

Covers Prince Edward Island Like The Dew
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PAGE 6 THURSDAY, JANUARY 4, 1962

portions of the population of the Baltic countries to Siberia.

This Soviet rape of the Baltic countries was based on a secret agreement between Stalin and his foreign minister Molotov, and two other foul criminals, Hitler and his foreign minister Ribbentrop. Now that the Soviet Government has officially declared Stalin and his actions to be criminal, it is the Joint Baltic American Committee's contention that his most outrageous crime of all should be repudiated like the rest.

The committee has requested the United States Government to take immediate action to bring the situation created by the declarations of the 22nd Congress of the Communist Party to the attention of the United Nations, with a view to re-establishing the freedom and independence of these three Baltic states.

It's a good point. Mr. Adlai Stevenson, if he brings it up at the U.N. General Assembly this year, can argue it very forcefully. But of course it won't have any effect. The Afro-Asian nations won't pay any attention to it, and it won't stop the Soviets from denouncing the sins of Western colonialism.

New Political Game

The indefatigable Mr. Pickersgill is on a new kind of paper hunt; he wants to collect the election promises of Prime Minister Diefenbaker, and he wants the co-operation of all the newspapers across Canada in his endeavor.

The Prime Minister himself has spoken confidently of having issued a total of 62 campaign pledges of which "more than 50 have been carried into effect." He has made no secret of his hope that the legislative program which the Government will soon place before the final session of the present Parliament will account for the small number of promises which remain unimplemented.

Mr. Pickersgill, Mr. Paul Martin, and other Liberal statisticians are convinced that the figure of promises made but not implemented is much higher than the above rating would indicate.

Apparently that staunch Liberal organ, the Winnipeg Free Press, has its doubts. Indeed, it rebukes those who are playing at this "children's game with an adding machine, to calculate the government's policies as if they were beads on an abacus."

Not Yet Repudiated

The big news event of the 22nd Congress of the Communist Party of the Soviet Union, assembled in Moscow last October, was its condemnation of Joseph Stalin, the late Communist Party leader and head of the Soviet Government, as a criminal.

So far so good. But the crimes perpetrated by Stalin were not confined to the persecution and execution of Party members and the purging of other citizens of the Soviet Union. Not by a long shot.

EDITORIAL NOTES

According to the 1961 issue of The World's Telephones, Canadians had fewer phones per 100 persons than the United States or Sweden—only 30.82 compared with 40.8 and 36.81, but they averaged 538 conversations per person in 1960, compared with 520 in the U.S. and 349 in Sweden.

No fewer than three members of Britain's royal house are scheduled to pay visits to Canada during the first half of the year. The distinguished, and very welcome, visitors will include Queen Mother Elizabeth, the Princess Royal, and the Queen's husband, Prince Philip, Duke of Edinburgh.



UNEXPLORED TERRITORY

OTTAWA REPORT by Patrick Nicholson

Scrooge Has A "Job-Freeze" Nightmare

Frank Hall, chairman of the joint negotiating committee for the non-operating railroad unions, has asked for a substantial wage boost, plus a revolutionary new "job freeze."

Under the job freeze, the railroads would have to hold the number of jobs in each craft at the present level, subject only to a 1 per cent reduction each year. These jobs would be shared in a partly obsolete and diminishing industry, even for workers not yet born.

This demand would hamstring railroads already fighting a losing battle against technological developments. It is a nightmare for those who have the interests of the Canadian economy and of Canadian workers at heart.

But these are not the only people suffering a nightmare. It is now possible to reveal that "Scrooge" Fossil, the leader of the non-transporting transport workers union, is now under psychiatric care after a terrifying experience on Christmas Eve.

"REVEAL OR REVEAL?" "Scrooge" had heralded Christmas in the usual decorous fashion with his family, friends and working associates, and retired early to bed. But his sleep was disturbed by a series of nocturnal visitors to his bedside.

"I used to have a job in the mines," he said. "I want \$38.65 for coal heating your house this month, and your agreement to pay me this same amount every month every year, except the summers."

"But I don't use coal now," replied the sleepy Fossil. "This house is heated by an oil-furnace. The devil it is; I want my job," retorted the unemployed miner.

But his protest was cut short by the arrival of a bareheaded man wearing a leather apron and sucking a wisp of straw.

Cuban Policy Problem

By Harold Morrison, Canadian Press Staff Writer

Guatemala's hint that President Kennedy promised a "quid pro quo" in the Cuban invasion is being seized to fit in with Kennedy's own statement that he won't abandon Cuba to the Communists.

He made the promise April 20 after word reached him that the Cuban rebels had met and defeated in the Bay of Pigs, and that Fidel Castro had emerged stronger than ever.

