

Cook's Corner

BANANA CAKE WITH ORANGE FILLING

1 1-2 cups sugar, 1-2 cup shortening, 2 eggs, 2 cups flour, 3-4 teaspoon soda, 1-2 teaspoon baking powder, 1-2 teaspoon salt, 1-2 cup milk, 3 bananas, mashed, 1 teaspoon vanilla.

Cream together the sugar and the shortening. Add the well beaten eggs. Sift together the flour and the dry ingredients, and add alternately with the milk to the creamed mixture.

Orange Filling

1-2 cup sugar, 2 1-2 tablespoons flour, 1 egg, well beaten, 4 tablespoons orange juice, 1 tablespoon lemon juice, 1-2 teaspoon grated orange rind, 3 1-4 teaspoons grated lemon rind, 1 teaspoon butter.

Morning Smile

Good Job

"Well, Tommy," asked the lad's uncle, "are you in the football team at school?" "Yes, uncle," replied the youth. "I've got a good position. I do all the aerial work."

Inebriated

One night two men, who were not quite as sober as they might have been, were driving furiously in a car along a road that ran side-by-side, with a railway track.

ELLEN'S DIARY

By An Island Farmer's Wife

There were three in our party—all farmwives by occupation though age has given us the privilege of looking upon our office not with the fervor and busy-ness of once, but in a more detached way.

"What is she like—this sister of James? Is she light of heart, and of vacillating mind? On the contrary, she gives her every move and consideration, and her convictions are kept firm as a rock.

Like him, she admires still the old graces and virtues in humans but is lenient in mind with them who transgress. Unlike him, however, she has cultivated her girlish sense of humour and despite bereavement and the exigencies of her past years, it sparkles infectious in her world about it.

She is an ex-school teacher and trained in another school, which required daughters of the farm, to matter the extent of their education, to be proficient in the art of home-making and the outdoor incidents of "Women's work."

The second member of our party was a petite English lady—a bride, we believe, prior to World War I. At its close, she with her husband—a Veteran—and little ones, left the land of their birth and their own folk to found a new home in Canada.

In the years following Canadian babes arrived to join those English-born in a wide family circle. And keeping a corner of her heart "forever England," she reared her children well, knowing much joy and pride in her motherhood.

She too, like James' sister, is a lady of parts. Grandmother now of an educated, gentle woman, with blue eyes and a winsome smile which

Continued on page 3

The Unlatched Door

By Frank Price

"Shut up!" exclaimed the other man as he struck. He turned to Mr. Parkes. "He doesn't mean anything—you can see he's blind to the world and doesn't know what he's saying," he said eagerly.

"Hold up, you fool!" He shook himself free of the younger man who promptly sat down on the landing. "But, look here, if what you say is true, I'd better have a looksee. I know Kr-Borden and—"

"He was advancing with the evident intention of entering Number 11, Mr. Parkes barred the way. "Better not," he said. "The police are coming; my wife rang them up and they'll be here any minute now. The fewer people go in there before they arrive the better."

"It's just before they arrive I want to go," the man was saying when the girl caught him by the arm and swung him round. "What are you talking about?" she demanded in a tense voice.

"But—" "Do as I tell you!" the girl was suddenly shrill and imperative. The man looked at her sullenly for a moment as if trying to read what was in her mind. It was evident to Mr. Parkes that he, too, had been drinking heavily though the result was not so obvious as in the case of the other.

"Oh, all right!" he said after a pause. He stooped and, catching Sammy by the collar began tugging at him.

Just then Mr. Parkes was relieved to hear a metallic clang followed by a humming sound. The lift came up and Mrs. Parkes stepped out of it with a policeman in uniform.

"This is my husband, officer," she said, "and that's where—where it all is." She pointed to Number 11.

"The constable walked across and looked down at the injured man; then he turned to Mr. Parkes.

"The lady tells me you found her more about him, I expect," he said. "Just as he is."

"Yes, he hasn't really been moved though we got his collar and tie off, making the difficulty of his breathing. The door was open—everything exactly as it is now."

"And another man inside—dead the lady says?" "In the room where the light is. It's the tenant of the flat. His name is Borden—I only know it from seeing it on the byrd downstairs, but these people can tell you more about him, I expect."

He pointed to the girl and her companions. Sammy had now been dragged to his feet but was only prevented from slipping down again by the enveloping arms of the other man. It was the latter who spoke.

"We don't know a thing about what happened to that chap there or to Borden, captain," he said. "My friend and me were visiting with Miss Carlake—"

"You can explain about that later," the officer cut in. "This lady tells me there's an inspector on his way and he'll be taking charge. I'll just get your names and addresses to save time."

