Women's realm

Morning Smile

Jokes On Her

When the very, very fat lady walked into the room, four fellows over by the punch bowl started laughing and pointing.

"There they go," she muttered angrily, "having fun at my expanse again."

Wrong Animal

"How did you get here?" asked the prison visitor of the old lag.

"Burglary—and it was all my own fault. I spent three months and 10 pounds of horsemeat making friends with the dog, and then in the dark I trod on the cat."

Now Laugh

"These new fashions are absolutely freakish," said Mr. Robinson. "Every time I look at that new hat of yours it makes me laugh."

"That's splendid, darling," replied his wife. "I'll hang it up where you can see it when the bill arrives."

Easter Lilies

Easter lilies, tall, and stately
They are loved by young and old
For they tell that glad sweet story
That the world has ever told.

Of our Christ Who rose in glory
On that happy Easter day
How He broke the tomb asunder
And the stone was rolled away.

There is a story, oft repeated
Just a legend, old, and rare,
That the lilies in profusion
Over night were blooming there.

On the hill our Saviour travelled
With His cross, so hard to bear,
And the way was long and dreary
With His feet so bruised, and bare.

In each footstep that He travelled
A tall white lily stood,
And the dark spot in that flower
Is our Saviour's drop of blood.

And ever since the Easter lily
Has been the symbol rare,
Of the life of Christ, our Saviour
Who hung, and suffered there.

—Mrs. Edgar Gillespie
76 Douglas Street.

Rheumatic & Arthritic Pains

If you are suffering from arthritis, rheumatism, sciatica or neuritis, you may now hope to get fast relief from pain and discomfort. Thousands and thousands of men and women report they now enjoy long-lasting relief—thanks to DOLCIN tablets. Get DOLCIN from your druggist today.

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Modern Etiquette

By Roberta Lee

Q. When do you say, "I beg your pardon," and when "Excuse me," and when are you "Sorry"?

A. You say "I beg your pardon" after any real awkwardness, such as tripping over anyone's feet. But when merely passing in front of someone, you say "Excuse me." For a slight awkwardness, such as unintentionally blocking someone's passage, you say, "I'm sorry."

Q. Should wedding invitations be sent to friends of the bridegroom, who are unknown to the bride?

A. Yes; invitations should be sent to them even though the bride doesn't know them.

Q. Is it all right for a girl to wear mourning for her fiance?

A. If she wishes to do so, it is perfectly proper.

How Can I ! ! !

By Anne Ashley

Q. How can I remove red wine stains from table linen?

A. Cover the stain as quickly as possible with salt, and moisten with cold water. After thirty minutes, rinse in cold water and wash out in warm water and mild soapsuds. Be sure not to let the salt remain on the linen too long, as it might damage the material.

Q. How can I remove annoying squeaks in my shoes?

A. Rub a little oil well into the soles. Then stand the pair overnight in cold salt and water, using barely enough to cover the soles.

Q. What can I do when I have scorched a white garment while ironing it?

A. Immediately rub the spot with a cloth dipped in diluted peroxide. Then rub the iron over it and it will be as white as originally.

Household Scrapbook

By Roberta Lee

Stains on Furniture

Mix a tablespoon of powdered pumice with enough linseed oil to make a thin paste, and you will have a mixture which is excellent for removing white water stains from furniture. Rub on the spots until they disappear; then wipe off carefully with a soft cloth dampened with furniture polish.

Soften Water

Ammonia should be used to soften the water in which woolens and knitted garments are washed Only a little is needed.

Garnishes

When selecting garnishes for foods, select light ones for dark foods and dark accompaniments for the lighter dishes.

An unusual career has been chosen by 24-year-old Doreen Maxwell, an Ottawa girl who specializes in the study of forest insects. The recipient of a 1952-53 scholarship from Queen's university, Kingston, Ont., from which she graduated in 1949 with the degree honors of B.A. in biology, first class, the young student is doing research work at McGill university in the habits of the sawfly, an insect that has been attacking trees in Ontario and B.C. Later on in the year Doreen plans to attend University college in Dundee, Scotland for further study.

That Body Of Yours

By James W. Barton, M.D.

