

**GUIDERS WILL ACCOMPANY CONTINGENT**



ELAINE MacDONALD

SUZANNE MacKINNON

MRS. ARTHUR FARQUHARSON

STELLA DRISCOLL



MRS. ARTHUR MacRAE



MRS. CHARLES LINKLETTER



MRS. FERNO ROGERS



MS. W. J. RODD

Seven guiders and a nurse will accompany the Prince Edward Island contingent to the World Centenary Guide Camp at Doe Lake, Ontario, this summer. The August camp is one of the many special Guide activities marking the 100th anniversary of the birth of Lord Robert Baden-Powell. "B-P"

the founder of Guiding and Scouting. Unit Guiders, who will be in charge of the contingent, will be Mrs. Ferno Rogers, Summerside. She has been a leader in both Guiders and Brownies and is a qualified trainer. With her will be Miss Elaine MacDonald, Charlottetown,

administration; and Miss Suzanne MacKinnon, Charlottetown, equipment. Miss Stella Driscoll, Charlottetown, will attend as a nurse. Headquarters canteen Guiders are: Mrs. W. J. Rodd, Charlottetown, Mrs. Arthur MacRae, Alberton, Mrs. Arthur Farquharson, Central Royalty, and Mrs. Charles

Linkletter, Summerside. The latter is International Commissioner for Prince Edward Island and captain of the Summerside Guide Company. She has had wide experience in Guide work in both Canada and the United States and is a qualified Blue Trainer.

**HEATHERDALE W.I.**

The regular meeting of the Heatherdale W.I. was held at the home of Mrs. D. A. MacPhee on May 31st. The meeting was called to order by the president and began by singing "Quilting Party," followed by Collect in unison. In the absence of the secretary, Mrs. Malcolm Beaton was appointed for the meeting. Roll call was answered by 12 members and there was one visitor present. New roll call "Your favorite actor and actress." Members were very pleased to have present a charter member who had been unable to attend for sometime.

Minutes were read approved and signed by the president. Correspondence was read and discussed. A gift of \$1.00 was received. New committees appointed were Sick-Mrs. Jack Peardon and Mrs. Alex MacLean, School, Mrs. D. A. MacPhee and Mrs. Martin MacDonald; Programme, Mrs. Stanley MacLeod and Mrs. Malcolm Beaton.

The executive gave a report regarding district convention to be held June 5th, and plans were

recipes proportioned to serve 4-6. Baked Rhubarb - Raisin Compote: In a casserole, put 1 lb. unpeeled, washed tender rhubarb, cut in 1/2-in. pieces, 1-3 c. raisins, 1 c. hot water and 3/4 c. sugar. Cover. Bake 1 hr. in a moderate oven, 325-350 degrees F., or until the rhubarb is soft and pink.

"The lady was right," observed the Chef. "Cheese bread is substantial. I used six ounces of cheese to each loaf when testing our new recipe."

**CHEDDAR CHEESE BREAD** (2 loaves): Scald 2 1/2 c. homogenized milk. Add 1/4 c. sugar and 2 tsp. salt. Stir to dissolve. Cool to lukewarm. Then dissolve 1 pkg. active dry yeast in 1/2 c. lukewarm water. Add to the milk mixture. Beat in 2 c. already-sifted enriched flour. Then fine-shred 1 (12-oz.) pkg. natural sharp Cheddar cheese and mix with 4 c. already-sifted enriched flour. Work into the batter. Transfer to a floured surface. Knead 10 min. or until smooth and elastic.

Place in an oiled bowl. Brush with melted butter. Cover with waxed paper. Let rise in a warm place until doubled in size. Punch down. Fold in the sides. Turn over. Cover and let rise again until almost doubled in size. Bake 50 min. in a moderate oven, 375 degrees F., or until firm and brown all over.

**MONDAY OVEN - DINNER**  
Tomato Soup  
Toasted Cheese Bread  
Broiled Tenderized Ham  
Baked Potatoes  
Whole Green Beans  
Coleslaw on Lettuce  
Compote of Baked Rhubarb-Raisins  
Coffee Tea Milk  
All measurements are levels.

**Women**

Lena Caroline McLure, Women's Editor. Phone 5506

Page 8 The Guardian Tuesday, June 11, 1957

**HAPPENINGS**

Dr. and Mrs. J. A. MacMillan leave Wednesday by plane for Edmonton, Alberta. Dr. MacMillan will attend the Canadian Medical Association executive meetings.

Mrs. Colin D. MacPhail, Meadow Bank, R.W.G.M. of the L.O.B.A. and Rev. A. E. Piercey, Milton, R. W. G. M. of the L.O.A. are delegates to the Most Worshipful Grand Lodge of British America. They leave this week to attend the session which will convene on Tuesday, June 18, in the Hotel Georgia, Vancouver, B.C.

