

Cook's Corner

CHOCOLATE CUSTARD PIE

Pie paste. 2 1/2 cups milk 1 1/2 ounces unsweetened choco- late, cut up 3 eggs 1/4 cup granulated sugar 1/4 teaspoon salt 1/2 teaspoon vanilla. Line a pie pan (8 1/4 inches, top inside measure) with rolled-out pie paste. Trim and crimp the border. Chill until needed. Measure milk into upper pan of double boiler and add unsweetened chocolate; cover and heat to scalding point over boiling water; beat with rotary beater until blended. Beat the eggs slightly; stir in the sugar and salt. Gradually stir in the scalded milk and chocolate mixture; stir in vanilla. Strain mixture into unbaked pie shell. Bake in a hot oven, 450 degrees, 10 minutes; lower heat to rather slow, 325 degrees, and continue to bake until pastry is cooked and filling is set—about 30 minutes longer—a silver knife inserted into the centre of the filling should come out clean. Cool thoroughly, but do not chill before serving.

Modern Etiquette

Q. Does the receipt of a birth announcement obligate one to send a gift to the baby? A. There certainly is no obligation attached, but it is a nice gesture. If, however, one feels one cannot afford a gift or is not on intimate terms with the new parents, then a congratulatory card or handwritten note would be in order. Q. What should a person say when about to be introduced to the same person for the second time? A. A suitable expression would be, "Thank you, but I have already had the pleasure of meeting Mr. Williams." Q. Is it all right for one to use a knife to open a muffin? A. Never. Bread of all kinds should be broken open with the fingers, never cut.

Household Scrapbook

Window Washing One of the easiest ways of washing the windows efficiently is as follows: Use an ordinary cloth and wash the windows from a basin of warm water to which has been added some household ammonia. Then use another basin of clear warm water; dip a chamois into this, wring as dry as possible, and go over the windows again. This last process will remove the lint and water and leave the glass clear and shining. Labels To remove the labels which are pasted on sheets and pillow slips, place a wet cloth on the wrong side of the article, then set a hot iron on it for a few seconds. Or, hold over the steam from the spout of a teakettle. Fish In order to distinguish fresh fish from stale, look at the eyes. The eyes of fresh fish are clear and the gills are red. Stale fish will have spots on it.

How Can I

Q. How can I make a test for watered milk? A. Dip a well-polished knitting needle into the milk for a few seconds. If the milk is pure, it will form in a large drop at the end of the needle; if watered, it will either run down quickly and drop in several small drops, or the point will appear dry and clean. Q. How can I make a practical polish for all metals? A. Use one cup of cigar ashes mixed with a tablespoon bicarbonate of soda, brought to a smooth paste by the addition of water. Use on a soft cloth, rubbing vigorously. Q. How can I make good pot-holders? A. When making pot-holders, it is a good idea to insert a layer of leather from an old glove through the center. This will eliminate danger of burned fingers, as leather is a nonconductor of heat.

Engagement



—Mr. and Mrs. Roy Walker, New Annan, announce the engagement of their daughter, Margaret Elizabeth, to Irving Boswell, son of Mr. and Mrs. Lyle Boswell, Marshfield. Marriage to take place in May.

