



Top Honors For Checks

Checks are taking top honors on the campus and in the classroom for the spring semester and they are equally popular with young careerists around town. This time they appear in a nifty scarf and wear with coats, sweaters and suits. Ombre tones accented with bright blocks of color and etched

Happenings

His Honour the Lieutenant-Governor T. W. L. Prowse and Mrs. Prowse are entertaining this Wednesday evening for the members of the Provincial Legislature and their Deputy Ministers.

Colonel V. G. Dawson and Mrs. Dawson of Yarmouth are spending six weeks in Winter Haven, Florida. Dr. C. A. and Mrs. Dawson have a summer home in Victoria and are spending the winter in New Haven. Mr. and Mrs. Dawson are also at Winter Haven.

Mr. and Mrs. Sheldon Carson entertained Monday night at a skating party, afterwards taking their guests home to supper at their residence, Brighton Road. Mrs. Carson was assisted by Mrs. Myron Bell and Mrs. George Fisher.

The Mikado by Gilbert and Sullivan under the direction of Miss E. Lillian McKenzie is a much anticipated musical event. The Mikado is the project for the year of the Girls' and Boys' Entertainment of Prince of Wales College. The premiere of the Mikado took place at the Savoy, London, on the evening of March 14, 1885. The new piece was an uproarious success from the start and ran close to two years. As you read these lines the Mikado is undoubtedly being performed somewhere in the world, the masterpiece of its creators and the most popular operetta ever written.

Mr. and Mrs. Edward A. Hough and Mr. and Mrs. Clayton Tedford of Ottawa were guests in Kingston, Ontario, recently to attend the Open House of Queen's University. Mr. Gary Hough, a grandson of Mrs. Harold Jenkins and the late Mr. Harold Jenkins, M.P., is twenty-one years of age and is in his second year in engineering at Queen's.

Among those attending the Queen's University Open House Dance were Miss Dianne Tedford of Ottawa escorted by Mr. Gary Hough.

Miss Nora Greene, formerly of Summerside, who now resides in Ottawa has returned from a cruise of the West Indies.

Count Jean de Pierre, father of Prince Rainier III of Monaco who will soon wed actress Grace Kelly, arrived at Idlewild airport, New York. Reports are current that the father is about to marry Audrey Emery, Baltimore, heiress to a Cincinnati fortune.

ANNE ADAMS PATTERNS

STEP-IN CLASSIC

Pretty, practical fashion for any season of the year! It's your favorite shirtwaist dress, with a classic line that's sure to flatter every figure! Step-in styling, jumbo pockets—choice of 3 sleeve versions, ideal for plaid or colorful checked cotton!

Pattern 4588: Misses' Sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42. Size 16 takes 5 1/2 yards 35-inch fabric.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send **THIRTY-FIVE CENTS** (35 cents in coins (stamps cannot be accepted) for this pattern. Print plainly **SIZE, NAME, ADDRESS, STYLE NUMBER.**

Send order to **ANNE ADAMS**, care of **Charlottetown Guardian**, Pattern Dept., 60 Front St. W., Toronto, Ont.

Best for Babys' Coogies

Specially formulated for babies! Beats up phlegm—cures whooping cough!

WOMEN

Page 10, The Guardian Wed., March 14, 1956

Prosperity Of India And Ceylon Depends On Tea

The economy of almost every country is wrapped up in a number of basic products. Here in Canada, for example, we depend to a large extent upon our forestry and agricultural produce. Both India and Ceylon count their prosperity in the amount of tea which they can produce and sell to countries outside their own borders, as tea is their biggest export. The tea industry in both these countries is a specialized one for tea goes through many processes on its way from the tea bush to our teapots. Many of the tea gardens of Ceylon and India are on the slopes of mountains where the air is damp and cool at night, and where there is plenty of sunlight. The tea crop flourishes with tropical intensity, and in most areas is picked every seven or eight days throughout the year. After the tea has been plucked it is put on trays to wither; it is then rolled and allowed to oxidize, fired and sorted. The result is the black tea which we are all familiar with.

