

# The Micmacs In Early Times

Excerpts from a work by Nicholas Denys, first Governor of Acadia, published in France in 1672 and translated by Dr. William F. Ganong for the Champlain Society. Continued from last Tuesday:

As for the Lynxes, if the Indians meet them and they or their Dogs pursue them, this animal mounts into a tree where it is easily killed, whilst the Dogs are terrifying it with their barking. All the other animals are not really difficult to kill, and there is not one of them capable of attacking a man, at least unless it is attacked first.

They kill with the arrow only all kinds of game, both water and land, whether flying or upon the ground. As for the Squirrel, the Partridge, and other small game, it is the children who amuse themselves with that.

They had still another kind of hunting at night, and one rather interesting. In certain closed coves which are under cover from the wind, the Wild Geese, the Brant, and the Ducks go to sleep out upon the surface, for on land they would not be safe because of the Foxes. To those places the Indians went, two or three in a canoe, with torches which they made of Birch bark; these burn more brightly than torches of wax.

Reaching the place where all these birds are, they laid down in the canoe, which they allowed to drift without their being seen. The current carried them right into the midst of all these birds, which had no fear of them, supposing them to be logs of wood which the sea was carrying from one place to another, something that often happens, which makes them accustomed to it.

When the Indians were in their midst they lighted their torches all at once. This surprised the birds and obliged them all at the same moment to rise into the air. The darkness of the night makes this light very conspicuous, so that they suppose it is the sun or other such thing. They all proceeded to wheel in confusion around the torches which the Indians held, always approaching the fire, and so close that the Indians, with sticks they held, knocked them down as they passed. Besides, by virtue of much wheeling about, these birds become dizzy, so that they fell as

## Morning Smile

**Imagination**  
A well-known R. A. noticed a drawing of a fish by a pavement artist and asked what sort of a fish it was supposed to be. "A shark sir," said the artist. "But you've never seen a shark... That's true, but don't some of you Academy chaps paint angels?"

## The Stars Say - -

**For Tomorrow**  
THE benefic aspects may increase the enthusiasm for the good things in life, especially enjoyment in the companionship of loved ones or friends. This is a very good time to draw the card of love just a little lighter, or to bridge the gulf of past dissensions, or settle an argument.

**For the Birthday**  
Those whose birthday it is may find working conditions improving generally, and relations with co-workers running on a smoother basis. New cultural activities, romance, or courtship should get off to a fine start.

A child born on this day will be kind and affectionate. Its trustful and loving soul will draw to it many helpful and abiding friends.

## Anne Adams Patterns



**HERE IT IS!**  
COAT-DRRESS! The Fashion of the Year! Flattery galore and big scallop on the bodice and the curve of the skirt-clinging give you the tiniest waist. And that lovely collar and big cuffs are extra-special too. Do have this!  
Pattern 4865 in sizes 12, 14, 16, 18, 20; 30, 32, 34, 36, 38, 40, 42. Size 16 takes 3 1/2 yards 39-inch 3/4 yard 39-inch contrast.  
This pattern easy to use, simple to do, is tested for fit. Has complete illustrated instructions. Send Thirty-five Cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly Size, Name, Address, Style Number.  
Send order to ANNE ADAMS care of The Guardian, 60 Front St. West, Toronto, Ontario.

Smart Dollars  
Mrs. Pippas was proud of her son. "He's so gifted," she told a neighbor one morning. "Now he's gone in for music and paid fifteen dollars for an instrument!"  
"What instrument does he play?" asked the neighbor.  
"He calls it a catarrh."  
"Catarrh?" echoed the neighbor. "I thought that was something to do with the nose!"  
"Oh, no!" corrected Mrs. Pippas, beaming. "He plays everything by ear!"

## Bouquet For A Princess



Little Carolyn Smith, aged four, was on hand at Malton Airport, outside Toronto, to present a big bunch of flowers to Princess Elizabeth on her arrival. Ontario's Lieutenant Governor, Ray Lawson, is standing behind the Princess.

## A Country Garden

By Mrs. Gordon MacMillan  
Do you love barberries— in the autumn When the sun's desire Touches them to a glory of crimson and gold? I love them best then. There is something splendid about them.  
—M. Aldis.