ELLEN'S DIARY

By An Island Farmer's Wife Did James return to spend his week-end at this house "in the road, from Alderlea? Yes, on foot he came along the fields between, which before long will steam and dry in the increase of strength of the sunlight. Then we shall forget every bleak wind, every frost of the past; hearts will be buoyant as we look toward the future. What fond hopes shall rise anew at the sight of reddened or greenening acres... what nice anticipations at the whisper of breeze in the lace of new leaves? "And there will be no more" winter... but spring then, warm, misty, beautiful, inspiring, on the hills. "I'm giving her extra bites," a farmer offered to James when in a year now long given to the past, we looked upon an engaging scene within a visited sheepfold. What blessings our arrival had occasioned as anxious mothers called to and were answered by their lambskins! And how lovely with the afterglow of evening about it! "That one didn't seem to winter well," the man explained to James when a ewe, sizable but miserable in appearance claimed his attention... James is the best one to detect ominous signs and omens in an animal's eye or posture! "But I'm giving her bits of this and that—a few sliced potatoes, a lick of mineral, a handful of grain... If I can manage to bring her along for a fortnight or so," he said, "it's amazing what the spring will do to animals. And" he smiled, "to humans too." "And isn't that a truth!" James nodded. "Isn't it a great feeling when the day finally comes that you exchange the 'draggy' footwear of winter for the lighter leather boots? It makes so much difference" he chuckled, "that sometimes you wonder if you're still in the flesh... so much lighter you seem. Yes sir," he said, "it's a great day when you can catch a hint of new green on the fields!"... A cloudy day this has been—"not unlike April," we said. Windy, mild, with snow still cuddling the farmlands. But there was something this morning—all too brief a spell of it, before a school-time down along the slope which dips to the mill-stream. "There never was the like of it... if only it would stay!" But how could it, with a cutting wind of the south and thawing streamlets soon trickling? The little lad of place, clad in a new pair of denim overalls, conveniently pocketed, rejoined his classes after some time of enforced absence due to a lingering cold. And then because they had been "promised" for a long time—and people just have to keep their word—they have gone with their Dad to attend a last game of hockey, in a series, at a country rink. In consequence of "a sound of going," the younger fellow needed no reminder to attend to his homework. "The first thing I have to do," he observed, making what he calls "a funny face," as he brought his reader and settled himself in the armchair. "Is to get this off my mind. If I don't," he grinned, happily, "I just may miss something. But not Jamie... Oh no, he would have his all learned! Do you know what I have to learn besides this? Spellings! Why?" "And would you believe it?" he smiled, "there isn't a queen, who doesn't know just how to spell!" He nodded. "And there isn't an admiral walking a deck who does not know seven times four!" he quoted a line of liked verse. But our day must fold now its tent! Until tomorrow—Diary—Good-night....

Seven Days A Week

(By Anne Shannon)

1. Monday: One of the most interesting pieces of embroidery work that I have come across so far, was made by two pupils in Grade Ten in a nearby school. These two girls have finished many lovely items of "fancy work", but their latest, I think, really tops them all. They took a piece of heavy cotton, tacked it firmly on a hard level surface and then drew a map of the Maritime Provinces on it. They marked in rivers, boundaries, and industries, thus—rivers were outlined in deep blue, as was the coastline; airports had tiny airplanes to show their location; Indian reservations had tiny Indian figures in raised embroidery work; harbors had tiny ships floating placidly at anchor; lumbering centres, marked by tiny green spruces; fishing centres were shown by means of tiny silvery colored fish and so on and on. The finished product was really beautiful and the girls told me they not only had a lot of fun doing it but learned a great deal also about our own Maritimes.

2. Tuesday: With Easter Rabbits poking their long ears up in the most unusual places, it's high time to begin thinking about Easter goodies of all sorts. What nicer gift for a friend at this time of year than a gay Easter basket, filled to the brim with an assortment of cookies and other toothsome delights? And speaking of cookies to put in said basket, how about these Almond Butter ones? 1 cup butter, 1/2 cup sugar, 2 egg yolks, beaten; 2 1/2 cups sifted all-purpose flour; 1/2 tsp. salt; 1 tsp. vanilla; 2 egg whites, slightly beaten; 1 cup slivered blanched almonds; 10 red or green maraschino cherries, quartered. Thoroughly cream butter and sugar; add egg yolks and beat well. Stir in flour, salt and vanilla. Chill until firm. Shape into balls 1-inch in diameter, dip in egg white and roll in almonds. Place on a greased cookie sheet and top with a quarter of cherry. Chill for 15 minutes to prevent flattening. Bake in a moderate oven (325°) 20 to 25 minutes. Makes about 2 dozen cookies.