He produced his note book and entered the particulars as they were supplied. Mr. and Mrs. Stanley Parkes, 9, Darnley Mansions; Miss Avice Carlake, 10, Darnley Mansions; Anthony Revelstone, 729, Kennington West Road (that was the name and address owned by the thickest man); and Samuel Larder, of the same address. Revelstone supplied the last details. Mr. Larder being in no condition to do so for himself.

To be continued

SWEET CHERRY CONSERVE

4 cups (2 lbs.) prepared fruit 1/2 cup lemon juice 1 tablespoon grated lemon rind 1/2 lb. chopped seeded raisins 1 cup finely chopped nut meats 7 cups (3 lbs.) sugar 1 bottle liquid pectin.

To prepare fruit Stem and pit about 2 1/2 pounds fully ripe sweet cherries. Chop fine, measure four cups into large saucepan and add lemon juice, lemon rind, raisins and nuts.

To make conserve Add sugar to fruit in saucepan and mix well. Place over high heat, bring to full rolling boil, and boil hard 1 minute, stirring constantly. Remove from heat and at once stir in liquid pectin. Then stir and skim by turns for five minutes to cool slightly, to prevent floating fruit. Ladle quickly into glasses. Paraffin at once. Makes about 11 six-ounce glasses.

Note For stronger cherry flavor, add 1/4 teaspoon almond extract before lading.

Red Currant Jelly

6 cups (3 lbs.) juice 6 1/2 cups (2 3/4 lbs.) sugar 1 box powdered pectin

To prepare jelly Stem about 3 1/2 quarts fully ripe red currants and crush thoroughly. Add 1 1/2 cups water; bring to a boil and simmer, covered, for about 10 minutes. Place in a jelly cloth or bag and squeeze out juice. Measure 6 cups juice into a very large saucepan.

To make jelly Measure sugar and set aside. Place saucepan holding juice over high heat. Add powdered pectin and stir until mixture comes to a hard boil. At once stir in the sugar. Bring to a full rolling boil and boil hard for one minute, stirring constantly. Remove from heat, skim pour quickly into glasses. Par-

DOROTHY DIX'S COLUMN

Should A Wife Be Told?

Tale-Bearing Inadvisable; Can Cause Serious Harm

DEAR MISS DIX: I cannot agree with your often-stated opinion that interested friends should not tell a wife of her husband's philandering. You don't say enough about the havoc caused by the "other woman" and I don't see how you can expect a friend to stand by and see someone wreck a happy marriage. In my 60 years, I have seen five different homes ruined by home-wreckers, often posing as the wife's friends.

Right now I know of a home in town that is slowly on its way to ruin. The wife is an exceptionally lovely person with three children. A few years ago some gossip told her that her husband was connected with a girl in trouble, and she left him. She came back, and now the husband is involved with a young wife who has recently moved into our neighborhood. The newcomer is friendly with my friend, who, of course, knows nothing of the affair going on between the other woman and her own husband.

ANSWER: No universal problem can be solved with a pat answer that will fit all cases. Never have I had the presumption to claim it does; but one solution very often will be best in the most number of instances. Also remember that, in a situation involving wrongdoing, no possible solution can wipe out, or even mitigate, the sin without the sinner himself repenting and atoning.

SHE PROBABLY KNOWS

It should be obvious, therefore, that when as serious a transgression as adultery is involved, the question of whether or not the wife is informed, or by whom, becomes secondary to the guilt. In the very vast majority of cases, a philandering husband errs once. You may be sure that if he is a chronic offender the wife knows all about it, though pride may keep her from admitting her knowledge.

If the one-time philanderer realizes the error of his ways—as he usually does in short time—his wife is better left in blissful ignorance. Knowing that he has strayed from the straight and narrow path, she is bound to suspect every aberration from them on. If he comes home later than usual from the office, is called out of town on business, visits his parents or engages in any activity that takes him away from home, even for a few hours, she will be suspicious. It is fair to jeopardize the future harmony of her home simply to satisfy the desire of gossiping neighbors to carry bad news? And make no mistake about it! While your own intentions may be purely friendly and helpful, most bad news is carried by people whose only purpose—though of course they will never admit it—is to cause trouble and dissension. Their personal interest is nil; their desire to create trouble tremendous.

Since the young wife you mention has already had cause to leave her husband because of infidelity, she certainly is not so blind as to be oblivious to the present circumstances. Her apparent ignorance springs, probably, from a desire to hold a home together for her children, or in hopes that the husband will repent and come back as he did before. If it ever becomes absolutely necessary for bad news to be carried home to an unwitting wife, such is the prerogative of a relative. Never could I put such a dangerous weapon into the hand of a friend or neighbor, no matter how devoted she may be to the wronged wife.

