



MR. AND MRS. JOHN F. BROWN

Two Ring Ceremony Unites Islander And Ontario Girl

St. Barbara's Anglican Church, Camp Picton, Ontario, was the scene of a pretty wedding on Saturday, April 10, 1965 when Kathryn Lea Rushlow, daughter of Mr. and Mrs. Charles Raymond Rushlow, of Belleville, Ont., became the bride of Guardsman John Everett Brown, son of Mr. and Mrs. William H. Brown, Kensington, P.E.I.

The Rev. Captain P. L. Sams officiated at the double ring ceremony. Given in marriage by her father, the bride entered the church to the traditional "Wedding March" played by Mrs. R. D. Parker. She wore a street length dress of white taffeta with sleeveless lace bodice, and bell shaped skirt. A matching jacket featured short sleeves, and buttons down the back. Sequins bordered the neckline and a panel effect front which flowed from the waist line to the hem of the dress. Her shoulder-length veil was held in place by three roses across the front caught with small pearls. She carried a large nosegay of yellow roses and white mums.

Mrs. Sylvia Lewis, sister of the bride, was the matron of honor. She chose a yellow lace dress with white accessories and carried a small nosegay of yellow and white mums. The bridesmaids were Mrs. Helen Hickox and Linda Green. Mrs. Helen Hickox, sister of the groom, wore a light pink rayon taffeta dress with matching headress and shoes, and a corsage of pink and white carnations. Linda Green, cousin of the bride, wore a dress of deep pink rayon taffeta, with matching headress and shoes and a corsage of pink and white carnations.

The groom was attended by John Lewis, and the usher was Albert Haase, brothers-in-law of the bride. The reception was held at the home of the bride's parents. A three tiered wedding cake topped with miniature bride and groom, centered the bride's table.

The toast to the bride was proposed by James Furler and responded to by the groom. A telegram from the groom's grandmother, Mrs. Everett Wall, Kensington, P.E.I. was read. The bride's mother chose for her daughter's wedding, a pale blue linen suit with white accessories and a corsage of American Beauty roses. The groom's mother wore a teal blue suit with white and black accessories and a corsage of yellow roses.

For a honeymoon trip to P.E.I., the bride chose a two piece pink linen suit with white accessories and a corsage of white carnations. Out-of-town guests were Mr. and Mrs. W. H. Brown, Kensington, P.E.I., Mrs. Kirk Hickox, Sherwood, P.E.I. Heather and Gary Brown, Kensington, P.E.I., Mrs. Eva Brown and Diana Brown, Tilsonburg, Ont., James Furler, Grimsby, Ont., Mr. and Mrs. Albert Haase, Toronto, Ont.

Mr. and Mrs. John Brown will take up residence in Belleville, Ont. The groom is stationed in Camp Picton, Ont. with the 1st Canadian Guards, and has just returned from Cyprus on U.N. Peace duty with the Guards.



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ELLEN'S DIARY

Lambs And Ewes Find Freedom In The Meadow

Our lone pison, an attractive lady in her own right, is an added interest these days at Alderlea. She leaves her nest in the loft of a barn to find food, and also enjoy a brief respite from her quiet chore, in the sun and air of the roof. She is quite as interesting in a manner as was the birth of a son today to "Ribey", Mack's special cow, though naturally this event was duly and happily noted in the family. However, calves we have already, indeed several of them, but only one trim and pretty little mother-pison-to-be!

Out of a fog our day came to us. It was there in a veil above the stream, dropped between us and the house on the hill, when we stopped by the bedroom window on rising to look off and down upon our world without. James had been up before this. Now when the crop of younglings are arriving in stable and sty, and with the shade of the cropping limped against the horizon, farmers must be up betimes.

"It's quite a fog, Ellen," he offered from the yard when we presently came to the door. "But the sun is breaking through. It will be a nice day, warmer I expect. A good day" he added, "for those who plan to plant potatoes."

This afternoon when the pupils from the school down the River Road went to press at their choruses and rhythm band in competition at the Annual Music Festival in town, an important happening transpired at this farm. Peter, as it happened, was left behind in the outing.

