



### RETURN FROM FLORIDA

Mr. and Mrs. Vincent Mahar, 26 Park Street, Charlottetown, have returned after a four day all-expense visit to Florida as the winners of

Crockett and Storey's free Florida vacation. They were guests at the Colonial Inn, St. Petersburg. Hospitality was extended to Mr. and Mrs. Ma-

har by the St. Petersburg Chamber of Commerce and The Evening Independent. Mr. and Mrs. Mahar, the parents of four children were seeing Florida for the first time.

### ELLEN'S DIARY

#### Market Day Memories Recalled At Eventide

"I don't see what folks did for entertainment at home in winters of the long ago a visitor of this evening remarked. "They had so little by today's for sure" James offered. "And not even" he added with a chuckle "a party line to listen in on, for there were few telephones in farmhouses then!" "No daily newspaper either. I've heard the old folks say—a twice a week paper or a weekly. Where I wonder" he speculated "did they get their news?" "Oh they got to town on market days and the men chatted together on the Square, while they waited to sell their pork or beef, their hay or oats. Or, this time of year, their loads of firewood, or bundles of kindling." "Or I suppose they waited in the market house while the woman of the house disposed of her wares—the butter and eggs, the cream and buttermilk, the chickens or fowl or other offerings. I mind" the other smiled over a long memory "being in there a few times with my mother when I was only a small fellow. And what a great and wonderful place it was to me!"

"Busy—and noisy" we chuckled. "It was no wonder that mothers of then would say to their children if they were noisy at home: 'Hush up! If a body came by they'd think this was the market-house, hearing the clatter you're making!'" "It was surely a great place to while away an hour or so" James commented. "Town's not the same place to me, now that it's gone" he sighed. "The first meal this woman had in town—as a little girl it was—at the cafeteria in the basement there" we said. "It was served nicely on small tables and how good it was, that perfect summer day!" "The first Movies I ever saw" James became silent a moment at the thought "was in the old 'Wonderland' theatre there on

#### Hampton UCW Holds Meeting

The first meeting of Hampton United Church Women was held at the manse Jan. 18. Mrs. Bryer Jones led the meeting which opened with the call to worship and a hymn. Prayer and Scripture reading followed. Mrs. A.E. Best read a poem "A Plea for a Lamb" followed by a prayer for missionaries by Mrs. C. Morrison. A bible quiz was conducted by the leader. The worship period closed with a hymn. Mrs. C. Morrison gave a report for the nominating committee. The following were appointed: stewardship and recruiting chairman, Mrs. W. Bell; chairman of finance, Mrs. E. Fall; community friendship, Mrs. B. Walton; secretary of Christian citizenship, supply and welfare committee, Mrs. Best; press secretary, Mrs. R. MacQuarrie; manse committee, Mrs. Bill Myers; corresponding secretary Mrs. C. Morrison; organist, Mrs. B. Morrison; assistant, Mrs. B. Myers.

It was decided to hold the meetings the first Wednesday of each month. Worship period for next meeting will be conducted by Mrs. J. Rogerson; lunch, Mrs. G.P. Dunsford; Mrs. M. MacEachern, Mrs. C. Dunsford Mrs. G.P. Dunsford invited the members to her home for the next meeting. Several thank you notes for Christmas gifts were read and two donations were gratefully received from Mrs. Campbell and Mrs. J. Myers.

#### Clyde River WI To Paint Hall

Mrs. Watson Livingston was hostess to the Clyde River Women's Institute for the January meeting. Roll call was answered by nine members, and one visitor was present. The treasurer gave her report. Proceeds from auction sale were \$33. It was voted that \$200 be paid for painting interior of hall. It was also agreed that the music teacher be paid for first half of year. It was decided to write to Eatons and Simpsons for remnants and to start a travelling apron. The next meeting will be held in the school. Lunch committee will be Mrs. J.H. MacPhail, Mrs. W.A. MacLean, Mrs. John MacNeven and Mrs. Harry MacLean. Roll call is to be answered with an article for an auction sale. Lunch was served by hostess and committee in charge.

