

Better English

By B. C. Williams

- 1. What is wrong with this sentence? "I imagine you are very busy these days."
2. What is the correct pronunciation of "mellorite"?
3. Which one of these words is misspelled? Expedient, luxuriant, complacent, complacent.
4. What does the word "circum-spect" mean?
5. What is a word beginning with du that means "occasioning doubt"?

ANSWERS

- 1. Say, "I suppose you are very busy." 2. Pronounce mel-yo-rat, e as in me, o as in no unstressed, a as in rate, accent first syllable. 3. Expedient. 4. Watchful in all directions; cautious; prudent. "Only the most circumspect person can make progress in that community." 5. Dubious.

Household Scrapbook

By Roberta Lee

Perspiration Odor To destroy the odor of perspiration on the body, try bathing in a basin of warm water, to which two tablespoonfuls of compound spirits of ammonia have been added. The skin will be clean and fresh.

Glass Stopper If a glass bottle stopper sticks, revolve the neck of the bottle slowly in the heat of a burning match. The heat from this will cause the neck to expand, thereby releasing the stopper.

Preparing Soup Be sure never to let soup boil. Allow it to simmer slowly. If it boils, much of the liquid is wasted in evaporation and the heat of the flavor is lost.

How Can I!!!

By Anne Ashley

Q. How can I remove mildew? A. If the spots are small potassium permanganate and oxalic acid will remove them. If the entire article is mildewed, try bleaching it in one cup of Javelle to one quart of water for 10 minutes; then wash and rinse thoroughly.

Q. How can I test metal buttons? A. Metal buttons can be tested with a small magnet. If the button can be picked up by the magnet it is an indication that it will rust when washed.

Q. How can I sweeten a soured sponge? A. Rub a fresh lemon thoroughly into the sponge and then rinse several times in lukewarm water. It will become as sweet as when new.

Modern Etiquette

By Roberta Lee

Q. Should a man remove his hat in an elevator? A. It is not considered necessary any more for a man to remove his hat in a business elevator. In elevators in apartments, hotels and clubs, men remove their hats, but in elevators in office buildings and stores they usually do not. These elevators are usually crowded and it is difficult for a man to put up his arm and take off his hat.

Q. Is "Dear Sirs" considered a proper salutation to a business letter? A. No; the term "Gentlemen" should be used. Of course, if the business letter is addressed to an individual, then "Dear Sir" is quite correct.

Q. When a man takes a woman to dinner, should he give her order to the waiter before giving his own? A. Yes, always.



Back to school in corduroy! Joan Hanley designs a full skirt with huge pockets cuffed at the hip-line.

ROMAN-CATHOLICS

By the 1941 census there were 4,966,552 Roman Catholics in Canada.

Charlottetown Delegates Visit H. M. C. S. Magnificent



The above group of Charlottetown people are shown together on board H.M.C.S. Magnificent at Halifax Tuesday afternoon, July 11th when some 300 delegates to the convention of the Canadian Federation of Business and Professional Women's Clubs were guests of the Royal Canadian Navy. They are, left to right: Miss Ethel J. Sutherland, Mrs. Greta E. Sutherland, Miss Lillian M. Duchemin, Mrs. Ken Birtwistle and Lieut. Cdr. Birtwistle, Miss Bessie Frowse, Miss Ethel Taylor, all of Charlottetown, P. E. I. Following a tour of the aircraft carrier the visiting ladies were served tea in the wardroom. (R. C. N. Photo)

ELLEN'S DIARY

By An Island Farmer's Wife

Over the week-end, we were treated to an excursion which contributed in no small degree towards having us know our Island better. In all it led us a distance along both familiar and strange scenes and took us a number of miles. It was made possible by small mother-to-us and a nephew, among our best, most affable and entertaining of chauffeurs. He is one of the line that for generations has lived on the farm by the Strait. As well as inheriting those duties and entertainments which come to a son of the soil in childhood, he came by the name of a former owner of the place - great grandfather to him, whose dust has rested in a quiet country churchyard now a century or more. Indeed, now that we stop to consider the years, it is much longer than that.

