

Woman's Realm Social and Personal Fashions Literature

DOROTHY DIX SAYS -

Girl's Problem

Reader Seeks Conduct Code That Will Please All Men

DEAR MISS DIX: What do men want? How can a girl know how to please them? You go out with one man and let him kiss you and he calls you cheap and easy and doesn't date you any more. You go out with another man and don't let him kiss you and he does not date you any more. What are we poor girls to do?

PUZZLED ONE
ANSWER: You might try just being yourself and establishing your own code of conduct and living up to it. Then you would attract the men that like your type and you would be much more apt to make a hit than you are when you attempt to be whatever you think a man wants you to be.

A girl saves a lot of wear and tear on her constitution by not trying to be a yes woman and changing her morals and her manners to correspond with those of every boy who comes along.

LOSES INDIVIDUALITY

When she does this she throws away the most attractive quality that any human being can possess, and that is personality. She becomes nothing but a rubber stamp, with nothing to distinguish her from thousands of other girls. There is nothing distinctive about this mass-production type of girl that makes a man feel he prefers one above another.

But the girl who doesn't pretend to be what she isn't, who has her convictions that she abides by, who has views that she holds to have individuality. She stands out from the herd. She makes a man notice her because she is different. She makes a man feel that she is worth while and worth having. She isn't just a rag doll that he will throw away as soon as he is tired of playing with her.

So my advice to you is not to try to please every man. Please yourself. You will find that it pays better in every way. And won't forget that not every man likes the same kind of girl. There are plenty of men who prefer girls who refuse to pay for a date by letting men paw over them.

DEAR MISS DIX: I have been engaged for almost three years to a man who has splendid principles but a disagreeable disposition and I live in constant dread of doing something that he can find fault with or be suspicious of. Sometimes I think he is wonderful and at other times I almost hate him, but I can't seem to break with him.

My father died recently, leaving my mother and little sister dependent on me. I have a splendid position; in fact, make more than my fiancé, although he has a good, substantial income. As things stand, I will have to keep my position for the next ten years if I want to be independent of outside help. Of course, no man would wait that long for me. My fiancé urges me to marry him, saying that he can support all three of us, but I know better.

What do you think would be the best thing for me to do, considering that the young man's disposition has already made me doubtful of the wisdom of marrying him?

INDEPENDENT

ANSWER: The man whose mind is filled with petty jealousies

Continued on page 8



Two Dresses For the Atomic Age



TWO VERSIONS of what women are now wearing, seen recently in England. Left: Protective clothing worn by Miss Pamela Preston, of the British Women's Voluntary Service, at a demonstration of civilian defense methods against atomic warfare. Large, knee-high boots protect her feet as she "searches" with a Geiger counter (held in right hand) for the radio-active material of the bombs. She also wears earphones and has a gas mask slung from her shoulders. Right: Afternoon and evening dress by Robert of London. In black faille with a velvet bodice, it converts to a strapless evening gown by the removal of the jacket. The skirt hangs in floating panels.

Morning Smile

Revenge

"Why do you want your little boy to take up the violin?"
"Revenge! The family next door are musical."

He Would Too

Then there was the case of the motorist who always went round curves marked "Danger" at top speed because he felt that the sooner he was out of the danger zone the better.

Spring Teas For Easter Week

The Easter holidays seem to be the ideal time for a tea. With new Spring clothes and Easter "bonnets" to wear, everyone likes to be out among friends. Some will have week-end guests and some will have daughter home from college to help with the entertaining. So, with pretty clothes to show, pretty flowers for your table and pretty things to eat, your Easter tea is sure to be a big success.

Make your most attractive sandwich tray, just full of the most delightful looking and delicious tasting sandwiches you know how to make. They should be as colorful as the Spring flowers; open ones, rolls, ribbons and every shape and size. Make cheese petals (in ham cream), rosettes, chicken-almond triangles, tinted cream cheese stars, banana-peanut butter rolls and jelly pyramids.

Cheese Petals on Ham—Spread prepared deviled ham on buttered rounds of bread. Cut Swiss cheese very thin, in petal-like shapes, and arrange on the ham to resemble a flower. Cut an unblanched almond in a circle for the centre, or use a plump raisin.

Crabmeat Rosettes—Mix 1 small can crabmeat with 2 tablespoons of mayonnaise. Heap on two-inch loast rounds. Arrange thin radish slices around edges. Makes about 30 open sandwiches.