#### St. Pius X CWL Holds Meeting

The February meeting of St. Pius X parish council of the Catholic Women's League was held in the church with a good attendance. Mrs. Matthew Lee presided. Correspondence was read by Mrs. John Thompson and included letters from Mrs. Fred Steel, provincial president, Miss Marguerite Burns, national president, Martina Doyle and the Music Festival Association. The treasurer's report given by Miss Reta Gaudet showed a substantial bank balance. Other conveners gave satisfactory reports in the different phases of CWL activities. The following ladies volunteered to help out at the Music Festival: Mrs. J.O. Hornby, Mrs. Alfred Blanchard, Mrs. Frank MacDonald, Mrs. Ivan Laurie and Miss Reta Gaudet. It was voted to pay the National and Provincial fees, provincial scholarship and donation to Our Lady's Missions. A substantial sum was given Msgr. McKenzie toward the building fund. Two interesting films were shown by Mr. Lee and a social hour enjoyed. Refreshments were served by the lunch committee.

#### Any Woman Can Become Good Cook

By EDNA BLAKELY TORONTO (CP)—Anyone can be a good cook, says Diane Lucas of New York, a good cook herself in her New York restaurant. Mrs. Lucas was in Toronto to conduct a seven-lesson cooking school for the women's committee of the Toronto art gallery, and she has appeared often on television. "Anyone can be good—not great, but adequate," she said. "A great cook is hard to define. I imagine it would be someone who is inspired." The role of the cook is minimized in North America, she thinks. She would like to see more emphasis in the culinary arts in school and college courses. At the Sorbonne in Paris, cooking is regarded as one of the seven arts. "After all, the main function of women is to marry and have a family. I think women would enjoy cooking more if it wasn't regarded as just a chore."

**JOY IN COOKING** For Mrs. Lucas, cooking is a joy. She would rather cook than eat, because she eats mostly simple things, with lots of fruit. But she gets plenty of opportunity for cooking at her New York restaurant where she is the only chef, and at her cooking school there. Simple food can be superb, she said. She advises the new cook to start out modestly, learning a few basic dishes well, such as a casserole, soup, dessert and dressing for a salad. "Nothing too ambitious." It is important that the food be attractive in appearance, and served properly. "The eye is a very important part of eating—when one sees something attractive it stimulates the appetite."

For utensils, she said three good knives are adequate—a chopping knife, a filleting knife and a paring knife. One or two saucepans are necessary, one or two cast iron or aluminum pans, an omelet pan and a few mixing bowls. **EASY ON SPECIES** Spices are fine but should be used sparingly, as they become stronger in cooking. Spices should not be mixed, she said, but the same spice should not be put into everything. And in North America, meal preparers were often guilty of over-cooking their vegetables. "When they lose their color, they're overdone."

Here's what Mrs. Lucas does when cooking green beans: Plunge the beans into boiling water and leave for two or three minutes, then drain. Place in a heavy pot with butter, salt and pepper. Cover with a sheet of buttered wax paper, and cook over moderate heat for five or six minutes.

#### Belmont WI Has Bean Supper To Raise Funds

Belmont Women's Institute held their February meeting at the home of Mrs. Mervin Inman in the form of a Bean Supper. A short business period was conducted by the president, Mrs. Sterling Thompson. Roll call was answered by Sing, Say or Pay and Mrs. Harry Best conducted several contests. A bountiful supper was served and a social evening enjoyed. Mrs. Percy Birch played for a sing-song and several tables of "rook" were in play. The next meeting will be with Mrs. Harry Best.

# Women

Helen A. MacDonald, Women's Editor, Phone 4-5506  
The Guardian, Charlottetown, Wed., Feb. 7, 1962, 7

## HAPPENINGS

Mrs. Allan J. MacDonald, president of the Women's Auxiliary, CNIB, assisted by Mrs. W. J. P. MacMillan, Mrs. J. B. Murley, Mrs. M. J. MacMillan, Mrs. Blythe Murray and Miss Lorna Weeks will conduct a pantry sale in the near future. Proceeds from same will be used to minimize the debt for furnishings at the CNIB centre where many sightless folk of P.E.I. conduct their meetings, receive instructions in handicraft or spend an hour of pleasant fellowship. Mrs. A. G. Bruce, Mrs. Lyman Davison, Mrs. Blythe Murray, Mrs. W. E. Cotton, Mrs. Jack Lea, Mrs. William Teed and Mrs. Urban Blanchard are on the telephone committee. Mrs. Urban Blanchard also volunteered to bake a cake for which tickets will be sold. In addressing the auxiliary members Mr. P. C. Bower, Field Secretary for P.E.I. stated that Feb. 4 to 10 is White Cane Week. Only the blind are entitled to use a White Cane which is a gentle reminder to us that assistance would be appreciated in travelling. Intersections, stairs, etc. Lapel pins are worn by those with partial sight who require assistance to a less degree. He also spoke of the "Eye Bank Registry," although there are more than one thousand in the Maritimes only a few have registered from the Island. To leave our eyes for some sightless person is a priceless gift. Speaking of the United Appeal he thought plans would be finalized soon which would eliminate the fall drive for funds and also the Blitz conducted by the Auxiliary. Next Meeting, April 6 will be the Annual Meeting and last year's Nominating Committee was re-appointed—Mrs. Frank MacPhee—Convenor, Mrs. J. J. Morris and Mrs. John B. Murley. Mrs. John Shafar of Windsor, Ont., was the recent afternoon guest of Mr. and Mrs. Hollis Woodside of St. Eleanors.

