

# WOMEN

Page 10 The Guardian Friday, July 23, 1954.

## How Can I?

By Anne Ashley

**Q.** How can I make lighter pastry?  
**A.** Put a small amount of lemon juice in the water used for mixing your pastry, and it will not only remove all taste of fat but will make the pastry lighter.

**Q.** How can I make stiffer starch?  
**A.** Dissolve a lump of borax in boiling water and put in cold starch. The result will be a whiteness and a stiffness that will be pleasing.

**Q.** How can I make a good sandwich filling?  
**A.** Use flaked salmon and chopped cucumber pickles moistened with mayonnaise.

## Household Scrapbook

By Roberta Lee

### Scratched Wall Paper

If the wall paper has a disfiguring scratch, moisten a scrap of the paper which has been saved and then carefully scrape off the coloring with a sharp knife. Apply this coloring to the scratch and when dry it will hardly be noticeable.

### Lemon Pie

A lemon meringue pie probably is the most difficult to serve neatly, but if the knife is dipped in cold water before cutting, the meringue will not stick and pull away from the slice.

### Plant Lice

Plant lice can be destroyed by spraying the plants with naphthalene soap suds, using a syringe for the purpose.

## Better English

By D. C. Williams

1. What is wrong with this sentence? "Where's our hats and coats?"
2. What is the correct pronunciation of "continuity"?
3. Which one of these words is misspelled? Equidistant, equilibrium, equivalent, equipoise.
4. What does the word "vivacity" mean?
5. What is a word beginning with fr that means "to prevent from attaining a purpose."

### ANSWERS

1. "Where's" is a contraction of "where is." Say, "Where are our hats and coats?" 2. Pronounce the u as in use, not as in rude, accent third syllable. 3. Equivalent. 4. Vivacity: liveliness; sprightliness. "Pronounce first a as in vile, a as in as, accent second syllable." "She accepted the invitation with youthful vivacity." 5. Frustrate.

## Bay of Fundy Sea-Food Patty

- 1/2 lb. fresh salmon
- 1/2 lb. fresh halibut
- 1/2 lb. scallops, diced
- 1/2 lb. lobster meat (tinned or fresh)
- 4 tbsp. butter
- 1/2 cup apple juice
- 1 tsp. salt
- 1 tsp. pepper
- 1/2 tsp. paprika
- 1/2 tsp. thyme
- 1/2 cup table cream or sour cream
- 1/2 tsp. Worcestershire sauce

MELT the butter in a flat saucepan, add apple juice and bring to a boil. When boiling, place in it the salmon, halibut, diced scallops and lobster meat. Cover and simmer 10 minutes. Remove from the fire and cool.

REMOVE skin and bones from salmon and halibut. Break into flakes by pressing between fingers. SPRINKLE the fish mixture with paprika, thyme, salt, pepper and Accent. Stir lightly to mix. BRING to a boil the cream, flavored with 1/2 tsp. of Worcestershire sauce, and pour over the fish and stir gently with a spoon over a low heat until well mixed.

WHEN ready to serve, pour into hot patty shells.

## DOROTHY DIX

### Her Reputation

DEAR MISS DIX: Some time ago I write you regarding the availability of dating a man of 25, eight years older than I am. You suggested that I get out and meet people my own age, which I did. I've made some very good friends among my schoolmates, but the question of Rob (the 25-year-old) has come up again. As we have many mutual friends, we keep meeting at parties and dances. Gradually we have resumed dating. However, it seems that every date we have, whether for a dance, movie or drive, ends up with him parking the car and expecting a necking party. I have also heard that he has made comments to his friends about these dates. I really can't tell you how much I worry over small things like that, but then I guess my reputation is worth thinking about. What can I do?  
 Joan L.

### BEWARE

ANSWER: Beware why you are seeking advice at this point is a mystery to me. You continue to attend parties where you know you'll meet Rob (in fact, I suspect that's the only reason you do go.) You know perfectly well that every time you step into his car the inevitable necking party will take place and what's more, Rob knows that you  
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## Translator



Sub-Lieut. Claire Marie Gagnon, 23, of Causapscal, Que., has joined the Supreme Headquarters Allied Powers in Europe to take up her new role as translator in the European Communications Security Agency's secretariat. She becomes the first member of the Royal Canadian Navy to serve at SHAPE and it is the first postwar appointment overseas for a Canadian Wren officer. She was promoted to sub-lieutenant in June this year. (CP from National Defence).