GRADING TEA

Teas are graded. After the leaf is dried by firing, it is put through a succession of sieves of different sizes and the leaf is then sorted according to size. Broken or orange pekoe and orange pekoe comprise the smallest shoots. Pekoe is the small leaf, pekoe suchong the grown leaf and suchong the tea with heavy growth of tea buds. The tea is then sorted into grades. The tea is then sorted into grades. The tea is then sorted into grades. The tea is then sorted into grades.

KEEP IN TRIM

Slow Down For Curves

Thin girls, do you overdo and borrow from tomorrow's energy? You can never add curves by that plan. Edna St. Vincent Millay's little verse about the lovely light that comes from burning the candle at both ends should not be taken literally. For ah, my friends, there is nothing that drains the joy from life quite so completely as chronic fatigue.

IMPORTANT FOODS

For extra calories, have an easily digested snack, mid-morning and mid-afternoon. Milk or fruit juice with a raw egg whipped in are easily digested and do not spoil your appetite for meals. Since sweets dull appetite, avoid any thing of this sort between meals.

SPRINGTOWN W.I.

The regular meeting of Springtown W.I. was held at the home of Mrs. D.S. MacPhee on March first. The President presided and the meeting opened by singing the Ode followed by the Mary Stewart Collect; union. Seven members answered roll call and there were five visitors present.

HAMILTON W.I.

The postponed meeting of the Hamilton W.I. was held at the home of Mrs. Everett and Mrs. Alton Ramsay Feb. 10th. The President presided and the meeting opened by singing The Song of Peace. Thirteen members answered roll call by naming a project (Continued on page 11)



Tea For Canada From Ceylon

Pictured above are natives loading tea chests for their long journey to Canada. Many forms of tea and Ceylon teas to your transportation are used in bringing tea.

Mary Haworth

Marriage Cutting Man Off From Former Friends

DEAR MARY HAWORTH: When Paul and I married, his friends became mine, and soon I was introducing his best friend Joe to my school friends-at Joe's request. We secretly hoped he might fall for one or another, but he continued a bachelor until I produced a girl with whom I had been in school, but hardly knew.

UNCIVIL

Now our husbands' work has brought us to a new town, living within a block of each other. My husband and I have made new friends here, but Joe and Jane haven't, and we've tried to maintain friendship with them, but it seems more and more impossible, due to Jane's variable attitude one time being nice, the next time sarcastic. We are tiring of the effort.

There's the program. If you are really in earnest about gaining five rounded pounds by Easter, you'll boost calories, change your pace—and curves will be natural.

ELEANOR ROSS

Fashion's New Splendor

If you've noticed the fashion news lately, you've probably been dazzled by the glittering splendor that is tops in taste and supplies plenty of soft roughage, as well as water.

MORNING SMILE

"Clerk, are these all the get-well cards you have?" "Yes, madame." "I'm afraid they won't do. I want one that hints she isn't as sick as she makes out."

BRINGING UP BABY

Calories may be unpopular with outside grownups, but little live wires need a goodly share of these important energy-givers.

SABOTAGE

In contradicting your every preference, Jane is probably striking back in blind annoyance at your hypocritical approach, which professes cordiality while trying to undermine her. She senses you aren't her friend and wouldn't be; that you'd always be vying with the girl Joe married. Hence she bristles with hostility towards your personality, and towards you attempts to get in close to her private life.

HOUSEHOLD HINT

If clothes have not been properly rinsed, yellow stains from soap or detergent may appear when the fabric is treated.

LET'S EAT Include Lots Of Water In Your Daily Diet

The most important factor in our daily diet is the one most often neglected. I mean water. Water supersedes food and is second in importance only to oxygen. It makes up about 70 per cent of our body weight, carries the nutritive elements from the food to the cells, takes away the waste products of metabolism and regulates body temperature.

WATERY FRUITS

Water is naturally present in some degree in all foods, especially watery fruits and vegetables. Fruit juices, milk and gelatin supply water. Unthickened soups are helpful.

COOK'S CORNER

BANANA SALAD
Dice unpeeled red apple 1/2 cup diced celery 2 sliced ripe bananas 1/2 cup of mayonnaise or salad dressing

all set to conquer hearts!

Bringing Up Baby.

Gerber Strained Bananas, available for the first time in Canada, are rich in calories and energy-givers.

Brand new—delectable too! Gerber Strained Bananas, available for the first time in Canada, are rich in calories and energy-givers.

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