

Married In Toronto Recently



Pictured above with attendants are Mr. and Mrs. Raymond White, whose marriage took place recently in Toronto. From left to right are Miss Georgina Greenan, R.N., and Miss Eunice Greenan, bridesmaids; the matron of honour, Mrs. Major H. Inman; the bride, formerly Miss Nan McGinnis, R.N., and groom; the best man, Mr. Maurice Greenan, and the ushers, Mr. Gilbert Wall and Mr. Bernard Gillis. The flower girl is Miss Gail Greenan. Photo by Alec Marsh.

ELLEN'S DIARY

By an Island Farmer's Wife

We baked this morning — seasonal bakings of apple pies, spicing then the left-over fruit, adding salt and sugar, a handful of onions and an end of vinegar to make a piquant relish, for the family, and preferred dish of theirs in the harvesting season.

"We gathered the fruit from the Transparent tree in our remnant of old orchard, climbed now by a generation of children who favor the select apples in the top-most boughs. "And tell me" grand-daughter begged as we helped her off a low limb, "about when yours were little boys and liked to climb trees!"

"Perhaps I'd better talk of a little girl" we suggested, hurrying then to gather a choice fallen one before it could be appropriated by one of the prowling sows. "A little girl?" she looked up in surprise, eyes alight with interest. "Do you mean me — or yourself?" she inquired scenting a story. "Mine — self!" we replied. She laughed merrily. "Wouldn't you look funny in an apple tree?"

Figuratively we baked with one hand while the other attended to the pickles also in the process of compounding, recalling as folks will no matter how many have been the elapsing years, a voice we knew . . . and still know, well. And in memory a small late breeze of summer, redolent of the brine of the Strait and reminiscent of the flash of seagulls' wings . . . white sails . . . magic motorboat; and the beacon lights of dusk, stole in at the open window — a whispering wind which at this time of year spoke only of quiet sands and the lonely wash of the waves on the shore, with another summer past . . . and we were a girl again busy and concerned with several interests at the moment. And a small, dark-eyed brisk woman commented in business-like tones: "I'm afraid Ellen, with so many irons in the fire, something's going to suffer!"

Something did. It was later when the day was turning to noon that the potatoes not of this farm, but in their scarcity this year the better appreciated, scorched in the cooking-pot to create a minor annoyance. But, "Never mind, Ellen," James said, hanging up his cap then and preparing to sit down to dinner. "It's not your fault at all. It's just what I was saying in the field — I was telling the fellows, we might get a shower or two shortly to delay the cutting — and that's a sign of it."

"All the same, Ellen," he added when he saw a smile spread across our features, to supplant the former anxiety displayed there, "it would have been as well, if you had seen to it, that there was a nice bit of water kept in the pan! You weren't!" he queried with an edge of suspicion "reading the newspaper at the time?"

And what of this day now going out in star-shine and clear skies Apple-pies and relish . . . and old memories to our credit. Pickles too, and new scenes and lovely glimpsed up — the pleased light in grand-daughter's eyes, Mack walking his trike on the path from the house across the lane, the binder in a harvest-field, morning glories on a garden-fence and a hatch of turkey poult, at the foot of the rain-bow.

Until tomorrow — — Diary — — Good-night . . .

That Body Of Yours

By James W. Barton, M.D.

SEX HORMONES OR EXTRACTS IN TREATMENT OF ACNE

Acne (pimples) is neither painful nor dangerous, and it clears up itself in the majority of cases shortly after puberty (12 to 14 in girls and 14 to 16 in boys). However, acne causes a great amount of embarrassment and may be the cause of an inferiority complex. It occurs just when boys and girls want to look their best.

For many years the cause of acne was unknown, although physicians and skin specialists found that diet was a factor and cutting out or cutting down on certain foods helped many cases. In recent years, since the importance of the endocrine glands (ductless glands) has been observed, and as most cases of acne in boys and girls first appear at or shortly before puberty, gland change is considered the most important factor.