But there has been a lot of water under the bridge since then. Kennedy is in no rush to encourage any new onslaught by a ragged battalion of rebels, especially in the face of Castro's growing military strength.

Instead, Kennedy appears to be following the slow, tortuous path of seeking a "middle American" action—a form of united action by a majority of the 21-country Organization of American States. He likely will find, as in the case of Guatemala, that the price of Latin friendship comes high.

Probing The Mexican Gulf

National Geographic Society

The discovery of curious formations near the center of the Gulf of Mexico suggests that its floor may contain much more oil than geologists suspected.

Salt domes, such as these appear to be, serve as landmarks in the unceasing search for oil. Oil men in the Gulf area learned long ago that salt deposits often create traps for oil and gas when pushing up through the earth's crust.

Domes occur both on land and in offshore drilling fields of the Gulf. But none was known to exist in the Gulf's depths, which reach down more than 14,000 feet, until the recent voyage of the Columbia University research ship Vema.

The formations were detected as Vema's crew exploded small charges of TNT at two-minute intervals day and night during a seven-month cruise of the Gulf. A hydrophone, towed astern, recorded echoes from sediment layers and submarine rock. The data provided a profile of the Gulf's floor.

Discovery of the domes bolstered the theory that the Gulf was once virtually a landlocked "dead sea," whose waters were supersaturated with salt. This would explain the Gulf's underlying layers of rock salt, thousands of feet thick in places.

As geologists reconstruct the Gulf's history, the briny waters began evaporating perhaps 200 million years ago, leaving vast deposits of salt. Later, new waters flowed into the basin. Sediments accumulated atop the salt. Slowly the sediments hardened into dense stone heavier than the salt underneath.

In most places the overlying rock held down the lighter salt, but here and there the salt found a way. Under the vast pressure of the rock, salt was squeezed upward like toothpaste.

Unlike gas, oil, or water, the salt could not move between rock particles, but had to rise as a solid mass. As the mass inched upward—through overlying rock as thick as five miles in spots—it cut through many different strata. Some contained gas and oil. By pushing up and sealing off these strata, the rising salt created traps for gas and oil, which also rise because they are lighter than the overlying rock.

In general, salt domes range from one to four miles across. They may form a little hill, or lie wholly beneath a flat surface. Geologists must employ all their skills to locate the hidden domes.

On land, clues are offered by salt licks, slightly mineralized springs and wells, or soils and vegetation that differ from those of the surroundings.

Geologists use the gravity meter to locate salt domes. A pendulum inside the meter swings more slowly over a dome, because the lighter salt pulls the pendulum less strongly than heavier surrounding rock. Another tool is dynamite. Heavy Stone shakes faster than salt. Geophones detect the difference.

Once a salt dome is located, oil men drill around the edge. Some years ago, 30 or more wildcat wells were drilled for each one that hit oil. In the salt-dome areas, only six or seven are now drilled because of increased knowledge of how to strike oil.

Heart Sufferers Back To Work After 3 Months

By Dr. Theodore R. Van Dellen

MY HUSBAND is 53 and had a heart attack three months ago, writes Mrs. R. "The doctor said his heart was damaged very little but he still has not gone back to the office. Do you think a person in this condition ever will return to work?"

The majority who recover from a heart attack go back to work after three months, provided they do not have chest pains, shortness of breath, or dizziness. I assume your husband has none of these symptoms because the damage was minor, and you are beginning to wonder when he will resume his job.

The ordinary heart attack occurs when a coronary artery is obstructed by a clot and a small, dime-sized area of heart muscle dies from lack of blood. The tissues soften for 10 days and then begin to heal, forming a strong scar by the end of six weeks. Physicians usually allow another six weeks of graduated exercise to restore tone to the heart muscle.

When the individual thinks additional rest is necessary, he usually is emotionally upset about the entire affair and somewhat apprehensive about working. He may have inherent fears about heart disease because of past experiences. Others, especially psychoneurotics, always react to any illness by taking twice as much time off as is necessary.

The question of a pension or other compensation also enters the picture. We know that those who return to work live longer after a heart attack. The more timid who remain home become more apprehensive, especially when encouraged to do so by an equally apprehensive physician. As a result, the heart pounds instead of beating normally, and the blood pressure rises. Some of the doctors don't realize that the electrocardiogram may not return to normal after a heart attack, even though the heart muscle is healed completely.

Many rehabilitation centers are able to help men who considered themselves cardiac cripples to return to a useful occupation. (Dr. Van Dellen will answer questions on medical topics if stamped, self-addressed envelope accompanies request.)

SLOWING DOWN ARTHRITIS S. R. B. writes: I know there is no cure for arthritis but is there any way to retard its progress? I have this condition in a fairly mild form but who wants to fall apart at 50?