SOME FACTS ABOUT TUBERCULOSIS

No one needs to die of diabetes today. Treatment by insulin and diet is saving the lives of formerly fatal cases.

A statement about another formerly fatal disease was recently made in the Annual Report of the National Tuberculosis Association, by Dr. James E. Perkins, their managing director. Dr. Perkins said that every case of tuberculosis in this country is a "needless tragedy."

The report emphasizes that progress made within recent years in saving tuberculosis patients from death has been greater than the progress in saving people from getting tuberculosis. Therefore, the problems of the living loom large in the total tuberculosis control program today.

While the above information, that more "cures" are being obtained than individuals are being saved from contracting tuberculosis, is encouraging, this situation creates great and complex problems.

To those of us who have thought that rest, fresh air ,and nourishing food were the big factors in curing tuberculosis, it may come as a surprise to learn that the progress in saving the lives of tuberculosis victims is attributed largely to such advancements in treatment as the use of drugs (streptomycin and para-aminosalicylic acid (P. A. S.) and new surgical procedures, and to the fact that, as a result of chest x-ray campaigns, tuberculosis is being found in an early stage more frequently than ever before.

However, in case many of us reading the above gratifying report should relax our efforts in fighting tuberculosis, the report goes on to state, "Yet, even with the decline in death rate, it is only too true that tuberculosis kills more people than all other infectious diseases combined, and leads all diseases as a cause of death in the age group 15 to 34."

I have written before about the actual increase in the number of cases of tuberculosis in the late teen age and young adult groups, due to the desire of girls and young women at this age to attain or retain a slim figure instead of allowing themselves to develop naturally and acquire the attractive curves of maturing womanhood.

Dr. Perkins states that the factors which lower the body's resistance to the bacilli or organisms of tuberculosis are malnutrition; physical, mental and emotional stress; substandard living and working conditions. The ways by which the organisms pass from the sick to the well are known. "Early diagnosis is possible. Cure is possible. Tuberculosis is a preventable and curable disease."

Cook's Corner

SCOTCH BARLEY BROTH

(Makes 4 to 6 servings)

One pound lamb neck or shank, cut in pieces, 5 cups water, 2 teaspoons salt, 1 bay leaf, ⅓ cup, pearled barley, 2½ cups chopped celery, 2 cups sliced carrots, 1 cup peas (fresh or canned).

Trim fat from meat and melt in frying pan. Cut meat from bones; brown meat and bones in hot fat. Put in deep kettle; add water, salt and bay leaf; cover and cook slowly one and one-half hours. Add barley, celery and carrots and continue cooking one hour longer. Add peas and cook 15 minutes longer or until meat and barley are tender.

Serve toasted crackers, Melba toast or salted bread sticks with it, plus raw carrots sticks and celery.

RAISIN WALNUT TARTS

Rich pie-paste, 3 tablespoons soft butter, ¼ cup (lightly packed) brown sugar, ½ cup corn syrup, 1 egg, ½ teaspoon pure vanilla, ⅛ teaspoon salt, 2 teaspoons vinegar, ½ cup seedless raisins, ½ cup broken walnuts.

Line tart pans with rolled-out pie-paste. Cream butter and blend in brown sugar. Add corn syrup, then the egg, beaten light. Add remaining ingredients, combine thoroughly, and use to fill the lined tart pans 2/3 full. Bake in hot oven, 425 degrees, for 5 minutes; lower heat sharply to moderate, 350 degrees, and bake until paste is done and filling set.

DOROTHY DIX'S COLUMN—

What Is Love?

No Single Definition Fits Tender Passion

DEAR MISS DIX: Will you please tell me a few things about love? I'm a very confused boy. I'm 25 and have been going with a very fine girl who is 22. We've been going together for a year, and my feeling for her seems to be so unsteady. For a few weeks I feel completely in love with her, then I lose my ardor. After a while I again feel as if I want to be with her all the time; I drive her home from work every day, bring her flowers and candy. We discuss the future, then all of a sudden I become bored with her, find fault with everything she does and am generally disinterested.

Muriel Nissen

If I marry her will my love die altogether, or will it strengthen? Perhaps I'm moody.

