



PRINCESS ALICE AND PIANIST

This photograph was taken recently in London, England, at a special recital given by Malcolm Troup, the Canadian pianist, under the gracious patronage of H.R.H. Princess Alice, Countess of Athlone, G. E. B. G.C.V.O., the Honorary President of the I.O.D.E. Princess Alice is here seen visiting Troup in his Green Room at the Wigmore Hall, during the intermission of the recital.



MR. AND MRS. LORNE SAMUEL GOOD

Lovely Autumn Wedding Held In Charlottetown

The marriage of Shirley Rose, daughter of Mr. and Mrs. J.W. Glennie, Charlottetown, to Mr. Lorne Samuel, son of Mr. and Mrs. Lorne Samuel, Charlottetown, took place on Saturday, September 1st at six o'clock in the Charlottetown Baptist Church. The double ring ceremony was performed by the Rev. Harold L. Milton.

The church was decorated with baskets of gladioli and other autumn flowers. White bows with pink buds marked the guest pews. Mr. Paul Cudmore was organist for the occasion and played appropriate wedding music prior to the ceremony and accompanied Miss Jo Anne Lilly, who sang "The Lord's Prayer" during the signing of the register.

The bride, given in marriage by her father, looked radiant in a ballerina length gown of white Chantilly lace over taffeta with a pleated nylon net insert with a matching bolero with long sleeves tapering to points at the wrist.

Her only ornament was pearl earrings gift of the groom. Her fingertip veil was held in place by a pearl studded tiara, and she carried a cascade of red roses.

Miss Velda Glennie, sister of the bride, was maid of honour. She wore a ballerina length gown of grey net over taffeta with matching jacket and headpiece. She carried a nosegay of white mums and yellow roses.

Miss Dorothy MacDonald was bridesmaid. Her gown was of tangerine nylon net over taffeta with matching stole and headpiece. She carried a nosegay of white mums and yellow roses.

Mr. Wendall Burke was best man while the ushers were Mr. Boyd Good, cousin of the groom and Mr. Ian MacArthur, cousin of the bride.

Mrs. Glennie chose for her daughter's wedding, a suit of silver blue with pink accessories and wore a corsage of pink roses. Mrs. Good chose a dress of navy blue with matching accessories and a corsage of pink roses.

Following the ceremony, a reception was held at the Queen Hotel for approximately 60 guests. The bride's table was centered with a three tier wedding cake topped by a miniature bride and groom. The toast to the bride was proposed by Rev. Harold Milton and responded to by the groom. Miss Mary Toombs and Miss Elsie MacDonald were in charge of the guest book.

The bride's going away costume was a yellow linen suit with brown accessories and a corsage of white carnations.

The young couple are residing in Saul St. Marie, Ontario.

Out of town guests were: Miss Marjorie Garmer, Mont Joli, Quebec; Mr. and Mrs. C.D. Pugsley, Barronsfield, N.S.; Mr. and Mrs. F.C. Glennie, River Hebert, N.S.; Miss Mary Toombs, Rustico; Mr. and Mrs. Winifred Bridges,

MacKenzie - McClumpha Wedding At Bay Fortune

Baskets of mixed gladioli and snapdragons decorated the altar of Bay Fortune United Church on Saturday, August 25th at 7.30 p.m., when Irene Evelyn, daughter of Mrs. Wesley MacKenzie and the late Wesley MacKenzie, became the bride of Francis, only son of Mr. and Mrs. Alex McClumpha, Bay Fortune.

Rev. Donald Sharpe officiated at the double ring ceremony. Mrs. Donald Sharpe was organist, and after the bride entered the church, Mrs. Arthur McKay, Albany, sang "I'll walk beside you". The guest pews were marked with pink and white satin bows.

The bride, given in marriage by her brother Douglas, was charmingly attired in a floor length gown of Chantilly lace and tulle over satin. The matching lace jacket was styled with a Peter Pan collar embroidered with sequins and pearls and lily point sleeves. She wore a finger tip veil of silk illusion falling in soft folds from a tiara of seed pearls. She carried a white lace covered Bible, a gift of the groom. The Bible was decorated with white gardenias and red sweetheart rosette streamers.