The Barberries in this garden are something to write about and garden visitors find them very attractive. The graceful branches are covered with scarlet fruit and the leaves are also scarlet and bronze. They make the finest hedge and are good as specimen shrubs.  
Their bright color looks so well when the branches are covered with snow and it is then the partridge and other birds come in to the garden to eat off these berries. They seem very fond of the fruit and it is not far from our little wood where they have taken shelter from the many enemies of these wild birds.  
The history of the barberry goes back to some remote period before the Christian era when the Greek and Roman physicians were using a remarkable drug made from the bark of a shrub from the barbarous hinterland of India and Arabia, the Barberry Cocca.  
Centuries rolled by and in 1833 we read that the leaves and the acid berries were used in jellies and preserves and also a yellow dye was made from the roots of this shrub.  
Barberries still grow wild in many parts of England, especially in the north, adding the gaiety of their scarlet leaves and bright scarlet fruit to the autumn countryside and it is from the north that we have a legend. A spray of barberry was one of the most potent charms against witches and ghosts according to the Border folk.  
There is singular beauty in this low, much-branched gracefully rounded shrub when it stands alone on the lawn, and a hedge of it becomes in autumn a mass of glowing color — bright scarlet leaves, bright scarlet fruit in pendent clusters and I am glad that there are quite a number of these lovely shrubs in the garden.  
As I write the frost has not harmed anything here and Tuberos Begonias and Fuschias are still beautiful, although it is late in the season. The Fuschia has grown as large as a shrub and many smaller plants will be easier to pot up for winter care in the basement.  
Fuschias thrive outdoors along the Pacific coast from San Diego to Vancouver, B. C. and also in the warmer counties of England and the history of the Fuschia is an interesting one.  
The genus Fuschia was first described in 1703 by Father Charles Plumier, who gave it its name in honor of Leonard Fuchs, then a well-known doctor and botanist. One hundred wild species are now recognized by botanists. With one exception of a few from New Zealand, they are native to the Americas from Central Mexico to the southernmost tip of Chile. They grow in cool upland areas in the tropics and at sea level farther south.  
In the eighteenth century the Fuschia was brought to England and hybridists there and in America have perfected many varieties that are used in several ways in the garden and this makes it some popular shrub as they come in every color except pure blue or yellow. In this garden they are planted on the north side of the house where they get some sun and are sheltered from the wind. They need good rich soil to grow well.  
There are few flowering plants that fit such a multitude of gardening tastes and requirements. As foundation plants, specimens, massed planting, hedges, climbers, pot and tub plants, window boxes, hanging baskets, standards and wall plantings, Fuschias have very few, if any, equals. They are easily propagated from cuttings and when planted outdoors do not have any pests.  
This is a busy season in the garden, gathering in all the vege-

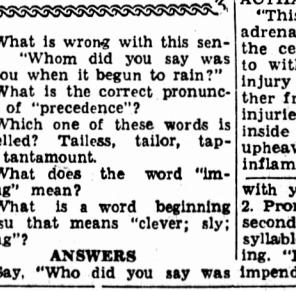
## How Can I!!!

By Anna Ashley  
Q. How can I prevent woolen garments from shrinking?  
A. Wash in tepid water with pure soap. Rinse once in water of the same temperature, wring slightly, and dry in a warm place. Never hang out wet woollens in freezing weather.  
Q. How can I clean the water faucets?  
A. The faucets can be scoured with a slice of lemon after the well has been extracted. Then wash them and polish with a soft cloth.  
Q. How can I renovate old yarn?  
A. Instead of winding the old yarn into a ball, wind into a skein, place a colander over a kettle of boiling water and let steam for an hour. Then hang up to dry.

