WOMEN

MARY HAWORTH

Mother Worried Over Future of Young Daughter

Dear Mary Haworth: Just what lasting effect does a broken love affair have on a 16-year-old girl? She is sweet and smart, with a high IQ; a high school graduate with a good reputation and chances at college.

She is my daughter, all mine. I may say, as her father rejected her before she was born; and she could count on her fingers the kind words he has given her. Her home life hasn't been all that I'd like, though I've done my best—and have kept her too sheltered for her own good. She is gentle, loving, religious and beautiful.

The problem came up with a trusted boy friend. He was wonderful to her; they went steady for several months; then he asked her to marry him soon. Before long, in her innocence, she had given him everything. A few days after he claimed her, he told her he didn't love her, and advised her to forget him. How can she?

MOTHER FEELS ALL TO BLAME

I feel that if I had been wiser she might not have been so exploited and so hurt. She doesn't blame; I blame myself. There was no worse complication than a broken heart. Few know the story; but what about other boy friends? Will this make her easy prey for them? Or will she turn from them all in distrust? Can she ever recover from the soiled discarded sense he left her with? Can she get over him? Can she ever love and trust another?

She has been under a doctor's care because she was so upset. I can't seem to comfort her much; or myself either . . . How can we both find peace of mind, and forget the whole thing? H.S.

BACKGROUND PLAYS PART

Dear H.S.: In your letter, here condensed, you speak of the boy's having "damaged a whole life in a matter of minutes." Without condoning the boy's destructive selfishness, I might say that he wasn't entirely to blame. Jane's father was (and is) a guilty party in the background—because, as psychology reveals, a girl tends blindly to evoke and accept from "admirers" the kind of care (good or ill) that her father gave her.

As to whether Jane's whole life is damaged, this may be true, in the limited sense that a permanent spiritual scar will remain. However, out of the damage, good may come. The English scholar, Leslie D. Weatherhead, has authored a brochure "The Will of God" (Abingdon-Cokebury Press)—a collection of talks—which discusses human experience in three parts: 1. The intentional will of God. 2. The circumstantial will of God. 3. The ultimate will of God.

As Weatherhead explains 1. God's intentional will has to do with His ideal plan for man. 2. God's circumstantial will has to do with His "corrective" will in certain circumstances engineered by evil. 3. God's ultimate will has to do with His final realization of His purposes.

EVIL CANNOT DEFEAT GOD

Says Weatherhead: "No evil is finally able to defeat God, or cause any 'value' to be lost . . . There is an intentional purpose of God for every life. But because of human folly and sin, because man's free will creates circumstances of evil that cut across God's plans, because our oneness with the great human family means that the evil amon otherg members may create circumstances which disturb God's intention for us, there is a will within the will of God—."

This Weatherhead calls "the circumstantial will of God"—and "in the doing of that will," he tells us, "the soul can find peace, the mind can find poise, and one's life may be so lived that ultimately the original plan of God is brought to successful fruitation."

Thus my advice is to put aside the temptation to criticize, condemn and despair, and regain your faith in God's capacity to mend hurt lives referred to Him. Read "Stake Your Claim" (Harpers) by Emmett Fox.

WHY IS GIRL SO GULLIBLE?

On the self-help level, both you and your daughter would profit by some confidential talks with a psychological counsellor. You need to fathom the reasons why you've kept Jane "too innocent," and she needs to see why she has behaved too guillibly. Such insight should help you both to face the future with increased confidence, caution and savvy. M.H.

Mary Haworth counsels through her column, not by mail or personal interview. Write to her in care of this newspaper.

KEEP IN TRIM

Lack Of Exercise Leads To Overweight In Child

By Ida Jean Kain

Is overweight in children due to overeating or is it due to lack of activity? In the past, food habits were blamed—but today, there is an entirely new slant on the problem.

