

WOMEN

Page 8 The Guardian, Thursday, August 4, 1955

LET'S EAT

Delectable Ice Cream Can Be Made At Home

By Ida Bailey Allen



VANILLA ICE CREAM, made from a recipe in Thomas Jefferson's cook book, is placed on pound cake, topped with raspberry sauce.

"It was from France, Madame," said the Chef, "that your great president, Thomas Jefferson, introduced the flavor, vanilla to the United States.

"In 1791, when he was Secretary of State, he wrote the American charge d'affaires in Paris to send him a packet of 50 pods of vanilla beans. Mr. Jefferson was a distinguished gourmet."

"Very interesting, Chef," I replied. "The bean was the form in which vanilla was first used, the housewife cut off an inch or so and scalded it in the milk or cream for making desserts. The flavor was exquisite, just as the flavor of bottled true pure vanilla extract is exquisite today."

"In his cook book, Thomas Jefferson gives a recipe for French ice cream, frozen without churning, as we do today. Here it is, made with pure vanilla extract instead of a couple of inches of vanilla bean."

Home-Made Vanilla Ice Cream: Combine 1/2 c. sugar, 1 c. whole milk, 2 egg yolks and 1/4 tsp. salt. Beat until thick. Cook and stir over a low heat until slightly thickened and the mixture coats a metal spoon. Chill.

Stir in 1 tsp. pure vanilla extract. Beat the egg whites until they stand in soft peaks. Gradually beat in 2 additional table-spoons sugar. Fold into the custard mixture; then fold in 1/2 c. heavy cream, whipped stiff. Turn into a quart freezing tray.

GORA
FOR SORE GUMS

GORA is a pleasant additive that brings immediate relief in soothing sore and inflamed gums and enables both mother and baby to enjoy undisturbed rest. At all drug counters.

Obtainable at all drug stores.

Kem-Tone
THE SUPERIOR LATEX-BASE WALL PAINT

ANNE ADAMS PATTERNS
YOUNG FAVORITE!

Young favorite is this summer dress — because its lovely lines are just like grown-up fashions! High empire bodice, tiny waist, graceful whirl skirt! Another attraction is the little holes added to make a smart ensemble!

Pattern 4667: Girls' Sizes 6, 8, 10, 12, 14. Size 10 dress and jacket take 3 3/4 yards 35-inch fabric; 1/2 yard contrast.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions. Send **THIRTY-FIVE CENTS** (35 cents) in coins (stamps cannot be accepted) for this pattern. Print plainly **SIZE, NAME, ADDRESS, STYLE NUMBER**.

Send order to ANNE ADAMS, care of Charlottetown Guardian, Pattern Dept., 60 Front St. West., Toronto, Ont.

TEA gives you over **200 CUPS** per **POUND**

4667 by Anne Adams

MARY HAWORTH'S MAIL

Makes Amends to Wife: Woman He Ruined Haunts Him

Dear Mary Haworth: Years ago I married a beautiful girl, who was, and still is, all that a wife could be. If she has ceased to love me, it is my fault. I always played around, shifting from one girl to another, and when I tired of them I always went back to my wife with a heartrending apology.

None of these affairs was serious until I met Dale—the only decent woman, aside from my wife, that I ever went with. I honestly fell in love with her, and was trying to win her consent to an affair. Finally I won, and now that she really cared and had given up everything for me, but I couldn't control my jealous nature and treated her shamefully over the years.

She was the only woman who understood me and my faults, and she forgave me. She has always been faithful and tolerant. She was trustworthy and I was true. Even so I would cruelly accuse her of falsity, unable to step myself in spite of it all, she says she still cares and understands.

HIS CRUELTY NOW HURTS HIM

As I get older I see I've done the same thing to my wife, and I want to make amends to her, so I have broken off with Dale. Just I can't go in and see her. Had I told her I wanted a peaceful family life, and owed first consideration to my wife, I know she would have understood. But I didn't face up. I just deserted her, swearing that she was unfaithful and tired of me—and I knew I lied. I haven't seen her for a long time, and I know she is terribly hurt by the whole thing. As for myself, I am in living hell when the remnants of my guilty conscience start working. Should I be man enough to tell Dale I wanted to try to atone to my wife? Or should I keep silent?—and let her (who asked so little and gave so much) feel rejected and deserted by the man who wrecked her life? T. L.

WHOSE PRAYERS ARE PAYING OFF?

Dear T. L.: In effect you are saying that you don't know which way to turn, or what to do, to clean up the mess you've made of your so-called love life, thus far. But it occurs to me that some body's prayers on your behalf—patiently offered over the years—have begun to bear fruit. Your irresistible desire to make atonement to your wife, also your tortured conviction that you owe a truthful accounting to Dale, to assuage her pain, suggest that a spark of decency is rekindling within you—and whence comes this spark to the hardened sinner, except from God?

