland) beyond three miles.

This country would probably be satisfied with these recommendations, or indeed with the traditional three-mile limit. The claim of Russia, however, to jurisdiction over a twelve-mile limit, if they are recognized, would necessitate a reconsideration of our position, as would the other even more ambitious claims.

It is in the interests of all that the freedom of the seas be as little abridged as possible, but it must be recognized that man is in practice extending his control over greater seas areas. The old limit was the range at which shore batteries could effectively fire at approaching ships.

The New Reciprocity

Dealings at arms' length between nations are the general but scarcely satisfactory rule. Each country goes its own way, from time to time negotiating concessions from its neighbors, but basically concerned only with its own side of any question.

In most agreeable contrast is the setup of the Canada-United States committee on trade and economic affairs, which External Affairs Minister Pearson states may meet late this summer or early in the fall.

It is a high-level committee, made up of cabinet ministers, and was set up late in 1953. Only one meeting has been held in March, 1954, to tackle major trade problems which develop between the two countries.

The committee studies the problems as a whole and seeks to find overall solutions, rather than merely going in for horse trading as is more usual in international dealings.

The approach is not unique, of course. Under stress of wartime emergency and in the years since the Second World War this country and the United States have set up joint organizations for defence and other purposes, which have worked exceedingly well.

Groundless Forecasts

How childish can political forecasters get? The other day, while on a visit to New Hampshire, "to meet some people", President Eisenhower happened to tell a picnic gathering that he enjoys the "lectures" which one of his assistants, former Governor Adams of New Hampshire, delivers to the White House staff every morning on the extraordinary advantages of living in that State.

There was no doubt about it this time; the reference to Mr. Adams' lectures was clear and beyond misinterpretation. The Republicans were jubilant; this is what they had been waiting for for a long, long time.

However, neither elation nor dejection is guaranteed to be eternal. The very next day the President—in Maine this time—promised to come back for another holiday "as soon as possible after I have found another means of livelihood." This meant

only one thing, in the opinion of the forecasters: the President is just waiting for his term to be up so that he can get back post-haste to his farm in Pennsylvania; he is not going to run any more, that's certain.

Perhaps Mr. Eisenhower has already made up his mind about 1956; perhaps he has not. His record both as a soldier and as a political leader is assurance enough that, when the time comes, he will do what in his considered judgment seems best for his country and for the world.

New Church Centre

Another symbol of growing spiritual unity in denominational diversity, a 17-storey building is to be erected on Riverside Drive in New York as a united Church centre for the National Council of Churches and a number of its 30 member communions.

In commending the participating denominations for making large financial contributions to this new venture in Church co-operation, Dr. Roy G. Ross, general secretary of the National Council of Churches, said: "A distinctive joint headquarters building overlooking the Hudson River on Morningside Heights can and will symbolize the Churches working together in the same way that the United Nations building on the East River embodies the best hopes and noblest aspirations of the world's people for peace and improved living conditions through international co-operation."

EDITORIAL NOTES

Mount Allison University is to be congratulated on conducting a United Nations summer school, enabling some 100 Maritime and Gaspé young people to learn about the functioning of that organization.

A call to prayer for the success of the Big Four conferences at Geneva opening July 18 has been issued by the World Council of Churches. There is something strangely akin to the many New Testament warnings to the people of Israel against national disaster, in the present situation, albeit the scene is now world-wide instead of being focused upon a Mediterranean land.

After five years the National Capital Plan for the development of Ottawa shows substantial progress. Amongst the many things which have not been accomplished, however, is the effective zoning of their portions of the green belt by suburban Neapean and Gloucester. Canada's capital, therefore, shares the embarrassment of many other communities, great and small, that it cannot guide the development of its growing areas.

After worried Finnish Government officials had spent a long time trying to find suitable nominees for the post of President to succeed Dr. Juho Paasikivi, whose term expires next March, the 85 year old President announced that he would run again. In respect for the courageous old statesman, all other aspirants for the office announced their intention to leave the field.