Dr. Jean Mayer, professor of nutrition at the Harvard School of Public Health, a long time champion of the importance of exercise, raises the question:

"The role of decreased activity seems of particular importance in childhood obesity. Numerous articles and books have been written on why obese children eat more than the non-obese: as an escape from tensions at home, as a substitute for the affection of one parent or of both, as a result of parental neglect or over-solicitousness, because of desire for importance, as a compensation for excessive shyness. But, although a few psychiatrists, such as Hilde Bruch, have observed that obese children are often inactive, it is only recently that the basic assumption has really been questioned. Do obese children overeat, or do they get their surplus of calories from under exercising?"

FALL INTO TWO GROUPS

Studies of school children in the Boston area reveal that lack of activity is primarily responsible for overweight. A careful examination of the food habits of equal groups of overweight and normal weight girls, matched for age and height, showed that the overweights fell into two groups.

The largest of these groups consisted of girls who ate a little less than the normal weight girls but exercised considerably less. Avoiding active sports, these girls indulged in "sitting" activities—for example, they spent four times as many hours watching TV than did the normal weights.

The second group, smaller in number, ate more and exercised as much as the normal weight group. As a whole, these were the "red - cheeked, cheerful variety." This group also appeared more muscular, so that although they were classed as "overweight," they were probably less "overfat" than the inactive group.

CHALLENGE TO PARENTS

What to do about the lack of exercise and muscular deficiency which leads to this overweight presents a challenge to parents. The solution? Cut down on car pools—legs were made for walking.

Dancing lessons for girls provide shapely exercise but, equally important, lend incentive to calorie curbing. There is no better way to encourage exercise than the fun way—swimming, bicycling, skating tennis—and all vigorously active games popular with the younger set.

For the already overweight youngster, a protective diet combined with regular exercise will get the pounds moving in short order. Tomorrow—**diet.**

HAPPENINGS

Mrs. R.J. Rupert is in Saint John visiting her mother, Mrs. Edward Prime who is critically ill.

The Bagnall residence at Hazel Grove was the setting for a lovely reception Thursday evening in honour of Mr. and Mrs. Arthur Bagnall of New Zealand. Mr. and Mrs. Bagnall are on a world tour and were welcomed in this province by many relatives and friends. Mr. and Mrs. Bagnall, most distinquished looking and charming in manner, endeared themselves to all and "love the Island and its people."

Mrs. D.J. McCutcheon, Vancouver, is visiting Mr. and Mrs. A.W. Hyndman, North River Road.

Dr. and Mrs. J.A. MacMillan, left Thursday for St. John, New Brunswick. Dr. MacMillan will attend a conference on prepaid Medical Care at the Canadian Public Health Association meeting held there. Dr. MacMillan will be one of the speakers at the conference.

Mrs. Jack MacEachern, president Junior League of the Charlottetown Hospital, Mrs. Reginald Mahar, past president have left to attend the Maritime Hospital Convention held at Algonquin Inn, St. Andrews.

Mr. and Mrs. W.E. Scantlebury have been attending the Acadia University graduation exercises. Their son Thomas received his Bachelor of Science degree. He has accepted a position as geologist with the Iron Ore Company of Canada at Knob Lake, Labrador.

Mr. Wallace Barteaux, Supervisor of Schools for Kings County, Nova Scotia, and Mrs. Barteaux with their son Frank and Bruce have been recent guests of Mr. and Mrs. W.E. Scantlebury. They were in the province to attend the Barteaux—MacCullum wedding.

Mr. and Mrs. Hector Oag, and daughter Sheila, North Battleford, Saskatchewan, are visiting Mrs. Oag's sisters, Misses Jennie and Estelle Bowness and Mrs. Clara Bell, Summerside.

Congratulations are extended to Mrs. Leslie G. Ramsay and Mr. Elmer Power who received the award for the best actress and actor in "Come out of the Kitchen" which was presented in the Drama Festival and received the C.W.L. Trophy.

Mr. and Mrs. Fred Cannon entertained at bridge, Friday evening at their residence, Brackley Point Road.

