



HEATHER SIM

## CYC Preparing To Fight Poverty, Social Problems

By MARILYN ARGUE  
 OTTAWA (CP) — Heather Sim works five days a week on a project that does not yet officially exist.

The 22-year-old blonde is a research assistant for the Company of Young Canadians, yet to be approved by Parliament. The CYC, organized to fight poverty and its attendant social problems like illiteracy and disease, now operates under the authority of the Privy Council.

Heather is one of the projected Company's interim staff of 13, now working from offices over a downtown jewelry store. She has been involved with community development before the CYC existed, not as an organizer but working in the field.

One project was in a farming community in Germany, another centred on an industrial area in France.

And last summer she went to the eastern Arctic, doing research for a planned radio program for Indians and Eskimos. The broadcast, to be done in the two native languages and English, would be modelled on Farm Radio Forum, developed by Heather's father, R. A. Sim, now of the CBC Northern Service.

Heather says the CYC hopes to have 250 volunteers in the field by the end of this summer. Plans for training programs this summer and actual field work are being left fairly fluid.

The organization aims to encourage people living in depressed areas of the world to help themselves.

"The Company will be autonomous, which is a revolutionary idea for a government agency, and the policy-making body will be elected by the volunteers themselves.

"I worked in a zipper factory in Rouen, attaching the ends to 3,000 zippers a day. I didn't learn much French there—most of it I picked up in Germany where I had a French roommate."

She returned here to study sociology at Carleton University, where she served on the executive of the Canadian Universities Campaign for Nuclear Disarmament, and later the Student Union for Peace Action.

**OPEN TO NEW IDEAS**

Two summers ago she met high school students from across Canada when the Centennial Commission hired her to plan tours of the capital for visiting teen-agers.

"So until the governing body has actually been elected, we want to leave it as open to new ideas as possible. We don't want to define it in case this definition might become virtually impossible to change later."

Volunteers — the only qualification is a minimum age of 18 — will be screened, tested for skills and interviewed before the final 250 are selected for training. In the field, they will get room and board, plus a few dollars a day pocket money.

"We will only place volunteers with groups that request them," says blue-eyed Heather. "Some requests have come in already. We hope that the emphasis will be less on social work than on community organization."

The difference is that the so-

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## HAPPENINGS

Andrey Jenkins, Women's Editor. Phone 4-8506

AC2 Hubert Crane, Campbell Borden, Ont., son of Mr. and Mrs. Hubert Crane, Morell, spent the Easter weekend with his family at Morell.

George Williams accompanied by his mother and sister, Mrs. Stanley Williams, Mrs. Bruce Carruthers and Stanley Grant of Ellerslie are holidaying in Ontario.

Elliott Ferguson, Markham, Ontario is visiting with his parents, Mr. and Mrs. G. Victor Ferguson, Hampton.

Mrs. Winston Provencher and little daughter Vicki have returned to their home in Barrington, N. S. having spent the past two weeks with relatives and friends in Hampton and vicinity.

Prosper and Alyre Perry, Richmond, recently motored to Saint John, N. B. to visit with relatives and friends.

Mr. and Mrs. Lawrence Daley of St. Mary's Road East are spending a few days in the city. Mrs. Daley is attending the Teachers' Convention and is registered at the Revere and Mr. Daley is visiting his son and family, Mr. and Mrs. L. J. Daley on Queen Street.

Mr. and Mrs. Donald Doucette and family of Halifax, N. S. were recent visitors of Mr. Doucette's parents, Mr. and Mrs. A. E. Doucette of Rusticville.

Mrs. Lena Provost and son Steve, Rusticville, left for Toronto, Ont. to attend the wedding of her daughter Audrey.

Mrs. Hector Leard and son Harold, Central Bedouque spent Easter in Halifax, N. S. with Mrs. Leard's sister, Mrs. Ed. Mahoney and other relatives. They were accompanied by Mrs. Harold Clark and daughter, Cheryl, who visited with friends.

Mr. and Mrs. Wilfred Craig, Middleton, spent the Easter holiday in St. John's Newfoundland, guests of their son-in-law and daughter, Dr. J. and Mrs. Bonnell.

A congregational crokinole party was held this week in the United Church hall in Bedouque, sponsored by the Kairos group. The occasion was well attended and most enjoyable.

Cpl. D. J. and Mrs. Hender and children, Montague, spent the Easter holiday with Mrs. Hender's parents, Mr. and Mrs. Stuart MacGregor, East Baltic. Also home for the weekend were Ian MacGregor, NCAC Truro, and Myrtle MacGregor, student at PWC.

Kate Zwicker, Central Bedouque spent the Easter holiday in Halifax, N. S. with her relatives.

Ronald Gauthier, RCN Hall-

cial worker helps the individual adjust to the society he finds around him. The community organizer tries to help him find out what he wants to change in his surroundings, and then lets him go about changing it himself.

"The decision to act should come from the people, not from the volunteer. It's a different decision if they make it themselves."

Just before she joined the Company in January, Heather travelled with a friend by bus through the southern United States. She says the experience gave her a fresh perspective on social problems here.

"In the South you could feel an atmosphere of violence—a thin, hard violence that doesn't give any emotional release. It made me see from a new point of view what institutions can do to individuals. Those people don't even realize they have the right to choose anything else."

**MAIL HELD UP**  
 OTTAWA (CP)—All mail addressed to Jamaica, except letters and postcards will be returned to senders until further notice, the post office department announced Friday. The policy results from official delivery services within Jamaica, as well as mail despatches from Jamaica, have been suspended since April 4. Letters and postcards will be forwarded at the first opportunity.

fax, N. S. spent Easter with his parents, Mr. and Mrs. Austin Gauthier of North Rustico.