The fact that gland change is the cause, not lack of personal cleanliness, removes any stigma regarding acne.

In Archives of Dermatology and Syphilology, Drs. Stuart C. Way (San Francisco) and George C. Andrews (New York City) report their observations on the treatment of acne by sex extracts. Average age of the 100 patients (girls and young women) was 23.7 years and acne had been present about 4.8 years. Acne was on the face only in 61 per cent; on other parts of the body also in the rest.

Other forms of treatment had given temporary relief in 25 per cent. Diet treatment definitely influenced the disease in 45 per cent. The monthly periods were normal in 90 per cent, but in 74 per cent the acne was worse before monthly cycles began.

Treatment was with female sex hormone — X-estradiol — and also male hormone — progesterone or testosterone — dissolved in propylene glycol. An interval of seven days between injections was found most satisfactory. This was increased to 14 days as soon as improvement was noted. Lack of improvement after six injections was followed by a change of treatment. Progesterone was used in 95 per cent of the patients, testosterone in 44 per cent and X-estradiol in 7 per cent. X-estradiol was discontinued because of its lack of effect.

Results were judged by the number of acne lesions (pimples) at the patient's last visit and recurrences while she was under observation. The response was good in 5 per cent, fair in 22 per cent; there was no improvement in the rest. Acne returned in 56 per cent but further treatment was again successful.

The strange part about these cases of acne is that they seem to be caused by too much hormone in one person and by not enough in another.

Getting There

"So you really think your memory is improving under treatment. You remember things now?"

"Well, not exactly, but I have progressed so far that I can frequently remember that I have forgotten something, if I could only remember what it is."

PLAN FREE DENTAL CARE
TORONTO, Sept. 20 — (CP) — Welfare Minister Goodfellow said today that Ontario plans to provide free dental care for old-age pensioners over 65 who can prove need. Free medical care will also be provided for pensioners over 65 on a means-test basis, he said. Free medical care now is provided for means-test pensioners over 70.

Morning Smile

Dearest

An old countryman sent his young son to the village for an ounce of tobacco, giving him sixpence. He waited. Years passed — and more years. Then one day a magnificent motor-car pulled up beside his humble cottage door, and out stepped a prosperous-looking man.

"Well, Dad," he boomed, "I went to America. I worked hard and I guess I'm rich now."

"Maybe," retorted the old chap curtly, "but where's my backey?"

The son produced a packet from his pocket. "Here it is Dad," he said, "but it's dearer now. You owe me three-and-sixpence."

All In The Family

"The new member claims to be related to you and says he can prove it."

"The man's a fool."

"Yes, but that may be a coincidence."

Cook's Corner

CORN AND MUSHROOM CHOWDER

(4 generous servings)
Two tablespoons fat, ¼ cup finely diced onion, 1½ cups corn off the cob, 2 cups water, 1 tablespoon flour, 2 chicken bouillon cubes, 3-ounce can chopped broiled mushrooms, ¼ teaspoon pepper, ½ cup non-fat dry milk solids.

Place fat in saucepan over moderate heat. Add onion and let cook about 5 minutes, stirring frequently. Cut enough cooked corn from the cob to make 1½ cups and add to onion. Combine 1 cup water with the flour. Add to corn and onions and bring to boil, stirring constantly.

Add bouillon cubes, contents of can of mushrooms and pepper. Combine remaining cup of water with the milk solids, beating until smooth. Add to soup and heat thoroughly. Note: For a gourmet touch add 1 cup coarsely chopped water-cress or young spinach leaves to chowder just before serving.

DOROTHY DIX SAYS—

No Fatherly Feelings

Mother Must Put Stop To Stepfather's Bullying



Photo by Alec Marsh.

DEAR MISS DIX: I have two girls, aged 4 and 7, by a former marriage. My present husband and I have been married two years. He takes great pleasure in teasing the little girls. He won't answer a question for them without going through a preliminary teasing of ten minutes or more. He doesn't believe in letting them do or have anything from which they won't derive profit. He won't let my older girl learn to skate, for instance, because he says she will not learn anything useful from it.

