

**CHASE COUGHS**  
with *Boots*  
**ANTISEPTIC**  
**Bronchial**  
**LOZENGES**  
50¢ AT ALL DRUG STORES

Donald; 2. George Kelly.  
Grade VII.—1. Wilfred Lacey; 2. Roland MacDougall; 3. Lorne MacDougall.  
Grade VI.—1. Maureen MacDonald; 2. Maurice Kelly; 3. Reuben MacDougall.  
Grade IV. A.—1. Leonard Kelly; 2. Leo MacDougall.  
Grade IV. B.—1. Andrew Gilbert.  
Grade III.—1. Marguerite Kelly; 2. Milton Lawless.  
Grade I. A.—1. Normand George.  
Grade I. B.—1. Reginald Kelly.  
Teacher—Bernice MacDougall.  
(Patriot please copy.)

**NEW YORK Dec. 6 — (CP) —**  
The Canadian dollar was up 1-16 of a cent at a discount of 4 9-16 per cent in terms of United States funds in closing foreign exchange dealings today. The pound sterling was unchanged at \$2.80 1-8.

**BLOOMING POINT SCHOOL**  
Roll for November.  
Grade X.—1. Edna MacDonald.  
Grade VIII.—1. Leonard Mac-

**Butter in 2000 B. C. and 1950 A. D.**

There can be no doubt that butter was churned and used some thousands of years before the birth of Christ. Historians and researchers have found many references to butter in records originating earlier than 2000 B. C. These have been traced to the early Indians of Asia, the Hebrews, Greeks, Arabs, Egyptians, Persians, Romans and Teutons. These records also indicate that the churning of butter was done, principally in the cooler latitudes. There are numerous references to butter in the Old Testament. In the very first book, Genesis, 18: 8, it is learned that "... he (Abraham) took butter, milk and the calf and set it before them. ... Again, at Proverbs, 30: 33, "Surely the churning of milk bringeth forth butter." Strangely enough, 19th century historians found no traces of the husbandry of milk giving animals or the use of milk as a food in the histories of the early dwellers of South and North America, Australia or New Zealand, countries that, today, are noted for their dairy production.

That more uses were found for butter long before the Christian Era than are common today, is one of the oddities of the history of that natural food. Many properties were attributed to butter by the world's early people. The Hindus accounted it a sacred food and it was used extensively in the greatest and holiest sacrifices of their worship. Butter was the essential to the wedding feast of a Hindu maiden. Macedonians used it as a healing ointment and as an internal medicine in addition to its natural use as food. The Romans used butter to anoint bodies afflicted with pain. All used it as food. Among the early, high people, butter was melted and stored and used to enrich other foods prepared for important feasts. These people regarded it as a rich delicacy.

That milk or cream would churn into butter was probably discovered through the early practice of transporting milk in animal skin pouches. There is record of milk souring, fermenting and curdling in such containers, and, in all probability, the swaying, bumpy motion of this method of transport produced butter. It is known that early Arabians used animal skin pouches for the churning of butter.

Obviously there is a vast difference between the butter of those early days and the 300 or more million pounds now produced every year in Canada. Their pitifully crude methods of production are supplanted now by streamlined sanitary methods. Today, in the making of this premier food, we have the scientific feeding of the

**16¢ PLUS TAX OR TAXES**  
**ZIG-ZAG**  
CIGARETTE TOBACCO

**CANADA'S FASTEST SELLING CIGARETTE TOBACCO**

cattle, advanced barn and milking equipment to insure sanitary handling, clean modern transportation methods; modern churning and processing equipment to gain the utmost in quality and flavour, refrigeration to preserve these qualities, plus pasteurization for health protection and to assist in holding the flavour and adding to the keeping qualities. Inspection from cow to counter is compulsory.

The ancients did not have these advantages, nor did they have any knowledge of proteins, vitamins and caloric content. They seemed to realize, instinctively that butter was a health giving food. People, today, are protected by law against butter of inferior quality. Butter sold now must contain not less than 80 per cent of butterfat and not more than 18 per cent of moisture. Each pound contains about 3,200 calories or, if a working man consumed no other food than one pound of butter each day, his caloric intake would be sufficient for his needs. Workers engaged in light labour require around 2,800 calories per day. Present day butter has 94 per cent of digestible protein, (Hunziker), Vitamins A, B1, B2, C, D, and E are found in butter in rich quantity and well balanced proportion.

When the food value of butter is regarded in the light of its nutritional content, it is small wonder that the ancients placed butter as one of the "firsts" in the foods of their day. With all of the present day advantages, butter is now, more than ever, one of the "firsts" in our foods.

**IN MEMORIAM**  
In loving memory of our dear mother, Mrs. Mary H. MacKinnon, Whim Road, who departed this life December 7th, 1948.