## Contract Bridge

By Josephine Culbertson

### THE WRONG METHOD

South's method of getting out the trumps in the deal below was highly unrealistic.

East dealer.  
 East-West vulnerable.  
 North-South 40 on score

♠ 1103	♥ 976	♦ 532	♣ Q941
♠ Q64	♥ 103	♦ AQ109A	♣ J108
♠ A7	♥ KJ51	♦ 42	♣ 74
♠ K97	♥ A	♦ KJ5	♣ 752

The bidding:  
 East South West North  
 1♥ 1♠ Pass 2♠  
 3♥ 3♠ Pass Pass

In view of the North-South partnership, East considered bidding four hearts over the three spades, but his own vulnerability was a natural deterrent — which was a lucky thing for his side.  
 West opened the heart nine. East's king was taken by the ace, and obviously intending to get out the trumps so that he could run the long diamond suit, South led a low trump to the queen. Then, and there his chance vanished. East won the trick and shifted to the club king. West signalled with the nine and East continued with the ace and a small club. This gave the defenders four tricks, and West had the setting trick in his guarded trump jack.  
 The moment dummy appeared, South could see that he was fated to lose at least three club tricks and the ace of trumps. Consequently, the only chance for the contract was to find a position of trumps that would let him hold the defenders to one trick. Since all the opposing bidding had been done by East, it was virtually a sure thing that the spade ace was held by that player. If he had it only singly guarded, success was in plain sight.  
 But it was vital to have the first trump lead come from dummy toward the closed hand. If East put up the ace, South would, of course, find it easy to capture West's J-10 with the king and queen; and if East made the far better play

## CHILD TRAINING

(This article is another in a series on child training designed to offer guidance to parents. All publications are prepared by the Department of National Health and Welfare).

### Sex

#### PART I

In the case of older children, tell your daughter about menstruation and your son about nocturnal emissions (wet dreams) before these events happen. Explain to the boy that nature provides an excess of seminal fluid; to the girl, that menstruation is nature's way of disposing of the unfertilized egg. Some information should also be given as to the structure and function of the sex organs of the opposite sex.

Masturbation is a very common problem in the adolescent of 12 to 20. Feelings of inferiority and frustration are often the cause, and parents should discourage the habit by adding more affection and more satisfying activities to the child's world. The more satisfaction he gets from the outside world, the less will he seek them in himself. Make sure, also, there is no physical reason, such as defective circumcision or unclear sex organs. Wholly false stories of insanity and blindness resulting from masturbation may worry him to the point of much mental suffering. Often, relieving him of the worry will lead to a reduction in the habit itself.

### There should be a reason

It is just as important to use suitable occasions to explain sex to your child as it is to have the right, simple words. When the child asks a question, you have an opportunity handed you. Family pets

often lead to such questions. Life stories of various creatures are very interesting to young children and give you a chance to say something about sex and the care of the young.  
 The boy or girl on the farm has a familiarity with mating and birth that the city child lacks. At the same time, the farm child as well as the city child should not grow up to regard the physical aspects of sex as the whole story. Love and devotion between parents should be apparent to the child as something based on more than physical relationship. If your child doesn't ask questions about sex, it means that his natural curiosity has been somehow curbed. Then make your own opportunity—for instance, when a child of the opposite sex is being bathed—to see that he gets the right grounding in sex education.

We begin learning about sex in earliest childhood and continue to learn about it through the years into adulthood. It is so closely linked with the business of living with others that there is a great deal to learn about it. Some of your child's information is learned consciously but much of his attitude towards the opposite sex, and towards sex behavior is learned from seeing the day-to-day attitudes of his parents to each other—whether respectful and affectionate or demanding and intolerant.  
 (Next week's article will discuss "Stuttering.")



## Cook's Corner

### PICKLE RELISH

Peel and dice 12 large cucumbers and 6 large onions. Cover with brine of 1 cup salt and 10 c. water and leave overnight.

Mix 1 qt. vinegar, 5 cups white sugar and 1 lb. celery seed and let come to a boil.