Improvement In World's Living

Germany, for example, where the fear of rampant inflation helped to explain the cautious wage and price policy observed since the war, a wave of strikes in 1954 bore witness to the workers' demand for a greater share of the new prosperity.

Promptness and perseverance in applying artificial respiration will save lives in water accidents. The Health League of Canada points out that there have been numbers of cases in which the victim was pronounced dead but who survived after prolonged artificial respiration.



Some Just Can't Let A Sleeping Old Dog Lie

OTTAWA REPORT

Flag Time In Ottawa

By Patrick Nicholson

Midsummer is Flag Time in Ottawa. And although there is often some uncertainty about what flag to fly, official and private flagpoles are in full bloom day after day.

PARLIAMENT'S HEADACHE

There is no sign of any deep feeling upon the question of our National Flag here. Various M.P.s still in their salad days demonstrate their immaturity by trying to flag this moribund horse into carrying them towards the goal labelled "Political Advantage."

DOMINION DAY

On our National Birthday, those official and private flagpoles were all doing their duty. On this occasion, the federal government showed signs of schizophrenia.

The Poet's Corner

THE RAINY SUMMER

There's much afoot in heaven and earth this year; The winds hunt up the sun, hunt Trouble the dubious dawn, hasten the drear Height of a threatening noon.

The Age Old Story

Which of you by taking thought can add one cubit unto his stature? And why take ye thought for raiment? Consider the lilies of the field, how they grow; they toil not, neither do they spin; and yet I say unto you, That even Solomon in all his glory was not arrayed like one of these.

QUESTION AND ANSWER

Mrs. W. G.: What would cause cracking joints in a 14-year-old boy? Answer: Cracking in the joints is probably due to some disturbance known as fibrositis in the ligaments, which causes the ligaments to become somewhat shorter.

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Medically Speaking

By Herman N. Buedesen, M.D.

ELDERLY PERSON NEEDS LOTS OF FLUIDS IN DIET

A moderate amount of alcohol is an excellent drink for elderly persons. If you are in good health, it does not harm and it generally stimulates you and gives you a feeling of well-being.

My doctor—yes, my doctor—advised me to take a highball every evening. Although I usually forget it, I try to take at least a couple a week.

Elderly persons need a lot of fluids. It doesn't make much difference how you get them, although you should have at least a pint of milk a day, no matter what else you drink.

It's natural for you older people to get most of your nourishment from carbohydrate. You've got to be careful, though. An over-abundance of carbohydrate might be turned into fat.

Don't for instance, eat the fat on the meat you have for supper tonight simply because you want to waste it. Just remember this little thought: You'll waste it if you don't waste it.

That excess fat you eat might find its way to your waist with a resulting "bay window." Now, you've got to eat some fat to maintain your body weight. But next time you butter your bread, just use one pat instead of two.

Fruit Juices

You can get carbohydrate in the form of oatmeal, vitamin-enriched bread or whole wheat bread, fruit and fruit juices and vegetables. The green and yellow vegetables are of great value.

Turnip greens, kale and dandelion, for example, should be eaten in preference to rhubarb, beet greens and spinach. These latter three contain large amounts of oxalic acid, which is a calcium binder.

Citrus fruits or their juices also provide you with vitamin C, ascorbic acid, which older people especially need. Eat a serving of citrus fruit or tomatoes each day. You might find it easier to take them in the middle or at the end of your meal rather than on an empty stomach.

Sufficient proteins are also essential, especially to combat fatigue and guard your resistance to infections. You can usually get enough by eating cheese, eggs, cereal-germ, milk, fish, fresh liver visceral organs, or scraped minced or flaked fowl.

QUESTION AND ANSWER

Mrs. W. G.: What would cause cracking joints in a 14-year-old boy? Answer: Cracking in the joints is probably due to some disturbance known as fibrositis in the ligaments, which causes the ligaments to become somewhat shorter.