We know little of this common forbear of ours, except what we have learned for the most part in our childhood years. Then it is, of course, that impressions are received that remain throughout a life time, though sometimes these may be unwittingly given. We recall now that when as a tiny wondering girl we sat on a low seat beside his wife's chair stitching neat stitches at her bidding and direction, looking back from her widowhood she would relate: "Your grandfather was a fine-looking man. Yes, and kind too in his own way. And a fine scholar, for his day. He could both read and write the Gaelic. And speak it!" she replied to our query. "Oh, yes, he was 'right at home' always with the tongue. "We learned in time that "the tongue" referred only to the Gaelic, so sweet and expressive it has been spoken of as "the language of Eden." From father-to-us, we learned that he was a good farmer, for those times - a convivial friend and neighbour, a stern but just parent. But it was from mother-to-us, and all unaware to her that we learned of a common trait, which though divided by time and generations, still made us very much akin.

"Ellen! she has commented to us briskly, yet withal showing certain signs of despair over our obvious indifference to housework as a child, "Don't you think you could help out a bit with the work this morning? Now close that book! I'm sure it's not one of your school books! And run now, and get. . . I don't know where you got that liking to have yourself stuck into a book all the time. You never see your mother sitting down to read while there's any work to be done - no indeed! It must be" she would say on a grave note "that you children inherit that from your grandfather - on your father's side. I've always heard the older folk say that he was an inveterate reader. They say he could read through thick and thin. I guess many a time," she continued, dwelling on the poet's untruth that "Men must work and women must weep." "He was lost in a book while she carried a pail of water from the brook to cook his dinner!"

Perhaps then it was this far-away trait of one of his forbears that tips the balance to make his great grandson and namesake, Donald, a University chap. He too, though like grandmother of old, we might be partial, is a fine looking man. A tallish, broad fellow, affable and kindly, fair but nut-brown at present, with a merry smile that always promises a moment before it breaks, and lingers then in an innocent surprise which in itself is most ingratiating. This then is Donald, brother to Ian, who once upon a time would have been known to his Scottish neighbours as "Donald-John". Our route took us . . . but dear me, it is a short one which now James advises: just up the stairs to bed! Until tomorrow - - - Diary - - - Good-night. . .

Honey The Oldest Sweet

By Consumer Section Marketing Service Department of Agriculture

Honey was one of man's first foods. At one time it was considered a priceless treat, used only at celebrations of greatest importance.

The habits of the bee are the same today as a thousand years ago but man has improved the method of gathering and marketing honey. He has, however, not been able to duplicate it. The flavours of honey are due to the aromatic substances found in the nectar of flowers and therefore honey varies from time to time. Since taste preferences vary, one flavour may be more pleasing to the residents of one locality than produced in another section of the country. Honey producers frequently blend several honeys to obtain a uniform colour and a flavour that is generally appealing.

Honey is occasionally sold in the comb but extracted honey is more common.

When honey is graded, the grade mark along with the colour classification must be shown on the container. It is wise to look for these markings and buy by grade.

No. 1—good flavour, free from foreign material and has good keeping qualities. . . best grade for table use.

No. 2—may have traces of pollen or wax. The keeping quality is not necessarily as good as No. 1 but the honey is of good flavour.

No. 3—may not be of such good flavour and may show some pollen or wax particles. May have poorer keeping qualities than higher grades.

Pasteurized honey has been treated by the controlled application of heat to a point where all yeasts responsible for fermentation are destroyed. For this reason, it will keep indefinitely. It is packed in plants registered with and operating under the supervision of the Federal Department of Agriculture.

Unless declared "liquid," pasteurized honey will be crystallized and of a uniform fine texture. Pasteurized honey is labelled as such.