Mix 1 lb. tumeric, 1 lb. mustard and 3 large lbs. flour and add to the vinegar mixture. Let boil a few minutes.

Then add cucumbers and onions and boil 1 minute longer.

—Central Bedeque W. I.

## The Stars Say

By Estrellita

### For Tomorrow

This is a good day in which to complete programs previously inaugurated, especially if imagination is coupled with diligence and self-confidence. The morning hours are especially fine for new and original ideas which, if put into action quickly, could result in spectacular success.

Where household affairs are concerned, dispose of necessary chores as early as possible and devote the remainder of the day and evening to pleasant relaxation, indulgence in hobbies or recreation shared with loved ones. Those with creative talent should find this an excellent period for experimenting with new ideas.

### For the Birthday

If tomorrow is your birthday, your horoscope indicates that within the next three months there are several profitable possibilities which may cause you to increase the tempo of your accomplishments. You may be called upon to take over the duties of someone in a position of responsibility and you should perform them in such a manner as to win high approval.

## ELLEN'S DIARY

by an Island Farmer's Wife

At Geneva, representatives of France and Viet Nam, coastal state of Indo-China, slowly come to terms in an armistice to bring an end to that strange war. In the Mother of Parliaments overseas, Prime Minister Churchill, makes reply to questions asked in regard to defence against the fearful Hydrogen Bomb. ("There is no defense. But there are deterrents...")

But on Island farms, other countries, places temporarily forgotten, left away beyond the summer greens and blue of the horizon, folks now make hay, while the sun shines and favorable breezes blow—confident that despite every turmoil of sate, every hazard of time, while there remains for us such harvest of field to gather, the world will go on.

So within the encircling line of hills, the world blessed by a brisk sun-kissed breeze to season the first mown of our hay, loads of it were this afternoon saved to the barn... Not the tidy little dots, the horse-drawn savings of an earlier era of Island haying, built on rude hay-carts or the wagons we knew fitted with horizontal or angled shelving, but great ones set on racked trailer-wagons, indeed almost pressing the tractors which drew them merrily from the hay-field.

And watching over the fields between this and "the other farm," the hay being given steadily by the loader to the busy builders, we remembered the saving of certain old years, long before a hay-loader became part of the equipment of the farm at Alderlea to which James was born. Sunny were those fields, then never out of sight of the millstream; sweet the summer breeze; filled with many interests our days.

"Now if you'd just step on that forkful, Ellen—and tramp it well... that should hold it," we were hearing James' voice out of that past. "And this—maybe all of it should go to build up the centre of the load. Because, well if there's good heart in it, there won't be possibly promotion and financial reward.

Late summer and early fall should find you in a most stimulating mood. Continued on page 9

## Modern Etiquette

By Roberta Lee

O. If it so happens that a bride-elect has already had the opportunity to thank a donor verbally for a gift received, is it still necessary for her to send a written note of thanks?

A. She still must write a "thank you" note, and as soon as possible.

O. Is it all right for a girl to give her order directly to the waiter when dining with a man?

A. No; she should tell her escort what she would like and allow him to place the order with the waiter.

O. Is a hostess obligated to rise and greet each newcomer to her home?

A. Most certainly. A hostess who does not do so is rude and inhospitable.

## That Body of Yours

By James W. Barton, M. D.

### BOILS

A very painful and also embarrassing affliction is a boil. A boil is a quite rounded pus infection of the deep layers of the skin and the tissues immediately beneath; the boil surrounds the roots of a hair, a sweat or an oil gland. It is always due to pus-forming organisms which enter by way of a small cut, scratch, shaving, rough collars, hair cut too short. Boils may also occur with certain general diseases—overweight, diabetes, stomach and intestinal disturbances, too much rich food, infection of teeth and tonsils.

It appears as a raised, rounded lump on the skin with pain and itching. The lump enlarges and a yellowish spot appears at the top. If the lump opens itself or is opened, thick yellow pus and sometimes a hard yellow "core" comes out.