The bride's attendants were her sisters, Mrs. C.L. Wood who wore a floor length gown of sea foam green silk taffeta with dropped waistline and very full skirt with matching nylon net over skirt. She wore a picture hat and mits of matching net, and carried a cascade bouquet of white and yellow carnations.

Mrs. Elmer Campbell wore a gown of pale amethyst silk taffeta, styled similarly to Mrs. Wood's, with picture hat and mits of matching net and carried a cascade bouquet of white and mauve carnations.

The flower girl, Miss Sharon Reed, niece of the bride was in a dress of yellow flowered organza with full skirt over crinoline, and a headpiece of yellow flowers. She carried a basket of white carnations and pink sweetheart roses.

The groom was attended by S. L. Wood, brother-in-law of the bride. The ushers were Donald Campbell and Lorne Dingwell. The bride's mother was attired in a crepe with lace inserts over taffeta and pink accessories. The groom's mother was wearing a street length dress of blue crepe with blue accessories. She wore a corsage of white carnations.

Following the ceremony a reception attended by one hundred and twenty-five guests was held at the Fortune Hall. Rev. Donald Sharpe proposed the toast to the bride to which the groom responded. The bride's table was decorated with silver baskets of flowers and white tapers in silver holders and a three tier wedding cake topped with a miniature bride and groom.

Assisting in serving were friends:

Casumpeque: Mr. W.E. Brooks, Mrs. Annie MacWilliams, Mr. and Mrs. Melvin Bridges, Mrs. Vane Bridges, Summerside; Mrs. W. MacArthur, Union-Craswell Photo.



IN ALBERTA

Mobile housekeeping is the experience of Mrs. Winston Thane Ford of Drayton Valley, Alberta. Because her husband is employed in the largest oil field in Canada her house is designed to be moved readily on skids to any desired location. Mrs. Ford is the former Stella Moreside, daughter of Mr. and Mrs. Ray Moreside, North Milton, P.E.I.

HOUSEHOLD HINT

You can eliminate fog in the fish bowl caused by sand by washing the sand in detergent suds. Mix together to a thick lather one-third cup of packaged detergent or two tablespoons liquid detergent, a small amount of water and sand from a five-gallon aquarium. Raise until no more suds appear, then put the clean sand back into the aquarium.

WOMEN

Lena Caroline McLure, Women's Editor, Phone 8308

Page 8, The Guardian Sat. September 29, 1956

HAPPENINGS

Her Royal Highness, the Princess Alice, Countess of Athlone, was graciously present at a recent farewell party given in London by Princess Galitzine in honor of Mr. Malcolm Troup.

The Marchioness of Willingdon, wife of a former governor-general of Canada, was present at Princess Galitzine's party in honor of Mr. Malcolm Troup.

Charlottetown has had many honors in its day and Thursday night it had another. Canadian pianist Malcolm Troup began, in Charlottetown, a coast-to-coast concert tour under the sponsorship of the Imperial Order Daughters of the Empire.

To those privileged to bear Mr. Troup, it was one of life's great experiences to listen to such truly magnificent playing.

A highlight of the Malcolm Troup concert was the entrance of the three standard bearers of the Imperial Order of the Daughters of the Empire. There was a flag and standard bearer for each chapter; Royal Edward Chapter — standard bearer, Mrs. E. G. Saunders; Earl of Hillsboro Chapter — Mrs. J. S. MacDonald; Lucy Maud Montgomery Chapter — Mrs. Stewart MacKay. The three standard-bearers made an impressive entrance to the music "Land of Hope and Glory." This was played with high musical and academic attainments, Mr. Lea-Morgen.

Mr. Malcolm Troup who has been touring Europe had many farewell parties given for him. At one of these parties four European princesses were present. For the occasion, the pianist wore a waistcoat of plum and gold brocade.

"My waistcoat was made in Vienna from material given me by Lord MacTroup."