Honey, as purchased, is practically imperishable if stored properly. In the home, it is best to keep it in a warm, dry place (75 degrees or over). However, low temperatures or even freezing does not injure the colour or flavour but does hasten granulation; therefore, the refrigerator is a poor storage place if the liquid form is desired. Honey will, if stored in a damp place, absorb moisture and may ferment.

Extracted honey crystallizes readily and very quickly becomes solid or nearly so. It is generally sold in this form though the liquid may also be found, if preferred. Solid honey is easily liquefied by warming in a double boiler or placing the container in a pan of warm water. In either case the water should not be hot, as too intense heating spoils the flavour and appearance of honey.

Solid Honey As a spread for bread, toast and biscuits. Delicious combination spreads for sandwiches may also be made of honey and peanut butter, honey and cheese or chopped nuts and dried fruit mixed with the honey.

For cake icings and fillings, combine granulated honey with nuts, coconut, ground fruit or grated chocolate.

For Hard Sauce, cream solid honey with butter. As a topping for gingerbread and steamed puddings this sauce is unexcelled.

Honey has many uses Sweetening fruit. Drizzled over grapefruit, strawberries, peaches or fruit salads, it quickly dissolves and blends with the other flavours.

As a spread it is delicious when served with hot biscuits, muffins or toast.

For ice-cream sundaes . . . drizzle honey over ice-cream and add nuts or fruit.

A greased cup or spoon is most satisfactory for measuring as it prevents the honey from sticking

That Body Of Yours

By James W. Barton, M.D.

SOME VALUABLE INFORMATION ABOUT INFANTILE PARALYSIS

As the "season" for epidemics of infantile paralysis (poliomyelitis) approaches, parents and physicians become even more alert in their efforts to prevent attacks and give early and efficient treatment to cases that do occur.

Perhaps some of us are discouraged at the memory of the number of epidemics which occurred last year, though a thorough investigation as to the number of cases with paralysis shows no increase.

The encouraging factor is that never before were physicians so well prepared to meet these epidemics. The family physician now has much skilled help available in treating cases of polio. In "Medical Clinics of North America," Dr. Nicholas S. Ransohoff states that the present tendency is to have a team of medical specialists united together for the purpose of diagnosing a case of polio and giving proper treatment. At the Monmouth Memorial Hospital in Long Branch, New Jersey, the poliomyelitis team is comprised of specialists in orthopedic surgery, internal medicine, pediatrics, ear, nose and throat, and neurologists and psychiatrists as well as representatives from the laboratory and the department of physical medicine (electricity, massage, baths).

Three forms of polio have been accepted. These are the abortive (does not completely develop), the nonparalytic, and the paralytic forms. The abortive form may never see a doctor as symptoms are not alarming (but this may spread the disease). The second group the nonparalytic, has the signs and symptoms of polio but no paralysis or muscle weakness is present. The third group, the paralytic, has usual signs, plus muscle weakness or paralysis and this group is divided into three subdivisions.

All three groups have certain symptoms in common. These symptoms include fever, headache, nausea, vomiting, diarrhoea, general weakness, pain, sore back, stiff neck, sore throat, common cold and fears, sometimes fear of light, abdominal pain, joint pain, inability to swallow, difficulty in breathing, and muscle weakness or paralysis. While at the present time there is no known method of preventing the disease or halting its progress, the drug curare is of great value when its relaxing effects are combined with intelligent muscle stretching.

THE COMMON COLD

Never neglect the common cold as it may often be the forerunner of other more dangerous conditions. Send 10 cents and a 3-cent stamp to cover cost of handling and mailing, to The Bell Syndicate, Inc., in care of this newspaper, Post Office Box 99, Station G, New York 19, N. Y., and ask for your copy of the Barton booklet entitled "The Common Cold."

Morning Smile

Needs Lessons

From behind a fruit tree the angry old gentleman watched the naughty little boy next door throwing stones at his cat.