3. Wednesday: Hobbies, they say make happy people and I truly believe they do. I must pretend not to be a hobbyist, but I'll enjoy the process much better then! Some people collect stamps, some collect buttons, others tiny pitchers or old-fashioned slipper cushions and so on. There are so many interesting and absorbing hobbies that it would take more than a column to enumerate them all. One lady I know, grows tiny dwarf trees—moss type. Of course she has to send away for cuttings of these but she has found her hobby paid off. Now she can't supply the demand for tiny moss trees. An elderly gentleman collects multi-colored stones on every trip he makes to the shore. These he uses to build tiny forts, old castles and drawbridges. He, too, finds his hobby very profitable. So you see you may start out with the idea of passing away a few spare moments enjoying your favorite hobby and end up by bringing in a lot of dimes—always a welcome gift.

4. Thursday: A man met a friend he hadn't seen for a long, long time. "Why George," he said, "you've changed so! What's making you look so old?" "Trying to keep young," said George. "Trying to keep young?" queried the man. "Yes," was the gloomy response; "mine of them!"

5. Friday: Fish day rolls around quickly, doesn't it? Here's a tasty recipe, tried and true and it lives up to any meal. Yes, it's Clam Fritters I'm thinking about. You drain 1 pt. clams, reserving all the juice. Coarsely chop the clams. Sift together 1 1/3 cups sifted all purpose flour, 2 tsp. baking powder, 1/2 tsp. salt and 1/8 tsp. pepper. Stir into chopped clams with combined clam juice (about 1/2 cup) and 2 eggs slightly beaten. Drop by tablespoonfuls into a little hot fat or salad oil in skillet; saute until golden brown on both sides. Drain on paper towels. Makes about 2 dozen fritters.

6. Saturday: Golden sunshine (Continued on Page 13)

Corduroy Bag

Three cheers for a roomy bag! You can make this smart style from narrow wale corduroy and line it with plaid taffeta. Muslin is used for the interlining and buckram to reinforce the top. If you would like to have a leaflet with directions for making the CORDUROY BAG, send a stamped, self-addressed envelope to the Needlework Department of this paper requesting Leaflet No. S E2278.

Howatt-Andrews Nuptials



Pictured above are Mr. and Mrs. Louis H. D. Howatt, Jr., who were married at Charlottetown on Saturday, February 14th, by Rev. A. Frank MacLean. They were attended by the groom's brother and his wife, Dr. and Mrs. B. D. Howatt of Bedouque. The bride is the former Vivian Ellen, daughter of Mr. and Mrs. J. L. Andrews, York.

That Body Of Yours

By James W. Barton, M.D.

GERIATRICIAN MUST HAVE PATIENCE IN EXAMINING AILING ELDERLY PERSONS

Although geriatrics, the diagnosis and treatment of illnesses of the aged, is a new specialty, most general practitioners (family physicians), knowing the patient and his background, are able to help the patient obtain relief from his symptoms. I have written before of a prominent physician emerging from middle to old age who said that now he was old and he must expect to slow up mentally and physically and must naturally expect to have rheumatism and arthritis. I have written before of the statement of Dr. Margery Warren in Medical Annual, "It must be fully realized that growing old is the normal process of aging and that this is a general, gradual, slow process. It consists of running down of the human organism, with lessening strength, a tendency to slow movement and less activity, with lessening in the sharpness of the senses, a lessening of the powers of mental concentration, and a desire for longer periods of rest with more time to reminisce than to become interested in new subjects." As we consider the above description of the aging process, we can appreciate how, as these changes come on slowly and gradually, the patient must not realize the physician has a more difficult time getting a clear history of his ailments from the elderly than from the younger patient. As most of us know, the physician has to base his diagnosis and treatment of symptoms on what he finds out for himself (objective symptoms) and what the patient tells him (subjective symptoms). "It is of course often difficult to obtain a good clinical history from an elderly person, partly by his lack of appreciation of the need, partly by virtue of deafness, and in some cases because of greatly impaired memory or actual mental confusion." This may mean that to get a full history of the case, the physician may have to con-

The Stars Say - -

By Genevieve Kemble

For Tomorrow

AN unusually lively and constructive day may be expected as a result of present lunar vibrations. But it is important that before making decisions, you examine all the facts and analyze situations carefully. Enthusiasm is laudable, but be sure to harness it to projects from which you will reap practical and long-term benefits. Don't go overboard on those which can only result in temporary advantages or, worse still, illusory ones. An excellent day for such social activities as house parties, picnics, theatre or dinner parties.

