



KATHLEEN COFFIN **ALAN RUSSELL CHAMPION**
Mr. and Mrs. Reginald Coffin, West Royalty, announce the engagement of their daughter Kathleen, to Alan Russell, son of Mr. and Mrs. Ervin Champion, Kensington. Marriage to take place July 14th at Trinity United Church, Charlottetown.

ELLEN'S DIARY

Take One Robin - Trill

Behind a screen of new leaves again? Should we hear the "cheer-up cheerily" of its lay and have a robin sings, notes as familiar and satisfying as the tune of a hymn we have grown old with. And stopping in the midst of some interest of the housework, the better to enjoy it, we recall that this is the sound we most longed for when winter was white and deep and long on the farmlands.

Would a robin ever sing for us again? Should we hear the "cheer-up cheerily" of its lay and have with it Springtime's witchery over the valley? To listen to its notes blithe and warm from some tree of lawn as we mixed bread some morning and planned and furthered the preparations that would give James the early dinner he desired in order to be off for "a good afternoon" at the field-work?

CONFIDENTIALLY YOURS

MONTREAL, June 21st—Every evening, I take a little time, teaching our Budgie to talk. It takes patience, but it's fun. I take him always to a quiet room, and shut the door. Then very clearly, repeat over and over the one or two words I'm starting with. He listens, apparently absorbed. . . . Personally, I prefer the handy, push-button Fly-Tox Aerosol, which isn't any bigger than a water tumbler but yet sprays up to 100 rooms when used as directed. But, if you prefer, Fly-Tox is still available as a standard Liquid Spray in 8 oz., 16 oz., and 32 oz. tins. Either way Fly-Tox has a clean and pleasant fragrance and leaves your home or cottage insect-free all summer long for just a few pennies a day!

Will You Try This? Make a **School's Out!** . . . Only a day or so now, and the summer really begins, with the youngsters hungry from holiday play. More than ever, this is the time to keep a full supply of the delectable **ROYAL INSTANT PUDDINGS** always ready. Such a comfort in the hot weather to whip up a nourishing, yet delicious dessert. . . . in a matter of seconds. . . . without cooking. . . . without stirring on your stove. . . . Seven flavors to choose from—each one smooth and creamy—because each one is super-homogenized. Never a lump nor any of that starchy flavor! Keep your favorite flavors on hand. . . . ready for instant puddings. . . . pie fillings. . . . parfaits. . . . and frozen desserts. You'll be glad!

Golden Cheese Nuggets! . . . "My friends are wild about them!" writes Miss Mary Campbell of New Westminster, B.C., in sending me this recipe for **BORDEN'S Chateau Cheese**. It's so delicious that Borden's is sending her this week's \$10 prize.

GOLDEN CHEESE NUGGETS
1/4 (8-oz. pkz.) Borden's Chateau Cheese
4 tbsp. butter
1 unbeaten egg white
Garlic or onion salt
Unstuffed bread

Cream butter and cheese together until smooth. Add paprika and egg white, blend thoroughly. Cut in inch slices of bread. Remove crusts and cut slices in 4 x 8 depending on size of nuggets required. Spread 5 sides of the nuggets with cheese paste; sprinkle generously with onion or garlic salt. Refrigerate until ready to use. Bake in hot oven 350 deg. F. 3 to 10 minutes, until bubbly and slightly browned. Serve at once. Makes approximately 30 to 40-1 1/2" nuggets.

Bless That Baby! . . . So pink and rosy—and so placidly happy when he's enjoying the benefits of **FARMER'S WIFE**. This, as you may know, is the original formula milk that is prepared especially for babies. You can buy it in one of three types—whichever your doctor says is the right one for your little one. There's the Early Skimmed Milk formula (Bless That Baby) which was originally created at the request of pediatricians, and which is a high-protein, low-fat concentrated milk with Vitamin D content increased. Maybe he should have Whole Milk (Red Label) or Skimmed Milk (Yellow Label). Ask your doctor!

