



### IT'S A CHALLENGE

Since her mother is president of the Parkdale Women's Institute, it's probably natural for little Kathleen Ross, daughter of Mr. and Mrs. Frank Ross, to be

right at home in scene of cooking activity. Certainly she seems entirely ready to move in on that 25 pound turkey.

#### SUET PUDDING

1-8 cup suet (chopped fine)  
3 cup flour  
1½ lb. raisins (large)  
½ cup molasses  
1 cup sugar  
1 cup sweet milk  
3 eggs  
3 tsp. baking powder  
1 tsp. each cloves, cinnamon and nutmeg  
½ tsp. salt.  
Cream sugar and eggs, add suet, molasses, and fruit. Sift flour, baking powder and spices, steam for 3 hours. Serve with a rich sauce.

Mrs. Alex Grant  
St. Patricks Rd.

#### SHREDDED WHEAT PUDDING

2 shredded wheat biscuits  
1½ pints milk  
1 cup sugar  
2 squares chocolate  
Little salt  
1 tsp. cinnamon  
1 tsp. vanilla  
Bake in a slow oven. Serve with whipped cream.

Elsie Bowness  
Bedeque W. I.

#### ORANGE TAPIOCA CREAM PUDDING

1-1 3 cup boiling water  
1 orange rind and juice  
¼ cup minute tapioca  
½ tsp. salt  
½ cup cream  
½ cup sugar  
Method: Add tapioca and salt to boiling water cook till clear (about 15 minutes) add sugar, orange juice and rind and chill. Whip cream until stiff and fold into mixture. Chill and serve 6-8 people.

Mrs. Keith Warren  
Margate W. I.

#### STEAMED BROWN PUDDING

¾ cup molasses  
1 egg  
2 tablespoons melted butter  
1 teaspoon soda, dissolved in ½ cup water  
1½ cups flour  
½ teaspoon salt  
1 teaspoon each of cinnamon nutmeg and ginger  
1 cup raisins.  
Mix all ingredients in order given. Steam for 2 to 2½ hours.

Mrs. Russel MacLean  
Le Sable

## Favorite Puddings Offer Dessert Thrills

#### HALF HOUR PUDDING

½ cup brown sugar  
2 cup flour sifted with 4 teaspoons baking powder  
¼ tsp. salt  
2 cups raisins  
1 cup sweet milk  
Mix and put in greased pudding dish.  
Now take 4 cups of boiling water  
2 cups brown sugar  
2 tbs. butter  
½ tsp. nutmeg.  
Mix and pour over batter in dish. Bake in moderate oven for 30 minutes.

Mrs. Henry Arsenault  
Bedeque W. I.

#### SUDDEN PUDDING

1-3 cup white sugar  
1 cup flour  
2 tsp. b. powder  
½ cup milk  
Salt  
1 tsp. cinnamon  
½ tsp. each, cloves and nutmeg.  
½ cup dates or raisins.  
Put a syrup of 1 cup brown sugar, 1½ cups water and a small lump of butter in baking dish. Let come to a boil. Add batter in spoonfulls. Bake 25 minutes.

Amy Barwise  
Bedeque W. I.

#### HOT FUDGE PUDDING

1 cup sifted flour  
2 tsp. baking powder  
¼ tsp. salt  
¼ cup sugar  
2 tbs. cocoa  
½ cup milk  
2 tbs. melted shortening  
1 cup chopped nuts (optional)  
½ tsp. vanilla  
Sift dry ingredients. Stir in milk and shortening. Mix until smooth. Add nuts and vanilla. Spread in pan. Sprinkle with 1 cup brown sugar mixed with 2 tbs. cocoa.  
Pour 1¾ cups hot water over entire batter and bake in a moderate oven 40 to 45 minutes.

Mrs. L. P. McIsaac  
Mermaid W. I.

#### PORK CHOPS AND APPLES

Pork chops, ¾ inch thick  
Salt  
Paprika  
Apples, unpeeled  
Brown sugar  
Evaporated milk  
Brown chops in moderately hot frying pan and season them with salt and paprika. Quarter and core apples and cut into ¼ inch slices. Place apple slices - overlapping - on the chops, sprinkle with brown sugar. Cover the bottom of the frying pan well with evaporated milk and cover pan tightly. Bake the chops in a moderate oven (350 F.) from 30 to 40 minutes. Baste them frequently with evaporated milk. When they are done, thicken the drippings with flour for a creamy pork gravy.

Mrs. George Small  
Read's Corner W.I.

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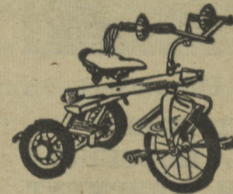
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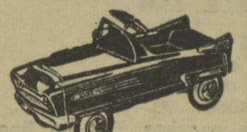
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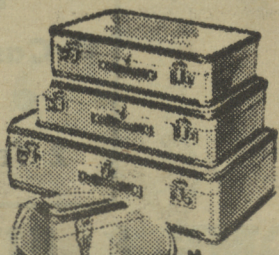
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