

ELLEN'S DIARY

By An Island Farmer's Wife

Our farmers commenced their work on the land today, spreading manure from one of the heaps hauled during the winter season.

They must keep an eye to any sign of a summer about the work progressing in the stump-field.

It so happened that she, perhaps sensing the deep disappointment the housewives would suffer otherwise, had rested the evening for our sakes.

The drone of the busy machines—the powered stump and the horse-drawn spreader, made pleasant music in our ears as encouraged by the sunshine and light breeze of afternoon we came to work in the garden-raking and gathering an accumulation of waste to a tidy heap and everything being favorable to it, enjoying then the delight of a bon-fire.

That Body Of Yours

By James W. Barton, M.D.

AN OLD BUT SUCCESSFUL METHOD OF TREATING ALCOHOLISM

Now that alcoholism is regarded as a disease due to some lack in the individual, a great many alcoholics are being helped by various Alcoholics Anonymous from time methods of treatment. I write about to time because the alcoholic recognizes that all his strongest attempts to use his will power have failed to cure him.

I have written before about the drug discovered in Denmark, called Antabuse in America, which is helping many alcoholics who wish to be cured.

In The Swiss Medical Journal, Drs. G. de Morsier and F. Feldman, Geneva, Switzerland, report the treatment of 250 patients with chronic alcoholism in the last two years by the use of apomorphine.

It is then given 4 mg. apomorphine every 2 hours day and night. When he does not want any more liquor the treatment is stopped. A dose of 10 units of insulin is then injected and an hour later sweetened tea is given. This treatment is usually completed in 2 days.

Morning Smile

SERVICE

A man dashed out of the station to board a stationary bus. He was halfway across the pavement when he slipped and slid to the bus, his legs going under the step and his hands and arms above it just as he might have sat at a table.

to bed" James reminds us picking up the newspaper and adjusting his glass in the comfort of his old armchair "put a few pails of water on those ashes down in the garden—just to be on the safe side, in case a night wind rises. "Better he smiles 'be sure than sorry!"

Affleck - Ballem Wedding Group



Mr. and Mrs. Ross Affleck photographed at their wedding reception following their marriage at First Baptist Church. The bride, Margaret Eleanor, daughter of Mr. and Mrs. J. W. Ballem, had as attendants her sister, Miss Ora Ballem, maid of honor, Miss Grace Crosby, bridesmaid and the flower girl was tiny Evelyn Ballem the bride's niece.

Better English

By D. C. Williams

- 1. What is wrong with this sentence? "He has swam the river several times, but neither of his brothers have."
2. What is the correct pronunciation of "exuberance"?
3. Which one of these words is misspelled? Buccaneer, volunteer, grenadier, musketeer.

ANSWERS

- 1. Say, "He has swum the river several times, but neither of his brothers has."
2. Pronounce egg-zu-ber-ans, u as in cube, and not as in rude.
3. Buccaneer, 4. The state of complete or excessive fullness. "His love of money grows even larger with repletion."
5. Slovenly.

Cook's Corner

SHRIMP WIGGLE

(Serve as an alternative for Chicken a la King).
2 tablespoons butter
2 tablespoons flour
3 cups milk
1 teaspoon salt
1/2 teaspoon paprika
Dash Tabasco sauce
2 cups shrimp, canned or fresh cooked
2 cups cooked fresh frozen or canned peas. Patty shells or bread cases.
Melt butter, blend in flour; add milk gradually, stirring until smooth. Heat to boiling, stirring constantly and cook 5 minutes.

Household Scrapbook

By Roberta Lee

Slip Covers

Gingham slip covers for the furniture during the summer months are less expensive than linen and are more easily washed and ironed.

Greasy Frying Pan

A simple way to clean a greasy frying pan is to fill it with hot water to which a teaspoonful of washing soda or soap powder has been added. Allow to boil for a few minutes, empty, and rinse.

Cleaning Fish

When cleaning fish, first dip each one in hot water for a moment, and the scales will then come off much easier and quicker.

DOROTHY DIX SAYS -

Mania For Marrying

Rushing Into Wedlock Can Mean Lifelong Misery, Says Miss Dix

DEAR MISS DIX: What do you do when you feel that your engagement is drifting when your fiance says that he is doing all he can and that he is just as anxious to be married as you are and that things will break soon and we must just be patient? I am 24. He is 27. I love him and I know we will be very happy together, but I want to be married and have a family before I am 50.