ALICE BROOKS DESIGNS

KITTEN CHAIR-SET
Dress-up your home with this graceful set perfect for chair or buffet. Fireside motif—a pretty design in flit crocheted.
Pattern 7262: Flit-crochet set; chairback 13X16; armrest 6X11 1/2 inches in No. 50 mercerized cotton. Chart, directions.
Send **TWENTY-FIVE CENTS** in coins for this pattern (stamps cannot be accepted) to Charlottetown Guardian, Household Arts Dept., 50 Front Street W., Toronto, Ont. Print plainly NAME, ADDRESS, PATTERN NUMBER.
Two free patterns—printed in the new Alice Brooks Needlecraft book for 1956! Stunning designs for your self, for your home—just for you, our readers! Dozens of other designs to offer—all easy, fascinating handwork! Send 25 cents for your copy of this wonderful book right away!

Wife Preservers
Try adding some dry mustard to a mayonnaise for shrimp. It gives it a wonderful flavor.

WOMEN

Page 8, The Guardian Thurs., June 21, 1956

HAPPENINGS

His Excellency, the Governor General, has issued invitations for a garden party on Saturday June 23 in Ottawa.

"Horse Show Opened" is the caption on page one of an Edmonton paper for an article and photograph of the Hon. Dr. J.J. Bowlen, Lieutenant-Governor of Alberta.
The photograph shows Governor Bowlen stepping from a Landau carriage at the Edmonton Gardens, where he opened the annual Spring Horse show. With Dr. Bowlen is his air force aide, Squadron Leader S.S. Lieberman. The carriage is being driven by Mr. Reginald Cole of the Hillcrest Country Club. The horse show was held for almost a week with performers morning, afternoon, and evening.
Mr. and Mrs. W.D. Tanton have returned from attending the graduation of their son Roger at King's College, Windsor, Nova Scotia. Roger won several medals and was also the chapel reader for the year. His parents were . . . at a meeting in July. The offering was taken and it was decided that a pantry sale would be held in July to increase the funds. Mrs. R. Dennis and Mrs. R. Howard were appointed to find out when and where to hold it.
Mrs. Ralph Howard then took charge of the program. Prayer for the Missionary Society was given by Mrs. John Johnson. The meeting closed with the benediction by the president, Lunch was served by Mrs. Dennis and the committee in charge.

KINGSTON W.I.
The regular monthly meeting of Kingston W.I. was held at the home of Mrs. Dan McKrae, on Wednesday evening June 6th. Meeting opened by repeating ode followed by creed in unison. Roll call was answered by 10 members, three visitors. The minutes were read, approved and signed.
Correspondence was discussed. Bills were presented and paid. \$26.00 from pantry sale, and \$1.00 donation from Mrs. L. Clow were received. Three thank you notes were read. It was moved and seconded to get five gals of ice cream for the school picnic.
Mrs. Leith Newson, Mrs. Yeo were appointed to look after question box at the District convention. The president was appointed to ask the 1957 convention to Kingston. Mrs. Holmes and Mrs. Yeo gave a report of 4-H club work, and were well pleased with results of girls' work. Mrs. Fred Hanson, Mrs. Tyeapha Newson were appointed to attend annual convention in Charlottetown.
Next month roll call requires committee is Mrs. Keith Dixon. Next meeting at the home of Mrs. Heber Campbell. Meeting adjourned. Lunch was served and social hour spent.

Mrs. Robert Weir and Mrs. Frederic Peters of Hamilton, Ontario, are visiting their mother, Mrs. Carney McClure, Grafton Street.

A Prince Edward Islander won the Governor General's medal at the graduation exercises of King's College, Windsor, Nova Scotia. He was Donald Champion of Kensington.

Mr. William Cullen, formerly of this province, but now residing in England has joined the clerical staff at the Post Office (Harwich Parkston Quay) of the Automobile Association. Mr. Cullen, a graduate of Union Commercial College, and a war veteran, has been attending for the past two years the Further Education Centre in England. Mr. Cullen has also been studying Public speaking and recently addressed the Harwich Rotary Club. Mr. and Mrs. Cullen within the past few years have bought a home in Harwich which was Mrs. Cullen's home before her marriage. They are prominent in community life in Harwich as they were in this province. Their many relatives and friends will be pleased to hear of their good work in the "Old Country."