On Saturday afternoon, May 26, Mrs. Lloyd Wonnacott entertained at 84 Upper Prince Street at a family tea in honour of Miss Florence McLean, R.N., whose marriage to Mr. Don Wonnacott, takes place June ninth. Mrs. Bruce Wonnacott presided over the teacups. The hostess was assisted by Mrs. Earl Wonnacott. The bride to be was presented with a dainty gift to mark the happy occasion.

Mrs. Fred Younker and Mrs. Alan Johnson are representing the Junior Ladies Aid of the Prince Edward Island Hospital at the Maritime Hospital convention, Algonquin Inn, St. Andrews.

Mr. Elmer Nicholson, Calgary, is arriving to spend the summer with his parents, Mr. and Mrs. Frank Nicholson, Hunter River. Mr. Nicholson has recently had an interesting trip to Kentucky.

Mr. Lloyd Mutch, Mt. Herbert, left this week for Knob Lake Labrador. Mr. Mutch has been engaged by the Iron Ore Company of Canada as second class electrician.

Miss Eileen Ryan, has left for Halifax to attend the Kelly—O'Donnell wedding.

Mrs. George N. Dickieson's many relatives and friends in the province will regret to hear of the death of her husband in Vancouver. He had been ill only two weeks. Mr. Dickieson was born in New Dominion, but had lived the greater part of his life in Gunworth, Saskatchewan. Mr. and Mrs. Dickieson had several trips to the Island and spent their winters in Vancouver. Mrs. Dickieson was the former Miss Ruth Dickieson, New Glasgow.

Mrs. David Morrison and Miss Barbara Morrison were co-hostesses on Saturday evening at the home of the latter at a mixed party, honoring Miss Betty Inman and Mr. Gordon Simmons. The guests of honor were presented with a gift of Wedgewood.

The closing meeting of the ladies Guild of the St. Mary's Anglican Church of Summerside on Tuesday evening was followed by a "Pot-Luck" supper. The hostesses were Mrs. W. Lecky, Mrs. J. Connell, Mrs. J. Logan and Mrs. J.A. Hill.

Mrs. M.B. Balcom, her son, daughter-in-law and grandson, Mr. and Mrs. Gerald Balcom and Gary of Halifax, spent the past week-end with Mrs. Balcom's son, Mr. J.S. Balcom, and Mrs. Balcom, Willow Ave.

Mrs. Borden Connell entertained at bridge on Tuesday evening, honoring the Misses Dolores Morrison and Margaret Stewart, June brides-to-be.

The Misses Helen and Isabel McDonald, Charlottetown, and Miss Omer Arsenault, Richibucto, have been the guests of Mr. and Mrs. J.S. Balcom, Summerside.

Mrs. Robert D. Willett, Summerside, entertained at bridge on Wednesday evening.

Mrs. Jack Scott entertained the lady teachers of Summerside High School at a kitchen and recipe shower Monday, honoring Miss Birdie Cairns and Miss Evelyn Underhay who are leaving the school. Many useful kitchen articles were received together with a favorite recipe from each guest present. Mrs. Wyman Cairns assisted Mrs. Scott in serving refreshments.

Mr. and Mrs. Gabriel Chaisson and children, Christopher and Monique have returned home after spending a week with Mr. Chaisson's parents at Shippegan Island, N..

The opening tea of the Summerside Golf and Country Club will be held this afternoon at the club house with Mrs. B.F. Hunter convening. She will be assisted by Mrs. Tom Baker, Mrs. Bruce Allbright, Mrs. Creelman MacArthur, Miss Elizabeth Dalton, Miss Marion Howatt, Mrs. Norman MacLeod and Mrs. Gerda Morrison. All residents of Summerside are welcome to visit the club rooms and attend the tea. This is the only tea open to non-members this season.

Mrs. Donald Adams, Hanover Street, was hostess to her bridge club on Tuesday evening.