Cindy Gauthier of Rusticville is spending her Easter holidays with Mr. and Mrs. Emmet Batchelder of Halifax, N. S.

Mrs. Edith Wall has returned to her home in Baltic after having spent the winter months in Hazelbrook.

Joseph Woodside accompanied by his two daughters, Mrs. Claude Hogg and Mrs. Everett Champion left this week for Halifax, N. S.

Myron MacKenzie, student at Prince of Wales College, spent the Easter holidays with his parents, Mr. and Mrs. Bruce MacKenzie, Baltic.

# Women

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## IDA BAILEY ALLEN

### Orange Dessert Delight Served Round The World

As one travels throughout the countries of the world and stops at a Hilton hotel for a "taste of home", he can order the Hilton Orange Dessert we feature today.

The Chef and I met up with this favorite in Holland, Iran and Rome. It is always a refreshing climax to a gala dinner.

Measurements & level; recipes for 6

**THE HILTON ORANGE DESSERT** (Praised Round The World)

1 lb. granulated sugar  
 1/2 c. water  
 8 eggs  
 1 1/3 c. whipped cream  
 6 orange skin shells (follows)

1 recipe Never-Fall Meringue (follows)  
 6 red maraschino cherries (blotted on paper towel)  
 12 leaves (1 1/4" long) cut from thin-sliced citron—

Combine sugar and water. To make this into a syrup, boil 10 min. or until temperature reach 230 degrees F., on a candy thermometer, or when a tsp. of it dropped in iced water forms a soft ball. (Remove cooking syrup from heat while testing, as it might overcook.)

Separate eggs, dropping yolks into qt. bowl of electric mixer. Drop 5 egg whites into measuring cup to use in making meringue (remaining egg whites may be used later in

making a cake or quick meringue).

Beat egg yolks at high speed in electric mixer, slowly adding hot syrup. Continue to beat until cool and fluffy. Mix in whipped cream. Spoon into orange skin shells and freeze 2 hr. or until very firm. Cover frozen filling completely with meringue. (A pastry-tube with bag makes this easy and prettily designed.) Brown quickly (about 2 min.) in hot oven, 400 degrees F. The frozen filling will not melt in oven-heat, because the air beaten into the meringue acts as an insulator. Garnish top of each orange dessert with 1 red cherry perched between 2 citron leaves. Serve at once.

**ORANGE SKIN SHELLS:** Use 6 thick-skinned California oranges. Slice off 1" of top. Scoop out all orange pulp from shells (use later in making a fruit cup or fruit salad).

**MONDAY DINNER**

Fine-Shredded Red-and-White Cabbage with Shredded Green Peppers and Sour Cream Dressing  
 Veal Balls Smothered in Sautéed Onions  
 Parslied Whipped Potato  
 Green Peas (canned)  
 Bartlett Pear Halves (canned), Sautéed with Chilled Soft Custard  
 Garnish, Chopped Filberts  
 Coffee, Tea Milk

**THE CHEF'S MERINGUE**  
 POPULAR IN AUSTRALIA  
 Mesdames: One of the most interesting experiences of my career was our tour of Australia, when Madame Allen and I were presented in theatres or other large auditoriums of leading cities to bring to the women of Australia the latest news for entertaining, nutrition and cookery from the United States.

**Divided Demonstrations**

These lecture-demonstrations were divided into three sections. In the resulting interludes I had the honor of singing folk-songs of the world, always ending with the Australian song, "Waltzing Matilda," when I invited the audience to join in. These appearances were a great success; women often queued up by six in the morning to get tickets for the afternoon performance. One of the foods we demonstrated was the Never-Fall Meringue given in today's column. It's a meringue that never falls, shrinks or weeps.

**VOLCANO ERUPTS**

**STROMBOLI (AP)** — The 3,000-foot volcano which forms this little island off the north-east tip of Sicily erupted Friday for the first time since 1959. Lava poured over the rim of the crater and flowed down an uninhabited slope to the sea. Stromboli, in the Lipari Islands, is 70 miles north of Sicily's Mount Etna which has been in constant eruption since Jan. 12.

**HOUSEHOLD HINTS**

Use paper grocery bags to line the wastebasket. Keeps them cleaner, makes emptying easier.

Use kitchen scissors to cut the heavy skin from baked ham before scoring and glazing.

Cookies will be crustier if cooled on a wire rack or cake cooler.

**KON-TIKI**  
 Golden Fruit from MALAYA

Delicious!

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(as shown above)

Girls... this is the livin' end in raincoats. You'll be looking for extra opportunities to wear this very smart California-inspired coat of COMARA, a durable patent luxury vinyl that will keep soft and supple in all kinds of weather. Completely wind and water-repellent, wipes clean with soap and water (but DON'T DRY-CLEAN). Swagger double breasted style with self-covered buttons, self buckle belt. In bright yellow, Tattersall check. Sizes 8-16. Run quickly and snap-up yours. (exactly as shown).

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**A. Reverses to MAD MADRAS**

It's all the rage, Madras, so we expect you'll want this side out always. Lovely weatherized fabric, with smart attached hood. Reverses to plain blue poplin with smart touches of Madras on buttons and pockets. **12.95**

**B. Cheeky Little Reversible**

by Robin. Saucy little rain-chaser reverses from navy to turquoise. Piped in snowy white. Demure Peter Pan collar. In sizes 7-14. **14.95**