DEAR MISS DIX: At my place of employment I have met a wonderful man of charm and personality. We have been working together for two years, but in the past ten months our association has grown to more than that of fellow workers. We are both married. I like my job too much to quit, and am making an exceptionally fine salary.

ANSWER: As you are bound to know, there is but one answer I can possibly give you. This romance must be terminated if you are to avoid the tragedy of breaking up two homes and finding great unhappiness for yourselves. As a competent business woman, you should have sense enough, and conscience enough, to realize the terrible consequences of extra-marital love affairs. No specious arguments for a "great love" can cover the fact that you are breaking one of God's Commandments and cannot escape the consequences if you encourage this affair to continue. At any cost, end it now!

DEAR MISS DIX: I have been going steady with a young man for about five years, during which time he joined the Air Force. We corresponded until two months ago, when his letters ceased. Also, he has had two leaves and has not been in touch with me at all. Now I have met another nice young man and wonder if I should go out with him.

ANSWER: By all means, do so. Your Air Force friend seems to have let you down, thereby cancelling out any obligation you may feel toward him.

Miss Nissen cannot reply personally to readers but will answer problems of general interest through this column.

That Body Of Yours

By James W. Barton, M.D.

OPENING OF EAR DRUM EARLY MAY PREVENT OPERATION

During World War I and the flu epidemic of 1918, the ear specialist in our base hospital was performing a mastoid operation every day for weeks, most cases clearing up within the regulation time. Some cases, however, had to be dressed for weeks after operation. This was before the days of the sulfa drugs and penicillin which have made many cases of middle ear inflammation (otitis media) clear up in a short time without need of the removal of the mastoid bone.

However, in Annals of Otolaryngology and Rhinology (ear nose and throat), Dr. M. G. Evans reviews clinical, laboratory and operative findings in 30 patients admitted to the Massachusetts Eye and Ear Infirmary with acute inflammation of mastoid bone, requiring removal, and in 45 patients with acute suppurating (forming pus) middle ear inflammation (forming pus) in the outpatient department by opening up the ear drum and allowing pus to drain out or be removed by the surgeon.

All of the outpatients treated by opening or removing the ear drum recovered without removal of the mastoid bone or part of it. Of the 30 patients hospitalized for acute mastoiditis, all but two had received treatment by sulfa drugs and penicillin before entering hospital but none had had ear drum opened up. In these 30 patients the removal of the mastoid bone was necessary to clear up the disease.

On the basis of these observations and from the reports from other hospitals, Dr. Evans concludes that the low number of surgical mastoiditis of acute suppurating otitis media during the past few years is really due to the opening up of the ear drum rather than to the use of the sulfa drugs and penicillin. He points out that while the use of these drugs is of help in preventing the need for the mastoid operation, opening up the ear drum (myringotomy, paracentesis) affords at once. Makes about 12 six-ounce glasses.

For Currant and Mint Jelly Add 1/2 to 1 1/2 teaspoons spearmint extract to jelly before pouring.

How Can I!!!

By Anne Ashley

Q. How can I treat an insect bite that has become inflamed?

A. Cover the inflamed area of the bite with a paste of equal parts of soda and salt, moistened with warm water. Hold the paste in place with a tight bandage.

Q. How can I test the purity of butter?

A. Put a little of the butter in a spoon and hold over the gas flame. If it dissolves without sputtering, it is pure. However, if it contains some other substance, it will sputter.

Q. How can I add a delicious flavor when preparing sweet pickles?

A. Add a small amount of vanilla and a small amount of lemon extract to the syrup just before pouring it over the pickles.

Is necessary in the early treatment of acute suppurative otitis media, whether or not the germ killing drugs (antibiotics, sulfa and penicillin) are used.

The opening up of the eardrum allows the pus behind the drum to pour out of the outer canal instead of being pressed back into the cells of the mastoid bone, making operation (mastoidectomy) necessary.

Better English

By V. C. Williams

1. What is wrong with this sentence? "The United States were represented at the conference by the ambassador, and he chose the best alternative."

2. What is the correct pronunciation of "vehicle"? 3. Which one of these words is misspelled? Sapient, sapphire, saponification, satellite. 4. What does the word "extolment" mean? 5. What is a word beginning with "en" that means "continuance"?