## Better English

By V. C. Williams  
1. What is wrong with this sentence? "Whom did you say was with you when it began to rain?"  
2. What is the correct pronunciation of "precidence"?  
3. Which one of these words is misspelled? Tailless, tailor, tapistry, tantamount.  
4. What does the word "impending" mean?  
5. What is a word beginning with su that means "clever; sly; cunning?"  
ANSWERS  
1. Say, "Who did you say was

## Felt Booties



Well shod feet are important even to the tiniest member of the family. These well booties are made in a jiffy from pink or blue felt and fine twisted cord or ribbon ties. They are warm, comfortable and easy to keep on. The edges are pinked for added attraction. If you wish directions for these INFANTS BOOTIES, send a stamped, self-addressed envelope to the Needlework Dept. of this paper requesting Leaflet No. E-1373.

## That Body Of Yours

By James W. Barton, M.D.  
INFORMATION ABOUT ACTH, THE WONDER DRUG

When Drs. Banting and Best discovered insulin, it was generally accepted as the specific or special treatment for diabetes; as long as insulin was injected regularly, the patient would continue to live. Insulin has never been called a cure, but as it prevents death from diabetes, nothing further is thought about it. However, since the discovery of insulin other uses for it have been found (increased appetite, causes shock in treatment of mental ailments), and more may continue to be found for many years to come.

Similarly with the discovery of ACTH, now known as ACTHAR. This extract or hormone of the adrenal glands was first known as the specific or special drug to cure of inflammation in the common form of rheumatism — rheumatoid arthritis. It not only gives relief from pain but prevents further damage to the ends of the bones forming a joint and also prevents damage to the tissues surrounding the joint. And just as with insulin, research workers are getting excellent results in the treatment of other ailments. In some stubborn cases of asthma and chronic ulcerative colitis, two very difficult diseases in which previous treatment gave no results, ACTH is giving complete relief with disappearance of symptoms. Another chronic disease which sometimes lasts a lifetime is tuberculosis of the skin, lupus. And still other research workers are reporting successful treatment of inflammation of the lining of the heart — endocarditis — by this wonder drug.

A summary of the wonderful results of use of this drug observed in a number of diseases is published in a book on ACTHAR, the Armour Laboratories brand of ACTH, in which it is stated that ACTHAR is not a specific or the special drug to treat any one disease (rheumatoid arthritis) as insulin is for diabetes or liver and liver extract for pernicious anemia, or digitalis for heart disease — ACTHAR stimulates the secretion of all the hormones of the adrenal glands and aims at all the cells and tissues of the body. It is thus likely that all the tissues of the body represent the target for the helpful action of ACTHAR.

"This fact is agreed upon: the adrenal cortical hormones enable the cells and tissues of the body to withstand stress or injury of almost any origin, whether from outside the body such as injuries or burns, or from causes inside the body, such as emotional upheavals (delirium) due to acute inflammation."

Spicy Pastry for Pumpkin Pie  
Sift together in large mixing bowl, 2 cups sifted flour, 1/2 teaspoon baking soda, 1/4 cup brown sugar, 1 teaspoon salt, 1/2 teaspoon cinnamon, 1/4 teaspoon ginger, and 1/2 teaspoon cloves. Cut in 2/3 cup shortening. Mix together 1 tablespoon vinegar, or 3 tablespoons orange juice, or any fruit juice you may have on hand. Add to pastry and mix lightly with a fork. Roll dough 1/4 inch thick and line a 9-inch pie pan with the



Here the Princess, gowned in gray silver lace and crowned with a diamond tiara, is seen in Quebec city on way to attend 15th anniversary concert of the Quebec Symphony, oldest existing orchestra in Canada. Crowd of 15,000 which turned out to welcome royal couple threatened to overrun soldiers stationed around the theatre.

## Household Scrapbook

By Roberta Lee  
**Open-Grained Woods**  
Some open-grained woods, such as chestnut, walnut, and oak, will not take a coat of enamel well unless the pores are filled first with paste wood filler to make the surface level. Then they will take a perfect finish.  
**Healthful Salad**  
To make a healthful salad chop or shred fine two cups of cabbage and allow this to stand one hour in cold or ice water. Then add one large grated raw carrot and moisten with mayonnaise.  
**Window Shades**  
When making a new hem in an old window shade and one is not sure it will stand stitching, make a deeper hem and try gluing it shut to hold the stick.