"She had a piece left over after making some new curtains for her palace."

Mr. Stirling Walker left by plane Wednesday for Edmonton, Alberta. Mr. Walker had been spending a month's holiday with his parents, Mr. and Mrs. J. S. Walker, Fitzroy Street.

Mr. H. S. MacDonald Thursday 27 September, celebrated her ninety-seventh birthday. This remarkable lady was lovingly remembered by her family and a host of friends. She received many gifts, flowers and congratulatory telegrams. Mrs. MacDonald has 14 grand-children and 38 great-grandchildren.

Mrs. Keith S. Rogers is on a trip to Ottawa. She will be staying with Mr. and Mrs. A. K. Mor-

ELLEN'S DIARY

Going To Be A Busy Day

This morning, the farmwives at Alderlea were brought back from only casual knowledge of the harvesting of late, to a busier season. Today the threshing and its attendant cares of providing meals for it came home to us in a clatter of machines, and men. All somewhat unexpected.

"Let's first count heads" Jeanie always practical suggested in our usual convention of two. We held it behind the closed doors of this kitchen in the event that some inkling of the bare state of cupboards might reach the ears of the staff.

"Men and boys—a dozen in all" Jeanie said.

"And the cooks! We heard the sound of brisk footsteps on the back verandah. The door opened without ceremony called around a corner" "I just thought I should let you know we'll want dinner at sharp twelve today!" The door closed with a bang. It was a pleasant morning, promising to be good for the threshing. Jeanie's smile turned into a laugh in which we joined. Yes it was going to be a busy day.

The threshing from the field—how we enjoy its busyness about. If the years in their progressively smarter modes of operation have from these farmwives, it still pleases us much to see it come now taken its intimate work away to the farm.

It always takes us back in mind

COOK'S CORNER



OATMEAL COOKIES
1 1/4 cups of shortening
1 cup of brown sugar, cream well
1 tsp. vanilla
1/2 tsp. salt
1 tsp. baking soda dissolved in boiling water.
Mix together the following:
2 cup of flour
2 cups of oatmeal
Add together. Press with fork dipped in milk. Oven 370 deg. for 10 minutes.

A MESSAGE FROM MENT'S RESTAURANT

DINE OUT MORE OFTEN

217 QUEEN ST.

In our new location with modern cooking equipment, we can now offer our city and out-of-town friends A REAL TREAT when you dine with us. Our every week day 70c special 3 course dinner, served in home-style manner in pleasant surroundings will be a delightful surprise in itself.

Winter Hours: Monday to Saturday 6 a.m. to 2 a.m. Sunday 8 a.m. to 1 a.m.



MISS ARDEITH DIXON

ENGAGEMENT ANNOUNCED

Mr. and Mrs. James G. Dixon, Little Sands, wish to announce the engagement of their daughter, Mary Ardeith, R.N., to William Ste-

KEEP IN TRIM

Tone Middle Muscles For Young, Shapely Figure

By IDA JEAN KAIN

The difference between a young, shapely silhouette and a matronly figure depends on the middle measurement. Many a young mother finds to her dismay that her figure has spread, causing her to look years older.

The big question is whether diet or exercise is the solution. The answer is this: If you are more than five pounds overweight, a diet is needed to reduce poundage. But regardless of weight, exercise is necessary to restore tone to flabby muscles.

A well proportioned figure requires that the abdomen measure at least an inch and a half less than the bust circumference. Today's easy exercise routine is designed to tone muscles and banish the bulge.

The first exercise is for the pur-

gans to normal high position. Position: On knees, bend forward and rest head on folded arms with knees and hips in vertical line.

BACK AND UP

Movement: Holding one leg straight out, raise it back and up, at the same time pulling up and in with the abdominal muscles. Stretch through to toes... hold. Return to starting position and repeat with other leg.

Position: Lying on back on floor left knee bent, sole of foot flat on floor, right leg straight down. Left arm should be down at side, right arm stretched back on floor overhead.