Your stymied suffering brings to mind the beautiful majestic poem "The Hound of Heaven," by Francis Thompson (see the Oxford Book of English Verse). It strikes me that "the hound of heaven" is on

Newly-Weds To Reside in Toronto

Peters Road Presbyterian Church was the scene of the wedding on Saturday afternoon, July 9, of Laura Shirley, daughter of Mr. and Mrs. Harry Vanderstine to Frederick G. Wilson of Toronto, Ont. The double-ring ceremony was performed by Rev. M.C. Currie.

Mrs. Russell Graham played the wedding music and Mr. Robert Murray, Montague, sang "O Perfect Love" at the beginning of the ceremony and "I'll Walk Beside You" during the signing of the register.

The bride was attended by her sister, Miss Elaine Vanderstine as maid of honor.

Mr. Robert Vanderstine was best man and the ushers were Mr. Carter Vanderstine and Mr. Edward Darby.

Following the ceremony a reception was held at the home of the bride's parents.

Mr. and Mrs. Wilson will reside in Toronto.

Do Chores Easy Way

ELEANOR ROSS

While many of a homemaker's indoor jobs do slack off during the summer, many others are stepped up.

In winter, for example, the is generally a vase or two about the house nicely filled with flowers or foliage, but come Summer, anyone who has planted as much as a flower bed, has every single vase and container in use. This, of

Proper Steps Are Unfolding

In doing the decent thing, for what it may be worth in rearing your soul-health, you have an inexorable necessity to give consideration to your wife, or conflicting claims of duty arise. But even so, you have a moral obligation to Dale also—to give her all the healing help you can, in terms of honesty and compassion—time, and to reduce the size of your sins against her. So, apologize, explain and part in peace.

At present you are feverishly confused about the whys and wherefores of your past misconduct; and it may be, too, that your wife seems sick of you at long last—just when you are trying to reform.

You need psychiatric help to gain corrective insight into your turbulent conflicts. And you also need spiritual fellowship and help in prayer, to give strength for "fighting the good fight" henceforth. For practical support along this line, subscribe to "The Manual of Prayer," issued monthly by the United Prayer Tower at 1771 Grand Avenue, St. Paul 5, Minnesota.

M. H. Mary Haworth counsels through her column, not by mail or personal interview. Write her in care of the Charlottetown Guardian.

Miss Haworth will be on vacation until August 29. Her column will be resumed upon her return.

Engagement Announced



BARBARA HICKS H. W. MEADOR

Mrs. Ansley S. Hicks of Richmond, Virginia, formerly of Pownall, P. E. I., announces the engagement of her only daughter, Helen Barbara Ella, to Mr.

Hamner Wood Meador, son of Mr. and Mrs. Henry H. Meador of Roanoke, Virginia. The wedding will take place August 20 in Richmond.

Arsenault-McNeill Wedding

A pretty wedding was solemnized at the Church of the Immaculate Conception recently when Mary Patricia, daughter of Mr. and Mrs. Emmett McNeill of Wellington, became the bride of Leonard E. Arsenault, son of Mr. and Mrs. Charles M. Arsenault of Egmont Bay. Rev. Leonard MacDonald celebrated the nuptial mass. Rev. Francis Arsenault, uncle of the groom, was also present.

The bride, given in marriage by her father, chose a floor-length veil of tulle illusion fashioned in a cap effect and her bouquet was of pink nose buds and maiden hair fern.

Her sister, Miss Norma McNeill, as maid of honour, wore a yellow floor-length gown of nylon net over tulle with matching head-dress of net and sequins. She carried a nosegay of yellow roses.

Miss Rose Marie Arsenault, R.N., sister of the groom, as bridesmaid, was similarly attired in coral and she carried a nosegay of cream roses.

The groom was attended by Mr. Ray Peters and the ushers were Mr. Wilmer Blanchard and Mr. Justin McNeill.

The bride's mother wore a dress of pale blue with pink accessories and a corsage of pink roses. The groom's mother wore a dress of gray with cream accessories and a corsage of cream roses.

During the nuptial mass several beautiful solos were rendered by Mr. Dunstan MacDonald of Charlottetown. Mr. Leo Galant was the organist.

Immediately following the ceremony a reception for approximately 45 guests was held at Mulberry Lodge, Summerside. The toast to the bride was proposed by Rev. Leonard MacDonald and responded to by the groom. During the reception congratulatory messages were received from Antigonish, Montreal, Toronto and Hamilton, Ohio.

At the close of the reception a lively sing-song was led by Mr. Wilmer Blanchard, with Miss Jackie Cummiskey of Charlottetown at the piano. The soloist Mr.