Prevention calls for absolute cleanliness of regions where boils usually occur—neck, armpits, groin. The urine should be examined for sugar.  
 In treatment, it is usually considered wise not to open the boil at once but to allow it to "ripen", applying any poultice or paste to the boil only, not to the surrounding skin. If there is a little hair in the spine of the spade five, declarer would win with the king, then lead toward dummy and, regardless of West's ten, play the six-spot, not the queen. Since East's ace would

## Morning Smile

A long-winded speaker dramatically asked his audience, "My friends, do you ever stop to think...?"  
 And a weary voice interrupted, "My friend, do you ever think to stop?"

fall — as there was a reasonable chance that it would — South would then be on the home stretch. The centre, this should be plucked out and a zinc paste or the old familiar poultice of equal parts of laundry soap and brown sugar should be applied.

When the boil is "pointed" and ready to open, a toothpick is dipped into carbolic acid and used to make an opening in the boil to allow the pus to come out.

Too much sugar in the blood from eating starch foods—bread, potatoes, sweets—is a frequent cause of boils.  
 A particularly painful boil is that which may occur in the ear. It can be distinguished from ear infection because it causes pain on opening the mouth. Careful attention from the physician and pain-killing drugs may be necessary in these cases.

## HOLMAN STORE NEWS

— G. H. M. —

"IN THE GOOD OLD SUMMERTIME!"... You'll want to lounge in your own back yard and the most luxurious lounging arrangement that I've seen in a long, long time is the FEATHERWEIGHT ALUMINUM CHAISE LONGUES in the Furniture Department of Holman's in Charlottetown and in Summerside. The beautiful Chaise Longues in three price ranges—all are the same basic construction, it's the mattresses that makes the difference; for instance—the Chaise Longue with the Felt Mattress covered with colorful Canvas is \$2.95; the Chaise Longue with the Hair-Lock Mattress covered with bright Duck is \$4.50 and the Chaise Longue with the Hair-Lock Mattress covered with rich, serviceable Saran is \$9.50. You'll really and truly enjoy your leisure lounging on one of these rubber tired Chaise Longues of the lightest and strongest Aluminum from the Furniture Department of either Holman Store.

"IN THE GOOD OLD SUMMERTIME!"... Set your table with colorful simplicity, and nothing could be simpler than the smart new "GAIETY" patterned English Pottery designed especially for Summer meals at your home or your cottage. The flat type plates are a soft chartreuse shade while the bowls and cups are a highly glazed black—really startling, and a conversation piece (if I have ever seen one)! To introduce this interesting Pottery the China Departments of Holman's in Charlottetown and in Summerside have these STARTER SETS, consisting of Place Settings for Four, marked at a very reasonable 9.95. You'll love the fresh and happy shades—you'll love the deep cups and bowls—you'll love the saving price of "Gaiety" Pottery in the China Department of either Holman Store.

"IN THE GOOD OLD SUMMERTIME!"... And especially this "Good Old Summertime" the girls have gone in for huge sticky-out Skirts and to give them the desired sticky-outness they need crisp, full CRINOLINE PETTICOATS. The Ladies' Shop in Charlottetown and the Lingerie Section of Holman's in Summerside have cracking CRINOLINES of fine Paper Taffeta. They are circle width at the hemline and are in a stitched tier style. Sizes are small, medium and large and the price is just 2.98. Choose a Crinoline of fine Paper Taffeta for your Summertime underpinning, you'll find just what you want in the Ladies' Shop, Charlottetown or the Lingerie Section of Holman's in Summerside.

"IN THE GOOD OLD SUMMERTIME!"... Bared shoulders, toasted to a golden brown, are the height of fashion. The best and easiest way to acquire this lovely shoulder shade is to wear a SUN TOP. The Ladies' Shop in Charlottetown and the Sportswear Department of Holman's Summerside Store have SUN TOPS of fine quality Denim with a cuffed trim of crispy blister cotton. These faded blue, red or charcoal Sun Tops are lined, boned and fittingly shaped... They are available in brasserie sizes and the price is a wee small 98 cents — so you can afford several! Best shop soon for the denim Sun Tops, there is not an Unlimited supply and you'll want them as soon as possible. Sun Tops are in the Ladies' Shop, Charlottetown and the Sportswear Department of Holman's in Summerside.