He teases the children at the table by pouring milk on their food, or putting burned matches in their dishes. He will not stop irritating them until they cry. I know this kind of life isn't good for them and it is making a nervous wreck of me. My older child is beginning to realize that he is different from her playmates' fathers, and resents it. What can I do to make him realize his duty as a father? "D" "A"

ANSWER: Permitting this situation to develop much longer along these lines will result in completely wrecked personalities for your little girls. They already resent their stepfather; they will soon resent you for upholding him. Discouraging all their efforts to learn new things and participate in activities with other children will produce inferiority complexes—which is exactly what your husband wants. He certainly evinces no trace of parental love or pride in your children, in fact, he sounds jealous and resentful of your interest in them.

CAN CAUSE REAL HARM

You can't possibly make him realize his duties as a father because he has no fatherly feelings and doesn't want any. To him, this constant teasing may be funny, to you it may be annoying, but to the children it is, downright persecution and will have a similar effect. The situation will not improve, as far as your husband is concerned. He is a bully, and the more he gets away with pestering the children, the more hell do it. Obviously the solution is up to you. Straighten your backbone and stick up for your girls! Make yours the voice of authority for a change. Insist on your daughter learning to skate if she wants to, or doing any other thing that isn't harmful. If your husband continues to spoil the children's mealtime, feed them at a different hour, and let him know why. Nothing takes the wind out of a bully's sails like having someone else doing a little bossing. Your present attitude is costing you the esteem of your children, your husband and yourself. Change it! See if you don't suddenly assume a much more important and respected place in the household!

DEAR MISS DIX: I have been going steady with a boy for two years, secretly. My problem is, what can I do to make my parents like this boy? I have been forbidden to see him. I have to meet him on corners and make all sorts of excuses to get out.

CONFUSED

ANSWER: You are doing exactly the one thing that will make Continued on page 9

She Tamed Him

By STEPHEN SCHOFIELD

One schoolmaster, a Mr. Hahn, said of Prince Phillip: "He is wild and reckless; often naughty but never nasty."

"He came into Buckingham Palace like a fresh sea breeze," avers one resident. "He would swing through the gates in his MG sports car, often far too fast, and always in a hurry to see the Princesses."

Even in the Palace his favourite attire was a pair of flannels, uncreased and none too new, a tennis shirt open at the neck, and rolled up sleeves.

They were not love at first sight. They had seen each other as youngsters, but did not meet consciously until 1939, when he was a cadet at Dartmouth, and the royal family paid a visit there.

A friend, referring to the Princesses, asked him: "Did she look sweet?" "Oh, yes," said Prince Phillip.

The King and Queen seem to have approved of him from 1940 on, because that New Year's Eve he accompanied them to the theatre.

The young couple corresponded. Friends who visited the Princess's bedroom, when she was ill, noticed a large photograph of a naval officer on her dressing table. When his name was mentioned to her, she would blush.

He spent some shore leaves with the royal family. And when he became an instructor at Corsham, his MG was often parked in the palace yard at teatime.

The King invited him for the opening of grouse shooting in August, 1946. It was Prince Phillip's first appearance at Balmoral Castle, the King's country home in Scotland.

The ghillies, the caretakers of the forests, say that that year the Princess's eyes seemed brighter, her smile readier, more infectious. It is not known when or where the Princess and Prince Phillip actually became betrothed. That is their secret. But it is believed that there in the highlands and moors that stretch around Balmoral Castle, they decided they were in love and would marry. Many in court circles aver that it was here that Prince Phillip first asked the King for his daughter's hand, and that he advised them both to wait six months.

There is an old gramophone in Buckingham Palace. Suddenly the Princess began playing it more than usual. And after seeing "Oklahoma!" her favourite tune became "People Will Say We're In Love". At parties she and Prince Phillip would request that tune again and again.