For the Birthday

If tomorrow is your birthday, you should find the year ahead marked by progress and enduring success where ambitious and worthwhile objectives are concerned. This is your year to attack major projects with determination and vigor—especially those which require creative ability, imagination and originality. It would be well, however, to complete tasks already started before beginning on new enterprises, so that complete concentration may be given to the latter. Romance and new friendships are especially favored. A child born on this day will have great determination and a "will to win" based on courage and sound objectives. As there are now so many old and aging people about us, and while there are so many variations to even common ailments, it would be well to repeat the common symptoms present in old people. Among these common symptoms are (1) weakness; (2) tendency to fall; (3) inability to control the urine or feces (wasties from the bowels); (4) giddiness; (5) mental confusion; (6) backache; (7) swelling of legs. As each of these seven common symptoms may be due to several causes, it means that the physician must be patient and thorough in his examination of the elderly patient.

DOROTHY DIX'S COLUMN—

Family Friction

Lawyer's Advice Needed To Settle Dispute Over Property Rights

DEAR MISS DIX: I have been happily married for two years, but for the past six months my husband and my family have not spoken. The trouble between my husband and my mother began when my mother requested that she have my grand piano in the event of my death (it was a gift from her mother), when she wanted to retain possession of an insurance policy she had been carrying for years, and when my father asked for power of attorney over some property of mine. My husband feels that all of these requests are infringements of our rights. He feels we should fight for our rights no matter what the outcome, or how bitter the feelings aroused. I know I have been bossed too much all my life, and have been extremely naive and unaggressive. At this late date, however, is it advantageous for us to harbor grudges and try to change a situation that has existed for 30 years? In brief, am I right to want a reconciliation, or is my husband right to continue the estrangement? HOPE

ANSWER: The difficulties involved in your tangled family relationships could so easily be solved by a lawyer, that it seems little short of ridiculous to continue dragging them into a permanent quarrel. Not one of them constitutes so great a violation of "rights" as to justify your husband's attitude. DICTATORIAL HUSBAND When one realizes that you were 28 when you married, your contention of having been bossed, and of being naive and unaggressive, is certainly justified. This condition seems to exist as much now as before your marriage, except that your husband has taken over the bossing. You have swung from a too-aggressive family to an overly dictatorial husband. Since the various properties concerned in this hubbub are yours, you are entitled to decide what disposition should be made of them. My suggestions would be that, while the grand piano should revert to your mother, since it has associations for her, the insurance and property should be in your hands. You are certainly right in seeking a reconciliation of all persons concerned, since there's no reason why everyone can't agree on a satisfactory settlement. Call a family conference, with a lawyer on hand, and discuss the matter amicably. You know the longer these dissensions go on, the harder it is to settle them.

DEAR MISS DIX: I am very fond of a certain girl, but her mother presents a problem. She has a habit of swearing at everything and anything—the children, her husband, neighbors, even the radio. She's a nice person otherwise, but I know this habit bothers her family. Can anything be done to stop it? M. M.

ANSWER: Since the habit is undoubtedly one of long-standing—probably going back to her own youth—it would be difficult to effect a reform now. Has anyone ever told her how that swearing disturbs the family? Perhaps her husband and children have become accustomed to hearing bad language, that it just doesn't register. Suppose the whole family ganged up and told her how much they object to the constant flow of bad language, then go a step farther and announce that henceforth they'll pay no attention to any conversation, order or request that includes swearing. Very often people go on with bad habits just because no one in the family has taken the trouble to correct them.

DEAR MISS DIX: Is there a rule of etiquette that says a girl shouldn't write to a man friend? I have written several letters to a young woman I met four years ago, have requested permission to call on her, and have also asked if she would permit me to paint her portrait. I can't telephone her, since I am deaf. She has never answered. S. A.

ANSWER: Obviously, the young lady doesn't wish to further the friendship, but she should at least be gracious enough to acknowledge your letters. Better forget about her. Miss Nissen cannot reply personally to readers but will answer problems of general interest through this column.

