

Modern Etiquette

By Roberta Lee

Q. If you happen to meet someone who obviously seems to know you, but whom you have forgotten, and that person says, "You don't remember me, do you?" what should you do?

A. Since it is rather hurting to one's pride to be forgotten, the kind thing for you to do is say "Of course I do." And then find out later, and as soon as you can, just who that person is.

Q. What is the proper length of time that a hostess should wait for a belated dinner guest?

A. Not more than 20 minutes. To wait longer would be showing lack of consideration to the other guests for the sake of one.

Q. When does a girl correctly wear her engagement ring for the first time?

A. The engagement ring is worn for the first time "in public" on the day of the announcement.

Household Scrapbook

By Roberta Lee

Furs

Any color of fur can be cleaned with dry bran. Get a pound of bran at any feed store, put into a dry pan and heat in the oven to a temperature that hands cannot be held in it with comfort. Stretch the fur on an ironing board and hold in place with pins set close together so that it is firmly fastened. Brush the fur with a stiff bristle brush, rub in thoroughly the heated bran and brush again to remove the surplus. Then unpin and shake well to remove all bran. It will not only clean the fur but will make it glossy.

Indelible Ink

To remove indelible ink stains from linen, moisten with lactic acid, applied with a small brush. Then place the linen in the sun. Repeat several times if necessary.

Damp Shoes

If one is trying to polish damp shoes, it is a good idea to add a little paraffin to the blacking.

Cook's Corner

PICKLED PLUMS

These are excellent for hard plums. Take six pounds of plums and cover with vinegar. Drain off the vinegar and take an equal measure of sugar. Boil together.

Vinegar, 3/4 oz. mace, a little all-spice, sugar, 1 oz. cloves, 1 nutmeg, grated, 1 stick cinnamon. Boil 20 minutes and, while boiling, pour over the plums. After three days simmer the whole gently for eight minutes. Turn out and cool carefully. Bottle and cork. If wanted hot use whole pepper instead of cinnamon.

46 cups (2 1/2 lbs.) prepared plums, 7 1/2 cups (3 1/2 lbs.) granulated sugar, 1/4 an 8-oz. bottle liquid pectin.

Pit 3 lbs. washed plums. Do not peel. Cut into small pieces. Crush. Add 1/2 cup water, simmer, covered 5 minutes. (Scum, clingsome plums give best color and flavor. If sweet plums or freestone used, substitute 1/2 cup lemon juice for 1/2 cup prepared fruit.) Measure sugar and fruit into large kettle. Mix. Bring to full rolling boil over high heat. Stir constantly. Boil hard 1 minute. Remove from heat, stir in pectin. Stir and skim 5 minutes. Pour quickly into freshly scalded jelly glasses to within 1/4 inch of top. Cover at once with layer hot paraffin. Cool. Cover with sterilized tin covers, or lightly pasted paper covers.

That Body Of Yours

By James W. Barton, M.D.

BLOOD PRESSURE CHANGES THROUGHOUT THE DAY

It is only natural for men and women to be interested in their blood pressure, as they know that high blood pressure is present with heart strokes (coronary thrombosis) and with brain strokes (apoplexy). However, they should not ask their physician to take their blood pressure every time they consult him.

The physician, knowing that the patient is greatly interested in and worried about blood pressure, and knowing that the blood pressure changes, going up and down several times a day, may test it when it is up. Being honest, the doctors must tell the patient the truth, and he goes away upset. If the physician refuses to test the blood pressure, the patient thinks it must be high and worries about it.

Just as the temperature may vary two degrees or so during the 24 hours, being about 97 in the morning before breakfast and possibly 99 at 4 P. M. or 8 P. M., so the blood pressure. It is lowest in the morning and highest after the evening meal.

Further, any excitement or emotional disturbance can send the blood pressure up 20 points. Life insurance examiners may have an applicant come several times till he gets "used to" being tested, and so his true blood pressure is finally found.