REPLY No one. The best way to retard arthritis is to minimize wear and tear on the joints and keep the body healthy. Eat a balanced diet, sleep at least eight hours at night, avoid infections, and indulge in exercise that will not impose a strain on the joints.

SINUS CURE A. M. writes: Is sinus trouble incurable?

REPLY No. It is curable in 95 per cent of all cases. Many people live for years with the mistaken idea that they have sinus disease when they have nasal infection, irritation or allergy. Send a stamped, self-addressed envelope for leaflet on sinus disorders.

SMOKING WON'T DEFORM P. H. writes: Will smoking during pregnancy lead to a deformed baby?

REPLY No. Nicotine passes across the placenta into the baby's circulation but does no harm. Many women experience a distaste for cigarettes early in pregnancy, which persists during the nine months.

ETHER-AT DELIVERY Mrs. E. writes: Do doctors still use ether in the delivery room? I hear this makes patients very sick.

REPLY Yes, some physicians do. But the amount is so small the expectant mother seldom gets sick. Many obstetricians prefer the shorter acting anesthetics.

TODAY'S HEALTH HINT—Be at home with your own mind and conscience.

HISTORIC ROOM HALIFAX (CP)—The Charlott Hotel claims a link with press gang operations of 150 years ago. The big stone and cement structure formerly was the home of Judge Richard Bulkeley, who held hearings there, and at least nine sea captains were condemned for press gang tactics. His lordship answered their complaints by saying that when court was open, his home was a public place.

NOTES BY THE WAY

Speed doesn't kill; impact does. But speeding is an ideal way to make sure you have enough impact.—St. Catharines Standard.

Balancing a budget is difficult at any time for a nation, especially when it's at the end of a sword.—Niagara Falls Review.

Query to the superstitious: What sort of luck ensues when a black cat crosses the path of a person who is carrying a rabbit's foot?—Sarnia Observer.

A scientist has figured out that for approximately \$100 billion a nuclear force capable of destroying all life on earth with one blast can be completed by 1970. Or just about the time we finish building that dandy little bomb shelter which cost \$69.95, excluding labor and taxes.—Cleveland Plain Dealer.

In the fall-out shelter boom now sweeping the continent we note that it is now possible to buy a rindside seat more than 500 yards from the ring.—Detroit Free Press.

A Maryland farmer has listed his flock of 25 China geese in the Peace Corps, which is going to send them to the West Indies island of St. Lucia. It's a noble gesture, and doubtless the islanders will give a rousing welcome to the feathered ambassadors. But we can't help fearing that the project is going to provide ammunition for those critics who have been arguing all along that the Peace Corps is for the birds.—New York Herald Tribune.

Instruments Of Peace

The Printed Word

In the light of current events, the charter of the United Nations, adopted at San Francisco on June 26, 1945, makes interesting reading. The document was intended to be an instrument of peace, establishing a means whereby nations might settle their differences without resort to war.

The United Nations has not been entirely a failure, but it cannot be truthfully said to have been an entire success. Those who were babies at the outbreak of the second world war in 1939 are now of military age, and the world now seems closer to engaging in a general conflict than it has at any other time since 1945.

The difficulty seems to lie in the fact that the five permanent members of the Council, who include Russia, have the power of veto. Russia could prevent any recommendation from going to the Assembly from the Council. However, there seems to be nothing to bar the discussion of any resolution in the Council, even though it is bound to be defeated by a veto from Russia.

OUR YESTERDAYS (From the Guardian Files) TWENTY-FIVE YEARS AGO (Jan. 4, 1937) Dr. J.T. Collins, medical practitioner at Vernon River for almost fifty years, received a severe shaking up when the car he was driving was struck by a train at the Millview crossing on the Murray Harbor line, Saturday morning.

TEN YEARS AGO (Jan. 4, 1952) "In an inspiring and moving program, the Trinity Men's Association, Charlottetown, last night at a supper meeting in the Church Hall, said "au revoir" to their retiring president, Mr. Milton Barkhouse, assistant manager of the Royal Bank here. He leaves Wednesday for Halifax to assume the post of Assistant Inspector, Supervisor's Department.

Dr. Owen H. Curtis, Chief Health Officer, was appointed to the post of Deputy Minister of Health. His appointment to the position was announced jointly by Premier J. Walter Jones and Hon. A. W. Matheson, Minister of Public Health.

Plans are afoot to replace New York's famous Madison Square Garden with a vast new affair covering three city blocks. Its completion will mark the first time in the history of boxing that it has been possible to put a ringside seat more than 500 yards from the ring.—Detroit Free Press.

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