There is no need to worry about this condition as it will cause no trouble. Begun in 1229, the cathedral at Turku, Finland's oldest city, is an ancient landmark.

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NOTES BY THE WAY

South African archaeologists report that man first used tools one million years ago. Presumably it was the following Tuesday that woman first laughed at what he had made with them.—Edmonton Journal.

A Communist Greek guerrilla has been sentenced to Athens to "seven times life imprisonment" by a criminal court. That also would seem to cover any possibility of transmigration within the next couple of hundred years.—The Windsor Daily Star

An English dentist says emotional tension in the home creates cavities in children's teeth. Maybe it wouldn't hurt to play safe and put a little nerve medicine for the grown-ups into the water along with the fluoride.—Winnipeg Tribune.

Life is full of compromises—as, for instance, finding a name for your child that will look dignified on a calling card some day but, in the meantime, can also be hollered handily from the back door at meal times.—Hamilton Spectator.

During July, researchers at the University of New Mexico will undertake studies in an effort to prove or disprove the theory that we cannot think except in words. We could mention a few folk who use a lot of words without appearing to do much thinking.—Brantford Expositor.

When building a home, it is a good idea to include kitchen equipment designed to the height of the housewife who will use the room. A very tall woman who is compelled to work at low shelves, sink or stove, and short woman who must stretch for every bit of her day's work, are both likely to suffer from fatigue.—Niagara Falls Review.

Canada now joins the United Kingdom, Australia and Belgium in the adoption of a common rifle. With the disappearance of the Lee-Enfield another change is to be experienced by Canadian forces. Because of the construction of the new Belgian weapon, it will no longer be possible to use an army drill movement of long-standing. This surely will prove a blessing to the recruit and drill sergeant alike. No more the headache of trying to maintain the "dressing" to keep rifles at a uniform slope.—Montreal Star.

Is Canada missing a real safety belt in not adopting the simple New Zealand car belt the experts say is completely effective in preventing passengers from being thrown into the dashboard or windshield in accidents? Invented by an Auckland traffic superintendent, the device is simply a long strap affixed to the seat back that is drawn over the passenger's shoulder and across the body. The loose end is held in the hand. It is described as a real lifesaver for passengers riding in the seat next to the driver, such a foolproof contrivance may be just what's needed to overcome North American prejudices against buckles and webbing. Its possibilities deserve study by Canadian motor companies and safety organizations.—Toronto Daily Star.

When it comes to music, the younger generation likes it handed to them on a platter.—The Vancouver Herald.

The U.S. income tax department has been persuaded to stop putting colored stripes on its tax form envelopes indicating the approximate income of the recipient. What with this, and garbage disposal units, and a basement laundry drier, it grows harder and harder to figure out how the neighbors are doing.—Edmonton Journal.

Over the past six weeks or so the Soviet Government has shown the world that Western estimates of Soviet air progress were seriously wrong. In the skies over Moscow Western observers have seen unmistakable evidence that the Soviet Union now has appreciable numbers of long-range jet bombers and other advanced aircraft. The numbers shown in these flights over Moscow suggest that these craft are now in quantity production. The possibility that the Soviet Union may be ahead of the United States in the long-range bomber field is now being seriously discussed among qualified observers.—New York Times.

Minnesota is the last of the 48 states to legislate the sale of vodka. The state legislature was under considerable pressure not to do so because the native Russian potent has "high propaganda value and a deceptively neutral taste"—meaning that the Soviets would brag about Minnesota having taken a liking to their national drink and that native Americans might get drunk on it. It should be pointed out to the objectors that Scotland, Italy, France, Germany, even Kentucky, have made contributions to the back bar that have similar qualities with no perceptible propaganda impact or lack of stimulating effect. And it's one of the few items to come out of the U.S.S.R. with high-proof authenticity.—Buffalo Evening News.

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