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Mr. and Mrs. Douglas Affleck, Lower Bedouque, announce the engagement of their younger daughter, Charlotte Joan to James Robert Linkletter, eldest son of Mr. and Mrs. Albert Linkletter, Linkletter Road. Marriage will take place in Bedouque United Church on June 12 at 2 p.m.

MARY HAWORTH

Demanding Son Problem To Thrice-Wed Mother

Dear Mary Haworth: I have been married three times, twice unsuccessfully, but a very painful admission to have my make and an equally painful history to live with. But my immediate problem is my second son, Eddie, 18, the child of my second marriage. He has come to live with me, since the situation with his father became unbearable.

His father is a tyrant, yet, even knowing that, let Eddie remain with him after our divorce. I had an older child, of my first marriage, and could barely support the two of us on my small earnings. Eddie's dad seemed to love him, was remarrying; the woman seemed motherly, Eddie would be staying in an environment where he had friends and, at the time, it seemed better. I felt that to go to court, to fight for Eddie's custody and supportive alimony would be futile, as the father never pays his bills and, even if I won, I would be left holding the bag financially. There was a lot of bitterness involved that I won't go into here.

When I married the third time I had hopes of pulling my life and family together, but it didn't work out. I am older and wiser now, though unable to undo the mistakes of the past; but my hope is to make no more. At present I feel under pressure from Eddie to indulge him materially in ways I might do gladly if he didn't "expect" me. It bothers me that he seems to take special sacrificial (maternal) consideration as his due. There just seems to be no realization on his part of the effort I've made, the years of struggle, etc.; and I feel he is in conflict with himself about me, wanting me to be the ideal mother yet knowing I'm not.

A heavy expense to me he is finally achieving his high school diploma, is getting a fairly good job (in the circumstances) and is buying an expensive new car, that I've "signed" for. He has budget problems and seems to resent not having things he would like handed to him on a silver platter. Can you give me perspective on the situation, especially as to the attitudes I should take? F. K.

Dear F.K.: As of this writing, your greatest handicap, unconsciously, in maternal-filial relationship with Eddie, is your exceeding guilt sense on the score of leaving him with his father, years ago. Your next - greatest handicap is your cloudy shame - faced sense of being a proved failure as a person and as a woman due to having been married

three times, twice unfortunately. And of being "single", or, from your view, but "half" - a person in the mother - role now. The valid yardstick by which to judge yourself is: What kind of person are you today? Your worth as a person is told by your present performance. The You of today, and the You of 10 or 15 years ago, are not necessarily the same person - as to mind, soul, character, competence, moral maturity, etc.

If faced today by choices that faced you 10 or 15 years ago, you might decide quite differently. But the past is water over the dam. So don't waste life by looking backwards, a la Lot's wife. To get yourself organized, so as to do your best on the post-life side in Eddie's behalf, it is important, first of all, to become solidly self accepting and self-respecting. It is only when you've got yourself off your conscience and out of the way, with psychiatric or pastoral counselling help if necessary, that you can then personify spontaneously influential strength and sanity in Eddie's continuing experience.

Terms will react to you in terms of your own habitual conduct of yourself. If you are a bundle of anxieties, pretensions, uncertainties, apologies, etc., he is bound to react negatively: probably with impatience, disapproval, dissension, dismay, rejection, disrespect, etc. As a help in reshaping your thought - feeling about yourself to oneself and others, M.H. self-centeredness, read Dr. William Glasser's new book "Reality Therapy: A New Approach to Psychiatry" (Harper and Row; price \$3.95).

Dr. Glasser brings a dynamic new approach to the task of helping persons fulfill two essential needs, namely: to love and be loved; and to feel worthwhile to oneself and others. M.H. Mary Haworth counsellor through her column, not by mail or personal interview. Write her in care of The Guardian.

RECTOR REACTS OTTAWA (CP)—An Anglican church rector has described Pierre Berton's controversial book, The Comfortable Pew, as "an ecclesiastical Fanny Hill" and "the product of a mediocre mind." Rev. Herbert O'Driscoll, rector of St. John's Anglican Church, Monday night praised a rebuttal book, Just Think, Mr. Berton, by Ted Byfield of Toronto, and suggested that if the Communist Party wanted suggestions on why it is not doing well in Canada, it would not go to industrialist E. P. Taylor for advice.