Some may think you are forgotten  
Though on earth you are no more.  
But in memory you are with us  
As you always were before.  
Lovingly Remembered by Her Family.

**IN MEMORIAM**  
In loving memory of a dear father and husband, Kenneth A. McInnis, who passed away December 7th, 1948.

Away in the beautiful hills of God,  
There's a river of life so fair,  
Some day when the storm's of life  
are passed  
We shall meet our loved one's  
there.  
Lovingly Remembered by Wife and Family.

**IN MEMORIAM**  
In loving memory of L. M. MacKinnon, who died December 7th, 1948.

Loving and kind in all his ways  
Upright and just to the end of his days.  
Sincere and true in heart and mind  
A beautiful memory left behind.  
Lovingly Remembered by His Wife and Son

**Sun Life Co. Votes Dividend**

**MONTREAL, Dec. 6 — (CP) —**  
Geo. W. Bourke, president of the Sun Life Assurance Company of Canada has announced that at a meeting of the board of directors a regular quarterly dividend of \$5 per share payable Jan. 1, 1951, and an extra dividend of \$10 per share payable Feb. 15, 1951, was declared on the present outstanding shares of the company.

It was recently announced that the company's shares would be split 10 for 1 following the passing of a resolution at a special general meeting of shareholders to be held on the same day as the Sun Life's annual meeting.

The dividend to be paid on the new shares will be decided at the March meeting of the board.

**One Injured When Freights Sideswipe**

**WINNIPEG, Dec. 6 — (CP) —**  
Two Canadian National Railways freight trains sideswiped yesterday at Cutarm, Sask., near the Manitoba-Saskatchewan boundary.

One trainman was injured. C. A. Thompson of Melville, Sask., suffered a possible fracture of the collarbone.

He was riding in the caboose of a westbound extra freight, which was sideswiped by an east-bound freight on the main transcontinental line 91 miles west of Rivers, Man.

The C. N. R. here said three cars and the caboose of the extra freight was derailed, tying up the main line. Transcontinental passenger trains were rerouted.

**BURGESS BEDTIME**

Continued from page 10  
Dog has found his scent. It could be.

He got to his feet, yawned, listened to the Dog until he was sure in which direction the latter was working, then trotted to an open place among the bushes and sat down to watch where he was sure the Dog would appear. Sure enough, after a while the Dog did burst out of the bushes.

"Just as I thought. It is that small Dog with the short legs, and he isn't after me. He just crossed my trail and didn't pay any attention to it. As I live, he is going right in to the bramble tangle. So it must be a Rabbit," thought Reddy.

He was sitting now. He was on his feet and watching that bramble tangle. He grinned as he heard the Dog yelp when a briar scratched him. Just then Peter Rabbit came out of that tangle in a hurry. Littery, Littery, lip he raced for another tangle.

Now no one knows the Old Pasture as does Reddy Fox and Mrs. Reddy. They know every bush, every stick and stone, every twist and turn of every old cow path. Reddy knew instantly that Peter was running for the next bramble tangle and he knew that that bramble tangle was a small one.

That Dog had driven Peter out of this one, so of course he would drive him out of the next one. He couldn't possibly catch Peter before he reached the next one. He didn't even try. There was no opportunity here, but there might be opportunity if and when Peter was driven out of that next one.

Looking back without turning his head, as only Rabbits can, Peter saw Reddy bound behind some bushes. "Is he running away from that Dog, or what?" thought Peter as bit worriedly.

Then he was at the opening of a tunnel-like little path under the briars of that tangle. There were some big brambles there, some wicked-looking thorns. Perhaps that Dog would try to get in there. He wasn't afraid of them himself for he had cut the little path and knew just how to avoid them. He popped in hoping he wouldn't have to pop out again.

**★ a star is back**  
**★ again, the incomparable Zeiss, available in Canada**



Zeiss Ikon quality in the best tradition built into this ideal amateur moderately priced camera.

The Nettar 2 1/4 x 2 1/4 — equipped with F/63 Novar Anastigmat Lens — Vario Shutter — Built in flash — speeds bulb to 1/200 — Front lens focusing — body shutter release — direct eye level finder — chrome fittings — takes 12 pictures.