Jelly Pyramids—Cut circles from white bread, so that half the circles are smaller than the others. Spread the large circles with red currant jelly, top with the smaller circle, which has been spread with green mint jelly. Top this small circle with a rosette of cream cheese.

Garnishes for Sandwich Tray—Besides the usual pickles, olives and crisp vegetables, plan some novel garnishes, like: Stuffed Radishes—Cut off bottoms of radishes to make them stand up. Scoop out centres and notch edges. Chill and fill with ripe Camembert cheese.

Cream Cheese Pecans: Put two whole pecan meats together with cream cheese, tinted or plain white. They look nice and taste nice too.

Tea Sweets: Little cakes and cookies, to bring the tea to a gala ending, should be just as attractive to look at as the sandwich.

Dainty Cup Cakes—Make tiny chocolate cup cakes, cover with chocolate or mocha frosting. Roll sides of cakes in toasted coconut, or plain coconut tinted pale green. Make small white cupcakes. When baked and cool, insert a sharp knife into side of each and drop a heaf teaspoon of lemon filling into opening. Frost each cake with white seven-minute frosting. Decorate the top of each cake with Spring flower bouquet, made by tinting frosting several different pastel shades, and putting rosettes of different colors together on the top of the cup-cakes.

Orange-Put Cookies—Cream 1/2 cup butter or margarine with 1/2 cup of sugar. Add 1 egg yolk, 1/4 teaspoon vanilla, 1 tablespoon lemon juice and 1 tablespoon grated orange rind. Mix well. Stir in 1 cup flour sifted with 1/2 teaspoon salt. Mix to form a soft dough. Chill. Beat 1 egg white slightly. Flour your hands, pinch off bits of the cookie dough and shape into balls. Dip balls in the egg white, then roll in finely chopped nuts. Place on greased cookie sheets two inches apart. Put a piece of candied cherry on top. Bake in a moderate oven, 350 degrees F., about 20 minutes. This makes about two dozen cookies.

"SNAKE MAN" GONE

BRANTFORD, Ont. — (CP) — One of the last of the old-time medicine showmen, William Brown, known as "Colonel," died suddenly here while setting up his pitch for selling snake oil liniment. Snakes were his pets, and travelled with him on medicine show tours through Canada and the United States.

PEACEFUL CITY

QUELPEL, Ont. — (CP) — Crime prevention work by Guelph police is paying off. The city reports no serious criminal act since last Dec. 2.

ELLEN'S DIARY

By An Island Farmer's Wife

We find that the family looks out upon the world these mornings with an air of expectancy. There is so much to look for from this brand new season that no matter how variable the weather, it is not disappointing. Gleaning seeds and grit about the barnyard, though leaving on startled wings, the covey of partridge welcomed Rob to his work today. Later Jamie ran in from his choring that is incidental to his father's, and quite helpful, to summon us to admire a flock of Canada Geese in flight.

But all we saw of it was a dark line fading into the gray veil of hovering fog of this morning. "And they were so low too!" Jamie said, "just above the building. Honk!" he echoed our query "I should say they did!" And then he added in words that reminded us of his grandfather "I think you must be deaf, not to have heard them. Why even the pup barked!" Yesterday young neighbors to him living over on the opposite slope, their farm neighboring Mr. A's, saw with small boy's amazement at the miracle of their return "a whole raft of robins on the lawn! Five, Ellen?" scornfully "more like twenty-five — yes all of twenty-five!" Back they come to us, the old, yet ever new and interesting delights that belong to this season.

Jamie peered over the "gangway" bridge this afternoon "to see if there was any sign of a trout about." But what would be seen in the disturbed mill-stream now flowing? Reddy it courses, colored by the wash from roadway and field. Muddy legged horses plodded gallantly along today's road, a number of them, drawing their varied burdens. "It's a strange thing, when you come to think of the present state of the roads," Mr. A. who had come on an evening call remarked, "but there was more hauling done today than there was when the roads were good." "Yes," we nod-

Continued on page 14

Cook's Corner

TUNA SOUFFLE

1/2 cup butter
1-3 cup all-purpose flour
1 1/2 cups milk
4 eggs, separated
1 teaspoon chopped onion
1/4 teaspoon salt
Dash pepper
2 tablespoons chopped parsley
1/2 pound canned tuna fish
Melt butter and blend in flour until smooth. Gradually add milk and cook over low heat until mixture thickens; stirring constantly to keep smooth. Beat eggs; add hot sauce gradually. Add onion, salt, pepper, parsley and flaked fish. Cool slightly. Carefully fold in stiffly beaten egg whites.
Turn into ungreased casserole. Bake in moderately slow oven (325F) for about 60 minutes, or until puffy and delicately browned. Serves 5.