Blood pressure is not stable. In fact, it is as changeable as the weather. Everything we do or think, every excitement or irritation from the outside world is immediately transmitted through our nervous system to the adrenal gland which produces adrenalin and which is able to raise the blood pressure by contracting (tightening) the blood vessels. Because excitement raises the pressure temporarily in this way, it is not called organic high blood pressure, but the truth of the matter is that continuous emotional excitement keeps the muscle (elastic) tissues in the blood vessels always "on the stretch" and like elastic tissue anywhere, it gradually loses its stretching ability and finally will not move the blood along in the blood vessels to supply distant parts of the body.

In his book "The Civilized Diseases," Dr. Boris Sokoloff mentions a patient worried about his high blood pressure. He was shown that when angered or afraid, his pressure went up to 170 mm and then as suddenly went down to 110 mm. The patient stopped worrying. For peace of mind, you should have your physician test your blood pressure once or twice a year. That is often enough.

How Can I!!!

By Anne Ashley

Q. How can I mix a wall paper paste?

A. Dissolve ten cents worth of glue by soaking for 24 hours in cold water. Boil 4 gallons of water; then stir in 1 quart of flour which has been mixed into a smooth paste with cold water. Now add the glue water. This much should paper one large room.

Q. How can I clean white enameled kitchen utensils in which food has been burned?

A. Put a quantity of soap powder and boiling water into the vessel and let it stand for three or four days. All blackness will then wash off readily with a soft cloth, without injury to the enamel.

Q. How can I keep honey from granulating?

A. Honey will soon granulate if kept in a bright light. Always keep it in the dark.

Current Fashions In London, Paris Recall New Look

LONDON, Sept. 28 (CP) — Those who look carefully at the latest fashion trends in London and Paris suspect that stealthily, almost imperceptibly, the "New Look" is on the way back.

It may not be the voluminous, padded silhouette with its microscopic waist that Christian Dior released on an unsuspecting public some four years ago, but it has the same characteristics. The waist is neat — almost too neat — hips are curvaceous and an all-round pleated skirt gives a swinging grace that is pleasantly feminine.

There are some differences, of course. Jackets are longer, skirts are shorter and neat, pressed pleating prevents the bulkiness of the first new look styles. The present silhouette is slim, utilitarian and acceptable, but could still be the way back to 1947 fashion. Greater fullness, for example, would be easily excused if wool prices keep on falling.

Not all skirts are pleated. Many are plain flares of the type reminiscent of Britain's first modified acceptance of the post-war Dior-look. One such is a suit of heavy black rep, a textile fabric, by a British firm (Specialist Sports). With plain flared skirt it has tiny-waisted, double-breasted jacket, Persian lamb collar and Dolman sleeve. The jacket fastens from hem to Peter Pan collar with tiny ball buttons.

Pleated Number

An all-round pleated number by the same firm is in Burgundy-and-black dogstooth check with neat-waisted jacket also buttoning from hem to collar.

In London full skirts are still in the minority and those on view are conservative in style. Paris, however, shows a more definite trend to fullness, without completely deserting the slim silhouette popular these last two winters.

A new "long line" for the not-so-tall is achieved by a long slim skirt coupled with a hip-length box jacket, having a new, high waistline set under the armholes and emphasized by cuffing.

A notable fullness is the choice of Jacques Fath. It may sound crazy to wear a crinoline petticoat under a heavy wool suit but Fath uses a crinoline mesh to support the unpressed fullness of wide, flared skirts. Pale wool suits with deep armholes introducing a new sleeve-cut set diamond-wise across the back shoulderline have tiny waists and winged peplums to support the bouncing flurry of the crinoline skirt. A pointed bow, usually of a stiff fur, under a deep fold collar continues the winged theme.

Jean dresses favors a lesser fullness in "Poised Bird," a suit that places the emphasis on a rounded bust and swept-back skirt fullness. The swinging back fullness derives an accentuated tail-effect from underskirt of quilted taffeta, that would be a warm choice for cold days.

