

Mid-Morning Coffee

History is not always found in a book. Often, it lives quietly from century to century in a cupboard, near a marble fireplace, or beside the wide sweep of an old staircase.

The palings of the mezzanine have resounded to the tinkle of crinolines and hoop skirts. Princes and Kings have visited here. And the impetuous Lady Bannerman, watching from her study window the carefree play of the coloured children whose homes then skirted the lower part of Government Pond, decided the youngsters needed schooling and promptly went about teaching them to read and write herself.

Prince Edward Island's collection of historic antiques which has been compiled by the I. O. D. E. Chapters will be an added interest during Festive Week. The auditorium of Prince of Wales College will become these seven days in July, our often requested museum for material of historic interest.

My apologies to an Albany reader for not answering her questions sooner. But, I must confess, I didn't know the right answer and have spent the past week getting the correct information. She says: Dear E.M.D.:

I wrote to you about a month ago concerning what color to paint some chairs and a little table.

Mr. and Mrs. David Phillip Young request the honour of your presence at the marriage of their daughter Jane Alice

Mr. Robert John MacDonald on Saturday, August the twenty-first, nineteen hundred fifty-one at three o'clock Saint George's United Church

and afterwards The Granite Club.

And to all June brides... my best wishes for a happy married life.—E.M.D. (Copyright Serial No. 91238, Ottawa, 1951)

Morning Smile

Pass the Time Away

Two ladies were waiting at the bus stop. One was a smart, attractive girl, the other was—well, not attractive, and of rather uncertain age.

"What!" exclaimed the other lady. "Smoke in public? Why, I'd sooner kiss the first man who came along the street!"

"So would I," retorted the girl, "but have a cigarette while you're waiting."

-Needlecraft-

FOR THE HOME

EXTRA DUTY DRESS

You'll especially like this ensemble because it has the trim fitted jacket that gives a suit-look for the street... and the simplicity that takes to many fabrics! By itself, the sunback features flared basque lines.

No. 3034 is cut in sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40 and 42. Size 18, 8 yards 35-inch or 4 3/4 yards 38-inch.

Send 35c for each PATTERN which includes complete sewing guide. Print Your Name, Address, and Style Number plainly. Be sure to state size you want. Include postal unit, or zone number in your address.

Address: Pattern Department, The Charlotte-Town Guardian.