Price **\$30.75**  
(model 2 1/4 x 3 1/4 also available \$31.50)  
Case extra \$7.50

**ZEISS IKON NETTAR**  
Contact your local dealer for Zeiss Ikon cameras — distributed exclusively in Canada by:

**THE HUGHES OWENS COMPANY LIMITED**  
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**THRIFT WEEK SPECIALS**

**AT...**  
**ATKINSON'S** your favorite shopping centre. Prepare now for the busy season ahead. So shop are complete.

**BAKING NEEDS**

Magic—1 lb. Tin BAKING POWDER ..	29c
Icing—1 lb. pkg. SUGAR, 2 for ..	29c
Cooking FIGS, lb. ....	35c
Bleached Sultana RAISINS, lb. ....	35c
Robin Hood FLOUR, 7 lb. bag ...	55c
Bakers CHOCOLATE, 1/2 lb. 43c	
Full Variety of Spices	

Aylmer—15 oz. tin 10c  
**TOMATO JUICE, 3 for ..** 29c  
Chase and Sanborne  
**COFFEE, 1 lb. tin .....** 1.05

**Fruits & Vegetables**

Sweet POTATOES, 2 lbs. ....	29c
Choice GRAPES, 2 lbs. ....	35c
96 Count GRAPEFRUIT, 3 for ...	29c
Firm Ripe TOMATOES, lb. ....	29c

**MEAT DEPARTMENT**

Swift's Picnic Style Pork SHOULDERS, lb. ...	59c
Boneless—Ave. 5 to 7 lbs. Premium Luncheon LOAF, 1/2 lb. ....	33c
Corned NECK RIBS, 2 lbs. ....	29c
Fresh PORK ROAST, lb. ...	47c
Canada Packers' WEINERS, lb. ....	49c

**FREE DELIVERY**


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**LISTLESS?**

**Improve your Pep and Energy with SCOTT'S EMULSION**

You probably need the energy and tonic value of pleasant tasting Scott's Emulsion which contains *Natural Vitamins A and D* and other necessary elements to help tone up the system and improve resistance. Scott's Emulsion is easy to digest, and taken daily when needed for these conditions, you should feel much better in a short time. Economical to use—buy at your druggists to-day!



**SCOTT'S EMULSION**  
NOT JUST A TONIC IT'S POWERFUL NUTRITION

**NESCAFÉ**  
**SAVES YOU UP TO 40¢ A POUND ON COFFEE BILLS**

**Here's why:**

1. Even the 4 oz. jar—though costing far less—makes as many cups as a whole pound of ordinary coffee.
2. Big family size jar saves even more.
3. No waste with Nescafé. You make delicious roaster fresh coffee right in the cup—and only what you need.
4. Never goes stale. Nescafé is specially processed to stay fresh down to the last spoon-full!

**DRINK NESCAFÉ AND ENJOY THE FINEST CUP OF COFFEE YOU EVER T-A-S-T-E-D**

**Right this minute more people are drinking NESCAFÉ than all other instant coffees combined**

Nescafé (pronounced NES-CAFAY) is the exclusive registered trade mark of Nestlé's Milk Products (Canada) Limited to designate its soluble coffee product which is composed of equal parts of pure soluble coffee and added pure carbohydrates (dextrins, maltose and dextrose) added solely to protect the flavour.



**for Contented Babies**

**"A Prescription from My Doctor"**

"No wonder I'm healthy and contented! My Carnation Milk is nourishing as milk can be; easily digested because it is homogenized and heat-refined; it has 400 units of "sunshine" vitamin D in every pint. Mother knows it is safe, because Carnation is sterilized after it is sealed in its air-tight can; and a Carnation formula is so easy to prepare. Ask your doctor about a Carnation formula for your baby. Carnation is the milk every doctor knows".

**Extra Body-Building Benefits for Children of All Ages**

**AFTER BABY'S** bottle days, no need to change from the milk the doctor recommends. For "creaming" cereals and desserts, children love the flavor of *undiluted* Carnation—and it has twice the food value of an equal amount of bottled milk.

**FOR DRINKING**, making cocoa or cooking, dilute Carnation with an equal amount of water for a milk of extra smoothness and rich flavor.

**from Contented Cows**



**For Bare-Skin Beauty**

**Bath Size PALMOLIVE**

**Extra-Mild, Extra-Soothing for Soft Smooth Skin ALL OVER**

**Shower TO REFRESH**  
A few seconds under a tingling, stimulating shower with bath size Palmolive and you'll step out thoroughly refreshed, Palmolive-Lovely all over!

**Bathe TO RELAX**  
When work or weather gets you down, step into a soothing Palmolive bath. Cream your whole body with Palmolive's extra-mild lather. Soak... take it easy... let that restful, soothing Palmolive bath calm your nerves... ease aching muscles... relax your tired mind.

**PALMOLIVE FOR Baby TOO!**  
Keep your baby healthfully clean with a daily Palmolive bath. It's the finest tip-toe skin care you can give your baby. That's because Palmolive is extra-mild, extra-soothing to even the most sensitive skin!

**Soothing Mildness**  
**New Exotic Fragrance**  
**Oceans of "Beauty Lather"**  
**So Solid and Long-Lasting**

**For Loveliness All Over—Extra-Mild BATH SIZE PALMOLIVE**