Women

6 The Guardian, Charlottetown, Thurs., May 6, 1965.

HAPPENINGS

Audrey Jenkins, Women's Editor, Phone 4-5885

Mr. and Mrs. Neils Hans en, Halifax, N.S. accompanied by their children, Paul and Karen, were recent visitors in Montague, guests of Mr. and Mrs. Cameron Reid. Mrs. Hansen is the former Jean Aitken of Lower Montague.

Mrs. Klass Brink and family returned to Toronto last week after visiting for the past month with her mother, Mrs. Fred Nicholson at Kilmuir, and with Mr. Brink's parents, Mr. and Mrs. John Brink of Union Road.

Captain and Mrs. Alva Allen, Montague, are visiting their son and daughter - in-law, Mr. and Mrs. Leeming Allen, Truro, N.S. Captain and Mrs. Allen will be staying with their grandchildren while Mrs. Allen is undergoing surgery in the Truro Hospital.

In observance of their 50th wedding anniversary on Saturday, May 8, Mr. and Mrs. Gord MacKinnon, Clyde River will be "at home" from 2-4 p.m. and 8-10 p.m.

Elliott Acorn of Toronto, attended the funeral of his father, Alex M. Acorn of Primrose, last week. He is a guest of his sister and brother - in-law Mr. and Mrs. Louis Jenkins, Lower Montague, while visiting with other relatives and friends.

Mrs. Preston Peardon, Montague; is visiting with her mother, Mrs. Alexander Heamings, who is ill in hospital in Pictou, N.S.

Mr. and Mrs. Lyman Nicholson, Whim Road, were recent visitors to Pictou, N.S., guests of Mrs. Nicholson's parents, Mr. and Mrs. Clude MacLean.

Mrs. Fred Bowness, Alberton, is visiting briefly with her daughter, Mrs. Erskine Haywood, Charlottetown.

Mr. and Mrs. Neil D. Walker returned to their home in North River, having spent the winter in West Palm Beach, Florida.

Those participating last evening at the dedication service of the new electric organ and brass communion service at Clyde River United Baptist Church were entertained later at the home of Lloyd MacPhail M.L.A. and Mrs. MacPhail, New Haven.

The Mt. Stewart U.C.W. held a delightful Spring Tea on Saturday in the new United Church hall. An arrangement of daffodils and pussy willows flanked by tall yellow candles centered the tea table, while the individual tables were decorated with crocuses and scilla.

The president and vice president, Mrs. Ella Court and Mrs. Hester Jay greeted the guests and Mrs. Don McLennan presided. Serving were: Mrs. Bobby Leard, Mrs. Chas. Kaptin, Mrs. Bruce Affleck, Miriam Toombs, Mrs. Harold Affleck, Mrs. Roy Farquharson, Ida Mackay and Mrs. Arthur Coffin. Replenishing were: Mrs. Roland Jay, Mrs. Wilfred Coffin, Mrs. Frank Jardine, Mrs. Earl Jay, Mrs. Roy Leard, Mrs. Wallace Birt, Mrs. Sterling Birt and Mrs. Clarence Coffin, while tickets were sold by Mrs. Gordon Jay. In charge of the home cooking table were Mrs. Harry Mackay and Mrs. Lane Pigot.

Many complimentary remarks were received on the new hall with its practical facilities and pleasing colour schemes.

Members were asked to make fudge and Washington pies for the variety concert which is being held in aid of the Tyne Valley Health Centre. Volunteers came forward to collect for the Cancer Society and the Retarded Children's fund.

A lively discussion followed regarding the resolutions to be brought up at this year's annual convention in Charlottetown and an interesting letter was read from the provincial convener of agriculture, Mrs. Clarence Marchbank. Reports were given by the visitation committee and the Red Cross convener.

Refreshments were served by the baking committee. Next meeting will be held at the home of Mrs. Alison England.