Modern Etiquette

By Roberta Leo

Q. I've heard that correct form now dictates that one should light one's own cigarette from a match first, before lighting his companion's, because of the initial taste of sulphur when a match is struck. Is this correct?
A. No; it is still the proper thing to light your companion's cigarette first. If you wish to avoid the sulphur taste, wait just a moment after striking the match before offering it to your friend.

Q. Who decides on the color scheme and style of dresses worn by the maid-of-honor and bridesmaids at a wedding?
A. The bride.

Q. Is it proper for a woman to send flowers to a man who is ill in a hospital?
A. Yes, this is always a nice gesture.

How Can I!!!

By Anne Ashley

Q. How can I test the purity of butter?
A. Place a small amount of butter in a teaspoon and hold it over a flame. If the butter is pure, it will foam quietly and hold. If impure, it will crackle and sputter as it becomes heated.

Q. How can I stop a small leak in a pan, bucket, or tub?
A. Turn the receptacle upside down, cover the leak with a little powdered sulphur, heat an old knife blade until it is very hot, and spread the sulphur around the leak.

Q. How can I help sick gold fish?
A. If the gold fish are ill, the chances are that they have been overfed, or their bowl has not been kept clean. Over-feeding or lack of fresh water will soon kill them.

Better English

By D. C. Williams

1. What is wrong with this sentence: "We find it to be a positive fact that he lives in the western portion of the county."
2. What is the correct pronunciation of "connaisseur"?
3. Which one of these words is misspelled? Paregoric; gymnastic; Antarctic; Pyrrhic.
4. What does the word "sycophant" mean?
5. What is a word beginning with ar that means "disposition; adjustment"?

ANSWERS

1. Say, "We find it to be a (omit positive) fact that he lives in the western part of the county."
2. Pronounce kon-i-sur, o as in on, i as in it, u as in fur, principal accent on last syllable. 3. Antarctic. 4. A servile flatterer; parasite. (Pronounce first syllable sick). 5. Gentleness, which belongs to virtue, is to be carefully distinguished from the fawning assent of sycophants." — Blair. 5. Arrangement.

Household Scrapbook

By Roberta Leo

Paper Labels
Sometimes it is difficult to remove the paper labels from new pillow cases, sheets, etc. If the goods is pulled on the bias around the label several times, the paper will usually lift off very readily.

Smooth White Hands
The hands can be kept smooth and white by using regularly a solution consisting of equal parts of glycerine and lemon juice, well mixed; a few drops of alcohol, and a little rosewater can be added as a perfume.

Prevent Odor
The odor of cooking cabbage or onion can be prevented from permeating the house by keeping a little vinegar boiling on the stove while cooking them.

Feeling Low?

Then try Wincaris, a Medicated Tonic. Wincaris is just what you may need when you feel low, run down. Wincaris helps strengthen the nervous system and invigorate body tissues and organs. Wincaris acts quickly—soon after you start taking it. You should notice a difference in health and spirits. So, if you're feeling low, try Wincaris. It'll help you feel healthier. Buy a bottle of Wincaris, a Medicated Tonic today—it's free from harmful drugs.



Living & Leisure

— THE WOMAN'S REALM —

"WHEN FIRST MY WAY TO FAIR I TOOK"

When first my way to fair I took
Few pence in purse had I,
And long I used to stand and look
At things I could not buy.

Now times are altered: if I care
To buy a thing I can;
The pence are here and here's
the fair,
But where's the lost young man?

To think that two and two are four
And neither five nor three
The heart of man has long been sore
And long 'tis like to be.

—A. E. Houseman

"MAKE DOWN" INSTEAD OF "MAKE UP"

Certainly any woman's use of cosmetics must pass the eye-test if she is going to win popular approval. In your campaign for perfect appearance, have you mastered the technique of using cosmetics to "make-down" instead of "make-up"? It's the secret of many a woman's immediate improvement in appearance — it brings quick results that really show!

All you have to do is select the cosmetics that suit your type of skin and coloring and then apply them so they look as natural to you and as much a part of you as the color of your eyes and hair!