Prior to her forthcoming marriage Miss Anne MacEachern was tendered a miscellaneous shower with Mrs. Eldon MacDonald and Miss Thelma Larter as joint hostesses, at the former's home. The bride elect was assisted in opening the gifts by Miss Shirley MacGregor and Miss Isabel Farquharson and the accompanying verses were read by Mrs. Russel Stewart. Assisting the hostesses in serving were Miss Miriam MacDonald and Miss Shirley MacGregor. Miss MacEachern's marriage is to take place today, in St. Andrew's Presbyterian Church, Montague to Rev. John Cameron of New Glasgow, Nova Scotia

Mrs. Ila Stewart was hostess at a china cup and saucer shower at her home on Monday evening in honour of Miss Joan Beaton. The gifts were opened by the bride-to-be, and were arranged by Miss Hazel MacDonald, the accompanying verses were read by Mrs. Beth MacCannell. Lunch was served by the hostess.

Miss Joan Beaton was guest of honour on Tuesday evening at a miscellaneous shower at the home of Miss Bernadette McManus. Miss Edith Smith read the verses while Miss Beaton opened her many lovely gifts, after which lunch was served by the hostess.

Mr. and Mrs. B.F. Hunter had as their guests the past week, Mr. and Mrs. C.W. Kipfer and family.

Mrs. Francis O'Donnell, of Chatham, N.B., and Mr. and Mrs. W.H. Devin, of Roslindale, Mass., are arriving by plane on Saturday afternoon to attend the Fischl—Beaton Wedding on Tuesday, June 5th, at St. Dunstan's Basilica.

LET'S EAT

Here's Cheese Cake You Needn't Bake

By Ida Bailey Allen

"Combine milk with gelatin in cooking and you get dozens of delightful ways to eat it. Then the quota of a pint of milk a day for an adult, and a quart for a child, becomes easy to meet," I remarked.

"There are many dishes in which milk may be combined with gelatin!" exclaimed the Chef.

AMONG SAVORIES

"For example among the savories are many snappy hors d' oeuvres in fancy shapes, as well as molded meat loaves and salads that call for a milk-gelatin base. In the dessert class, there are jellied custards, Spanish cream, several exquisite pies, chiffon desserts, wonderful Bavarians and refreshing sherbets."

"Don't forget fruit gelatin whips and snows, made with whipped instant dried milk." I suggested, "And we must include our wonderful No-Bake Cheese Cake."

Tomorrow's Dinner: Vegetable juice cocktail; liver and bacon saute; hash-browned creamed potatoes; green peas; tossed lettuce with radishes; no-bake cheese cake with fruit; coffee, tea or milk.

All measurements are level recipes proportiond to serve 4 to 6.

Hash-Browned Creamed Potatoes:

Chop 8 cooked peeled potatoes medium-fine. Mix in 1 c. well-seasoned white sauce made by the usual recipe.

In a frying pan melt 4 tbsp. butter or shortening. Pack in the potato. Cover. Slow-cook and slow-fry or bake until the sauce is absorbed.

Then quickly brown the potato on the bottom roll up like an omelet. Turn onto a heated platter. Garnish with scallions.

No-Bake Cheese Cake with Fruit (Preparation time—20 minutes): In the top of a double boiler, mix together 1 envelope unflavored gelatin, 6 tbsp. sugar and ⅛ tsp. salt.

Separate 1 egg. Add the yolk to 1 c. milk and beat. Sir into the gelatin mixture.

Stir-cook over boiling water about 10 min. or until the gelatin dissolves and the mixture thickens slightly. Remove from the double boiler.

Add ½ tsp. grated lemon rind, ½ tbsp. lemon juice and ½ tsp. vanilla. Cool.

Sieve 1½ c. (12 oz.) creamed cottage cheese into a large mixing bowl. Stir in the gelatin mixture. Stir occasionally until the mixture mounds slightly when dropped from a spoon.

Prepare and set aside a crumb-topping.