Rumours grew. One Ascot week Their Majesties gave a small party for about 100 young people. The band played until after 3.00 a.m. The Princess and Prince Phillip danced almost every dance together. Two weeks later their engagement was announced.

Once at a big dance in Edinburgh, the first they had attended together, the first dance was a reel. She is expert at reels. He was not. He had to sit out and watch her partnered by another man.

Two days later, six highland regiments organized a ball, and again the first dance was a reel. Prince Phillip partnered the Princess and scarce put a foot wrong. (He had spent all intervening spare time with Princess Margaret and the King's Piper, carefully learning the reels.)

The once wild and reckless young man grew tame under the soft look of a girl's eyes, and that recurring dream of "two against the world."

He had a gay bachelorhood. He liked parties. His carefree side must have shied at the thought of pomp and function, the incessant spotlight, having to set a good example. But the soft look in a girl's eyes . . .

Not long ago royal marriages were arranged for "reasons of state". There is one thing certain of the marriage of Prince Phillip and Princess Elizabeth: they are in love.

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4623 14½-24½ by Anne Adams

Better English

By O. C. Williams

1. What is wrong with this sentence? "We must first see the manager before we do it."
2. What is the correct pronunciation of "pumpkin"?
3. Which one of these words is misspelled? Mistress, matress, meanness, management.
4. What does the word "subjugated" mean?
5. What is a word beginning with al that means "vigorous; strong"?

ANSWERS

1. Omit first. 2. Pronounce pump-kin, and not pung-kin. 3. Meanness. 4. Conquered by force. "There stood the three subjugated and sullen prisoners." 5. Sinewy.

The Stars Say - -

By Genevieve Kemble

For Tomorrow

THIS should be a time of varied activity, bizarre emotion and gay inner urges, but at the same time there is the danger of going overboard and losing sight of the more serious perspective. Financial decisions are not to be relied upon without due consideration, for judgment may be biased by a false, carefree strain.

For the Birthday

Those whose birthday it is may find unusual opportunities for advancements. Analytical analysis of problems should bring a stabilizing influence upon the mentality, making it trustworthy, yet sufficiently versatile and receptive to handle matters in a systematic manner. This holds in domestic affairs as well as in business.

A child born on this day will be beloved by all. Affectionate, demonstrative and reliable, its versatile moods will brighten the lives of the old as well as the young folk.

Household Scrapbook

By Roberta Lee

Tobacco Odor

A room will not smell of tobacco smoke if a lump of crystal ammonia is put into a jar with three or four drops of oil of lavender. Add a few tablespoonsful of boiling water and let the jar stand uncovered in the room.

Melba Toast

Melba toast is made merely by slicing sandwich bread very thin, cutting off the edges, and placing in the oven to brown.

Linoleum

Don't use a stiff brush when washing linoleum, as this tends to destroy the luster. Wash lightly with soap and water.

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Modern Etiquette

By Roberta Lee

Q. When playing bridge, is it proper for the player who has won the bid to pass his hand over for his partner's inspection before he begins playing?

A. No, this is exceedingly rude. In some cases, it would appear that you are gloating over your particular hand, and in any case it is a thoughtless delay of the game on your part.

Q. Should a girl ever send a gift to a man whom she has been "dating" and whom she especially likes?

A. Not unless she is engaged to the man, and then the only gifts necessary are at Christmas and on his birthday.

Q. Should a guest smoke at the dinner table in a home, if the hostess has not provided ash trays?

A. It is better not to do so.

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How Can I . . .

By Anne Ashley

Q. How can I prevent the arms from becoming tired when doing considerable hand sewing?

A. The task will be much easier if a pillow is placed in the lap and the sewing is put on it. The slight raise seems to be just what one needs, and eases the arms.

Q. How can I quickly remove the silk from ears of corn?

A. Try using a vegetable brush, or even a whisk broom for this purpose. It is much quicker and easier than doing the work by hand.

Q. How can I make a good table mat for hot dishes?

A. Cut out the top of an old straw hat, and bind the edge with bright-colored tape.

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