ANSWER: Well, Ruth, a bird in the hand is worth two in the bush, according to the old proverb, and, if all you want in marriage is a man, a house and a baby, you had better grab off the man who can give them to you right away.

Especially as you seem to have no preference in husbands. Any port in a storm. Anything in trousers who will accompany you to the altar.

HARD TO UNDERSTAND

Certainly the greatest mystery on earth is the insane mania women have for getting married. You can understand a woman who is desperately in love with some particular man, wanting to marry him so that she can always be near him.

DEAR DOROTHY DIX: I am a business woman, brought up in a family where we were taught there was only right and wrong in this world. Some years ago I had an affair with a married man. It is all over now and so far as I am aware no one knows about it, but my own conscience has been my punishment and has crucified me.

WORRIED

ANSWER: Keep silence. Never let anything induce you to buy your own peace of mind by inflicting needless suffering on anyone else.

Confession is cowardice. It is the easy way out for those who have not the strength to bear their own burden and who relieve themselves by shifting the load onto others. Have the courage to refuse to do this. Pay for your own wrongdoing and do so by accepting silence as part of the price.

DEAR MISS DIX: I think I love my girl because she has a depth of character immeasurable. She inspires me with self-confidence. She is appreciative of my pet ideas. She likes to listen to me and enjoys my obnoxious pipe. She fills me with ambition to do great deeds. It is glorious to be with her and torture to be parted.

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True Success Story

By F. H. MacArthur

The Quaker poet, John Greenleaf Whittier, like his brother poet Robert Burns, shared many things in common. For instance, both were born on farms and knew the trials and struggles that attended the lives of the poorer class farmers, both were self-made men, with only a little schooling to start them out on the journey of life;

Whittier was born in East Haverhill, Mass., in 1807. The little country schoolhouse gave him part of his early education; the rest, save one year that he spent in Haverhill Academy, was acquired by living close to nature and by attuning his ears to her voices.

Among the few books his humble home boasted were the Bible, Shakespeare and the Journals of 18th century Quaker leaders. These the boy learned so well that the foundation for his later work was laid well. No doubt he pored over his treasures by the dim light of a candle and what he read was well absorbed.

Joshua Coffin a school-teacher of the district, presented young Whittier with the poems of Robert Burns and, though only a teen at the time, Whittier was deeply impressed by the rhymes of the plowman poet. One does not wonder at this considering that each had much in common, and when the American farmer poet began to express his own ideas in verse, there crept into his lines that strong influence which flowed from the heart of the greater poet.

This shy farm lad might never have thought of publishing his verses had not his sister Mary plucked one of them from the place of hiding and sent it to the Free Press of Newburyport. Imagine the surprised look that must have appeared on the young poet's face when, some days later, he opened a copy of the paper and lo! there appeared his brain child.

The editor, William Garrison, was so much impressed by that first verse that he encouraged the young poet to submit others. Soon after this he paid the boy a visit, at the same time persuading his father to send him for a year to Haverhill Academy.

This ended his formal education and from then on, he managed to paddle his own canoe. Indeed, he could have travelled independently even though he'd never had that year at the Academy for like Burns, he had early learned the secret of study, and to understand the voices of nature. One has but to read his delightful poem "The Barefoot Boy" to get a fine picture of his childhood fancies and pleasures.

From Haverhill, he went to Boston where he found employment in a small publishing house as editor of a political journal "The Manufacturer."

Upon the death of his father two years later, Whittier went to Hartford, Conn., to edit a paper, but poor health prevented him from going ahead with this work; so he bought a home in the village of Amesbury, where he lived until his death in 1892.

John Greenleaf Whittier was a member of the State Legislature from 1835-1836, and was an ardent supporter of the Prohibition Party, as well as a strong advocate for the abolition of slavery. His anti-slavery poems—and there were a number of them—did no little to make the Civil War inevitable.

Perhaps the best of his Civil War verses are "Barbara Fritchie" and "The Watchers", but throughout his poetical productions may be found many lovely poems. "Snowbound Alone" would have earned for Whittier a place among the immortals, for in it he gave us an enchanting picture of winter life in old New England. "Ichabod" was another endearing brain-child.

Fretty Feverish Baby Gets Needed Rest

There is no need to spend worried days and sleepless nights when baby is fretful, restless or feverish due to teething, constipation, stomach upsets or some similar minor ail. Baby's Own Tablets almost always give prompt relief so that the little one soon becomes restful and contented.