Mrs. Jessie Larier, Charlottetown, who holds the office of M.W.G. Grand Chaplain in the M.W.G. lodge left on Monday for Vancouver, B.C.

Mrs. Rena MacCaul, Ellerslie, Grand Deaconess of the Grand Crystal chapter also left on Monday to attend the Grand Sessions of the Crystal chapter and the M.W.G. lodge in Vancouver. Others

making the trip to take in the meetings are Mrs. F. M. MacCaul, Ellerslie, P.G.M., Mrs. Alice Jewell, Charlottetown, Grand Secretary and Mrs. Jean MacLean.

Miss Shirley MacEachern, R.N., was the guest of honor at a miscellaneous shower on Tuesday, June 4, at the home of Mrs. James MacAlear, Grafton Street, when a host of friends presented her with gifts, prior to her forthcoming marriage, June 11, to Mr. Murtagh MacInnis, Earnsccliffe, P.E.I.

Shirley was pleasantly surprised with the many gifts presented to her in a prettily decorated basket. A social hour followed, after which a delicious lunch was served by the hostess, assisted by Mrs. Kenneth Jenkins, Miss Ruth Murphy, Miss Norma Sinnott and Mrs. Shirley Dolron.

A cordial welcome is being extended to Mrs. C. E. Shaw who has taken up summer residence at her home in DeSable.

made for same. Plans were also made for school picnic to be held July 1st. Mrs. Malcolm Matheson and Mrs. Stanley MacLeod were appointed as delegates to attend the annual convention to be held in Charlottetown.

An auction sale of home cooking was held with Mrs. Malcolm MacPhee and Christine MacRae as auctioneers. Proceeds amounted to \$520. Penny sale was won by Edward Beaton. Next meeting to be held at the home of Mrs. Jack Peardon.

Meeting closed by singing National Anthem and a delicious lunch was served by the hostess, Mrs. MacPhee, assisted by her daughter, Mrs. Jack Peardon.

In preview of the launching—date not yet announced—was given in a Moscow broadcast quoting the Soviet magazine Ogonek.

**MORNING SMILE**

"Is it true that wild beasts or the jungle will not harm you if you carry a torch?"

"It all depends," replied the explorer and big-game hunter, "on how fast you carry it."

**DESCRIBE SATELLITE**

LONDON (AP) — Russia's first artificial earth satellite will circle the globe in 90 minutes and be visible through ordinary field glasses, Moscow Radio reported Sunday. It will look like a star.

**WOOD ISLAND-CARIBOU FERRY SERVICE**

May 1st June 14th inclusive  
Daily from each terminal:  
8 a.m., 11 a.m., 1 p.m., 5 p.m.  
STANDARD TIME

For daily report dial CFCY on first weather broadcast. Cross early and avoid delay. Reservations Limited.

For particulars contact:  
NORTHUMBERLAND FERRIES LIMITED  
Charlottetown, P. E. Island

**Be Active In Politics, Says**

MONTREAL (CP) — Women should take an active part in politics because government today affects every corner of the home, says Mrs. A. L. Caldwell of Saskatoon.

Mrs. Caldwell, president of the National Federation of Liberal Women of Canada, was a candidate in the 1952 Saskatchewan provincial election but has no ambitions to run for office again. "I think I can serve Canada better by trying to enthrone thousands of women to take an active part in politics," she said during an interview while in Montreal to attend the triennial conference of the International Council of Women.

And what do women want of a government? She has found dur-

ing her lecture tours that they want peace most of all, Mrs. Caldwell said.

Women should take part in politics even if their husbands don't, she added. Dr. Caldwell, her husband, is a busy surgeon who can't take time out for politics. Her son Thomas has been too busy with a law course in the University of Saskatchewan, which he finished this year, to become interested.

"But I know he will take an interest soon," she smiled.

**BREADALBANE VILLAGE**

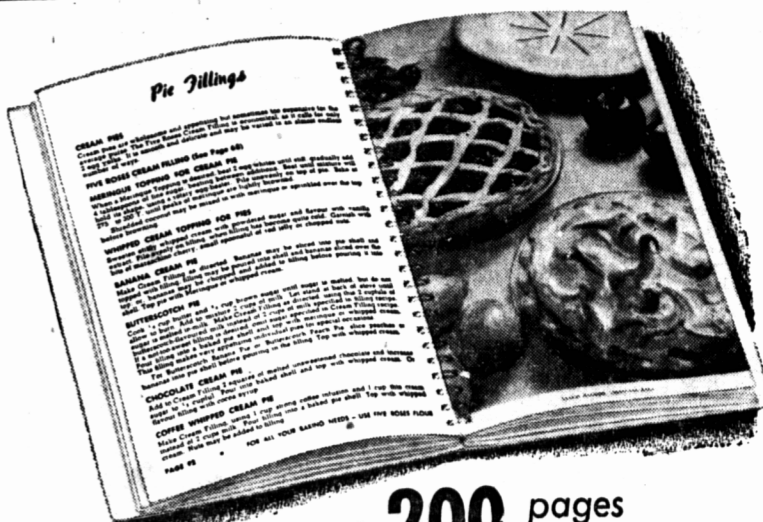
The regular meeting of the Breadalbane Village W. I. met at the home of Mrs. Colin Matheson on May 13. The president presided and opened meeting by repeating the collect in unison. Roll call was answered by 6 members. Minutes of last meeting were read and approved.