Pattern No. 3034

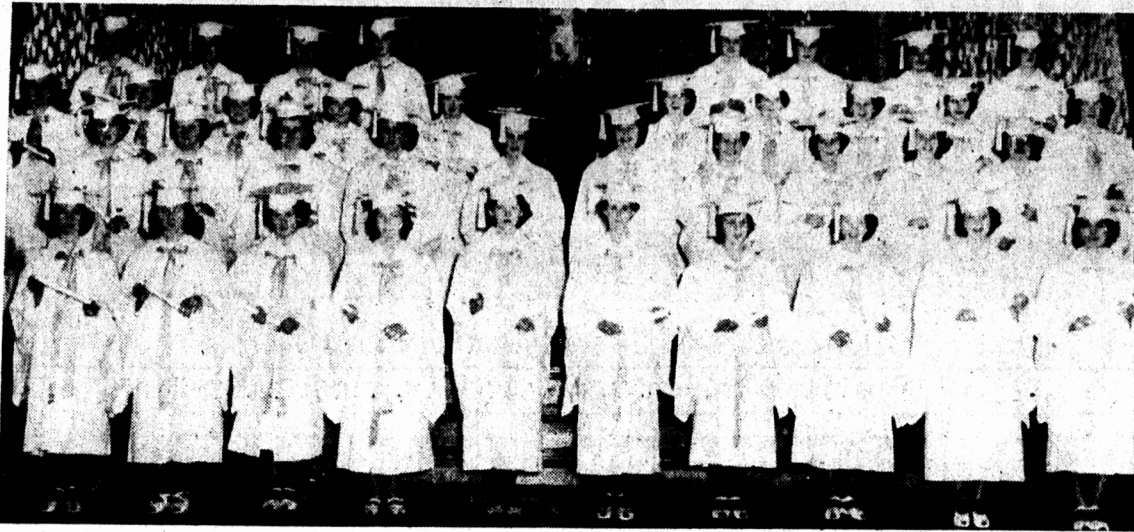
Name

Address

City Province



Graduates Of Notre Dame Academy



Front Row (left to right)—Jean MacConnell, Arne Fitzpatrick, Mary Farmer, Barbara Walsh, Betty Smith, Joan Bulmer, Helen MacDonald, Darlene Gurney. Margaret Rose Doucette, Bette Peters; Second Row—Alice MacDonald, Margaret Power, Clare MacDonald, Norcen Shaw, Anita MacDonald, Joan McQuillan, Betty McManus, Stephanie Le-Clair, Rita Sinnott, Frances Peters; Third Row—Vera Trenholm, Rose McKenna, Barbara McCue, Gloria Feehan, Bertha McCarthy, Kathleen Garhnum, Mary Matters, Irma Wilson, Marie Hagen, Camella McCarrville; Fourth Row—Miriam MacIsaac, Reina Peters, Etta MacDonald, Mary Rose MacDonald, Lorraine Howard, Marlene Roper, Myra Griffin, Florence McCabe.

ELLEN'S DIARY

By An Island Farmer's Wife

And now the forms to shape the barn-foundation of concrete are developing under the skilled workmanship of Mr. D., our mason-builder. As we always find much to interest in any project of carpentry, we found our steps leading us thither more than once, and on little pretext today. Just to hear the ring of the saw severing the new boards, the experienced tap of the hammer and know that once more, though as a result of circumstances, we little expected, we are being privileged to see another long dream of the farmers on the way to being realized. At times the farmers give their assistance, but again one or the other must leave to attend to the calls of the farming.

Granddaughter, who had been at our heels, quickly climbed the short ladder which led to the entrance — and took her out of reach of a curious sow, idling about there in the orchard, to ask: "Now why does my grandfather say words like that when he follows the team?"

Better English

By B. C. Williams

1. What is wrong with this sentence? "He searched everywhere for his watch, and at long last found it." 2. What is the correct pronunciation of "lozenge"? 3. Which one of these words is misspelled? Chiffoniere, chinchilla, chivalrous, chicanery.

ANSWERS

1. Say, "He searched everywhere for his watch, and finally found it." 2. Pronounce lozen, or as in on, e as in end, accent first syllable. 3. Chiffoniere. 4. A fraud; reception. "His imposture was revealed at the trial." 5. Impending.

Household Scrapbook

By Roberta Lee

Scratched Furniture

Scratches on dark-colored furniture can be covered by wrapping a swab of cotton on a toothpick, and dipping into iodine; apply this to the scratches and when dry rub with furniture polish.

Wallpaper Paste

A splendid paste for wallpaper can be made by mixing flour and water to a thin paste. When mixture boils add a little powdered alum. Boil until the proper consistency for paste.

Buttercups gathered along the stream have been brought to us in a glittering bouquet and cousins of theirs in wide golden cups are blossoming now in a border. Memory peonies are unfolding, and the bleeding heart, which according to granddaughter "never should be" is full of its strange delicate plumes.

Until tomorrow — Diary — Good-night. . . .

HALIFAX (CP)— Singers throughout the Maritime Provinces will be offered a try-out for the Nova Scotia Opera Association on June 28, prior to the association's second performance of "Madame Butterfly." Each singer must have a complete aria prepared.

hat Body Of Yours

By James W. Barton, M.D.

MEETING THE FOOD NEEDS OF CHILDREN

It is fortunate that most mothers today do not have to worry about the right kinds and amounts of food needed by their children to maintain their proper weight and have the desire and vitality for play. There is no need to count the number of calories to be taken daily or the exact amount of the various food stuffs—proteins, starches, fats, liquids and minerals and vitamins. This is because child specialists have taught mothers the principles of infant feeding and by adding more proteins—meat, eggs, fish—to the daily diet as the child grows and plays more, the youngster grows in health, weight and strength.