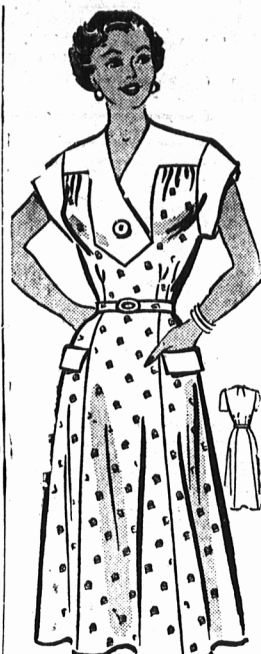
ANSWERS 1. Say, "the United States was represented," and, "the better alternative." 2. Pronounce ve-ki-uhl, often heard, 3. Satellite. 4. Praise; commendation. "Extolment" means? "Extolment" of his work came later." 5. Endurance.

Anne Adams Patterns

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Pattern R4721: Women's Sizes 34, 36, 38, 40, 42, 44, 46, 48. Size 36 takes 3 5/8 yards 35-inch; 7-8 yard contrast fabric. This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions. Send Thirty-five cents (35c) in coin (stamps cannot be accepted) for this pattern. Print, plainly size, name, address, style number. Send order to ANNE ADAMS, c/o The Guardian, 60 Front Street West, Toronto, Ontario.



R4721 34-48

by Anne Adams

The Stars Say - -

By Genevieve Kemble

For Tomorrow

THE lunar transits for this day emphasize a pleasant prospect of the definite loosening up of stubborn obstacles, static situations or harrowing congestions that have been delaying, thwarting cherished objectives. Some difficult and direful obstructions or limitations are in line for breaking up—being vanquished by particularly clever or shrewd tactics, born of a strange, unfathomable or unique inspiration, intuition or flash of genius. Yield to such incitement, but be careful as to false leads or obscure entanglements. Sign documents cautiously, after careful perusal.

For the Birthday

Those whose birthday it is may find themselves in the pleasant predicament of relief from a static, defeating and frustrating state of affairs, holding up the putting over of certain important plans and objectives of far-reaching and lasting consequence. A sudden breaking away from old bonds or limitations could make way for sound progress. Opposition or blocks may swing wide by some curious flash of ingenuity, by a peculiar revelation or an inspired idea. There might be financial hazard to be met cautiously, and contracts should be shrewdly considered, with no loophole left for fraud or treachery. Do not jeopardize matters of major importance. A child born on this day may hew its way through many setbacks and obstacles in life by its intuitions, curious urges, or its creative ideas or skills. A life of consequence is shown.

Eggs

Eggs can be kept fresh for a much longer time if, while still fresh, each egg is rubbed thoroughly with either butter or glycerin.

Not So Good

"Father was delighted to learn you're a poet. He can hardly wait to see you!" "Oh! That's a good sign." "I'm not so sure. It's simply that my last boy friend he tried to kick out was a boxing champion."

Modern Etiquette

By Roberta Leo

Q. When a man and woman are leaving a public dining place, who goes first?

A. The woman goes first, and her escort should follow close behind, to open doors and be of assistance otherwise. Ordinarily, women do not open doors or pick up objects they may have dropped.

Q. Does a divorced woman who has remarried continue to use her first husband's name along with her new one?

A. No; she drops it entirely. Q. I should like very much to have my father serve as my best man at my wedding. Would this be all right?

A. This is quite all right and, in fact, it is done often.

BAKED HAM

Better with French's

PREPARED MUSTARD

HOT DAN THE MUSTARD MAN

Not So Good

"Father was delighted to learn you're a poet. He can hardly wait to see you!"

"Oh! That's a good sign." "I'm not so sure. It's simply that my last boy friend he tried to kick out was a boxing champion."

Wish I Led a Dog's Life!



IF I GOT THE AFFECTION YOU POUR ON ROVER, I'D BE A LUCKY DOG. BETTY, HOW COME I GET THE SHARLING, DARLING? BOB, I'M SORRY! BUT YOUR DENTIST IS THE ONE TO TELL YOU ABOUT A SUBJECT LIKE... LIKE BAD BREATH! COLGATE DENTAL CREAM HAS A SPECIAL PENETRATING FOAM THAT CLEANS YOUR BREATH AS IT CLEANS YOUR TEETH... HELPS PREVENT DECAY!

LATER—Thanks to Colgate Dental Cream!

COLGATE DOES A SUPER JOB OF POLISHING TEETH, TOO! AND HOW I GO FOR COLGATE'S GRAND WAKE-UP FLAVOR!

THAT COLGATE DENTAL CREAM ADVICE GOT ME TREATED PRETTY NICE!

ONLY COLGATE DENTAL CREAM HAS PROVED SO COMPLETELY IT STOPS BAD BREATH

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New all-purpose detergent with a CANNON Tea Towel or Face Cloth...in every package

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Breeze New all-purpose Breeze gets all washables dazzling white. Breeze thru! washday! Breeze thru! everything!

NEW! ALL-PURPOSE Breeze washes EVERYTHING with ease!

