Women

THE CANADIAN BRANCH of the King's Daughters and Sons elected a new slate of officers at yesterday's final convention sessions. From left to right they are Miss Ethel Sutherland, secretary; Mrs. L. H. Simmons, president (both of Charlottetown); Mrs. F.P. Belyea the past president; and Mrs. F. F. Frappler of Ottawa, treasurer.

King's Daughters Elect Mrs. L. H. Simmons Pres.

During the banquet for the 23rd triennial convention of the Canadian National Organization of the International Order of the Kings Daughters and Sons, which was held at the social hall of Trinity United Church in Charlottetown Thursday night, an address was presented by the international president of the Order, Mrs. W. R. Nicoll of New Hampshire.

In her speech she dwelled on the fact that hardly a day goes by without one calling upon or relying on faith. Each person has faith, faith that a letter will get to a destination when we drop it in the mail box, faith that our cars will go and not break down. She said that there is no doubt that our life is based on faith. What we need is the faith of children: to emphasize this she told of tourists visiting one of the larger dam sites in the U.S. when the owner of the site was eulogizing on all the things that were done and how workmen had accomplished all sorts of great things . . . and suddenly the voice of a wee boy standing beside his dad says "Daddy, Daddy, who made the water God made the water didn't he Dad."

She also told of the work that the order is doing in the U.S. There are old peoples homes, retirement homes, retarded children's homes, libraries, clinics and thrift shops among the many of the projects assumed by the clubs.

Dr. Geo. Dewar, representing Premier Walter Shaw brought greetings from the Provincial government to the delegates.

During the sessions yesterday the branch president's reports were given by the following members, B.C., Mrs. O. W. Ackerman; N.B., Mrs. L. V. Tingley; Ont., Mrs. T. E. Timbrell; and P.E.I., Mrs. G. M. Avard.

A communion service was celebrated by Rev J.G.E. Ball of Trinity church for the Order members.

In the afternoon delegates were taken on a tour of the Memorial Buildings. There was also the presentation of awards for excellence in bible study, and installation of officers.

Reports were given by Mrs. F. F. Frappier, finance, and Mrs. George Lyon read the resolutions.

Mrs. W. R. Nicoll closed the convention.

HAPPENINGS

Audrey Jenkins, Women's Editor; Phone 4-8506

Mr. and Mrs. Paul Hutchinson of Kingston, Ont., are spending two weeks with Mr. and Mrs. James Moore, Borden.

Seaman Bruce MacLean of the Royal Canadian Navy stationed in Nova Scotia was a weekend guest of his parents, Mr. and Mrs. Malcolm MacLean, of Georgetown.

Charles McConnell, accompanied by Mark Murphy, left by truck for St. Sylvester, Quebec on Sunday and returned on Tuesday.

Mrs. Stephen Landry returned by from New Glasgow, N. S where she visited with her sister, Mrs. Judson Baker and Mr. Baker.

Mrs. Laura Cereitti and daughter, Elaine of Borden left Friday to visit relatives at Cape Cod, Mass.

Mr. and Mrs. Hillard Murray and children Wendy and Lowell left Friday morning for their home in Winona, Ont., after spending 3 weeks with Mr.and Mrs. Horace Sobey, Searletown.

Mr.and Mrs. Bill Llewellyn and family and Helen Murphy recently motored to Lismore N.S. Later in the week, Mr. and Mrs. Bill Llewellyn; Mr. Howard Llewellyn and Mrs. Hilda Llewellyn were visitors to Charlottetown.

Mr. and Mrs. J.A.B. McConnell motored from St. Sylvester, Quebec, arriving in Georgetown on Thursday. Mr. McConnell is principal at the Royal Canadian Air Force Station School there. They will spend the summer holidays at their home in Georgetown and due to the fact that the St. Sylvester Station is closing Mr. McConnell wil teach next term at another Air Force Station School in Quebec Province.

Mr.and Mrs. Bill Llewellyn had as their recent guests, Mr. Don Kelso and son Billy, and Mrs. Sidney Kelso of Saint John, N.B.