## Cook's Corner

**Fruite Pumpkin-Custard Pie**  
Pastry for one-crust pie, 1/3 cup finely ground pecans, 1/3 cup firmly packed brown sugar, 2 tablespoons soft butter, 2 eggs, well beaten, 1 cup pumpkin, cooked or canned, 2/3 cup firmly packed brown sugar, 1 tablespoon flour, 1/4 teaspoon cloves, 1/4 teaspoon mace, 1/2 teaspoon each, salt, cinnamon and ginger, 1 cup coffee cream, or undiluted evaporated milk.  
Prepare pastry for one-crust pie. Fit into 9-inch pie pan and prick generously with fork. Combine the finely ground pecans, the 1/3 cup brown sugar, and the soft butter; press firmly into bottom of pie shell. Bake in hot oven, 450 degrees F. 10 minutes. Combine the beaten eggs, pumpkin, 2/3 cup brown sugar, flour, cloves, mace, salt, cinnamon and ginger. Blend in the coffee cream or evaporated milk, beating until smooth and creamy. Pour into partially baked shell. Bake in slow oven 325 degrees F. 40 to 45 minutes.

## Spicy Pastry for Pumpkin Pie

Sift together in large mixing bowl, 2 cups sifted flour, 1/2 teaspoon baking soda, 1/4 cup brown sugar, 1 teaspoon salt, 1/2 teaspoon cinnamon, 1/4 teaspoon ginger, and 1/2 teaspoon cloves. Cut in 2/3 cup shortening. Mix together 1 tablespoon vinegar, or 3 tablespoons orange juice, or any fruit juice you may have on hand. Add to pastry and mix lightly with a fork. Roll dough 1/4 inch thick and line a 9-inch pie pan with the

pastry. Cut off the pastry one inch beyond the edge of the pan. Turn the border under to make a rim around the pan. Press rim between thumbs and forefinger to make scalloped edge.  
**Your Age**  
"Do you know, dear, my husband says I look 10 years younger in this hat."  
"Really. And how old are you?"  
"Thirty."  
"No, I mean without the hat," rubles.



Mayor Lucien Borne of Quebec City departed from the schedule of the royal tour to present Princess Elizabeth with this brooch. It is of yellow and white gold, set in rubles.

## DOROTHY DIX SAYS—

**Slanderous Gossip Malicious Neighbor Can Be Dealt With Legally**  
DEAR MISS DIX: A few months ago, while my daughter was living away from home but in the same city, an announcement appeared in an out-of-town paper of the marriage of a girl with the same name. A neighbor of ours started the rumor that it was our daughter. She has spread this story, with some additions of her own, all over town. There is absolutely no truth in anything she says, but naturally people are beginning to wonder. Even my good name is being used in some of these tales. How can they be stopped?  
M. F.

ANSWER: If you have witnesses to testify that your neighbor is spreading libelous tales, and proof that will refute them, you have a good case to take to law. If you do not know a lawyer, or feel you can't afford the services of one, the Legal Aid Society in your city will render assistance.  
**HER ACT INEXCUSABLE**  
Humanity's lowest level is reached by people who have no better use for their time than to spread malicious gossip. Only someone with an infinitely evil mind can use the gift of speech to defame another. The fact that occasionally there may be a modicum of truth behind the lies does not mitigate their baseness, but when the infamy is compounded entirely of falsehoods the instigator is indeed without

(Continued on Page 5)

## Alice Brooks Designs

**FIXIE SHOES**  
New fashion afoot this season! Fixie shoes! Anyone can make them, they're so easy. Use quilted cotton; embroider in gay colors.  
Pattern 7383 has transfer of embroidery for two pairs. Slipper pattern comes in small, medium, large and extra large sizes. Send Twenty-five cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address, Pattern Number.



### HEADACHE? FEEL BETTER FAST! ASPIRIN

At first sign of feverish restlessness give Baby's Own Tablets. It's wonderful the way they relieve fever and help baby get restful comfort. No "sleepy" stuff—no dulling effect. Plus, too, for quick relief of digestive upsets, constipation and other simple ills. Easily crushed to a powder. 7383. In use for over 30 years. Orl. 50c

### TEETHING WITHOUT TEARS

BABY'S OWN Tablets

4865 12-20 30-42 by Anne Adams

7383 Alice Brooks