Last, beat the remaining egg white stiff, gradually adding 2 tbsp. sugar. When very stiff add ½ c. whipped heavy cream and fold into the cheese mixture.

Dust the sides of an 8" round pan or 9" pie plate with crumb-topping. Pat the balance onto the bottom. Spoon in the cheese mixture. Refrigerate 4 hrs. or until firm enough to unmold and slice.

Serve plain or with sugared sliced strawberries or canned crushed pineapple.

Crumb - Topping: Mix 2 tbsp. melted butter, 1 tbsp. sugar, ¼ c. fine graham cracker crumbs and ¼ tsp. each cinnamon and nutmeg.

TRICK OF THE CHEF

Season cooked carrots with melted butter, a squeeze of lemon juice and a soupcon of minced fresh mint.

MORNING SMILE

In this family there was a large number of small children. Little Willie, age six, was taken one morning to see his father, who happened to be laid up with the influenza. Little Willie was quiet, almost reverent, in the sickroom. When it was time for him to go, he went up to his father's bedside and said:

Willie: "I been good, ain't I, Pop?"

Dad: "Yes, son."

Willie: "Well, then, kin I see the baby?"

Words Of The Wise

The terrible thing about the quest for truth is that you find it.—(Remy de Gourmont).

HOUSEHOLD HINT

Wash-wear fabrics in print or dark colors are the best buy because tiny wrinkles and creases don't show up on them as clearly as they do on white or light colors.

USEFUL MEDICINE

The asafoetida medicinal herb was discovered in India by the British botanist Hugh Falconer, who died in 1865.

Engelmann - Clapp

One of the lovely early summer weddings was that of Miss Eleanor Anne Clapp, Franklin Square House, Boston, Mass. formerly of Charlottetown to Mr. Alexander Engelmann, Quincy, Mass. The marriage as solemized at St. Paul's Anglican Church, Charlottetown, on May 26, 1956, at 2 p.m. The bride's mother is Mrs. Laura Dodd Clapp, Charlottetown, and the groom is the son of the late Mr. and Mrs. George Engelmann, Berlin, Germany.

The officiating clergyman was the Reverend Canon J.T. Ibbott. The organist was Mr. H. John Harris, F.R.C.O. The St. Paul's Church Choir sang "The Voice Voice That Breathed O'er Eden" and "O Perfect Love."

The beautiful old Church of St. Paul decorated with calla lillies, snap dragons and carnations was an impressive setting for this joyous event.

The bride given in marriage by her uncle, Mr. Frederic Dodd, Bangor, Maine, wore a fitted lace bodice dress with sleeves coming to point over the wrists. The Queen Anne collar was most effective and the hoop skirt was floor length with appliqued lace on tulle over white satin. The veil was fingertip with tiny crown of irridescent sequins. She carried a bouquet of American beauty red roses.

The maid of honour was Mrs. Daniel Tweel. She wore an aqua colored taffeta gown, lace bodice, lace inserts in skirt in tulle over taffeta, matching bolero, white gloves and a Juliet Cap of white tulle. Her bouquet was white carnations.

The best man was Mr. John Murphy. The ushers were Mr. Roger Gardam and Mr. Horace Coles.

The reception for sixty-five guests was held at Mr. and Mrs. J.E.H. Worth's residence, Prince Street.

The decorations were pink and white snapdragon and yellow roses. The bride's mother wore a two piece navy crepe ensemble and a pink hat. Her accessories were navy and she wore a corsage of pink carnations.

Mrs. James Hatheway, Boston Mass., acted as mother of the groom. She wore a two piece navy crepe trimmed with white. Her hat was navy as were her accessories and her corsage was red and white carnations.

At the reception the table was decorated with pink and white snapdragon, white tapers in silver holders, three tier wedding cake, decorated with miniature bride and groom. Presiding over the silver services were Mrs. R.E. Kemp and Miss Marian Langille. The toast to the bride was proposed by Canon J.T. Ibbott and responded to by the groom. The telegrams were read by Mr. John Murphy.