Mrs. Jean Vaughan, Judith Vaughan and Nona Forbush of Reno, Nevada, U.S.A., are visiting at Malpeque, the house guests of Mrs. Percy L. MacGougan and family. Mrs. Vaughan will be remembered by many as Jean Ritchie of Boston Mass., who as a girl spent many summers at Malpeque with her aunt.

Mr. and Mrs. Waldron Burk of Charlottetown were weekend guests at the home of Mr. and Mrs. Gerald Mill, Malpeque.

Recent guests at the home of Mr. and Mrs. Roy Hemphill were: Mr. Wendell Sicard and Evelyn Clarke of Halifax, N.S

Genevieve Soloman has as her guests, her niece, Jean Elordieta of Montreal, Quebec, and June Cochran, also of Montreal. On her return to Montreal, Miss Elordieta will accompany her parents, Mr. and Mrs. Vincent Elordieta on a trip to Switzerland, Holland, England, Spain, France, Scotland and Ireland.

Dorothy Thomson of Moncton, N.B., is visiting in Malpeque to be present as bridesmaid of 25 years at the silver wedding anniversary of Mr. and Mrs. Sid ney MacGougan on Saturday evening.

Mr.and Mrs. Keith Peardon and family of Dartmouth, N.S., were recent guests of Mr. and Peardon's parents, Mr. and Mrs. Fred Allen of Georgetown.

Rev. and Mrs. E. H. Bean of Sydney, N.S. are this week visiting at homes of friends in Malpeque and Kensington. They are house guests of Mr. and Mrs. Horace Paynter.

ELLEN'S DIARY

Star-Beacons Light Sky In Serene Deepening Dusk

Prettily, this evening, the dusk touched the hilltops, and filled the low of the valley. And the robins sang on as though reluctant to let the day which had been so lovely pass away and be lost in the shadows. The crescent of moon appeared, and star - beacons lighted the sky.

We came to the old stone doorstep to enjoy these serene moments that come when the afterlight fades into the deepening dusk... Often at a June day's end, in the young years of our farming with James, when last chores were done: milk pails washed and put by for the morning, chickens shut in, kindling prepared — and maybe a broody hen set, we came there to await our farmer's return from the field. It was old - time echoes we heard there in the silence, and by-gone scenes: a dog's bark over the fields: That would be the ...'s returning the milk - cows to pasture. A horse and buggy came down the road - hill. Someone had been to the store. Or, we smiled, what evening was this? It could be that... was off to court his Lady - love!

Presently our dog would come through the shadows out of the dim, to tell us that for the day, our fieldwork was done.

This evening, we listened, though vainly for the beat of horse - shoes, the clank of harness and that once - familiar sound of wood against wood, which indicated that an impatient, thirsty horse had moved aside the conveying though from the pump, so that he might drink more freely from the water in the great hollowed log below...

"She's the smart one!" we recalled James say of a young farmwife of then.

"Yes, all through the cropping, they tell me, he never once brought his horses to the water - trough, but he'd find it full! And the pump is not an easy one like ours either!" he would add.

It is a far cry from those days to this age we have now. This evening the echoes were of machines: of traffic on the Highway, which continued like the far-away rumble of thunder after a hot summer day. Cars passed lane's end. A tractor also hurried by. Our truck came to the yard. And overhead like an over - size heron, its lights a - twinkle, a plane followed some, to us, invisible trail. But withal, despite the every change that meant progress, forget - me - nots bloomed in the old flowerbed, the lilac scent was on the air, and as of old, the apple trees wore their garlands of season.

What did our farmers do today, now that the seedtime is past? There came a spot of lumbering, "to get a few boards", a spell too of fencing. And in a pleasant interruption, a last litter of piglets was welcomed. And to occasion some unease, a young pride of the herd had wandered away from his dam! Flashlights shone this evening in the dusk of a pasture.

"No sign of him?" the call rang out.

"No sign" the echo came.

"Come, Ellen" James says rising from the old armchair "let's get to bed! We must be up early to look for that calf. He could stray for miles"

"The mother will find him" we, who have great faith in a mother's intuition and a mother's concern, say.