### Consumers' Ass'n Concerned Over Uninspected Meat Sale

MONTREAL (CP)—The Consumers' Association of Canada, which sparked a police investigation into tainted meat sales in Ontario, Tuesday expressed anxiety at what might be happening now to diseased meat. Voicing concern over disposal of tainted carcasses, Mrs. A.F. W. Plumtree, national president of the 28,000-member association, challenged the Meat Packers Council to support consumers in their fight to halt sales of uninspected meat. "Is the law in Ontario now being strictly enforced or is the meat going into storage from where it will be sold to unsuspecting retailers whose sales are not limited to government-inspected meat?" she asked in a speech to the council's annual meeting here. Under the law, meat from diseased or dead animals can be used by rendering plants for dog or cat food or sold to zoos, but is considered unfit for human consumption. Complaints by the association about an illegal trade in tainted meat led to the arrest of a number of persons in Ontario. "When we were making our investigations into the sale of this meat, it became obvious that a great many people in the meat trade knew about these operations," said Mrs. Plumtree. "Why then was it left to a small voluntary organization of consumers to bring this to the attention of the government?"

**COUNCIL SHOULD LEAD** She challenged the Meat Packers Council to say why it was not behind the Consumers' Association "or indeed in front of us urging the cessation of this trade." Estimates placed 80 per cent of the meat sold in Canada as inspected meat under the federal Meat Inspection Act. "What about the remaining 20 per cent?" she asked. Mrs. Plumtree said that in no province is all meat thoroughly inspected according to federal standards. Some municipal meat-inspection regulations, she added, are hardly worth the paper on which they are printed. Mrs. Plumtree also urged consumers to buy meat by grade—something, she said, they often cannot do in retail outlets which carry only red brand beef instead of offering blue or brown brand beef as well. "We must be able to buy graded meat, and we would like to see the government grades for pork, veal, lamb and mutton extended to the retail market." She also called for government standards to protect consumers buying ground beef and sausages, citing a personal case history of a shrinking sausage. Mrs. Plumtree said her husband bought some pork sausages of the usual size, which

came from a federally-inspected plant. "I'm sure you can imagine my surprise when I took them out of the broiler for breakfast the next morning to see they had shrunk to the thickness of a pencil and to about two inches in length." Analysis of another pound of sausages of the same brand and type showed that it was made up of 48 per cent fat, 43 per cent moisture and four per cent cereal. The remaining five per cent represented the weight of protein, salt and other inorganic constituents, she said.

### Lloyds Are Asked To Insure Life Of U.S. Astronaut

LONDON (AP)—Lloyds of London insurance brokers have been asked to insure the life of American astronaut Lt. Col. John H. Glenn Jr., a Lloyds spokesman disclosed Tuesday. He said the policy, for around £34,000 was taken out with an American insurance company which asked Lloyds underwriters last month to reinsure part of the risk. The policy covered preparations for Glenn's flight, the flight itself and the recovery of his space capsule. The American company was understood to have quoted a rate of 2½ per cent of the value of the policy. Lloyds underwriters offered a quotation on the reinsurance but it is not known whether the American insurance company has placed the business with them. The beneficiaries were not known here but the Lloyds spokesman said it was a safe assumption it was a close relative.