Advertisement for Eastern Bakeries' Bread and Milk. Includes the text 'BREAD and MILK What Better Combination?' and 'Good BUTTER-NUT Bread, with its extra high milk content, combines both.' Also features an illustration of a child and a loaf of bread.

How Can I!!!

By Anne Ashley

Q. How can I keep the ironing board clean?

A. The efficient housewife will be repaid many times by making a bag for the ironing board out of some dark material. Keep the board in this bag when not in use, and it will stay clean and free from dust.

Q. How can I retain the juices of meat when roasting?

A. Heat the oven very hot putting in the meat to roast. This will cause the outside of the meat to sear and retain the juices.

Q. How can I prevent the baby from slipping and falling when wearing new shoes?

A. Give the soles of the shoes a good sandpapering before they are worn.

The Stars Say - -

By Genevieve Kemble

For Saturday, May 20

A PARTICULARLY lively and enterprising state of affairs may demand direct and energetic attack, with hope, vim and determination in an effort to break up obstacles, delays and other frustrating circumstances. Initiative, will power and unflinching efforts may be incited by a bright and thrilling new idea or technique to win practical support and give fresh impetus to lagging programs.

Those whose birthday it is may feel themselves stimulated to make new approach to difficult or hopeless situations, with aggressive development, revised techniques or programs in which new energy could crash through barriers and attract ready support. Push on new lines for joint support and secure definite pledge.

A child born on this day is blessed with energy, determination, courage and backed up by astute and ready mentality. Its keen versatility may help it overcome all barriers.

Needlecraft - FOR THE HOME -

DAUGHTER'S SUN-DRESS

The sun-dress featuring companion flyaway bolero is easily made for daughter, too! For the same style in women's sizes 12 to 40 order pattern No. 3024.

No. 3023 is cut in sizes 6, 8, 10, 12, and 14. Size 8-dress, 1 1/2 yards 35-inch; bolero, 1 1/4 yards 35-inch.

Send 25 cents for each PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit, or some number in your address. Address: Pattern Department, The Charlottetown Guardian.

Pattern No. 3023

Name _____ Address _____

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VETERAN PROFESSOR

VANCOUVER — (CP) — The last member of the University of British Columbia's original staff, F. G. C. (Fred) Wood has resigned after 35 years in the English department. He joined the staff in 1915 when the university became an independent institution.



DESIGN NO. E-29

Floral or fruit arrangements are attractive decorations and interesting embroidery for towels, place mats, etc. Hot iron transfer pattern No. E-29 contains 9 motifs from 4 1/4 by 4 1/4 to 5 by 9 inches each with complete instructions.

To order. Send 20 cents in coin to Needlework Bureau, Charlottetown Guardian.

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3023 SIZES 6-14

MUSICAL FESTIVAL WINNER



Pictured above are the pupils of grades 1 and 2 of Rochford Square School, Charlottetown, who comprised the chorus which was awarded first place in class 56 in the recent Festival of Music. Rochford Square, received 32 marks for their singing of "The Blacksmith's Shop." —Smith Photo.



Clean Skin Basis Of Good Complexion

The basis of any glowing skin, say fresh complexion, is cleanliness. Contrary to what you may have heard, washing your skin with soft water and bland soap won't harm it. Washing removes dead and withered cells which accumulate on the surface of the skin. Correct washing also takes away dirt and surface oil leaving the skin's open and clean to continue their function of supplying lubricating oil.

The water you use on your skin should be soft. Hard water is irritating, and doesn't form a good lather. If the water where you live is hard, soften it by adding one teaspoon of borax and one teaspoon of soda to a basin. In addition, use a special hard-water soap.

If you wash your face with soap at night, don't use soap again in the morning. Just rinse it with lukewarm water followed by cold water. If your skin is very oily and has large pores, wash it several times a day using a slightly rough washcloth. Try a little glycerine in the water to soften the skin. If your skin is thin and dry, wash it just once a day, and be sure you pick a lanolin soap. And remember, too much hot water removes the natural oil from dry skin, thus increasing dryness.

Success Tip - Bake it with MAGIC!

Advertisement for DATE-ORANGE PUDDING. Includes the text 'Bake it with MAGIC!' and 'DATE-ORANGE PUDDING'. Also features an illustration of a Magic Baking Powder tin and a pudding dish.