Mrs. Herbert Hardy was hostess to the Bideford Women's Institute for their April meeting. The president, Mrs. Alison England called the meeting to order and minutes of the last meeting were read.

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IDA BAILEY ALLEN

Spring Salad Varieties Blooming In The Market

"THE salads that come in the spring, tra-la, are the salads that give us the zing 'tra-la'!" chanted the Chef, as he set out a variety of salad greens from the supermarket on the test-kitchen table.

"Lettuce, romaine, chicory, watercress, field-salad, dandelion leaves, new spinach, there are seven varieties," he counted. "I also bought a cucumber, scallions, chives, radishes and fresh parsley to add flavor and texture contrast."

Mixture Of Greens "It is not extravagant to buy several kinds of the 'makins' at one time, for the best tossed salads are made with a mixture of greens."

"And if the salad greens are cleaned and refrigerated in poly bags, they will keep crisp and ready to use up to a week at a temperature of 40 degrees F."

To Make Salads That Taste Like More Tender Loving Care: Detach the salad leaves and wash in cold water; drain thoroughly until almost dry. (In the test-kitchen, we use a big dish drainer.) Place the greens in separate perforated poly bags (if not already perforated, poke 2 holes near the bottom, one on each side); close tight, and store on the lowest shelf in the refrigerator up to 5 days or more.

To Prepare Tossed Salads: Shred the greens, prepare other ingredients and put in a salad bowl 10 min. before serving. As a salad tastes only as good as its dressing, select one that not only tastes good in itself, but that will complement the other foods in the meal with which it will be served.

Harmony On Menu Plain not - sweet French dressing, or one of its variations, harmonize with any menu. Mayonnaise and cream dressings should not be used when fried foods, rich sauces or cream desserts are on the menu.

Salads should never be dripping wet; all dressing should be absorbed by the leaves when tossed. It is neither "good manners" nor common sense to leave

whole green leaves or large pieces of greens on the plate. Eat every morsel of the health-giving leaves - using both knife and fork.

Cherry - Tomato Olive - Salads with French Dressing: Piquante (see Chef) - Liver with Onions and Apples Saute, Parsi-d Whipped Potato, Green Beans with Thyme - Baked Rice Custards - Coffee or Tea Milk.

Measurements level; recipes for 6

LIVER SAUTE WITH APPLES AND ONIONS 2 lb. calves or young beef liver 1 tsp. salt 1/4 tsp. pepper 1/4 tsp. ground marjoram 1/4 c. flour 1/4 c. margarine 1 recipe apple - onion saute (follows)

Ask the butcher to skin the liver and slice it 1/2" thick. With scissors cut out any tough parts. Mix next 4 ingredients, and with them lightly coat liver. Let stand 10 min. to firm coating.

During this time prepare apple and onions (see following recipe).

Melt margarine in 10" frypan, and when sizzling add the liver. Turn in 30 seconds, then turn again to seal in juices. Lower heat. Saute each side 2 1/2 min. more.

Overlap slices down center of warm platter. Edge with apple-onion saute. Garnish: parsley.

APPLE - ONION SAUTE 1/2 tsp. sugar 1/4 c. margarine 2 c. sliced, peeled, cored fresh apple or use not - sweetened canned, sliced pie apples 1/4 tsp. ground cinnamon 1/2 tsp. salt 3 c. thin - sliced peeled onion

Melt (caramelize) sugar in 9" frypan. Add margarine and stir - cook until smooth. Add apple, cinnamon, salt and onion. Slow - saute 10 min. or until tender and slightly golden; turn often with spatula to prevent scorching.

THE CHEF'S FRENCH DRESSING PIQUANT Ingredients: 1/4 tsp. each garlic powder and ground mustard, 1 tsp. medium - chopped parsley,

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Each tiny pill contains Carter's exclusive formula that has a very special action on your liver. This special action stimulates the liver bile. Keeps it flowing freely. Aids the functioning of your digestive system. Eases away that tired, upset, sluggish feeling. Helps you feel good again.

So the next time you feel tired, sluggish, headachy, take Carter's Little Liver Pills and feel better fast. Carter's Little Liver Pills, only 49¢.

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