## The VOGUE

JULY CLEARANCE SALE

THURSDAY - FRIDAY - SATURDAY

- Assortment of Soiled COATS, clearing \$7.95
- Another lot of COATS to clear at 1-2 PRICE
- All other COATS at 1-3 OFF
- All SUITS clearing at 1-3 DISCOUNT
- 1 Rack Summer DRESSES LESS 1-3
- Another assortment of DRESSES to clear at \$3.98
- Balance STRAW HATS, selling at \$1.98 & \$2.98



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 And there's a team that's hard to beat!



enjoy a 7-Up "Float"  
 7-Up Float is ice cream (or sherbet) in a glass, and pour chilled 7-Up gently down the side.

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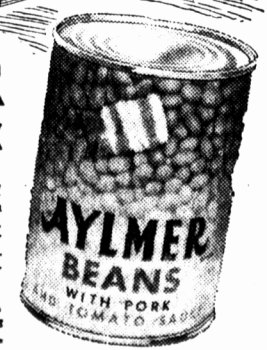
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 Yellow-Eyed Beans  
 with Pork and Molasses

Here's the honey, hearty flavor people here in the Maritimes love! New Aylmer Yellow-Eyed Beans bring you the special goodness of these famous, flavorful beans—carefully cooked with tender pork and rich molasses sauce.

new  
**AYLMER**  
 Beans with Pork and Tomato Sauce

M m m m—what lively flavor! Enjoy new Aylmer Beans with Pork and Tomato Sauce... lightly seasoned and slowly simmered to capture the delicious deep-down taste of every tender bean!

Enjoy these new members of the Aylmer family... cooked in the Aylmer kitchens at Middleton, N.S.



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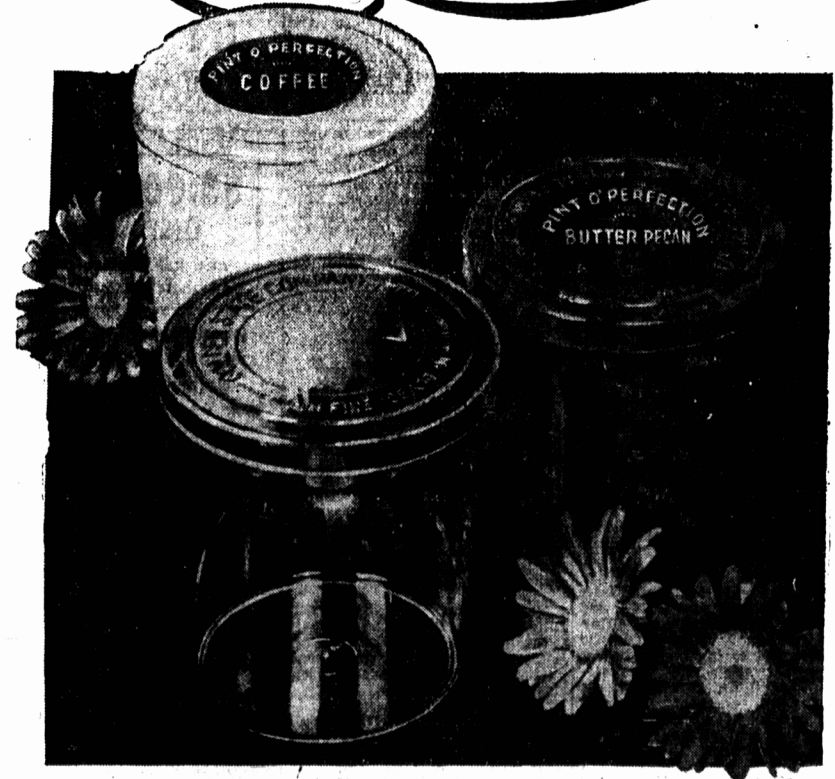
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- Chocolate Marshmallow
- French Vanilla
- Strawberry Revel
- Cherry Vanilla
- Royal Vanilla
- Butter Pecan
- COFFEE

## AND THE New SHERBETS

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Everyone's buying Perfection Ice Cream in the new, transparent Styron "Full-Vu" container, because it shows the quality and shows the flavor. Pick up your Pint of Perfection at your food store today. Choose from eight delicious flavors — try this month's special first, rich tangy Lemon Chiffon — then come back for the other seven.

You'll also want to try the three delicious flavors of new Perfection Sherbet everyone's raving about. They're made with Perfection quality, perfectly suited for cool breaks on warm summer days, packed in "Full-Vu" containers, too. See Perfection — Buy Perfection.

Perfection  
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