

WOMEN

Lea Caroline McLure, Women's Editor. Phone 8508

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HAPPENINGS



MR. AND MRS. WALLACE WOOD

Wed at St. James, Souris, Will Live in Marshfield

A pretty wedding was solemnized at St. James United Church, Souris, at two-thirty o'clock on Saturday, October sixth, when Doris Lyle, R.N., younger daughter of Mr. and Mrs. Lloyd H. MacEwen, Rollo Bay West, was united in marriage with Wallace George Wood, son of Mr. and Mrs. Almon Wood of Marshfield. The double ring ceremony performed by Rev. Donald A. Sharpe began with the singing of "O Perfect Love" by Mr. Harley Ings, guest soloist. During the signing of the register, Mr. Ings sang "I'll Walk Beside You". His accompanist was Mrs. Edwin C. Johnstone, aunt of the groom who also played the wedding music. The church was beautifully decorated with autumn leaves and flowers. The guest pews were marked with pink and white satin bows and white "mums and marigold." The bride, given in marriage by her father, looked lovely in a ballerina length gown of Chantilly lace over net and satin, fashioned with a scalloped neckline. The long sleeves tapered to points over her hands. Her headress was a pearl and sequin studded tiara from which fell her shoulder-length veil of silk illusion. She carried a cascade bouquet of American Beauty roses. Her only ornament was a strand of pearls, gift of the groom. The maid of honor was the bride's sister, Mrs. Allison K. Mutch. She wore a strapless ball-

erina length gown of coral taffeta. The dress was fashioned with a full skirt forming a bow in the back. Her headress was a matching bandeau and she wore wrist-length white gloves. She carried a bouquet of mixed carnations. The bridesmaid, Miss Jane Wood, sister of the groom and Miss Frances Wilson, R.N., wore turquoise gowns similar to that of the maid of honor. Their bouquets also were comprised of carnations. Mr. Donald Wood, brother of the groom was best man. The ushers were Mr. Allison Mutch and Mr. Guy Stewart. The bride's mother chose for her daughter's wedding a charcoal crepe dress with pink accessories. She wore a corsage of white carnations. Following the ceremony a reception for approximately seventy guests was held at the Seaview Hotel in Souris. The bride's table was centered with a three tier wedding cake. The table was decorated with roses and lighted tapers. Rev. Donald A. Sharpe proposed the toast to the bride, to which the groom fittingly responded. Miss Agnes Boylan, R.N., was in charge of the guest book. For travelling the bride wore a blue tweed suit with rust and white accessories. Mr. and Mrs. Wood have taken up residence in Marshfield, P. E. I. Photo by Bob Hambly.

KEEP IN TRIM

Streamlining Advice For Young Mothers

By IDA JEAN KAIN
Young mothers bewail the added inches and pounds that come with each successive child. Typical is this letter from a reader in suburban Washington, D.C.: "I am expecting our third baby next month. After the birth of my first child, I had no trouble getting down to normal size. After my second child arrived, it took longer. This time, I suspect it will be even more difficult. I'm a firm believer in protective diet and reconditioning exercise to lose pound and inches. I'm determined my husband and children will have a slim and trim wife and mother." So many letters stress that the greatest weight gain is after the second or third child. In view of this, I consulted with a leading obstetrician to find out whether there actually could be a physiological factor involved. The physician's answer was a resounding "No." He emphasized that weight gain during pregnancy is a normal and healthy routine of expansion, and should be taken to restore tone to stretched muscles after the baby arrives. When this is done, the new mother has a fine figure and excellent muscle tone at the six-week check-up, he said. According to this authority, the seasons back of the greater weight gain as the size of the family increases, particularly when the children are close in age, may be due to nervous tension and more time spent in the kitchen. Many of his

patients with a weight problem put it this way: "Every time I open the refrigerator, I eat!" **SURE TO WORK** Here's the doctor's prescription for muscle toners, to be taken three times daily, six times for each exercise, after the baby arrives. Lie on back in bed or on floor, right knee bent, right foot flat on floor. Pull up and in to press small of back flat against bed or floor. Raise left leg slowly, hold, then slowly return to floor. Repeat raising right leg, left knee bent. Lying on back, bend knees and bring feet up towards buttocks, keeping feet flat on floor. Hold. Relax and repeat. Resistance exercise for toning abdominals: Lie on back, knees bent, soles of feet flat on floor. Place palms of hands flat against outer line of knees, and push knees apart against opposing pressure of hands. Then place palms on inner thighline, and again push against resistance, slowly bringing knees together. Terrific! Resistance exercise for toning butt supporting muscles. Lie on back, elbows bent, fingertips touching. Press fingertips together... hold to count of six, release and repeat. Thank you, doctor. That's an ideal getting-back-in-shape routine.

ST. ANDREWS C.W.L.

The November meeting of the St. Andrews sub-division of the C.W.L. was held in the parish hall on November 4 with a goodly number of ladies in attendance. The President, Mrs. Geo. McCormack called the meeting to order and opened the meeting with the League prayer. The minutes of the last meeting were read and approved. The convenors gave their respective reports. The membership convenor reported that to date there are 124 paid up members. The ladies of St. Andrews district are asked to clean the church the latter part of November. The following ladies volunteered to look after the canteen: November, Mrs. John F. McMillan; December, Mrs. Hugh J. McPhee; January, Mrs. Bertram MacDonald. Correspondence was read by the Secretary. The president, Mrs. G. McCormack announced that there will be a C.W.L. conference in Corran Bann on November 18 and requested the members to attend. A discussion re card parties followed. It was decided to hold a card play in the Parish Hall on Wednesday, November 14, articles to be donated by the members and two members from each district to provide the lunch. A discussion concerning bingo prizes followed and the members thought it advisable to make some changes in the prizes. Unit meetings will be resumed this month. The meeting closed with prayer.

