

The Stars Say - -

By Genevieve Kemble

For Tomorrow

UNDER the usual unpredictable nature of "mixed influences," it is urged that particular discretion be used in making new plans or in pioneering established commitments of major importance or far-reaching consequence. The judgment is likely to be faulty, and there may be an urge to force issues impulsively, thereby putting in jeopardy the hoped-for aid of supporters.

For the Birthday

Those whose birthday it is are advised that it may be profitable to postpone major decisions until the judgment be less confused or variable. Complications in thought or forced action might alienate or discourage, thus putting a damper on the intentions of those whose joint interest may be vital. There is margin for error or impetuous action.

A child born on this day, while dependent, skillful and ambitious, may be subject to confused ideas and over-zealous impulses.

Morning Smile

Indignant

A census-taker asked a woman how many brothers and sisters she had. "Well," she began, "there's John and Jimmy, and Mary, and—"

"Never mind the names," he said impatiently. "Just give me the numbers."

His tone aroused the woman's indignation. "They haven't got numbers," she said sharply; "they've all got names!"

Oh Well!

"What is the price of this silk?" asked a deaf old lady.

"Six dollars," replied the shopkeeper.

"Sixteen dollars. Ridiculous. I'll give you fifteen."

"I said seven," repeated the shopkeeper.

"Oh," snapped the old lady. "seven eh! Very well, I'll give you five."

Out of the Bag

The Smiths were entertaining and Mr. Smith was doing his utmost to impress his guests.

"I think I shall get a car this year," he said offhandedly. "I haven't decided what make, but I won't get a cheap one. Probably I could get a serviceable affair for about seven hundred or so."

Whilst his guests were gasping at the careless mention of so much money, Smith's youngest son remarked: "And will that funny little man with the big black whiskers call every week as he did when you bought my bike?"



DOROTHY DIX'S COLUMN

Gift For Blood Donor Picture Of Baby She Saved An Appropriate Thought

DEAR MISS DIX: Would it be proper for me to give a picture of my baby to a lady I don't know very well? You see, last January my baby was in the hospital and needed blood transfusions. Her father and I had the wrong type of blood, so this lady volunteered her blood. My husband went to school with her boys and worked for her husband, but I don't know her too well. She wouldn't accept anything for the blood at that time. I feel I owe her a great deal. Could we give her a Christmas present? If so, what?



Muriel Nissen

MRS. W. T.

ANSWER: Your thought of giving a picture of the baby to the woman who saved her life is a very sweet one, and I'm sure she would appreciate it. Do give it to her as a gift from the baby. There is no possible monetary return for a gift of blood, and the best way to show your appreciation is through any kindness you can render, and prayerful thanks to your benefactor. As a Christmas gift, I would suggest something very personal, rather than expensive. A handmade gift, for instance, would be fine. Even homemade cookies, cake or preserves would make a welcome gift.

LOVE AT FIRST SIGHT?

DEAR MISS DIX: I am 21 and the boy I'm dating is 24 and in service. I met him two days before he went away and he assures me it was love at first sight with him. I don't believe it. Do you think he was sincere?

H. G.

ANSWER: Let's say he may have thought he was sincere at the time he made such a rash statement. Love at first sight is possible, but needs a lot of fostering before it's assured as the real thing. Don't wait.

DEAR MISS DIX: I am permanently separated from my husband, and would like to know if it is possible to go without my wedding ring? If I can't go without it altogether, could I wear it on the third finger of my right hand? I have no children.

M. F.

ANSWER: Wearing a wedding ring is a matter of personal choice. You may or may not leave it off, as you wish. However, I hope the reason for abandoning it is not to give an impression that you are free. Since you are separated and not divorced, it would be gross deception to palm yourself off as a single woman.

DEAR MISS DIX: What time do you think a girl of 17 should be home from a school prom, if the prom hours are from nine to twelve?

DIMPLES

ANSWER: My general theme for homecoming is scorned by most young readers as being too strict. However, even I have moments of leniency. Proms are so important a part of school life that I would let the kids enjoy themselves without a time restriction. Local custom usually takes care of activities after the prom, and I think it's a good idea for one of the girls to invite everyone in her group to late supper, or early breakfast, at her home. This insures the young people being under chaperonage after the dance, and will relieve parents' apprehensions concerning the whereabouts of their young.

However, as in all teen-age matters, Mom and Dad must be the final judges in the matter.