Until tomorrow — Diary — Good - night....

WMS Officers Re-Elected

Mrs. Horace Paynter was re-elected president at the annual meeting of the Kelvin Grove Presbyterian Women's Missionary Society held on Monday evening at the home of Mrs. Paynter at Clinton.

Other officers re - elected were, vice president, Mrs. Ralph Moase; secretary, Mrs. Jane Crozier; treasurer, Mrs. Ira Huestis; organist, Mrs. Scott Clark.

The meeting opened with the theme, "The Christian's Pleasure", taken from the 1st verse of Psalm 106, followed by prayer.

Of special interest is the fact that one of the members, Mrs. Ira Huestis has had perfect attendance for twelve years.

Mrs. Earle Semple presented the study book "No Time to Falter"

The July meeting will be held at the home of Mrs. John Burrows, Wilmot Valley.

CGIT GRADUATES

A graduating service for three members of the Margate CGIT was held in Margate United Church on Sunday morning. The service was conducted by Rev. W. A. Paterson assisted by Mrs. Reg Dennis, leader of the group, Mrs. Edwin Johnson, assistant leader was organist for the girl's choir.

The graduates, Molly Mayhew, Andrea Johnson and Joyce Warren, wearing corsages presented by their leaders were welcomed into adult service in the church by Mrs. Robert Heaney, president of the UCW; Mrs. Arther Profitt, a member of the Christian Education Committee, and Mrs. Heath Mayhew, representing Sunday School. Mollie Mayhew gave a brief talk on the CGIT work.

MARY HAWORTH

Once Bent On Suicide Matron Accepts Advice

Dear Mary Haworth: I must tell you of the help you have been to me. I really owe my life to you.

Some years ago I became depressed, hypersensitive, irritable, resentful, hateful, frustrated, defeated.

Nobody could realize how awful I felt, and for no apparent reason. I cried most of the time (inside if not out): alone at work, in church, on a bus. At home I would sit on the floor by my bed and sob for hours. My dear husband was worried sick but couldn't understand me.

Given added responsibilities and problems this past year, I thought of suicide almost constantly. I couldn't have gone on much longer. I am a Christian and "know Whom I have believed" (2 Timothy, 1:12) and was given sympathetic counsel by doctors, pastors and loved ones. Yet it seemed there was no help for me.

Late in January, going through an accumulation of bills, receipts clippings, etc., I came across two of your columns, referring to 'Body, Mind and Sugar" (Holt) by Dr. E. M. Abrahamson, which I had put aside.

Immediately I got the book from the library, read it and asked my doctor if low blood sugar could be my trouble. He said, "It could, among other things!" (My husband is 60, I am 40 and we live in rather a vacuum socially, sexually and spiritually).

My doctor sent me to a diagnostic laboratory for the six-hour glucose tolerance test and found my graph "not at all normal, though not dangerously low." He prescribed six light meals a day, or a snack of juice, milk or tea every two hours or so. I copied and followed (easily) the diet listed in the book and felt much better within a week!

Now, after three months, my mind and life are full of peace and happiness and I can face almost any problem. In fact there aren't many problems now, just challenges.

The cure is so simple. Perhaps too simple, and for that reason many times overlooked, as in my case. I'll bet suicide, murder, divorce and other untold miseries have been and are being caused by low blood sugar.

Please keep mentioning the book so that others may be helped as I have been. And may God bless you for your part in restoring me to a happy useful life. Sincerely, J.R.

Dear J.R.: Well, thanks for this plug from a member of the audience. It is interesting that just as I was about to forswear further references to Dr. Abrahamson's invaluable book (because weary of knocking at the doors of closed minds) the public starts singing its praises to me!

Apparently truth has its advocates in each generation, with new ones taking up where older ones leave off.

This column shared a similar experience in relation to the public's slow - paced but gradually widespread recognition of Alcoholics Anonymous, as an invaluable therapeutic fellowship.