"Here, you!" he shouted, appearing suddenly from his hiding-place. "I'll teach you to throw stones at my cat, you little scamp!" "Oh, thank you, sir!" was the grateful reply. "I've been trying for half an hour and haven't hit it once yet!"

Cook's Corner

SEEDLESS BLACK CURRANT JAM

Place currants in kettle with just enough water to prevent burning. Cook until fruit is soft. Remove from heat, force through sieve to form puree, juice and all. Measure pulp, cook 5 minutes, then add 1 cup sugar to each cup of pulp measured. Stir well to be sure sugar is well mixed with fruit. Boil hard, stirring frequently, for about 10 minutes, or until thick and clear.

The Stars Say

By Genevieve Kemble

For Tuesday, July 18

IT is advised that an unusual and dynamic situation be grasped without delay and with complete confidence so that the eventual outcome of events will bring happiness, progress and pleasure in all relations and contacts. While there may be novel or experimental projects, it is probable that personality, charm and romantic approach are definitely in line for radical and far-reaching climax. Those in influential positions will be amenable to this pleasant technique which may develop along unusual lines and with thrilling surprise and change.

For the Birthday

Those whose birthday it is are justified in preparing for sudden and unusual events, affecting the life and its pleasant fulfillments in a dramatic and unpredictable manner. There are great surprises in sight, in which charm, allure, personality, are bound to lead to rich and rare reunions. Influential persons are ready to collaborate graciously and generously, promoting any plans that lead to new and thrilling adventure. Be ready for "the big moment."

A child born on this day is assured a dramatic, dynamic and progressive adventure in living, with change, romance, popularity and prestige in full measure.

The world's first electrolytic lead-recovery plant is located at Trull, B. C.

Discover How Good Iced Tea Can Be! Make tea double strength and while still hot pour into glasses filled with cracked ice. . . Add sugar and lemon to taste. "SALADA" ICED TEA

DOROTHY DIX SAYS -

Tips For Husbands

Miss Dix Lists Ten Rules For Keeping Wives Happy

DEAR MISS DIX: I am planning on being married soon and it is my ambition to make my fiancée the happiest wife in the world. Can you suggest the ten best rules to follow in order that I may do so?

ANSWER: Well, Bill, any man can make his wife happy if he wants to and if he deliberately sets out to do so. Marriage can get mighty dull and monotonous in the course of twenty-five or thirty years if the husband doesn't do anything to pep it up for his wife. And so if a husband wants to keep his wife thinking herself the luckiest woman in the world he should do something about it. And here are the ten rules that I should suggest for him to follow:

First. Keep up the line by which he won her. Don't drop all courtship at the altar. Before marriage a woman had many men to tell her how beautiful and wonderful she was. After marriage she has only one, so it is up to him to keep busy handing her out the sweet talk.

Second. Make it part of your daily dozen to pay your wife a compliment. That keeps up her morale. A wife's public life is husband and if he never gives her the glad-hand she is apt to slump. She thinks, what's the use in doling up myself for a man who never notices what I have on, or wearing myself out cooking a good dinner for a husband who gobbles it down without apparently knowing the difference between hash and a ragout?

Third. Keep yourself shaven and shorn and easy on your wife's eyes. Women care even more for appearances than men do and no wife looks at slouchy, slovenly husband with a three days' stubble of beard on his face without wondering why she did it.

Fourth. Be as entertaining at home as you are abroad. Don't be the life of the table at a party and a stuffed shirt at your own fire-side. No woman's idea of a happy evening is spending it with a man who only grunts when he is spoken to and never makes a voluntary remark, except to knock something she has done or left undone. Women marry for companionship. No woman can make a happy home by herself. That is a two-handed job that takes both a husband and wife working together to pull off. Don't save all the temper and nerves and irritability that you dared not show the public for home consumption.