Reports of committees were giv-

ing her lecture tours that they want peace most of all, Mrs. Caldwell said. Some Red cross work was done in Collection was 50 cts, \$1.00 donation was received from Mrs. Robinson. Next meeting to be held at home of Mrs. Allan Hickox. Lunch committee to be: Mrs. Lorne Seaman, Mrs. Cuyler Matheson and Mrs. Wm. Graham. Roll call to be answered with "A trip I would like to take and why."

Meeting closed by repeating the lord's prayer in unison, after which lunch was served by hostess, as assisted by committee.

Astronomically, summer in Canada in 1957 begins at 11:21 a. m. EST, on June 21.



**200 pages**  
**OF EASY RECIPES—**  
**YOURS FOR ONLY 50¢**

FIVE ROSES FLOUR now offers you the famous Guide to Good Cooking in revised form. More pages, more recipes, more kitchen hints. This well-illustrated book is wire bound to lie flat open; handy to use for years to come. Send for your copy today

**HOW TO ORDER**

Send your name and address (please print), and only 50¢ to Lake of the Woods Milling Co. Limited, Toronto, Montreal or Winnipeg.



**FIVE ROSES**

**CANADA'S MOST RESPECTED NAME IN BAKING**

**STARCHING MAKES SUCH A DIFFERENCE...**



**"And to think how easy it was to starch them with GLIDE!"**

**How easy? This easy:**  
You simply add Glide to water (that's all!) and your starch is instantly ready to use. Light, medium or heavy, exactly as you want it every time.  
Glide contains blue for whitening, and a special ingredient to make your ironing very much smoother.

**THESE WILL LOOK much SMARTER AND STAY CLEAN much LONGER STARCHED WITH GLIDE**

- Children's dresses
- Blouses
- Table linens
- Uniforms
- Daytime frocks
- Petticoats
- House dresses
- Crimolines
- Curtains
- Men's shirts



**FOR NEW PRIDE IN YOUR LAUNDERING,**

**GET instant GLIDE**

**ANOTHER QUALITY PRODUCT BY JAVEX**

**MARY HAWORTH**

**Can Take Life Too Seriously**

DEAR MARY HAWORTH: I am an average 21-year-old girl who maybe thinks a little too seriously about life. My main thoughts concern the future, and I flounderingly try to gain a solid approach to life, by which I can be strong and a person whom I would admire.

Another of my main thoughts is a quest to find true love. I fell really in love a few years ago and lost him. It seems to have taken something out of me, but it left me stronger than I was before. I have tried to fall in love again, but things just don't work out.

My philosophy is, choose the man, then fall in love. Sounds sensible, doesn't it? Yes, but there's one thing missing.

**SHARP CRITIC**  
Someone I have known only a short time found out my secret desire for love, and told me: "To find love you must have love in your heart." I have begun to realize that that is what's missing in my solid approach to life and love.

Miss Haworth, please tell me how to love.—B.G.

**OVERLOOKED AT HOME**  
DEAR B.B.: Self-understanding does much to correct a great deal that is wrong with most of us. I think, at least it lights up the darkness in which we had been lost before, and encourages us to do what can be done, to put things right.

The fact that you wish to be strong in life indicates that, deep down in your nature, you feel weak, helpless and threatened, as if shorn of all protection by outside sources. As if nobody cares for you at all, not even your parents.

And this conviction, for which there may be some slight foundation—say, of maternal neglect; or of lifelong family favoritism towards a brother or sister—is probably at the root of your whole problem. That is, your problem of thinking too much—worrying, really—and not going out to meet life in an enthusiastic self-forgetful spirit.

**FEELINGS FROZEN**  
Furthermore, your desire to be a person whom you could admire suggests that your real self has been pretty severely slighted by certain powerful influences in your background—authorities who reared you, teachers who bossed you, and the like. Maybe you were often criticized, scolded, overlooked, pushed aside, and compared to others, more admired, in your formative early years; and lectured on how the ideal child should behave, so as to win grown-ups' approval.

