

Disillusioning Experience Of Young Actress

Dear Mary Haworth: I grew up in a small town. My parents are average salaried people, who've always felt the pinch of necessity. They are very high strung, and home life was very hectic.

I realize now that it is impossible to pursue a stage career, without losing the job security I must have in order to live. I have always been popular with men and girls of my own age, and have had three marriage proposals which I refused, as I wasn't in love.

WANTED AN AFFAIR About two years ago I met a young actor and we dated steadily for about six months. I had wonderful times together. I was greatly in love with him and he led me to believe he returned my feelings. Then out of the blue he urged an affair. I felt stunned, and naturally refused, explaining my reasons. He seemed angry and surprised and almost angry that I would expect him to marry me. Later he apologized, but said he wouldn't date me again, and he never has.

RUTHLESS SNOBBERY Dear D.K.: It appears that the doctor was a snob and a stinker, who took to his heels after showing his hand, when he found you weren't as tinsel as he had supposed.

FAITH IN YOURSELF But, fortunately, you are striving to help yourself—in writing this letter, asking for guidance. The next step is to enlist outside help, specialist help, in losing the grip of the past on your present reflexes.

C. G. I. T. And Explorer Closing A beautiful and impressive service was held in Borden United Church on Sunday evening, June 17, at 7.30, when three Explorers and twelve C.G.I.T. girls took part in Graduation Exercises.

ANNE ADAMS PATTERNS NEW BACK INTEREST See the pretty back view this dress displays—soft folds from hipline to hemline, topped by a graceful bow! The front presents a lovely picture too—a smooth, slim silhouette, so-o flattering to your figure, and best of all, a joy to sew—it's so SIMPLE!

MAIL YOUR FILMS TO Mail Film Service Box 11, Charlottetown 8 Exposure Roll 50 12 Exposure Roll 80 16 Exposure Roll 1.00 Reprints05 each

Triumphant Report From Good Losers On Course

"My husband is so proud of me for losing 20 pounds," a 5'2" reducer beamed. "My 17-year-old daughter has slimmed down 15 pounds and gained new confidence, another member of the class told us, showing a picture of her lovely daughter."

FOOD HABITS CHANGED The real proof of the Scientific Wonder Diet is not so much the initial weight loss, but the changed food habits and the keeping slim follow-up. In February, 47 overweight enrollees, and 7 soon dropped out. Some of the members weighed over 200, while others were from 20 to 50 pounds overweight. The age weight was roughly from 35 to 55, mostly among homemakers.

Federation Of University Women Wants Penal Reform By OLI DAUM Canadian Press Staff Writer KINGSTON, Ont. (CP) — Since formation in 1919 the Canadian Federation of University Women, whose leading project is advancement of education, has invested \$135,000 in scholars, most of them Canadian.

ENLARGES PROGRAM Next the program will be enlarged with another \$1,200 award named after Dr. A. Vibert Douglas, dean of women at Queen's University here.

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STREAMLINING SUCCESS Exercise "silmastics" directed by Marie Svoboda, physical education graduate of Prague University, were a streamlining success. Participants re-enrolled in the exercise course. Of the 25 who measured up, here are the total inches lost: Waist, 75 inches; abdomen, 58 inches; hips 67 inches; bust alterations were as needed. Luncheon was served, buffet style, with all calories marked. For a total of 400 calories, the dieters enjoyed sliced turkey; lean ham; devilled egg half; slimming style; thin slice of rye bread; celery and carrot sticks; sliced tomatoes; fresh peas; tea or coffee. The 400 calories included seconds on the sliced turkey.

BEACH BEAUTY THERE'S nothing quite so effective as all-white or all-black bathing suit to glorify a good figure and a beautifully sun-tanned skin. This black beauty is in latex rayon faille and incorporates many striking details. For instance, though it buttons down the front with smoky pearl buttons there's a zipper inside. Curved seaming does the most for the torso and the pockets relieve the hipline. A good selection for the fuller figure or the slim one, so long as the figure is good.

EDUCATIONAL WORK Another phase of the university women's education work is to arouse and sustain interest in public affairs and in the status of women. In the public affairs field they are currently agitating for penal reforms, saying the emphasis in prisons should be on rehabilitation not punishment. They also suggest that unemployment insurance be provided for ex-prisoners who have difficulty finding jobs after release. They say it may prevent offenders from repeating crimes.

VARIOUS STUDIES The federation, which comprises 86 local groups, also is studying problems of older women workers, current shortages of nurses and teachers, possibilities for an accelerated curriculum for the brighter child and laws, particularly the Dominion Succession Duty Act, affecting women.

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WOMEN

Wed, July 4, 1956 The Guardian, Page 9

Standard Sized Children's Clothing Is Inching Nearer

By CAROLYN WILLET Canadian Press Staff Writer OTTAWA (CP) — With a proposed new system of sizing children's clothing, it won't matter whether youngsters are tall, short or chubby. If mother has a tape measure, she will be able to buy clothes that fit her family.

MAKING PROGRESS But standard sizes for children's clothing are inching closer to reality with garment trials—using clothes made to specifications suggested by the committee—scheduled to be held here this summer or next fall. Once children's sizes are settled the committee, with its manufacturer, retailer and consumer representatives, will move on to detailed studies of standard sizes for women's and men's wear.



W.I. PRESIDENT

MRS. J.W. ADAMS Mrs. A.W. Adams, president of the Federated Women's Institutes will be a guest of the Prince Edward Island Women's Institutes at their annual convention in Prince of Wales College.

LET'S EAT Different Touches Make Meal Special By Ida Bailey Allen "This evening, Madame, may I have the pleasure of taking you to a newly reopened famous dining place?" invited the Chef. A walk of just five minutes brought us to the Hotel Biltmore. We walked up a short flight of steps into the Bowman Room.

SPECIAL OFFER!



SAVE 5¢

on the big, new 15 oz. family size HEINZ KETCHUP

On a taste so-o good, such a bargain is rare! But here it is. Cut out this money-saving coupon and save 5¢ on the big, new family-size bottle of delicious, rich, red Heinz Tomato Ketchup.

WORTH 5¢ when you purchase the 15 oz. size of... HEINZ TOMATO KETCHUP To Dealer: Your Heinz man will redeem this coupon on his next regular call.