Morning Smile

Good Sign

A typist was on a month's probation, and towards the end of the trial period she announced to her friend: "I think Mr. Carter has decided to keep me!"

"Oh, has he said anything?" her friend asked.

"No," she replied happily, "but this morning he bought me a dictionary!"

When?

She had gone to a fortune-teller and had listened with increasing interest to the sketch of her life as portrayed in her palm.

"Madam," said the fortune-teller, in her most impressive manner, "you should be very, very happy. A nobler man than your husband you have yet to meet."

"How absolutely thrilling!" gushed the woman. "But when?"

The Stars Say --

By Genevieve Kemble

For Tomorrow

THE astrological forecast is highly significant and powerful, indicating extreme nervous activity and abrupt, restless or irritable responses to action. This dubious situation makes it imperative to keep a "tight rein" on every emotion while making decisions, whether personal or professional, for the adverse aspects increase temper, self-will, and drastic conflicts that lead up a "blind alley," forcing amazing about-face changes in order to establish a more creative direction.

For the Birthday

Those whose birthday it is may find a frustrating year ahead. Mental concepts will undergo sudden changes, as the urge for the bizarre, unique, or illicit is strong. Consider carefully all desire for radical changes in associates or environment, in order to avoid the shattered ties or vocational upsets that would only be regretted.

A child born on this day may lead an unusual life. Erratically brilliant, it may differ greatly from the general herd in code and behavior, as its concept of right and wrong will be self-devised, are conventional.

Pierre Bullard, distinguished French botanist who died in 1793, was the first to print plants in color.

Nauss-Creelman Wedding



Lieutenant and Mrs. William Moland Nauss are shown above after their marriage at Trinity United Church on Tuesday, September 4th. The bride is the former Lorna Creelman, daughter of Dr. and Mrs. P. A. Creelman, and the groom is the son of Mrs. Charles M. Creelman and the late George Nauss. —Photo by Craswell.

DOROTHY DIX SAYS—

Husband Comes First

His Health More Important Than Wife's Mother's Whim

DEAR MISS DIX: During World War II, my husband incurred a respiratory trouble that makes living in the north difficult for him. Following doctor's advice, he moved to Florida where he has a good job and is in much better health. I remained up north with my widowed mother. She refuses to leave all her friends here and go south with me, and doesn't want me to go, either. She is very angry with my brother for saying I should be where my husband can earn a living to the best advantage. I can't bear to leave my friends, and especially my mother. My husband is a fine man and mother thinks he could make a go of it here if he really cared for me. What is your solution to this difficult problem?



ANSWER: The problem in itself is not difficult — it's just that you and your mother are making it so. Your place is with your husband, in common sense he should be where conditions are best for his health; ergo, you should be in Florida. Your mother should be sensible enough to go along with you; in fact, I should think she'd welcome a change of scenery and environment. Most women her age are complaining of boredom!

LEAVE HER

If your mother insists on staying in your home city, your course is clearly to leave her there and join your husband. His is the greater need of you, his welfare your greater obligation.

Young people are very adaptable and make friends easily. You'll have no trouble making a pleasant, new life for yourself and your husband. The fact that you're moving to another part of the country does not necessitate breaking all ties with your old friends; our modern means of communication and transportation will keep you together. Perhaps in a few years your husband's health will improve to the point where he can work up north again. Your mother's suggestion that he should return to the harsher climate even against doctor's orders is nothing but extreme selfishness and I must advise you to ignore it.

DEAR MISS DIX: For fifteen years I have been going with a married man with whom I am deeply in love. His wife will not give him his freedom. I am 41 and feel I can't go on waiting for her to change her mind. I have opportunities to go out with single men. Should I accept them or continue waiting?

MARY

ANSWER: Life may begin at 41, but apparently common sense doesn't! You've already wasted fifteen years of your life, and apparently enjoy your martyrdom. But be sure of one thing: If your lover's wife should decide to give him a divorce, you won't be her successor. Fifteen years of your sort of devotion has convinced him that you lack character, brains, backbone, and every other attribute a man looks for in a wife. If you have an available suitor around, better grab him!