A. L. D.

ANSWER: From the beginning of time, I guess, lovers have been trying to define love. Millions of books have been written on the subject—in fact, more than on any other topic—yet the mysteries of love are practically untouched. Why? Because to each one it means something else. To some it is a wild, untethered emotion, to others just a warm, comfortable feeling of security with the beloved. Love absolutely evades a positive definition.

YOU ARE UNSTABLE

You are probably a vacillating person, and so cannot be stable even in love. I think also that you expect too much from your young lady. Being more experienced in the ways of the world than she is, you find, perhaps, that some of her actions are a trifle gauche and become impatient with her inexperience. Having known her only a year, you have exhausted the depths of her intelligence rather quickly if you become bored with her already.

I doubt if marriage will strengthen your love. More likely it will increase the boredom. The temporary separations that now mark your courtship are no solution to the problem. A separation makes you anxious to see the girl after a brief absence, but marriage will permit no such luxury as frequent vacations from each other. If a fairly constant association of a few weeks brings on an attack of tedium now, what will the constant companionship of marriage do?

Your ultimate difficulty is that you are not willing to accept the responsibility of marriage in the first place, and secondly you are loath to make an effort to change your moody disposition to a more cheery one. You are disinclined to make any effort to meet your problem halfway and provide your own answers, though I'm sure you know what they are. If you feel that you and your girl friend are incompatible, tell her so now; don't prolong her hopes. If you sincerely look forward to marriage with her, tackle your own disposition and I'm sure your outlook on love and life will improve.

DEAR MISS DIX: I am 16 years old, a junior in high school. I go out quite a bit but only with one boy. I realize we both should be going out with other people, but how can I suggest this to the boy without hurting his feelings? I feel that I would have been asked out by other boys but for the fact that everybody keeps pairing us off.

CORLISS

ANSWER: You are very wise to realize the unsuitability of keeping steady company at your age. It will be impossible to change the situation without hurting your boy friend's feelings, but follow Shakespeare's advice, "I must be cruel, only to be kind."

You'll probably be dateless for awhile as it will take time for others to appreciate your changed status. Having been so accustomed to pairing you off with one boy, they'll probably just shunt you off into the background, but after a brief interim you'll be happily accepted as an unfettered spirit—a role just suited to a 16-year-old.

DEAR MISS DIX: I hope you can help me with these problems. I'm 16 years old and very interested in a boy who likes someone else. I know I can get him if I try. Could you please give me some methods?

Also, how soon can I invite someone to a prom?

PRISCILLA A.

ANSWER: I try to write an ethical column and it would certainly go against the grain for me to advise you how to steal another girl's beau. I've always been convinced this was the lowest form of thievery. Can't you find a boy on your own?

As soon as you know the details of your prom, you can invite someone to it. But please, don't make it the boy friend of another girl.

Alice Brooks Designs

WARDROBE-STRETCHER

TEAMS with all your skirts! Easy—front and back sections are identical, crocheted in shellstitch. Medallions are good pickup work. Use cotton or 3-ply yarn!

Crochets, washes, packs so easily! Pattern 7380; directions, sizes 32-34;; 36-38 included.

Send Twenty-five cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs, c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address and Pattern Number.

Better English

By W. C. Williams

1. What is wrong with this sentence? "I have never seen such a beautiful home."
2. What is the correct pronunciation of "entourage"?
3. Which one of these words is misspelled? Complacent, complaisant, incessant, superintendant.
4. What does the word "intimidate" mean?
5. What is a word beginning with hi that means "an opening, or gap"?

ANSWERS

1. It is better to say, "I have never seen so beautiful a home."
2. Pronounce an-too-razh, both a's as in ah, oo as in too, accent last syllable. 3. Superintendent. 4. To make afraid; to frighten. "Their threats did not intimidate him." 5. Hiatus.

Golden Glamour

A border crocheted from gold metallic thread added to place mats made from sparkling white crochet cotton will give you a rich and attractive luncheon set. Directions are available for making this PLACE MAT if you send a stamped, self-addressed envelope to the Needlework Department of this paper requesting Leaflet No. PC-5569.