Rouge The Keynote

That's exactly what they'll do, too, if you make certain your rouge strikes the right opening keynote. You would never want it to tell an untruth about you by proclaiming that your cheeks wear an artificial, feverish flush instead of the true blush of health. I don't have to ask you which it is to be, but I do feel that now I've stirred up a possible tempest in a rouge pot, I ought to tell you exactly how never and how always to use it and why.

Never use a shade that contra-

dicts your own skin coloring. Always select the tint that picks up and emphasizes your own underlying skin tones: For the fair skinned with blue undertones, a rouge that contains the same blue tone such as orchid, violet, magenta or purple. For the creamy of skin, a rouge that contains yellow such as tangerine, Chinese, true-red, coral or rust.

Foundation Under Rouge
Never apply rouge directly to the skin. Always blend it over and into your foundation if you use a cream, liquid or fluid rouge. If you use a dry rouge, you must go one step further and powder before you place your rouge. And then, after it's applied, you must powder lightly over it.

Never dab rouge in a circle. Always apply it in a widening triangle from the highest point on the cheek bone and blend it out to your hair line so that there is no line of demarcation in any direction.

Never put on your rouge in a dimly lit room. Always go to a window during the daytime and to a bright light after dusk.

Never use too much rouge. A little will give just the right impression of natural color always!

That Body Of Yours

By James W. Barton, M.D.

MANAGING THE PATIENT WITH FATIGUE AND NERVOUSNESS

"Patients with chronic fatigue and nervousness plague every practicing physician. It is generally believed that one-third to two-thirds of all patients who seek medical help have as the most significant cause of ill health an emotional or neurotic (nervous) disturbance."

I am quoting Dr. Dwight L. Wilbur, San Francisco, in "The Journal of the American Association." The disturbance may show itself in various ways but nervousness and fatigue are among the commonest symptoms. Among the terms used to describe these cases are: chronic nervous exhaustion, asthenia (general weakness), constitutional inadequacy or inferiority, anxiety state and depression.

Formerly when a patient consulted a physician complaining of above symptoms, particularly nervousness, fatigue and anxiety state, the physician, after a careful physical examination, assured the patient there was nothing to worry about and advised him to try to forget the symptoms. Today the physician, recognizing that the symptoms are caused by nervous exhaustion, anxiety state and chronic tenseness, takes time to explain how these emotions may cause upsetments in the various organs, causing symptoms similar to those caused by real or organic disease.

It can be seen that a physician trying to help a case of nervousness and fatigue has to treat the patient, not a disease, because no disease is present.

Dr. Wilbur states that in the treatment of these nervously exhausted patients there are three principles: first, convincing the patient of the real diagnosis or trouble; second, improving or relieving the patient's symptoms, and third, keeping the patient largely symptom-free and preventing relapse once improvement has occurred.

Common sense, an understanding of human nature and of the effects of various stresses and of emotional conflict on the individual applied with sympathy, cheerfulness and helpfulness are extremely effective in treating these patients.

-Needlecraft-

— FOR THE HOME —

CUTTON CHARM

Wear this crisp dress for day long comfort and smartness. For when you choose cover up for chores in the little companion apron! (For the same style in girl's sizes 4 to 12 order pattern No. 2125.)

No. 2125 is cut in sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42 and 44. Size 18 dress, 3 1/2 yards 35-inch; apron, 1/2 yard 35-inch, 1/4 yard 35-inch contrasting.

Send 25 cents for each PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal note, or some number in your address.

Address: Pattern Department, The Charlottetown Guardian.

Pattern No. 2125

Name

Address

City

Province

POSTAL SERVICE

The Australian Post Office serves the public through 10,000 offices and employs more than 90,000 persons.



Smart and Active too!

(That's You in NuBack with the comfy

"ACTION-BACK")

Inches melt away with NuBack, the easy, comfortable way. You can control waist and hips —

be as smart as a bandbox — yet know

complete freedom of action, because of NuBack's

exclusive "Action Back". This "Action

Back" responds to every stretch, bend, twist

or turn.



FROM MATRON TO JUNIOR, LARGE OR SMALL, NUBACK COMES IN STYLES FOR ALL!



FRONT LACE
For the mature figure. Front lace takes care of surplus abdominal flesh.

SIDE HOOK
Wonderfully controlling for the narrow and full-hip figure.

ZIPPER GIRDLE
For lighter figure control... with complete freedom for action!