The effect of that sort of thing on a sensitive love-hungry youngster is to make him or her feel unaccountably inferior, apologetic and, finally, defensive and stoic—hardly daring to feel, much less to show, any attachment (or attraction) to anyone, or any desire to be tenderly cherished. The proposition is something like leaving a person out in the cold, until he is frozen stiff—then wondering why he isn't more warmly alive! Figuratively speaking, your love-feelings have been refrigerated, and your self-esteem is pretty ragged, like a flowering plant that's being picked to pieces by persons who ought to be better.

**ELLEN'S DIARY**

**"There's A Turn Of Work In Us Yet," Says James**

Today we recall now was a sunny wind laughing with the new leaves. It was an oak leafing in our own time and season; it was green lace of alders by the stream—and above on the slope a farmer working out his designs of cropping on the red soil of his field. It was haste in the lift of the swallows' wings, and oh, the busy-ness about!

There were this morning so many things to be done: fat hogs to be marketed; fertilizer for that field up back to be received, and spread, and duly harrowed in. And James guessed that "before the corner of that new land is ready to sow" some outcroppings of stone should be lifted away, he being "one" not much taken up with the idea of farming for years around a stump or a stone!

So when the afternoon sun cast its somnolent spell over some of the rest of us, including the birds, he set out along the fields with the Nell-mare and farmcart to the chore, returning to us only in time for supper.

"And how did you winter?" the fishman greeted us with his quick smile and words this evening on his first call of the year. He brought the fresh cod James had expressed a craving for when he laid himself with some show of indifference to the cold sliced roast beef at supper. He enjoyed however—pieces of the pie made from first stalks of the (fresh) home-grown rhubarb. And if we could appreciate that, it lacked some of the flavor of "what mother used to make," we knew it was returning to him nostalgic meanneries of those dear young lost Springs. After school, to make a pleas-

ant memory for them, there was a birthday party at a farmhouse "in" the road for Granddaughter and Mack to share. This was that of Freddy, the lad who with his sister Donna make up the with ours the party of four from the neighborhood that each morning follows out and over the hill to their classes in the school down the River Road. Only a few days Granddaughter's senior, he too was born to the loveliness of June's cherry-blossom time. Did they enjoy themselves? What else could have kept them from homing until the dimming shadows of the dusk?

And the day the fat hogs marketed, and spread, and harrowed, and the field-stone gathered to a heap. What else could have kept them from homing until the dimming shadows of the dusk?

"There's a turn of work in us yet, Ellen," James chuckled giving us the lines when he jumped down boyishly from the cart to open a gate.

"In the three of us" we giggled. "We mustn't hurry her—'or load her too heavily," he said, a momentary shadow of concern crossing his face.

Nor the day did we hurry, though right surely, as might a homing pigeon, "into eternity" it has winged beyond sight.

Until tomorrow ——— Diary — Goodnight. . . . .

**LET'S EAT**  
**Cheddar Cheese Bread**  
**Good And Substantial**

By IDA BAILEY ALLEN  
"While at lunch today in a restaurant, Chef," I said, "I counted 10 men and women, all enjoying sandwiches made with toasted cheese bread, a specialty of the house."

"The fillings were sliced chicken, minced ham, sliced tomatoes and bacon or chopped egg and green pepper salad. For the garnish, carrot sticks, tomato wedges and lettuce were served."

**SHE PAYS EXTRA**  
"I asked a woman lunching next to me why she was willing to pay extra to get a sandwich made with cheese bread."

"It's so appetizing and tastes so substantial," she replied. "All I need with it is juice or bouillon and fruit compote for dessert."

were born to be. You've been trying to grow according to a pattern that has roots in somebody else's feelings about you feelings that are none too kindly, I gather.

Love is a by-product of self-respect, an overflow of good feeling about self, a delight in living that spontaneously takes others to heart. To get the pitch, you ought to have two or three good talks with a first-rate psychologist, who will teach you to react from your soul—not with dazed reference to critic's views—in being you, M.H.



**STENO STOPS FOR TEA—A few minutes break, with a cup of refreshing Tea and she's all set to go again.**

**Use ODO·RO·NO DEODORANT**



**IT NEVER FAILS!**

ask for **CUTEX SHEER LANOLIN**

**Lipstick**

none better at any price  
**75¢**  
small size,  
**39¢**



CUTEX JEWEL SMOOTH NAIL POLISH  
OUTSHINES ALL OTHERS!  
LASTS AND LASTS  
In the Splendid bottle—39¢  
Reddest Pearl Cutex—49¢

**Use ODO·RO·NO DEODORANT**

**IT NEVER FAILS!**

**BOTH GUARANTEED**  
to safely stop perspiration and odor for a full 24 hours or double your money back!

How dry you'll stay! ODO·RO·NO is 100% effective.