DEAR MISS DIX: Two years ago my brother-in-law, who was in the army and stationed at a camp near home, brought a wonderful boy home to meet me. I liked him and he became a good friend of the family. He came to our house every week-end for nearly a year. I was a junior in high school and not ready to be serious about anyone. He was 22 and I was 16. He told me he loved me and I made a joke of the matter. Now I realize I love him. He never has written during the past year and, I'd like to get in touch with him again.

LONESOME

ANSWER: Since the boy is still in service, I'm sure he'll welcome any mail. Why not write a friendly letter for "old time's sake." However, don't overlook the fact that he may have become attached to another girl in the meantime. That is the chance you take.

DEAR MISS DIX: I am in love with a young man who seems to care for me. He is away at college and I'd like to know if I should give him a Christmas gift. Should I write and ask him if he would accept one or not?

M. R.

ANSWER: My stars, don't write and ask such a question; you'd put the poor boy in a most embarrassing position. It would be perfectly all right for you to give him a small gift without his permission.

Miss Nissen cannot reply personally to readers but will answer problems of general interest through this column.

Modern Etiquette

By Roberta Lee

Q. Is it still considered proper for a man to ask a girl's father for his approval before proposing marriage to her?

A. No. However, as soon as a young man and woman have definitely decided to marry, it is considered well-bred and considerate for them to go at once to her parents and ask their approval.

Q. Is it proper for one to excuse oneself when necessary to blow the nose at the dinner table?

A. No; this merely calls every one's attention to an unpleasant ritual. The only thing to do is to end it as inconspicuously and as quickly as possible.

Q. When is a guest privileged to leave a wedding reception?

A. One may leave at any time desired, but, of course, not before speaking to the bride and bridegroom.

by work or exercise is due to injury. However, injury and infection may both be present at the same time.

Cook's Corner

TRAVELLING COOKIES

One cup butter, margarine or good quality shortening, 1 teaspoon vanilla, 1 cup each white sugar, brown sugar and peanut butter, 2 eggs, 3 cups sifted flour, 2 teaspoons baking powder.

Cream the butter and add vanilla and sugar gradually, creaming well. Beat in the eggs and mix well. Add peanut butter and beat until it is thoroughly incorporated. Sift together the sifted flour and baking powder and stir into creamed mixture. If desired add 1 cup either



Mannequins pose on a crown-decorated dais to display the first coronation fashion parade. Pamela Pawcett (left) wears a modern Elizabethan evening dress in three-color ribbon taffeta, designed by Peter Russell for a viscountess. Under the red, ermine-trimmed cloak is a gown of white satin damask, in which the heraldic symbols of the design are picked out in gold thread. (CP from U. K. Information)

How Can I...!

By Anne Ashley

Q. How can I soften butter that is too hard to spread easily?

A. Turn a heated bowl or pan upside down over the butter dish for a few minutes. This will thoroughly soften the butter without melting it. The bowl or pan can be heated by putting boiling water into it.

Q. How can I make steel wool last longer?

A. The steel wool will last longer if it is dried on the radiator or in the sun after each using. This will prevent its rusting and becoming unpleasant.

Q. How can I remove rust stains from porcelain?

A. By means of lemon juice. Follow this with a clear water rinse, and wipe dry.

Household Scrapbook

By Roberta Lee

Taffy

Taffy appeals to the children. Braid together two taffies of different color and flavor. Each must be flavored and colored before it is pulled. Then braid and leave in long strands or cut into two-inch strips.

Scatter Rugs

To prevent the small scatter rugs from slipping on polished floors sew a strip of oilcloth under each end, bottom of oilcloth next to the floor.

Wine

If wine is to be stored, keep the bottles on their sides so that the contents will fill the necks of the bottles and keep the corks wet.

Both Full

Cold tea or milk will make plants blossom in the winter time. Alternate with water every other day.

Plants

chopped dates or nuts or 1/2 cup of each. Roll into small balls between the palms and place on greased cookie sheet. Dip tines of fork in water and use this to flatten cookies somewhat.

Bake at 375 degrees F. for 10 to 15 minutes. Always watch cookies closely while they bake to prevent overbrowning.

Alice Brooks Designs

PARTY IDEA!

Crochet a pair of petal candleholders — they look like the most delicate china! In sombre tones of pink to rose red, or a color to match your tablecloth, you'll have an inspired party setting!

Crochet and sugar-starch candleholders. Pattern 7157; directions.

Send Twenty-five Cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs, c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address and Pattern Number.

BABY'S HOT LITTLE HEAD

WHEN your baby's head feels hot to your hand it may be because of simple fever common to some minor baby ailment. If so, Baby's Own Tablets will help reduce this simple fever by clearing harmful wastes out of the system.