NURSES GUILD
The regular bi-monthly meeting of St. Veronica's Nurses Guild was held at the Charlottetown Hospital on June 12th at 8 pm.
Miss Alice Trainor presided. The secretary read the minutes of the last meeting. The treasurer and convener of the various standing committees gave their reports which indicated favorable progress. The chairman of the Ways and Means committee reported that a successful cake sale had taken place as well as the sale of lottery tickets on a large fruit cake, made by Mrs. R.S. MacDonald.
The president then drew the lucky ticket and the winner of the cake was Miss Kay Wisner, Charlottetown. Sr. Mary Irene reported that she had received a letter from the Greek Relief Fund, acknowledging the Nurses' uniforms and the money sent by the nurses recently.
Tentative plans were made for the August meeting, which will be held Aug. 7th at either the home

activity is the key to added years of enjoyable living.
To live longer and enjoy life, you must do things—physically, mentally, socially and spiritually—and keep on doing them, zestfully. But adequate rest is also essential. And a minimum of seven hours sleep nightly is a health necessity until age 60; and after that nine hours nightly.
Now, about later-life marriages: I don't think mere friendship, if by that you mean impersonal liking, is sufficient basis for the inescapable intimacies of a shared bed-and-board. I think that there isn't much difference, after all, between the requirements of youth and age, on the score of having love. M. H. Mary Haworth counsels through her column, not by mail or personal interview. Write to her in care of this newspaper.

MARY HAWORTH
Late Marriage Is Source Of Happiness

DEAR MARY HAWORTH: Would you kindly discuss the general subject of late marriage say, ages 54 and 64, respectively—in terms of good adjustment, worthy purposes and essentials for satisfactory partnership.
Most writings about marriage are directed, naturally enough, to youthful aspirants; and deal with the rearing of children and other concerns appropriate to the first half of life. But it seems to me that the last of life is why the first was made and, moreover, a time of quite different values—though equally important.
In your excellent opinion, is friendship a sufficient basis for late marriage, in place of the pink clouds and breathless exuberance of early love?
Your comments on this subject will be deeply appreciated; as also would be your recommendations of any writings along this line, if any exist. D. C.

SURVIVAL QUOTIENT
DEAR D. C.: As it happens, the assorted reading matter on my bookshelves doesn't include anything special on the subject of making the most of one's later life. However, it comes to my mind that Dr. Martin Gumpert, author of "The Anatomy of Happiness," has written extensively in the field of geriatrics, the science of aging gracefully—especially in an article entitled: "SQ—A Yardstick For Old Age."
What does Mr. Gumpert mean by "SQ"? He is speaking, he says, of "the survival quotient," or the factors in individual experience that favor longevity." He says these factors can to some extent, be measured; and that they indicate how we may live long, and enjoy it.
INTEREST IN LIFE
A person's "SQ" is not identical with his state of health. That is, he may have a poor health history, and yet survive with amazing hardiness. Survival seems rather to be a matter of interest in life and adaptability. In testing one's survival qualities, Dr. Gumpert explores such questions as these:
Is a person eager to continue his life? How does he manage himself? Has he attained a poor or competent measure of self-realization? Does he recognize a purpose for his life? Does he indulge in illusions? Or is he aware of his limitations—and his capacities? Is he wasting his energies or using them wisely?
NEED LOVE
Other authorities, such as Dr. Irving Lorge of Columbia University, and Clark Tibbitts, chairman of the Committee on Aging of the Federal Department of Health, Education and Welfare, tell us that

of Mrs. R.S. MacDonald, Southport or at the summer home of Mrs. Alfred Kelly.
Meeting adjourned after which a delicious lunch was served. A short executive meeting followed.

ST. ANDREWS C.W.L.
On June 17, the members of St. Andrews sub-division of the C.W.L. met in the parish hall for their regular monthly meeting with 46 members present. The president called the meeting to order.
The rev-director Father George MacCormack opened the meeting with the league prayer. The minutes of the last meeting were read and approved. The treasurer, Mrs. Harold Kaye, Fort Greville, N.S., celebrated the Holy Eucharist.