MORNING SMILE

The children were in the midst of a free-for-all when father unexpectedly entered the room. "Tommy, who started this?" he asked the nearest youngster. "Well!" replied Tommy. "It all started when Albert hit me back."

HOUSEHOLD HINT

To keep that lovely fluffy effect on chenille bedspreads and robes, hang them inside out after washing so that, as they dry, the chenille trim rubs against itself.

WIFE PRESERVERS



To be sure paint is thoroughly mixed and free from lumps, pour the paint through a discarded nylon stocking stretched over the top of the can.

Killer Gives Eyes

Hanged for murder in Oakalla jail. Bob Graham gave his eyes that someone else might see. Read this touching story of a repentant killer and two grateful men in The Standard this week. Get The Standard — on sale now, complete with magazine, 12-page novel and 20 pages of comics. Only ten cents.

The Standard ON SALE NOW

GREAT CAPITAL

Tokyo, capital of Japan celebrating its 500th anniversary, has an estimated population of 8,250,000.

COOK'S CORNER



QUICK OATMEAL DROPS

1 1/2 cup white sugar
1 cup lard or butter
2 eggs, well beaten
1/2 cup sour milk or cream
1 tsp. soda, dissolved in milk
2 cups flour
1 tsp. salt
1 tsp. cinnamon
1 tsp. ginger
3 cups rolled oats
1 cup stoned dates, cut fine or walnuts if desired
1 cup raisins
Cream butter and sugar thoroughly, add eggs, rolled oats, dates, salt, cin., and ginger dissolved in milk. Mix well and drop from spoon. Bake in moderate oven 10-12 mins. Makes 30 cookies.



HP SAUCE on bacon and eggs
Delicious!

It might be to your advantage to know that we now have an efficient remedy for the relief of eczema,—

MONACAD OINTMENT!

Successfully used for tetter, itching skin, pimples, scratches, and all mild skin-affections as well as for piles.

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Disinfects as it Cleans and Sweetens!

- Whitens linens, cottons!
- Removes Stubborn Stains!
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KENWOOD BLANKETS

STORE HOURS

MON. TUES. WED. THURS.
9 A.M. — 5 P.M.
FRIDAY
9 A.M. — 9 P.M.
SATURDAY
9 A.M. — 12:30 P.M.



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| | PLAIN COLORS | |
| Size 60 x 84 (Satin Bound) | EACH | 11.50 |
| Size 72 x 84 (Satin Bound) | EACH | 13.50 |
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| | PLAIN COLORS | |
| Size 72 x 84 (Satin Bound) | EACH | 16.95 |
| Line No. 48 | KENWOOD VICEROY | |
| | PLAIN COLORS | |
| Size 72 x 84 (Satin Bound) | EACH | 19.95 |
| Line No. 46 | KENWOOD FLORALTINT | |
| | REVERSIBLE TONE-ON-TONE | |
| Size 72 x 84 (Satin Bound) | EACH | 19.95 |
| Line No. 35 | KENWOOD BABY AND CRIB BLANKETS | |
| | EDGES WHIPPED ON FOUR SIDES | |
| Size 36 x 50 | EACH | 5.50 |
| Size 45 x 60 | EACH | 7.00 |
| Line No. 50 | BOUND ALL AROUND WITH SATIN | |
| Size 36 x 50 | EACH | 7.50 |
| Size 45 x 60 | EACH | 9.95 |

Science has not yet discovered a substitute for wool. When you sleep under a beautiful, soft Kenwood Blanket, you are sleeping under the oldest and still the best protection you can find against the cold. In Kenwood Blankets you have only the highest grade of new wool—long springy fibres, napped to a fluffy depth that assures unrivalled warmth without weight. Pre-shrunk to size, a Kenwood Blanket will wash like a lamb and come from the tub as bright and colorful as new—for years and years.

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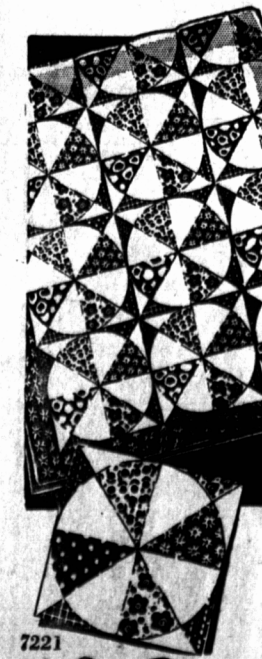
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Send me the necessary number of Brodie Coupons and my money order.

DAILY PATTERN



7221
by Alice Brooks

GAY SCRAP QUILT
Chilly weather coming—make a patchwork quilt for gay protection! It's easy; just two patches form the smart design. Thriftily use up scraps of many fabrics!
Pattern 7221: Charts, directions, pattern of two patches. Yardages for single and double-bed quilt. Send TWENTY-FIVE CENTS in coins for this pattern (stamps cannot be accepted) to Charlottetown Guardian, Household Arts Dept., 60 Front St., West, Toronto, Ontario. Print plainly NAME, ADDRESS, PATTERN NUMBER.
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