Mr. and Mrs. Engelmann left on a honeymoon trip to points of interest in the Maritime Provinces. The bride's travelling costume was a pink linen dress, princess style, black and white hat and black and white hat and black and white accessories and a gray tweed coat. Mr. and Mrs. Engelmann will reside at Quincy, Mass.

NEW LONDON W.I.

The New London W.I., met at the home of Miss Elva McAllister on May 8th, 1956. Meeting opened by singing the Island Hymn, repeated by Collect. Roll call was answered by 17 members with an exchange of slips. Minutes of last meeting were read, approved and signed.

It was decided to purchase some silver ware also to have 4 new sign boards made and put up at the school. Reports of school committee. Soap, towels, etc., was given. Correspondence was then read and discussed. It was decided to send $1.00 to the C.A.C. moved and seconded that all bills be paid.

Mrs. Lorne Campbell reported that the Honor Roll was completed and framed. Next meeting will be at the home of Mrs. Dan Morrison, meeting to be held June 4th. Collection $2.85; also a donation of $2.00. Meeting closed with the National Anthem. Lunch was served by hostess and committee in charge.

REGIONAL IMMUNIZATION CLINICS

For preschool children for initial and re-inforcing inoculations against diphtheria, whooping cough and tetanus.

also vaccination against smallpox.

These clinics are for preschool children in the regional centres and from surrounding districts.

WEST PRINCE

Tuesday, June 5	— 9:30	St. Louis
	10:00	St. Edward
Thursday, June 7	—10:00—11:00	—Tignish
	1:30— 2:30	—Alberton
Friday, June 8	—10:00—10:30	—Elmsdale
	11:00—11:30	—Bloomfield Station

EAST PRINCE

Monday, June 4	— 9:30	Kensington
Thursday, June 7	— 9:30	Margate
	10:30	Irishtown
	10:00	Borden
	1:30	Kinkora

WEST QUEENS

Wednesday, June 6	— 9:30	St. Augustine Convent
	10:30	Stella Maris
Thursday, June 7	— 9:30	New Glasgow
	10:30	Hunter River

EAST QUEENS

Thursday, June 7	—10:00	Fort Augustus
	2:00	Mt. Stewart

SOUTH KINGS

Wednesday, June 6	—10:00	Georgetown
Thursday, June 7	—10:00	Alliston
	10:45	Gaspereaux
Friday, June 8	— 2:00— 4:00	—Montague Public Health Nurse's Office.

EAST KINGS

Monday, June 4	— 2:00	Souris Convent
Wednesday, June 6	—10:00	New Zealand
	2:00	Rollo Bay East
Friday, June 8	—10:00	Red Point
	2:00	Bridgetown

Keep this for Reference

DEPARTMENT OF HEALTH

COOK'S CORNER

GRAHAM WAFERS

1 cup sifted all purpose flour
1 cup milk
½ teaspoon of salt
4 teaspoons of baking powder
¼ cup of brown sugar
2 beaten eggs
1 cup of graham flour
1-3 cup of melted shortening

Sift together dry ingredients,, mix with sugar and shortening and graham flour. Combine eggs and milk and add to dry ingredients, stirring lightly. Fold in melted shortening. Fill greased tins 3-4 full.

Bake at 425 degrees 15-25 minutes. 8-16 muffins.

VARIATION—1 cup of cooked prunes, ½ cup chopped nuts, ½ cup of raisins.

Wife Preservers

Terry cloth aprons are the latest in kitchen fashions. They may be procured in gay colors and delightful motifs. Best of all they wash without ironing. Just shake them quickly when they are washed and dried, and the loops fluff up.

MAIL YOUR FILMS TO

Mail Film Service

Box 11, Charlottetown

8	Exposure Roll	.... .50
12	Exposure Roll	.... .80
16	Exposure Roll	.... 1.00
Reprints		..... .05 each

BEAT THE LATE SPRING .....