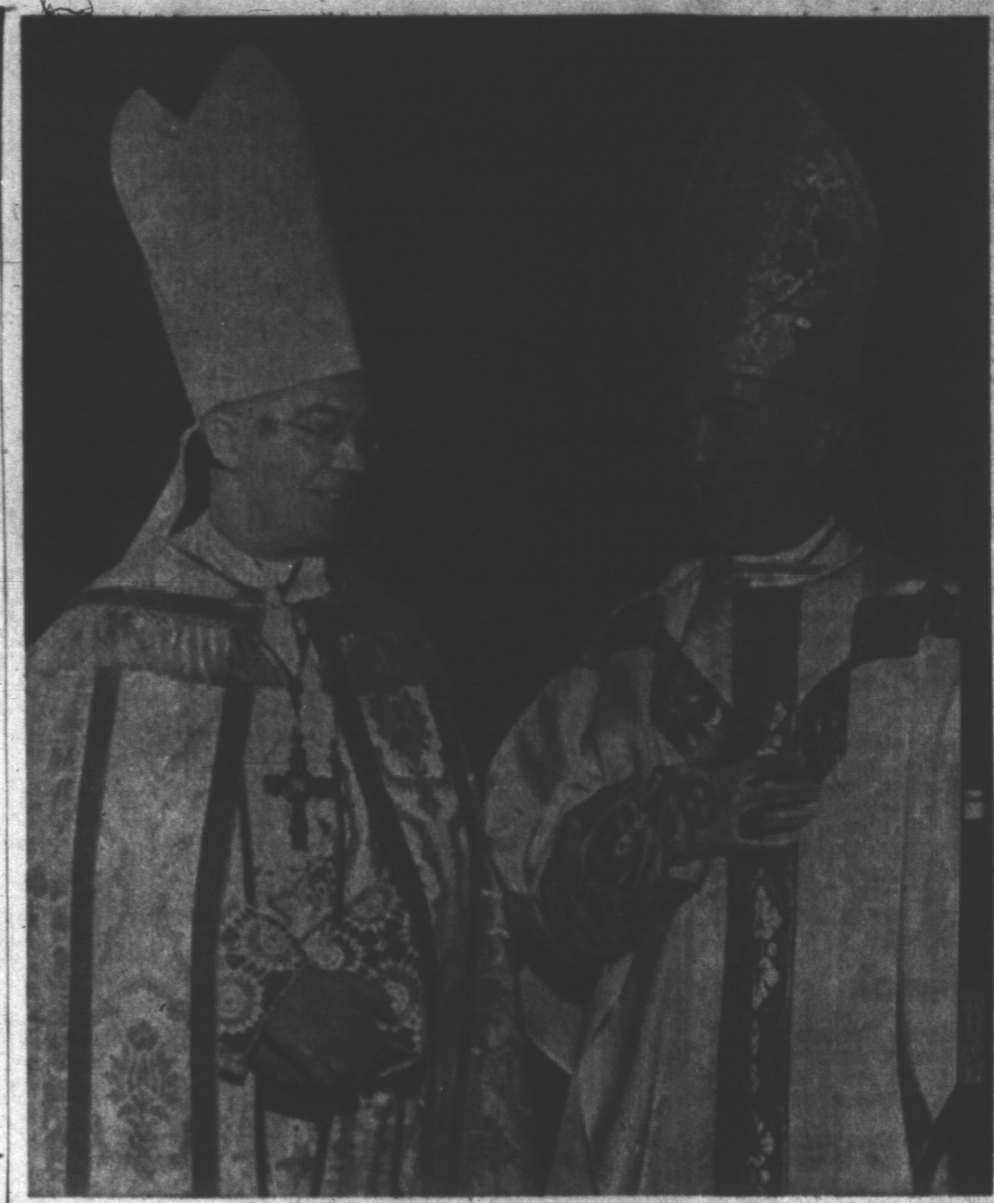
### U.K. Rail Unions Appeal To PM

LONDON (Reuters)—Britain's three major rail unions will appeal directly to Prime Minister Macmillan for a pay boost, union leaders decided Tuesday. The decision was reached at a meeting shortly after an offer by the state's transport commission of a three-per-cent increase was rejected. Richard Beaching, chairman of the commission, had refused more than three per cent because of the government's austerity "pay pause" policy. Union leaders hinted the 500,000 rail workers on the government-run railroads would strike if they received no satisfaction from the prime minister. The unions will write jointly to Macmillan, pointing out that the government said in a recent statement there were "special circumstances in which exceptions (to the pay pause) could be made."