Starting in 1938 - 39, when AA was still in its infancy, with perhaps 200 members all told at the time (as compared to hundreds of thousands today), this column heard of its embryonic status, checked its origins and objectives, talked with its spokesmen and started mentioning it as a haven and possible source of salvation for alcoholics.

Not until years later, somewhere in the mid 1940's, as I recall, did other publications begin to acknowledge its existence, with Liberty Magazine (since defunct), Saturday Evening Post and Readers's Digests, among others, joining in a belated chorus of qualified commendation.

Nowadays it isn't uncommon for younger readers, who've come of age since the second world war, to write in, kindly notifying me of AA's program, on the assumption that I'm unaware of it.

I realize this is because I no longer make the pitch for AA that I did earlier, when it was then so new and little known, yet virtually the only hope of supportive help available to alcoholics at that time.

Perhaps I am nearing the same turning point with respect to "Body, Mind and Sugar." In any case, I am glad to receive and publish your letter, which may reach others who need just this booster shot of encouragement to triumph over human indifference, in search of help. — M.H.

Mary Haworth counsels through her column, not by mail or personal interview. Write her in care of Guardian.

Tom Sawyer Task For Success WI

The June meeting of the Success Women's Institute was held in the school on Tuesday evening with the president, Mrs. Duncan Cole in the chair.

Mrs. A. M. Green and Mrs. Sutherland Montgomery gave their report of the executive meeting held at the home of the president, Mrs. Donald Lamont, French River.

Mrs . Ray MacLeod reported on "hall" business.

It was decided to paint the fence around the school. Cavendish was decided on as the locality for the school picnic. The members requested that the treasurer send for copies of the C.A.C. paper. Ten dollars was voted for the Retarded Children's fund. Delegates were appointed to attend the W.I. convention in Charlottetown on July 8 - 9.

Mrs. A. M. Green who had charge of the program read Mrs. Wallace MacKay's essay on "When I was very Young", and which won her 2nd prize in 70 entries in the provincial competition.

JOHN I. MATHESON

LOIS FLORENCE MACKINNON

ENGAGEMENT ANNOUNCED

Mr. and Mrs. Alexander MacKinnon, Brooklyn, P. E. I. wish to announce the engagement of their eldest daughter, Lois Florence, to John Leslie Matheson, son of Malcolm Matheson and the late Mrs. Matheson, Heatherdale. The marriage will take place at Valleyfield United Church, Wednesday, July 15th, at 2.30 p.m.

IDA BAILEY ALLEN

'Installment Cooking When There Are Guests

A BUSY career - bride and a young career - husband, proud of his wife's cooking, decided to give a seated dinner on a Saturday night for eight instead of the usual buffet, with a menu different from the cliches they had encountered all winter.

"The menu can be made up of foods I can prepare in advance," said the bride. "There's our roomy tray - wagon to help with the service, and our fine new dishwasher can take care of the aftermath so no outside help will be needed.

Off Tray - Wagon

"We'll serve the appetizers from the tray - wagon in the living room, also the after - dinner coffee. The main course will be at table.

"On Saturday morning, I can easily prepare all the foods and cook them three - quarters of the full time, have them ready to finish just before serving.

Measurements level
Duet of New Appetizers

SPANISH OLIVES WITH PINEAPPLE

1 (5, 1-4 oz.) jar large pimiento stuffed olives
1 (9 oz.) can pineapple tidbits
2 inch stick cinnamon

Combine and mix all ingredients including liquid from olives and syrup from pineapple. Cover. Refrigerate 4 hrs. Drain; serve on picks. About 12 servings.

BROILED BACON-OLIVE-CHEESE APPETIZER

6 slices bacon, halved
12 pimiento - stuffed olives
12 (1 inch) squares Cheddar cheese about ¼ inch thick

Saute bacon over low heat 3 min. or until almost done. Drain on absorbent paper towels.

Wrap bacon around cheese squares; top each with an olive; fasten on with picks. Broil 3 inches from source of heat until bacon is crisp. Serve hot. Makes 12.

