



# FEATHER YOUR NEST with SAVINGS

## Spring Sale

Welcome sweet Springtime at the CO-OP SUPER MARKET'S great storewide sale! For here, is a storeful of low, low prices that go light as a feather on your budget—so feather your nest with SAVINGS! Stock up with your favorite foods. Pack your pantry—fill your freezer—with good things for marvelous meals—delicious "Spring Tonics" for your family's appetite. You'll be happy you did because our Spring Sale super values are something to chirp about.

- LEAN CENTRE CUT PORK CHOPS - - - Lb. 59c
- FRESH LEAN PORK ROASTS - - - Lb. 47c
- OUR OWN CURE CORNED BEEF - - - Lb. 19c
- SWEET PICKLED NECK RIBS - - - - - Lb. 17c



- FRESH CHILLED
- COD FILLETS - lb. 23c
  - HADDOCK FILLETS - - lb. 33c
  - MACKEREL FILLETS -lb. 33c
  - Halibut Steaks - lb. 43c
  - SMELTS, 12 oz. 19c

- ROAST BEEF CHUCK - BLADE DUTCH - LB. LB. 29<sup>c</sup>
- BOILING BEEF YOUNG STEER PLATE OR BRISKET LB. 19<sup>c</sup>
- RIB ROAST YOUNG STEER PRIME STANDING CUT LB. 39<sup>c</sup>
- CHICKENS YOUNG BROILERS 2-3 LBS. Eviserated- LB. 59<sup>c</sup>
- T-BONE, SIRLOIN OR TENDER CHOICE ROUND STEAK Lb. 59c BRAISING RIBS Lb. 29c
- FRESH GROUND HAMBURG 2 LBS. FOR 59c BONELESS DRIED SALT COD - - Lb. 35c

**Breeze** offers NEW Cannon PARTY STRIPE TEA TOWELS

Plus **WHITE Breeze** 7<sup>c</sup> OFF REGULAR PRICE

ONLY **75<sup>c</sup>**

- PRUNES IRIS 16 OZ. PKG. 23<sup>c</sup>
- BEANS NO 1 WHITE 2 LBS. FOR 25<sup>c</sup>
- PEARS ROYAL VALLEY 20 OZ. TINS 2 FOR 39<sup>c</sup>
- WAX AERO LIQUID 1/2 GALLON TIN 99<sup>c</sup>
- SALT SIFTO 2 LB. BOX 2 FOR 25<sup>c</sup>
- PEAS FLAVOR PAK ISLAND CHOICE 2 20 OZ. TINS 39<sup>c</sup>
- PINEAPPLE TROPIC ISLE SLICED—28 OZ. TIN 39<sup>c</sup>
- SOAP WOODBURY'S TOILET 4 BARS FOR 29<sup>c</sup>
- BUTTER GARDEN CITY OR HEATHER 2 LBS. FOR 1.25

**Heinz** Condensed Vegetable Soup 2 for 25<sup>c</sup>

THREE DELICIOUS KINDS

**MUGGET** BLACK SHOE POLISH

ALL COLORS

2 TINS FOR 29<sup>c</sup>

For tastier Lenten dishes New 3-minute Cheese Sauce recipe here...made with Carnation Milk

6 for 89<sup>c</sup>

Spring Comes Early to **RED'S** PRODUCE COUNTER

Suddenly it's Spring—and our Produce Counters are filled with the season's first arrivals of young, tender vegetables. For we rush the season to you... rush the finest of the freshest produce from sun-drenched farms in your table to give your meals that delightful fore-taste of Springtime flavor-freshness.

- NEW SPRING CARROTS - Bunch . 17c
- NEW SPRING LETTUCE - lge. hd. . 25c
- NEW SPRING EXTRA CELERY - Stock . . . 21c
- NEW SPRING BEETS - Bunch . . . . 17c
- NEW SPRING Brussel Sprouts - Lb. 45c

WHITE OR PINK **GRAPE-FRUIT**

6 LARGE SIZE FOR 49c

- NEW SPRING CAULIFLOWER - Lb. 15c
- NEW SPRING STRING BEANS - Lb. 35c
- MEXICAN FOR JUICE ORANGES 2 DOZ. FOR 79c
- FOR VARIETY CANTELOUPES - ea. 35c
- NETTED GEM POTATOES 10 LB. BAG 43c

BUY OF THE WEEK

NEW - - NEW RED ROSE INSTANT COFFEE

2 OZ. JAR **45<sup>c</sup>**

BUY OF THE WEEK

CO-OP SPECIAL BROKEN PEKOE TEA

LB. BAG **73<sup>c</sup>**

- AUNT JEMINA BUTTERMILK PANCAKE MIX PKG. 19c
- WILSON'S—16 OZ. PANCAKE SYRUP JAR 39c
- COLGATES GIANT SIZE TOOTH PASTE 2 For 89c
- BALLET COLORED TOILET TISSUE 2 ROLLS FOR 25c
- NUTTY BRAND—16 OZ. PEANUT BUTTER JAR 31c

- MEDIUM DESICATED COCOANUT - Lb. . . 29c
- SULTANA SEEDLESS RAISINS - 2 lbs. for 43c
- BRAZILIAN LIGHT WALNUTS - 4 oz. bag 19c
- GAVEL'S VANILLA - 8 oz. bottle 23c
- QUAKER—5 LB. BAG FLOUR - bag . . . . . 39c

LISTEN TO NEWS & VIEWS ON GROCERIES—CFCY TODAY AT 11:00 A.M.

THE FINEST MEATS IN TOWN

**CO-OP** SUPER MARKET

AN ISLAND STORE OWNED BY ISLAND PEOPLE

BIG ENOUGH TO SERVE YOU - NOT TOO BIG TO APPRECIATE YOU

FREE DELIVERY • PHONE 8557 • FREE CUSTOMER PARKING

SPECIALISTS IN FRESH FRUIT AND VEGETABLES