DEAR MISS DIX: Would it be all right for me to send a birthday or get-well card to a boy I know, but have never dated? I am 14.

ANSWER: Cordial greeting cards for any occasion are never amiss. It is perfectly in order to send one to a boy, even though you have never gone out with him.

DOROTHY DIX cannot reply personally to readers but will answer problems of general interest through her column.

Heady Sort Of Toys

Ready to take their place in the Christmas toy parade are these "Loony Lids," made of colorful plastic to resemble lions, elephants, horses and roosters. The lids, made by a New York manufacturer, are seen here making a trial run atop the heads of two little New Yorkers. Of flexible plastic, they are inflated during playtime and when deflated, fold into a small, compact package.



ELLEN'S DIARY

By an Island Farmers Wife

The younger farmer, who perhaps of the two sons subscribes most to our leanings and appreciations, saw "One of the prettiest sights tonight — one I wish you could have seen. You know" he commented, he having just picked us up in the dimness on our way home from an outing to the corner "It's a rare sight nowadays. . ." But let it not be imagined that this younger son of ours owns to, or even agrees with all our ways.

From his father or perhaps from a canny ancestor male or female, near or bygone, on the staff side of the family, he has inherited more practical traits. While we are inclined to "Count our chickens before they're hatched," placing many a hope in the lap of tomorrow, he takes good care of the present farming, plans well for the days ahead.

His buyings are usually made in this light and we appreciate that much of our comfort is the result of his foresight. Are we building or repairing? Materials are mostly assembled beforehand. Are we harvesting? The twine is bought well in advance of the opening day as are the oils and greases for the machinery and the other incidentals as well.

Are we going at the potatoes? And do we hope that in the face of aging muscles perhaps there will not be enough baskets for the family? But we know our requirements of these have already been assembled against the first day of it. And do we sigh over the thought of replacements in herd or flock, wondering what the place will do without "that red cow" that so well fills her pail, or the old ewe, always mother of twins?

There is no need to waste a second of time over such matters at Alderlea. In all probability successors are already here, having been brought in long ago — as a gangling calf it might be in the busy little truck — or an older animal all to contribute to the weal of the farm. Tonight it was a sheep — or was it not a handsome fellow to head the flock of ewes, the younger farmer bought?

The purchase was made at a comfortable homestead across the river, where once upon a time a happy family, brothers and one sister played. . . One was a scholarly clever lad who won coveted honors in his college days, and was called away from a brilliant career, much too soon for the family and friends bereaved. And we wondered if in mind the good mother gathered them all home with her today, the absent one and they that have gone on, to celebrate on this September day the Anniversary of her birth.

Many of the 86 years, smart as they continue, would be dropped away, and about the table would be as of old the young smiles and childhood's faces, with none missing from the circle. . . nor any shadow of vacant chairs. 86 years — a bit younger than the husband who in spite of his now borrowed time, was "busy at the fencing" today.

"You should have seen the fine flock of sheep, together in the yard — the white faces so pretty in the lantern-light!" the younger farmer commented. "And some wore bells — to protect them from prowling dogs. It was the most striking scene I've looked at for some time. There's nothing more attractive, to my mind. There's something about sheep. . . well, I just don't know what it is, that makes one stop to look, and stay to admire the picture they make." Would it be that the sight is reminiscent of angel-song. . . of a ninety and nine in the fold. . . or po' little black one that's done good-natured. . .

Until tomorrow — —Diary — —

Women's Report Shows Teamwork Teaching Theme

MONTREAL, Sept. 28 (CP) — Emergence of a new concept in education, relating school studies to the child's every-day life, was noted in a report today to the National Council of Women.

The report was prepared by Mrs. L. G. Ferguson of Westville, N. S., chairman of the Council's education committee.