YOUNG MARRIEDS' DINNER PARTY

Duet of New Appetizers
Beverages of Choice
Brace of Brown - Roast Ducklings
Yam - Mushroom Bake
Italian Green Beans (frozen)
Seedless Green Grapes in Orange - Gel
Crisp Nut Cookies
Coffee

Note: Prepare in advance the appetizers, even the ones ready to bake; & cook the ducklings, yam - bake and green beans; completely prepare green grapes in orange - gel and bake thin-thin nut - cookies (from the refrigerator case).

FAMILY DINNER

Same menu starting with chilled tomato juice instead of appetizers.

YAM - MUSHROOM BAKE

1 c. diced celery
2 tbsp. butter or margarine
2 c. frozen orange juice (diluted)
½ tbsp. cornstarch
½ tsp. powdered ginger
½ tsp. soy sauce
1 (8 oz.) can broilled sliced mushrooms, drained
2 (1 lb.) cans Louisiana yams drained

In saucepan saute celery and butter over low heat until half-tender.

Stir orange juice into cornstarch and ginger stir into celery. Cook - stir 1 min. Mix in the soy sauce and mushrooms.

Arrange yams in oiled low 3-qt. baking dish. Pour over orange sauce. Bake 15 min. in mod. oven, 375 degrees F. Baste once.

TRICK OF THE CHEF

To brown - glaze roast ducklings, brush last 15 min. with mixture of 1 tbsp. each kitchen bouquet and honey mixed with ¼ tsp. powdered ginger.

MR. AND MRS. DONALD A. MACINNIS

Wedding Vows Solemnized At St. Dunstan's Basilica

The marriage of Heather Catherine Lund, youngest daughter of Mr. and Mrs. Parker Lund to Donald Alfred MacInnis, son of Mr. and Mrs. David Bird was solemnized May 30 at St. Dunstan's Basilica.

Rev. Clarence Roach performed the double ring ceremony and celebrated the nuptial mass. Soloist James Flanagan was accompanied by organist Mrs. Joseph Dougan.

The bride, given in marriage by her father wore a floor length gown of white lace over net with sequin trimmed lace bodice. Her bouffant veil was held in place by a crown of brilliants and pearls, and she carried a bouquet of deep pink carnations.

The bride was attended by Mrs. Kay Lund her sister - in law, as matron of honor. Bridesmaids were Judy Lewis, Jean Stewart and Sandra Poulton, wearing street length dresses of blue brocade with matching hats and shoes.

They carried nosegays of white and pink carnations.

A reception was held at the Charlottetown Hotel for 75 guests. Receiving with the bridal party were the parents of the bride and groom. Mrs. Lund chose for her daughter's wedding a navy blue crepe dress with white accessories and corsage of white carnations. Mrs Birt wore a navy blue two piece dress with white accessories and corsage of white carnations.

Margaret Jones was in charge of the guest book. For travelling the bride wore a sapphire blue linen suit and blue nylon hat with white accessories and corsage of white carnations.

Two bridal showers were held in honor of the bride. Her sisters - in - law Mrs. Kevin Lund and Mrs. Parker Lund, Jr., were hostesses on one occasion and Mrs. Norman Kelly was hostess on another.

A dinner was held in honor of the bride at the Royal Canadian Legion by the staff of the Motor Vehicle Branch where she was employed.

Out of town guests were Mrs. Roy Smith, Halifax; and Fred Coates, Toronto.

Mr. and Mrs. MacInnis are residing in Ontario.

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CENTENNIAL ESSO TICKETMOBILE
Will be visiting these key points throughout the Island
Monday—Albany Travel Bureau 10:00 a.m.—4:00 p.m.
Tuesday—Kensington - Ramsay's Esso Station 10:00 a.m. to 12:30 p.m.
Summerside RCAF Base - Station Grocteria Parking Lot 1:30 p.m.—4:00 p.m.
Wednesday—Summerside - Holman's of P.E.I. 10:00 a.m.—4:00 p.m.
Thursday—Montague—Doug's Service Station 10:00 a.m.—4:00 p.m.
Friday—Reid's Corner—Travel Bureau 10:00 a.m.—4:00 p.m.