ELLEN'S DIARY

By an Island Farmer's Wife

"Well, I don't know, Ellen—but that's the way I find it: life's just one struggle after another" our philosopher observed this evening. "I was just thinking that as I split wood today. From infancy on—until at last some one sprinkles a handful of earth over us, isn't that the way of it? A continuous battle against one thing or another...and sometimes it's almost too much for heart and soul to bother with. You fight some long hard chore or it may be some issue or trouble of your own; you win or at least arrive at some satisfying conclusion, and expect then a little peace...and what have you?"

He laughed. "Another confounded one facing you! The more you think of it, Ellen—isn't that the way it is? Just one struggle after another...not much time for play. We have to find that in our work. But I reckon," he shrugged, "that was the way things were intended to be. What do you think, Ellen?" But James came in then from his last choring of the day to turn the question aside as the two began to talk shop: Of cattle and horses and sheep and pigs; of the wood-sawing and splitting; the lumbering and seed-cleaning and the other interests of the farm at this season.

Our philosopher is a man touching fifty, big and brawny with reddish curly hair and blue eyes whose depths never yet has a woman been invited to search for responsive gleam of affection. Content "though the world be full of them" to pursue his way alone ...But if he felt called upon today to prove his mettle against circumstance and fate, we were satisfied to turn aside from life's sometimes perplexing way to find our interest and pleasure in an unexpected by-path.

How intriguing these are that turn off from the main! Often without sign-post or token of suggestive marking, if eyes be keen, they lead off from the broad highway. Inspiring valleys are there clothed in velvety green; in the depths brooks pass, slipping in ripples of melody by ferny dells and scented meadows. And gathering much beauty therefrom you climb a slope to a hilltop and calmly look out upon the world about.

We have need to take such excursions away from the usual of life's road when duties begin to crowd desperately and the familiar sounds of our world about make discord in our ears. Then is the convenient season to take a trip to find refreshment for body and spirit. But neither hastily nor too expectantly one must go. Yet with an open mind. Severing for the time every tie of home and office, the better to take in the delights we may find along the way.

And sometimes, indeed often for this farm-wife, bewitching relaxation from our cares may be brought to us in items that have little to do with our gaining a livehood yet help provide that touch of sweetness we desire in our daily bread. A knock at the door...and what fresh scenes are opened to us!

"What was he selling anyway, Ellen?" a housewife inquired of a door to door salesman of last summer. "I was baking and so busy I just couldn't interrupt it to talk to him." "But you may have missed ..."

Until tomorrow — — Dairy— — Good-night....

Anne Adams Patterns

WEEKLY SEW-THRIFTY!

IT'S VERSATILE! it's the Wraprون! Wrap it on now for a coverall apron, later for a wrap-around sundress. Sewing and ironing are so easy—you see by the diagram how few parts and seams there are. Smart, too, with that princess panel, those pockets!

Pattern 4689: Misses' Sizes 12, 14, 16, 18, 20; 40. Size 16 takes 3¾ yards 35-inch.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send Thirty-five Cents (35c) in coins (stamps cannot be accepted for this pattern. Print plainly Size, Name, Address, Style Number.

Send order to ANNE ADAMS, c/o of The Guardian, 60 Front Street West, Toronto, Ontario.

The Stars Say - - -

By Genevieve Kemble

For Tomorrow

MANY surprising and thrilling developments may be counted upon with strange and quiet unforeseen climax. Such singular openings and exciting situations should be grasped with avidity and not permitted to slacken, lag or grow cold. Strike while the iron is hot, and with originality and spirit of innovation, perhaps chance-taking, for surprise and breath-taking culmination. Be prepared for sudden change.

For The Birthday

Those whose birthday it is may have stimulating and unique life adventures about this time, with strange experiences or unusual opportunities to excite and intrigue. New ideas, plans and places may incite fresh undertakings, vivid and thrilling, with culminations of breath-taking and romantic crises. There could be a complete about-face in plans, objectives and desires, with keen enjoyment, and novelty in singular adventure — soul-stirring contacts, sensational, conspicuous perhaps.

A child born on this day may be expected to do and achieve the unexpected, enjoying a life of the spectacular, adventurous, novel and in the limelight.

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