In her book "Nutrition and Physical Witness," Dr. Jean Bogert states that in adults the daily food requirements are felt to be just right when there is a state of positive health and the weight neither increases or decreases. In children weight should not remain stationary; they should be making consistent gains in weight throughout the growing period, though not at any constant rate. Physicians and physical directors know that the gain in weight and height as the boy or girl approaches puberty (12 to 14 in girls and 14 to 16 in boys) is two to three times as rapid as at the periods before and after the approach of puberty.

In general it has been noted that the periods of most rapid growth are: (1) during the first year, after which there is a gradual decline of rate of growth through the second and third years; (2) between the ages of eleven and fourteen for girls and fourteen to sixteen for boys, as stated above.

Physicians and physical directors, whose duties include watching that youngsters grow and develop at a normal rate, know that if a child gets enough of the right kinds of body building foods, proteins, minerals, vitamins, he will grow at a normal rate unless something is holding him back. If a youngster of normal weight has not gained or grown during an entire school year, September to June, then, if the food supplied is adequate in amount and quality, there is something wrong and the cause is diligently sought. It may be some physical defect such as adenoids, infected tonsils, infected teeth or other infections. Occasionally there are emotional disturbances which interfere with appetite and digestion.

There is always a reason (more often several) for failure to gain which can be discovered by persistent search and the correction of which should leave the child free to gain.

When you're rushed at mealtime



When you're rushed at mealtime... Heinz Baked Beans

Murder Is Forgetful

By WILLIAM BOGART

(Continued)

"Only one of the frames is any good," the sportsman said. "We'll have to change the targets. We'll have to fire separately. Let's make it a dozen shots each. Do you want to try first?"

Walker finished his rifle, he climbed to his feet, saying, "I'll change the target for your turn."

Handing Walker his rifle, he went across the bridge to the target. And he was amazed when he removed the stiff paper from the one good frame and started to replace it with the fresh sheet. All but one of Nick Walker's shots had been bull's-eyes.

Continued on page 11

A Country Garden

Mrs. Gordon MacMillan

Columbines

A-down the old world garden path they stand Pale fragile figures in their silken gowns That shimmer softly with an inner light As sunset's red and gold their beauty crowns.

Columbines are now blooming and they are easily grown from seed; there are many varieties and colors, and these perennials are suitable for sunny or shady places in the garden.

Continued on page 11

DOROTHY DIX SAYS— Sponging Neighbor Deal Firmly With Friendly Grafter DEAR DOROTHY DIX: What is the remedy for a sponging neighbor? We have one who virtually lives on the community. She is always borrowing bread and butter and canned goods, and she wanders through our houses taking the new magazines and books we have not had time to read ourselves. She never returns anything She sends her children over to us to care for when she wants to go downtown to the movies and they forage in our kitchens because they are always half-starved. Worst of all, she is that pest—a morning visitor—who drops in when you are bathing the baby or planning the meals or sweeping the floor for endless gossip about nothing. When she gives a party it is literally on the neighborhood because we are all called upon for contributions. This woman's house is unkept. She never washes a dish until her whole supply is exhausted and her floors broom, yet she is strong and healthy and a college graduate. What can we do? THE NEIGHBORS Continued on page 11

She's expecting a Fine Quality Diamond \$150 G. H. Taylor Jewellers For Four Generations Our diamonds will fulfill her every expectation. Each and every diamond we sell is chosen with utmost care and selected for perfection of quality, cut and color. Rely on our policy. We've won the confidence of thousands like you.

Save washday wear and tear! SHIRTS AND SHEETS COME WHITER..LAST LONGER —washed 10 minutes in NEW Jet Power LUX than those washed 20 minutes with other washday products It's true! Tests of all leading washday soaps in Canada prove it positively! Sheets and shirts washed 10 minutes in New Jet-Power Lux get whiter, last much longer than those washed 20 minutes with any other washday product! Put New Lux in your washing machine. See for yourself—no other washday product gets dirt out faster and gets it out so safely! Save washing wear and tear. Save shirts, sheets, towels and table linens. Get New Lux now—in the large or the giant size. NEVER BEFORE SUCH WASHDAY POWER WITH SUCH WASHDAY SAFETY! Costs less to use—you get more soap than in any other washday product