GROW flowers and vegetables LIKE CRAZY

shoot 3 months growing power into 1 month

- make them bloom up to 4 weeks earlier
- last weeks longer
- get luscious double size vegetables

THE RX-15 STORY

Amazing TV films of the "Race-Between Plants" show:

RX-15 treated Rose (right) bloomed 2½ times bigger—4½ weeks earlier than untreated twin.

RX-15 treated Geranium (right) doubled size.

RX-15 treated African Violet (right) had 6 times more blossoms than untreated twin.

Get similar results in your garden with a few easy sprinklings of fast-acting RX-15—flowers, lawns, shrubs and trees.

Clean . . . Odor-Free . . . Work-Free . . . can't burn — follow simple directions.

Only 3 lbs. of RX-15 makes over 120 gallons of liquid growing power . . . enough to fertilize an average garden all season long.

*Maximum number of blossoms depending upon your present soil condition, weather and care.

NOW! GROW YOUR NAME IN THE GRASS

Dissolve a tablespoonful of RX-15 in a gallon of water and sprinkle your name in your lawn. See the letters stand out in thicker, greener grass in 7 days or your money back!

RX-15 Comes in 3 Sizes

1½ lb. size makes 60 gals. **$2.49**
3 lb. size makes 120 gals., season's supply for average lawn and garden (save $1.00) **$3.98**
5 lb. size—economy estate size—(save $2.81) **$5.49**

get the RX-15 miracle applicator

You can water and fertilize at the same time with your garden hose. Now only **$2.98**

RESULTS GUARANTEED

Why we make this NO-RISK OFFER.

When RX-15 arrives try it on your house plants...on your trees, shrubs, and bulbs ...on your evergreens, roses, flowers. You will be amazed to see how hard-to-grow plants take on new life, greener foliage, thicker sprouts and bud more profusely.

We guarantee you must see every plant stronger, healthier and more beautiful—or your full purchase price will be refunded.

Buy it today at your favourite Department Store, Hardware Store or Garden Supply Outlet

THE ROGERS HARDWARE COMPANY LTD.

SOLE DISTRIBUTORS

137 Queen St. Dial 8501

PATTERN A686
by Oleg Cassini

SHEATH-SLIM FOR SUMMER!

Oleg Cassini, American designer famous for gowning filmdom's most glamorous stars, created this shapely sheath for you, to dazzle your own special audience! It's THE silhouette to celebrate the summer of 1956! Curving about the shoulders is the very loveliest decolletage — a little bow-effect snuggled against the gentle scoop of neckline. Sleek, slim unbroken lines below—pure magic for any figure! Intense black was poured into the designer's linen original — then lit with a stark white bow. Sparkling shades of silk — barathea, shantung, bengaline — also await your sewing pleasure. And a pleasure it is to sew, to wear, to be admired in your very own Cassini creation!

Pattern A686 is available in Misses' Sizes 10, 12, 14, 16 and 18. Size 16 requires 3 yards 39-inch fabric.

Send FIFTY CENTS (in coins) for Pattern A686 to Charlottetown Guardian Pattern Department, 60 Front St. West, Toronto, Ont. Please print plainly YOUR NAME, ADDRESS and STYLE NUMBER and SIZE.

THE CORNWALLIS HOTEL

7 - 11 HOLLIS ST. HALIFAX, N. S.

A Good Moderately Priced, Friendly Hotel

Fifty single and double comfortably furnished rooms with and without bath. Two minutes walk from Railway Station, Steamship Piers, Business and Theatrical District. Lunch Counter, Fruit, Magazines, Toiletries and Barber Shop in Hotel building. Free Parking.

DAILY RATES $2.50 to $7.50 PER DAY.
Weekly Rates for Permanent Guests.
Automatic Fire Sprinkler in every room for our Guests' Safety and Protection.

TIRED FEET
Soothe them with
MINARD'S LINIMENT