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7157
by Alice Brooks

That Body Of Yours

By James W. Barton, M.D.

THE PROBLEM OF SCIATICA

Some years ago physicians were of the opinion that while sciatica (the severe pain running from buttock down the leg to the foot) was locked down in most cases by infection (tooth, tonsils, gall bladder) and in the remaining cases by injury, such as strain of the sacro-iliac joint, between the hip bone and the bone situated like a wedge between the two hip bones. So common was this injury which caused low back pain and sciatica that the symptoms were called sacro-iliac disease. Many baseball players, particularly pitchers, being afflicted with it.

During the past few years, the cause of practically all cases of sciatica, not due to infection, has been thought to be caused by rupture or hernia of a disc (cushion between two of the bones of the spinal column). The removal of this ruptured disc which pressed against the roots of the sciatic nerve, gave the patient instant relief from his sciatica.

And now it has been found that although this crushed ruptured or herniated disc is the commonest cause of sciatica, there are many other causes.

In the Canadian Medical Association Journal, Dr. Bernard Alpers, Department of Neurology, Jefferson Medical College, Philadelphia, states that present day thinking of sciatica is so overwhelmingly in favor of the herniated disc as the cause that it is difficult to change this way of thinking.

However, Dr. Alpers in his article lists many other conditions as causes of sciatica. In proof of other causes than herniated disc, he presents a group of verified or proven causes of sciatica.

Thus, of 354 cases of sciatica, there were the following cases and their causes: Herniated or ruptured disc, 203; degenerated discs, 59; arthritis of the spine, 6; protruding discs with adhesions, 5; enlarged ligament allowing too much play at the joint, 4; Strain of the joint between the lowest spine bone and the wedge-shaped sacrum, 4; chronic inflammation of the roots of nerves running from spinal column 3; and 6 other conditions, 1 of each. These were 6 other explorations into the tissues where no cause was found.

In herniated disc, the commonest cause of sciatica, there is usually pain in back of thigh; 50 per cent of cases gave a history of exertion or injury in which pain came on with the back bent as in lifting an object. The pain starting in lower back or back of thigh may extend down back and side of thigh to knee or into the calf to the ankle and foot.

Generally speaking, pain that is worse at night at rest is caused by infected whereas pain made worse

VAPEX
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Anne Adams Patterns



WEEK'S SEW-THRIFTY!

It's a jumper! Coverall apron! Check that diagram, this wonder pattern is a jiffy-sew! No fitting problems, it wraps and buttons! Have it with contrast binding to point up the smart lines of the bodice and skirt! Quick, whip it up now—enjoy it all winter!

Pattern 4839: Misses' sizes 12, 14, 16, 18, 20. Size 16 takes 4 yards 39-inch fabric.

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Coronation Fashions



Mannequins pose on a crown-decorated dais to display the first coronation fashion parade. Pamela Pawcett (left) wears a modern Elizabethan evening dress in three-color ribbon taffeta, designed by Peter Russell for a viscountess. Under the red, ermine-trimmed cloak is a gown of white satin damask, in which the heraldic symbols of the design are picked out in gold thread. (CP from U. K. Information)

Better English

By V. O. Williams

1. What is wrong with this sentence? "We seldom ever go to a show, but we calculate on going tonight."

2. What is the correct pronunciation of "massacre"?

3. Which one of these words is misspelled? Reproof, requital, requisition, requiem.

4. What does the word "intestate" mean?

5. What is a word beginning with perf that means "basely false to trust"?

ANSWERS

1. Omit ever, and say, "but we expect to go tonight." 2. Pronounce the last syllable as cur, not as cree. 3. Requital. 4. Without having made a valid will. "To die intestate is to create dissenation among relatives." 5. Perfidious.

Some Mistake

Pastor—"Ah, good morning, Mrs. Brown. I see you're taking a tramp into the countryside."

Mrs. Brown — "A tramp, I'll have you know this is my husband."



Mrs. W. D. MacIntosh, Lower South River, N.S., uses Fleischmann's Yeast "for quick rising and perfect results."

Gets several Baking Prizes at Antigonish Fair

The sturdy forebears who settled Antigonish County left a rich tradition in the home arts. And a look over the baking section at Antigonish Fair will assure you that the present generation is not letting them down! It's a hard choice for the judges, with so much fine baking. But when it's all decided you're bound to see the name of Mrs. W. D. MacIntosh prominent among the winners.

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