Movement: Contract with the abdominal muscles and get the small of the back as flat against the floor as possible. Now stretch all along the right side, pushing down with the right foot and up with the right hand... hold. Keep small of back on floor. Stretch 3 times, smoothly. Reverse position of legs and stretch along the left side, 3 to 6 times. Gradually increase count.

Position: Same as in first exercise, but with both arms down at sides.

Movement: Pull up and in firmly with middle muscle to press small of back against floor. Raise right leg just slightly off floor, not more than 4 inches, and slowly move right leg sideways, pointing toes—hold. The leg action doesn't count. The bias muscles of the abdomen must be forced to take the action. Slowly return to position. Do exercise 3 times with right leg, then change position and repeat exercise with

to fascinating scenes of the young years, to remember not only the quaintness of those times but to see again childhood's faces and hear ripples of young laughter we then knew.

It was good to "hand sheaves" on a Saturday morning of the school years, to table them one at a time with every care; good too, to catch a glimpse of the team on the treadmill, in the mill-house a little apart and below; to watch while the brake was applied to the sizable wheel there which miraculously it seemed, brought the gear to a stop, leaving a strange quiet now and noted sunbeams about.

Now slower machines and methods of threshing have been replaced. "Faster!" the years cry, "faster! hurry it, hurry it! Heap high the great wagons, bring them in quickly to the thrasher. Toss in the still-bound sheaves, full sack-and replace with an empty. Or better still blow the grain to your granary!" Different. Changed. Only the grain is the same—the ambered husk treasuring that living potential which promises another seedtime, another planting to come.

Other plantings we make. Often unwittingly and out of season it would seem yet ever within. Not on the island-red of stirred earth, but on the pulsing red of children's hearts. Confidently? Not so. But "leaning hard" on that "sufficient grace."

"Lord who am I to teach the way To little children day by day, So prone myself to go astray? I teach them knowledge, but I know How faint they flicker, and how low The candles of my knowledge glow. I teach them power to will and do But only now to learn anew, My love comes lagging far behind and through. I teach them love for all mankind And all God's creatures, but I find My love comes lagging far behind Lord if their guide I still must be, Oh let the little children see The teacher leaning hard on Thee."

Until tomorrow — — — Diary— Good-night..

COOKIES to make LUNCHES more appealing

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(PLEASE PRINT)

Bagdad Girl To Study Home Ec.

QUELPH, Ont. (CP)—Ideas of fellow students that Bagdad is still the mysterious city of the east, where women go around in veils, have been shattered by Mary Stuart, who came from Iraq to study at the Macdonald Institute here.

Mary, whose own wardrobe consists of smart dresses and slits, says educated women in Bagdad are very clothes-conscious, although modern village women still wear long robes and veils.

Modern tiled kitchens, refrigerators and stove are to be seen in many city homes.

But, she adds, some ancient customs remain. Marriages still are usually arranged and dates consist of young people in groups, never in couples.

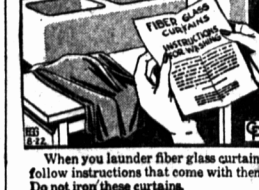
left leg.

Take a trio of exercises daily. Regularity is the key. As little as 5 minutes of precision exercises, holding the movement, can work a toning miracle. These strengthening exercises will help to get your posture on the beam. Form the beautiful habit of pulling firmly up - and - in with the girdle muscles, and you will banish the bulge for good and all.

MORNING SMILE

At the sorority: "I really don't know why we bother to pick a subject for discussion, when we always end up talking about boys, anyway."

WIFE PRESERVERS



When you launder fiber glass curtains follow instructions that come with them. Do not iron these curtains.

How To Sharpen Your Judgment

Everyone sometimes jumps to the wrong conclusions — but just a few simple rules will keep you from forming foolish opinions!

So claims Nobel Prize winner, Bertrand Russell in October Reader's Digest. You needn't be a superhuman genius, he says, to avoid silly errors. He offers six suggestions to help you sharpen your judgment, form sound opinions. Get your October Reader's Digest today: 43 articles of lasting interest including the best from current books, magazines, condensed to save your time.