Views of Marilyn In Water And On The Beach



Accompanied by unidentified swimmers toward England and her conquest of the English Channel. Marilyn, 17, became the youngest swimmer to cross the Channel. The swim was a sequel to her feat of last Sept. 8 when she became the first person to swim Lake Ontario. CP from AP



Marilyn Bell crawls up on beach on hands and knees toward trainer Gus Ryder (right) as she touches English coast at the end of her English Channel swim. Weary but otherwise alright Marilyn, 17, swam strongly throughout the endurance swim to become the youngest swimmer to conquer the channel. CP from AP

Montreal Woman Establishes Marian Centre in Edmonton

By DAVE QUANCE HOPEFUL START

Miss Phillips arrived last January. With \$100 she started to work. By March she had donations for a down payment and purchased a rundown frame rooming house. Volunteers from many Roman Catholic parishes fixed it up. A new furnace was donated and installed. A dining hall and a chapel were built and clothes racks were put in the basement. So much furniture was donated that some had to be given away.

On May 31 the house opened. It was named the Marian Centre for the Marian Year.

It is the 10th house founded by the organization since it was formed in 1929—seven houses in the United States, three in Canada. The three in Canada are the original Friendship House in Combermere, one in Whitehorse, Yukon Territory, and the Marian Centre.

Twice a day from 10:30 to 11:30 a.m. and from 1:30 to 3:30 p.m. the Marian centre opens its doors. It asks no questions—if you're hungry you eat; if you need clothes, you get them.

Voluntary donations. It can give only what it has. The centre has no income, its workers are not paid. The food, clothing, cigars, depend on private donations.

Miss Phillips greets the visitor at the door. A small, active woman with fine features, whitening hair and sparkling eyes, she has a quick smile and good humor. Almost before a man knows it, he's sitting at a long table in a bright dining room with a plate heaped with food.

She and her co-workers, Teresa Fazackerley of Toronto, Jim Murphy of Montreal and Paul Dubola, a visiting volunteer also from Montreal, make the visitor feel right at home.

Conservation starts gradually. Table talk leads to little confidences, a shared cigarette, a job tip.

"If you don't ask questions it's amazing what they'll tell you on their own," Miss Phillips says.

Many suppliants. About 140 men call at the house daily. Most are unemployed who need help until they get back on their feet again. A second, smaller group is composed of men who are too old to find permanent jobs and live on scanty pensions.

A few are alcoholics, or worse. Miss Phillips gives these advice and sends them to organizations better able to help them.

One caller insisted on paying handsomely for his meal. "But you can't afford it!" Miss Phillips protested.

"Certainly I can," he replied. "I own a farm and just wanted a home-cooked meal while I'm in the city."

Dunstan MacDonald again delighted the guests with his renditions. For a motor trip through the Maritimes the bride wore a white suit with white and charcoal accessories. Her corsage was of coral rosebuds.

They are residing in Charlottetown; the bride is on the staff of Queen Square School, and the groom, a graduate of St. Joseph's University, is on the staff of the Dominion Experimental Station.

Wife Preservers

Do not wash the enameled surface of your kitchen range while they are hot, or "cracking" or cracking may result.

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Cook's Corner



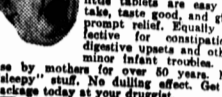
Cheese Cookies

Blend 1 cup sharp cheese, 1/2 cup butter, crisco, 1 and 1/4 cups all purpose flour, dash salt and cayenne pepper.

Make in rolls like cookies. Wrap in waxed paper and keep in refrigerator until ready to cook. Slice and sprinkle with paprika. Bake at 400 F. for 5 minutes. Good with fruit salad. Serve warm.

TEETHING TROUBLES

At teething time, baby is often fretful because of irregularity of an upper tooth. Try Baby's Own Tablets. These mild, sweet little tablets are easy to take, taste good, and give prompt relief. Equally effective for constipation, minor infant troubles, "sleepy" stuff, no dulling effect. Use by mothers for over 40 years. No narcotic today at your drugist.



BABY'S OWN TABLETS

ALICE BROOKS DESIGNS

LIFELIKE ROSES Crochet roses in color — to decorate this most unusual dolly! They stand up in lifelike form against their lovely background.

Pattern 7327: Color-crochet rose dolly in "3-D"! Larger, 22 inches in No. 30 mercerized cotton; smaller measures 18 inches.

Send TWENTY-FIVE CENTS in need help until they get back on their feet again. A second, smaller group is composed of men who are too old to find permanent jobs and live on scanty pensions.

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Mustard, 16 oz. 27c

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Chili Sauce 37c

Sandwich Spread 33c

VELVET 39c

VICTORY Yellow Eye PORK & BEANS 8 For 1.00

Shredded WHEAT 2 for 35c

Pictou PEAS 6 For 95c

FRESH GRADE B EGGS DOZ. 45c

MAPLE LEAF FACE SOAP, 4 for 25c

COLGATE FACE SOAP, 3 for 27c

SUNLIGHT SOAP, 3 for 35c

3 Handy Sizes 59c

29c

2 FOR 35c

BOSTON CORNED BEEF 39c

YORK 4 L.B. CANNED PEANUT BUTTER \$1.59

SALAD OLIVES 29c

MIRACLE WHIP, 8 oz. 29c

MONTSERAT—16 Oz. LIME JUICE 43c