It told of a new course in the British Columbia school curriculum, aimed at imparting to the pupil an understanding of himself, his needs and behavior, combined with the ability to act intelligently, to understand others and live harmoniously in the family and community.

Mrs. Ferguson said the most important factor in education is the teacher. In this connection, aptitude tests for students entering normal colleges in Saskatchewan resulted in 65 students being dropped for teacher training last year.

Mrs. Ferguson suggested that local chairmen of education take steps to have such tests given in their Provinces, where they are not already in effect.

Higher Pay Urged

The report said still too many top-ranking teachers "are being lured away by better salaries in other fields." Council members were urged to support efforts of teacher groups to obtain higher salary levels.

Reports from local committees agreed that the principle of equal pay for men and women teachers doing the same work is becoming more general in primary grades, but noted a difference of \$100 to \$300 continues in secondary grades.

As pensions are based on salaries, there is still some discrimination, Mrs. Ferguson said, but women teachers retire on full pension at the age of 60 while the retiring age for men is 65.

New Home and School Associations are being formed steadily, the report said, and many Council committees are assisting in educating the deaf, the blind and other handicapped persons.

Among matters touched upon by Mrs. Ferguson were the teaching of safety rules to children, alcohol education and an investigation into the authorship of school texts. Information from each Province showed that a very large percentage of text-books used in Canada are of Canadian authorship and are published in Canada.

Alice Brooks Designs

LOVELY FOR PARTIES

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Better English

By V. C. Williams

1. What is wrong with this sentence? "I would like to talk to you."

2. What is the correct pronunciation of "comeliness"?

3. Which one of these words is misspelled? Eventually, evenness, evolutionary, erosion.

4. What does the word "poignant" mean?

5. What is a word beginning with imp that means "obligatory"?

ANSWERS
1. Say, "I should like to talk with you." 2. Pronounce kum-lee-nis, u as in rum. 3. Evenness. 4. Sharply affecting; keen. (Pronounce poin-yant). "His mind was filled with poignant memories." 5. Imperative.

Tailored Suits Still Right

BY PEGGY MASSIN

PARIS, Sept. 28 (Reuters) — Tailored suits set an important winter trend for round-the-clock wear this season.

Classic models, with squared shoulders, straight revers and one- or three-button jackets, are still as good as ever.

Finest quality fabrics, combined with expert workmanship, provide the keynote. Cut is studied to the last fraction of an inch.

Many houses specialize in severe tailoring for women who believe in good classic clothes, stripped of all trimmings.

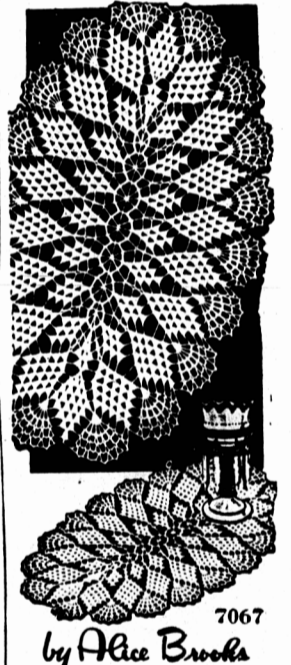
Hermes excels in country clothes, which breathe forest and field and are made in superb British and French tweeds, as well as that perennial favorite, grey flannel.

Suede is used extensively for suits and odd jackets. Classic lines are highlighted with unexpected details and couture touches. One model, which at first glance appears to typify the height of sobriety, has an amusing fish-tail buttoned on at the back.

Other models feature interest in pipings, trimmings or contrasting fabrics. Luxury and sport materials are often combined in unusual ways. A silk velvet sport jacket is lined with heavy tweed. A grey flannel suit is applied all over with black Charilly lace.

Jacques Wolber, a newcomer to the Paris fashion world, specializes in suits for the "not so slender" figure. He shows an entire collection based on softly tailored lines which have been carefully studied to achieve height and slimming effects.

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7067 by Alice Brooks

Anne Adams Patterns

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