Finance convener Mrs. C. Murphy gave the report from the pantry sale. Mrs. Bertram MacDonal gave the bingo report. Membership convener Mrs. Jas. McDonald gave her report and it was decided that she would select her own committee and solicit membership.
Two unit meetings were held in Mt. Stewart during the month one at Mrs. Harold MacDonald's and one at Mrs. Cyrene MacDonald's.
Following these reports a discussion took place re cleaning the church once a week during the summer months. Mrs. W. Affleck volunteered to make a list of the names of the bigger girls in the parish to do this work and Mr. Dr. Reddin to decorate the altar. Mrs. Urban MacDonal volunteered to take care of the C.W.L. lottery books.
The president Mrs. MacCormack read a letter re resolutions to be presented at the annual convention. A discussion took place concerning a lottery. A committee comprised of Mrs. E. McEachern, Mrs. A.D. Feehan, Mrs. John McKearney, and Mrs. B. MacDonald were appointed to take charge of same and solicit prizes.
Miss Aletha Mullen then addressed the meeting, her subject being "Lay Apostolates" after which the meeting broke up into discussion groups. A hearty vote of thanks was extended to Miss Mullen for her inspiring address.
Fr. MacCormack then addressed the meeting briefly on criticism of teachers and people in authority and asked that each member bring another person with her to the next meeting.
The meeting closed with prayer.

LAKE VERDE WOMEN'S INSTITUTE
Seven members of the Lake Verde Women's Institute met at the home of Mrs. Raymond Wood on Wednesday night, June 13, 1956, for their regular meeting.
The president opened the meeting with the Creed. Roll call was answered with an exchange of flower slips. The minutes of the last meeting were read and approved and signed. Bills amounting to \$1.80 were presented and paid.
The sick committee reported four calls. Mrs. Raymond Wood and Mrs. Ira Redmond were appointed for the next month.
Mrs. Francis Kelly and Mrs. Raymond Wood were appointed to attend the annual Convention at Charlottetown, July 4 and 5. Mrs. Michael Dalton and Mrs. Ira Redmond were appointed to attend the District Convention held at Cherry Valley Hall, June 25th.
Mrs. Ivan Redmond kindly invited the members to her home for the July meeting. Roll call is to be answered with an article for grab bag. The meeting then adjourned.

INGRAHAM-MURPHY NUPTIALS Celebrated At Burlington
On June 12, 1956, at 10 a.m., St. Stephen's Church, Burlington, P.E.I. was the scene of the marriage of Dorothy Jean Murphy, R.N., daughter of Mr. and Mrs. James R. Mur. y, Sea View, to Rev. W. Eric Ingraham, son of Mrs. D. Roy Ingraham and the late D. Roy Ingraham of Louisburg, N.S. The officiating clergyman was Archdeacon G.R. Harrison of Summerside, and Rev. Harold Kaye, Fort Greville, N.S., celebrated the Holy Eucharist.
The bride, who was given in marriage by her father, chose for her wedding a floor-length gown of white lace and tulle over satin with fitted bodice, Peter Pan collar and long pointed sleeves. Her fingertip veil was held in place by a coronet trimmed with pearls and sequins. She carried a white, lace-covered prayer-book with a cascade of red sweetheart roses. Her only jewelry was pearl earrings, the gift of the groom.
Rev. Canon G.E. Moffatt, Charlottetown, the organist, accompanied the congregation as they sang "Lead Us, Heavenly Father, Lead Us," and "The King of Love My Shepherd Is."
The maid of honor, Miss Jean Smith, R.N., of Port Hood, N.S., was gowned in a ballerina-length dress of lime-green antique nylon, on princess lines, with V-neck, matching picture hat and shoes. She carried a nosegay of yellow daisies.
The bridesmaid, Miss Bunny Grabowski, R.N., Stonewall, Man., wore a similar gown of yellow antique nylon, matching picture hat and shoes, and carried a nosegay of mauve mums.
Mr. William Lewis, of Louisburg, N.S. was best man, and the ushers were Mr. Robert Murphy, brother of the bride and Rev. M. Findlay, Port Hill, P.E.I. The guest pews were marked with apple blossoms and satin ribbon, and the altar decorated with multi-colored mums and sprays of apple blossoms.
Mr. Murphy chose for her daughter's wedding a dress of lavender taffeta trimmed with rhinestones and pearls. She wore a mushroom hat and white gloves, and carried a corsage of white gladioli.
The groom's mother was attended in a mid-night blue crepe dress trimmed with lace, and pink accessories. Her corsage was pink carnations.
The reception was held at St. Mark's Hall, Kensington, catered to by St. Mark's Guild. The bride's table was centred with a three-tiered . . . adding cake and decorated with pink roses and maidenhair fern.
For their honeymoon to Ottawa, Montreal, and points in the United States, the bride wore a bluish grey suit with pink and navy accessories. She carried a white orlon shortie and a corsage of white carnations.
Out-of-town guests present at the wedding were Mr. and Mrs. George Lewis, and Miss Nora Lewis, Louisbourg, N.S.; Rev. Canon and Mrs. J.T. Ibbot, Charlottetown, Rev. A.E. Piercey, Milton; Rev. and Mrs. George Ebsary, Crapaud; Mrs. M.J. Findlay, Port Hill; Sgt. and Mrs. John Boyd, Siemon Park.