Better English

By G. C. Williams

1. What is wrong with this sentence? "I guess you are right, and there is no need of us doing the work." 2. What is the correct pronunciation of "eczema"? 3. Which one of these words is misspelled? Licorice, licence, ligitment, litigation. 4. What does the word "placid" mean? 5. What is a word beginning with el that means "to lengthen"?

ANSWERS

1. Say, "I think you are right, and there is no need of our doing the work." 2. Pronounce ek-ze-ma. The first e as in set, second e as in me bowled, a as in ask unstrapped, accent first syllable (not the second). 3. License. 4. Undisturbed; peaceful; quiet. "He met adversely with a placid smile." 5. Elongate.

Sticking Paper

If paper has stuck to the polished surface of a table, soften it with olive oil and then rub gently with a soft cloth and it will come off.

Morning Smile

Kept Clear

"Isn't there a smarter assistant to serve me?" "No, madam. The smarter assistants saw you coming."

Silly Questions

The first-aid instructor was a little weary of endless questions, some not very sensible. But one woman persisted: "What should I do if I arrived home and found my husband with his head in the gas oven and all the burners turned on?" The instructor said, quickly: "Baste him every ten minutes."

KING COLE TEA Stimulating and delicious!

Anne Adams Patterns



EASTER-PRETTY

Mom! Your fashion-conscious little girl will love her new spring outfit applied with a sailor's stars! Cape takes the place of a spring coat, it's practical as well as pretty! Adorable dress has square neckline, puffed sleeves, and a swish of a sash! Pattern 4872: Child's Sizes 2, 4, 6, 8, 10. Size 6 dress, 1 1/2 yards 35-inch; cape, 2 yards 39-inch.

This pattern easy to use, simple to sew, is tested and fit. Has complete illustrated instructions. Send Thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly size, Name, Address, Style Number. Send order to ANNE ADAMS, care of The Guardian, 60 Front Street West, Toronto, Canada.

Found Relief From SCIATIC PAIN

"I began to suffer with a dull, continuous ache from my hip down my leg," writes Mr. Geo. F. MacGregor, 1604 E. 8th Ave., Vancouver. "The steady pain gave me no rest day or night. One day when my leg was so painful I could hardly get about, a stranger stopped me. He had once suffered much the same thing until he tried Templeton's T-R-C's. He recommended T-R-C's to me. I wish I could thank him for in a short time T-R-C's gave me longed-for relief from my sciatic pain. Don't suffer from Sciatic, Rheumatic or Arthritic pain. Take Templeton's T-R-C's—Canada's LARGEST-SELLING proprietary medicine specially made to bring quick relief from such pain. At drug counters, only 65c, \$1.35. T-47

Alice Brooks Designs

CROCHET BOUQUET!

Jiffy! Flowers and pineapples whirl off your crochet hook in gay array! Make this set to freshen your sofa and chairs. Use No. 30 cotton. Pattern 7295: Chair back is 12 x 17 inches arm rest, 6 1/2 x 8 inches. Easy to crochet. Send Twenty-five Cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs, c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address and Pattern Number.

LONDON, (CP)—Captain G. G. Boon, army horseman responsible for the state landaus in the Coronation procession, has located the necessary 10 carriages. They are being reconditioned for the big day June 2.

OWBRIDGE'S TONIC Quick Relief for COUGHS - COLDS by Alice Brooks



are my seams straight?

Certainly!

They're Kayser with the "Strait-on Heel"*

—guaranteed not to twist!

Kayser's exclusive, patented heel with the magical little pucker keeps your seams neat and trim always. And—Kayser's proportioned lengths plus Custom-Fit from top to toe mean more glamour... longer wear... greater comfort for you... whether you're tiny, average or tall!

KAYSER HOSIERY • GLOVES • LINGERIE

Moore & MacLeod Ltd. Charlottetown

Art of being yourself

Books and rules on the "right" way to dress, to eat, to speak, to get ahead are teaching us to be standardized nobodies, says Eric Manners in April Reader's Digest. This noted authority tells how famous people like Edison, Darwin profited by ignoring conventions—shows how you can make your life richer (and more fun) by just learning to be yourself. Get April Reader's Digest today: 38 articles of lasting interest, condensed from leading magazines, current books.