Fifth. Deal generously with your wife about money. Give her not only a housekeeping allowance but an allowance for herself. No woman can run a house economically if she doesn't know how much she has to spend. And no woman ever forgives a man who makes her come to him like a beggar for every cent. Giving a wife an allowance saves 365 breakfast-table spots a year. It preserves a wife's self-respect and makes her think of her husband as a partner instead of a tightwad.

Sixth. Don't treat your wife's family as if they were poison and act as if you were being martyred every time they come on a visit. You may not love them, but she does, and if she falls in affection and loyalty to the mother who bore her and the father who toiled to support her and the brothers and sisters she grew up with, she would lack the very qualities that make her desirable as a wife.

Seventh. Make little treats for your wife. Give her surprises. Take her on little trips. Remember anniversaries. Do something to her thinking that you still regard her as a Lady Love instead of a household convenience. Spending a little money on giving a wife a good time is the best investment any man ever makes.

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Ninth. Chum with your wife. Talk to her about the things that she is interested in. Tell her of your hopes and plans. It is the easiest thing in the world for a man to get so absorbed in his business and for a woman to get so obsessed with the children that they lose touch with each other and drift apart; and come to be such strangers that they cannot even carry on a conversation together, because neither knows anything of the other's inner life. Watch out or this will happen to you.

Tenth. Don't take your wife for granted. She isn't a mind-reader and doesn't know that you love her and appreciate her and think she is the greatest woman in the world. Never cease telling her how marvelous you think she is, and if you will do that she will be the happiest woman in the world and the most envied.

DEAR MISS DIX: I am very anxious to make nursing my career, but my family object to it. They insist on my taking a business course instead. Which stands higher as a profession, nursing or being a business woman? Will nursing prevent me from making a desirable match?

ANSWER: Nursing is a vocation as well as an avocation, and when a girl feels a call to it no one should try to prevent her from doing the work that God intended her to do. The nurse must have not only intelligence and skill, she must have initiative and courage and patient sympathy and a devotion to her work that makes her willing to perform all the unpleasant tasks that are a part of her routine. No women do more good in the world and are of greater service to humanity than trained nurses, and it seems almost ridiculous to ask in what esteem they are held.

And don't worry about nursing being a bar to your making a good match. A trained nurse once said to me that no other women in the world had such a chance to marry as a trained nurse did, because she could always marry either the doctor or the patient.

DOROTHY DIX cannot reply personally to readers, but will answer problems of general interest through her column.

and thus none is wasted. Liquid honey is usually more convenient to measure and mix but the granulated form gives equally good results.

Honey Icing 1/2 cup water 2 egg whites (stiffly beaten) Pinch of salt

Heat the honey to a rolling boil and continue boiling for 1 minute, 238 F. The honey will thin somewhat but care must be taken to prevent it from scorching. Pour slowly in a thin stream into the egg whites, beat it continually until the mixture is fluffy and will hold its shape. Add flavouring if desired. This mixture may be used as a topping for desserts or as an icing for cakes. Yield: sufficient for 1 nine inch cake.

-Needlecraft-

FOR THE HOME

SUN FUN SET

This Summer little girls will live in sun-dresses! Especially when—as in this princess style—they double as a street dress by merely adding a matching bolero. Pattern include panties.

No. 2516 is cut in sizes 2, 4, 6 and 8. Size 4 dress and panties, 2 yards 35-inch; bolero, 1/4 yard 35-inch. Send 25c for each PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit, or zone number in your address. Address: Pattern Department, The Charlotte Guardian.

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Coca-Cola belongs in your ice box

2516 SIZES 2-8

Even children have the SUNLIGHT habit!

Illustration of a boy and girl talking to a storeman. SUNLIGHT PLEASE MR. STOREMAN! FOR SALE

WHITER BRIGHTER LIGHTER YES, ALL-PURE SUNLIGHT GETS WASHES WHITER. YES, ALL-PURE SUNLIGHT GETS Dishes, POTS AND PAN'S BRIGHTER. YES, ALL-PURE SUNLIGHT MAKES WORK LIGHTER.

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