COOK'S CORNER
BUTTER TARTS
2 eggs.
1/2 cup corn syrup.
1/2 cup sweet cream or milk.
1 cup chopped raisins, dates or nuts.
1/2 cup brown sugar.
1/2 cup butter.
1 tsp. vanilla.
Beat together until full of bubbles. Pour into uncooked tart shells. Bake 350 deg. for 15 minutes.

HOUSEHOLD HINT
Nylon mesh shoes should be stuffed with a towel before they're washed. It will absorb soap and water. Use a stiff brush on shoes to lather them and clean cloth or sponge to rinse. Polish should be applied to leather sections.

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CHOOSE A SAFE SWIMMING AREA

DANGER LURKS BELOW!

USE RED-CROSS WATER SAFETY SERVICES

This advertisement sponsored by **S. A. McDONALD**

See What Your Dollars Can Do With These BIG VALUES!

PEAS	Island Tasty Pak, 20 oz.	2 for 29c
TOMATO JUICE	York 48 Oz.	35c
KERNEL CORN	York 14 oz.	2 for 29c
WAX BEANS	Island Flavor Pak	3 for 49c
PORK & BEANS	Graves 30 oz.	2 for 39c
CHUM	Dog Food 15 oz.	2 for 25c
WAX	Shinola 1 Lb. Tin	35c
PEARS	York 20 oz.	2 for 39c
PUFFED WHEAT	Quaker 8 oz. size	35c
FAB	2 Large Pkgs.	59c
ROASTING PORK		lb. 43c
TONGUE	Sweet Pickled	lb. 33c
HAMBURG	Lean	lb. 29c
COD FILLETS	Frozen	lb. 33c
CORNED PORK		lb. 43c
PORK HOCKS	Sweet Pickled	lb. 19c
TEA	Lipton's Red Label	1/2 lb. 49c
ROLLED OATS	Purity	5 lb. 49c

OPEN FRI. & SAT. UNTIL 10 P.M.

BUTTER 2 lbs. 1.19

MILK 6 TALL CANS 79c

LUX FACE SOAP 3 bars 25c

JELL-O PUDDING & JELLY 3 for 29c

CLOSED SUNDAY ALL DAY

FREE DELIVERY DIAL 8389

THE BEST SHOP TO SHOP BEST

ALICE BROOKS DESIGNS

KITTEN CHAIR-SET
Dress-up your home with this graceful set perfect for chair or buffet. Fireside motif—a pretty design in flit crocheted.
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Wife Preservers
Try adding some dry mustard to a mayonnaise for shrimp. It gives it a wonderful flavor.

7262
by Alice Brooks

have a slice of **Perfection Strawberry ICE CREAM CAKE ROLL**

Here's a special, special family fun treat! Velvety-smooth Perfection Ice Cream wrapped in fluffy-light chocolate cake. A truly delightful dessert that makes any meal a party. Ask for it at your favourite store today.

PERFECTION IS A QUALITY PRODUCT FROM THE FINEST DAIRY HERDS IN THE MARITIMES

CENTRAL CREAMERIES LIMITED
Charlottetown, P.E.I.

See What Your Dollars Can Do With These BIG VALUES!

PEAS	Island Tasty Pak, 20 oz.	2 for 29c
TOMATO JUICE	York 48 Oz.	35c
KERNEL CORN	York 14 oz.	2 for 29c
WAX BEANS	Island Flavor Pak	3 for 49c
PORK & BEANS	Graves 30 oz.	2 for 39c
CHUM	Dog Food 15 oz.	2 for 25c
WAX	Shinola 1 Lb. Tin	35c
PEARS	York 20 oz.	2 for 39c
PUFFED WHEAT	Quaker 8 oz. size	35c
FAB	2 Large Pkgs.	59c
ROASTING PORK		lb. 43c
TONGUE	Sweet Pickled	lb. 33c
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OPEN FRI. & SAT. UNTIL 10 P.M.

BUTTER 2 lbs. 1.19

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