### Central Lot 16 Sees Tour Slides

Mr. Lorne Moase, principal of Kensington High School held a showing of slides and gave an interesting commentary on his recent European tour, while attending the European Ecumenical Youth Assembly in Switzerland. The show was held in Lot 16 Hall and sponsored by the Central Lot 16 Women's Institute. The Lot 16 CGIT sponsored a very successful "Bean Supper" in the community hall on Saturday evening.

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Most Rev. Gerald Emmett Carter (right) stands with his brother, Alexander, Roman Catholic Bishop of Sault Ste. Marie, Ont., after being consecrated Auxiliary Bishop of London, Ont. It is the first time in 30 years that two brothers have held this rank in the Catholic Church of Canada. (CP Wirephoto)

### Russians Plan To Divert Rivers Into Caspian Sea

By JOHN E. BIRD OTTAWA (CP)—Dr. J. L. Kask, chairman of the Fisheries Research Board, says the Soviet government will attempt to divert into the Caspian Sea two rivers emptying into the Arctic Ocean. The Russians consider the project practical, he said in an interview. It had been authorized by the government but engineering plans had not yet been completed. Dr. Kask said that while the Caspian has many rivers running into it, including the mighty Volga, and none running out, its level has been receding gradually during the last few decades. This has been caused mainly by a high rate of water evaporation and the damming and diversion of several rivers for generation of electric power. The level of the Caspian was falling at a rate of two to three inches a year. This was seriously affecting the sea's fisheries resources, docks, waterfront buildings and shipping channels. The Russians hoped to restore the Caspian's level by diverting into it the Pechora and another small river, both of which now empty into the Arctic Ocean. They felt the level could be returned to normal in five to 10 years. "It also is speculated that the productivity of the sea would be increased with the influx of new, rich, fresh water. "No one will hazard a guess as to what extent productivity might be improved but Russian scientific opinion seems to favor chances of considerable improvement."

### TO ASSESS BALLET

OTTAWA (CP)—A second internationally-famous ballet expert will help the Canada Council "form an accurate assessment of the achievements and potential" of Canada's three major ballet companies. The council announced Thursday that Richard Buckle, ballet critic for The Sunday Times and Britain's leading authority on the dance, will make his assessment in visits to the ballet companies. It was previously announced that George Balanchine of the New York City ballet will act as adviser to the council. **LOGGING OPERATIONS** The 1961-62 winter cut of logs in the Sault Ste. Marie district of Northern Ontario is estimated at 60,000,000 board feet.

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## Gift Offer from "Revlon"

Tues. Feb. 6—Sat. Feb. 10 only during the "Florence of Revlon" promotion FREE! Revlon Intimate Spray Mist 4 oz. size, retail value \$4.00 to each customer who purchases \$5 or more in Revlon this week!

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### Group Ordered To Enroll For Survival Course

WINNIPEG (CP)—Officials of the adjoining city of St. Boniface have ordered more than 40 men to report for the next Canadian Army National Survival Training Course. Registered letters signed by N. G. Goodman, assistant superintendent of the St. Boniface welfare department, received by the 40 men read in part: "You are hereby ordered to report to Minto Armouries, located at St. Mathews Avenue and a d. Minto Street, Winnipeg, sometime between the date of receipt of this letter and Feb. 14, 1962, to enrol for a survival course. Please govern yourself accordingly." Mr. Goodman said the department decided early in the year the courses were a means of gainfully employing family men during the winter. He said some of the men rebelled at the idea and the letter was an effort to "get tough" with them. Mr. Goodman denied that the letters were a form of conscription into the six-week course. Applicants accepted for the courses receive \$40 a week pay. Mr. Goodman said: "We can't do much if they don't report, but they must realize that all we are trying to do is rehabilitate them." St. Boniface Mayor Joseph Guay said he was unaware of the letters.

### Mac Queried On Meeting With Nikita

LONDON (AP)—Prime Minister Macmillan told Parliament Tuesday he would only consider a personal meeting with Soviet Premier Khrushchev at an opportune time. Macmillan was asked by Labor MP Albert Roberts whether he would invite Khrushchev to Britain or propose a rendezvous inside the Soviet Union to try to lower the international temperature. "A meeting with Mr. Khrushchev is always an interesting experience," the prime minister replied, "but for a meeting to be valuable the time must be opportune." Diplomatic sources meanwhile reported Khrushchev recently sent a letter to Macmillan on the Berlin crisis and expressed willingness to have a private meeting with the British leader.

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