

Competition In Sports Gets Too Much Emphasis

By BOB MacKenzie
OTTAWA (CP) — Competition is the key to success in organized sport, but Tom Bedecki thinks it may be getting too much emphasis.

The new assistant director of the federal health department's fitness and amateur sport directorate says a high level of competition often limits participation, "and I can't help but feel that participation is more important."

The 36-year-old native of Glace Bay, N.S., who left his job as hockey coach at Ohio State University to join the directorate April 1, concedes that competition is vital to any fitness program.

"It's much easier to get a person to play golf, or tennis, or any sport where he can match his results against another person, than to keep up a regular exercise program by himself."

But this leads to another problem, when an individual no longer can come up to competitive standards in his sport.

"Take hockey as an example. I think it's a shame that a person can spend 15 years acquiring skills in this sport, then have to drop it because he can't keep up the pace in a regular league, or fears the result of a possible injury."

"Why not set up leagues, on a community basis, with modified rules eliminating body contact?"

"I remember watching an old-timers game in Toledo, Ohio, where players were limited to two-minute shifts on the ice and body contact was out. The competition was still there but the emphasis was on participation."

"Everyone had a lot of fun—and good exercise."

COULD USE SKILLS
A program like this, he feels, would allow persons needing "good, violent" exercise to stick with a sport they know rather than switch to one requiring new skills.

Bedecki has a number of other ideas he'd like to develop but figures he'll need at least a year in his new post to find out "where everything fits."

His main duty as one of director Roger Dion's three assistants (one still is to be appointed) will be to deal with national governing bodies of various sports, mainly in an advisory role although he will have some voice in decisions on financial grants.

"Right now I have to get out and meet these people. Most of my knowledge of their prob-

lems is second-hand and you can't make plans on that basis."

When problems come to light, Bedecki's 12-year physical education background will come in handy. After a year as athletic director of St. Anne's high school in Glace Bay he spent a year in graduate studies at Springfield College in Massachusetts.

He coached the Colorado College hockey team for the next three years, "and although I don't agree with some recruiting methods used today, I was as guilty as the next fellow."

"I tried to interest Bobby Hull in a hockey scholarship. His parents seemed interested, but I guess Bobby was too close to a pro career."

The next three years combined problems on psychology of exercise with an athletic instructor's job at University of Florida. Then came his four-year hitch at Ohio State.

WATCHES OWN FITNESS
Exercise problems for a man working behind a desk were brought home to Bedecki soon after he moved to Ottawa with his wife, Anne, and their two children, Virginia, 9, and Bruce, 2.

"I didn't even get a chance to work up a good sweat in my first three weeks here," he said, patting an imaginary

paunch. "It doesn't show too much yet, but I'd better look after it soon."

Carrying 200 pounds on a six-foot, two-inch frame, he hasn't any serious problems, although he would like to trim about 10 pounds for the summer.

"What's the biggest problem for sport in Canada?"

"Geography. We've got so far to travel that only the best get a chance for most events."

"I think we need more events tuned to the community level, building a broad base for higher levels. Then, with events like the Olympic, Pan-American and British Empire Games, the top competition level will look after itself."

"The plan for a Canadian Games at Quebec will be a giant step towards eliminating geographical barriers and should stimulate action at lower levels."

He said his biggest surprise was the progress in track and field in the last few years, "especially with performances by people like Bill Crothers and Harry Jerome."

"I think the coaching clinic program of the Royal Canadian Legion deserves a lot of credit. This program may show the way for other sports in that a major need is clinics of this type. This is where we're going to get leaders for future athletic programs."

George Chuvalo Is Rated Third

TORONTO (CP) — Canadian heavyweight champion George Chuvalo of Toronto, who gained international prominence in a Feb. 1 fight in New York against former-world champion Floyd Patterson, is the only Canadian listed in the World Boxing Association's May ratings.

Chuvalo, who lost a 15-round decision to Patterson, Wednesday was listed third—unchanged from April — among world heavyweight contenders.

The WBA currently recognizes Ernie Terrell of Chicago as the heavyweight champion.

Joey Durelle of Trois-Rivières, Que., who was listed 10th among rated world contenders for Ernie Griffith's title in the April ratings, has been dropped from the list of the top 10.

The ratings:

Heavyweights: Champion, Ernie Terrell, Chicago.

1. Floyd Patterson, New York; 2. Zora Folley, Chandler, Ariz.; 3. George Chuvalo, Toronto.
- Light - heavyweights:** Champion, Jose Torres, New York; 1. Wayne Thornton, Fresno; 2. Mauro Mina, Peru; 3. Willie Pastrano, Miami Beach.
- Middleweights:** Champion, Joey Giardello, Cherry Hill, N.J.; 1. Dick Tiger, Nigeria; 2. Joey Archer, New York; 3. Florentino Fernandez, Miami.
- Junior middleweights:** Champion, Sandro Mazzinghi, Italy; 1. Nino Benvenuti, Italy; 2. Bruno Visintin, Italy; 3. Jorge Fernandez, Argentina.
- Welterweights:** Champion, Emile Griffith, New York; 1. Manuel Gonzalez, Odessa, Texas; 2. Luis Rodriguez, Miami; 3. Jose Stabile, New York.
- Junior welterweights:** Cham-

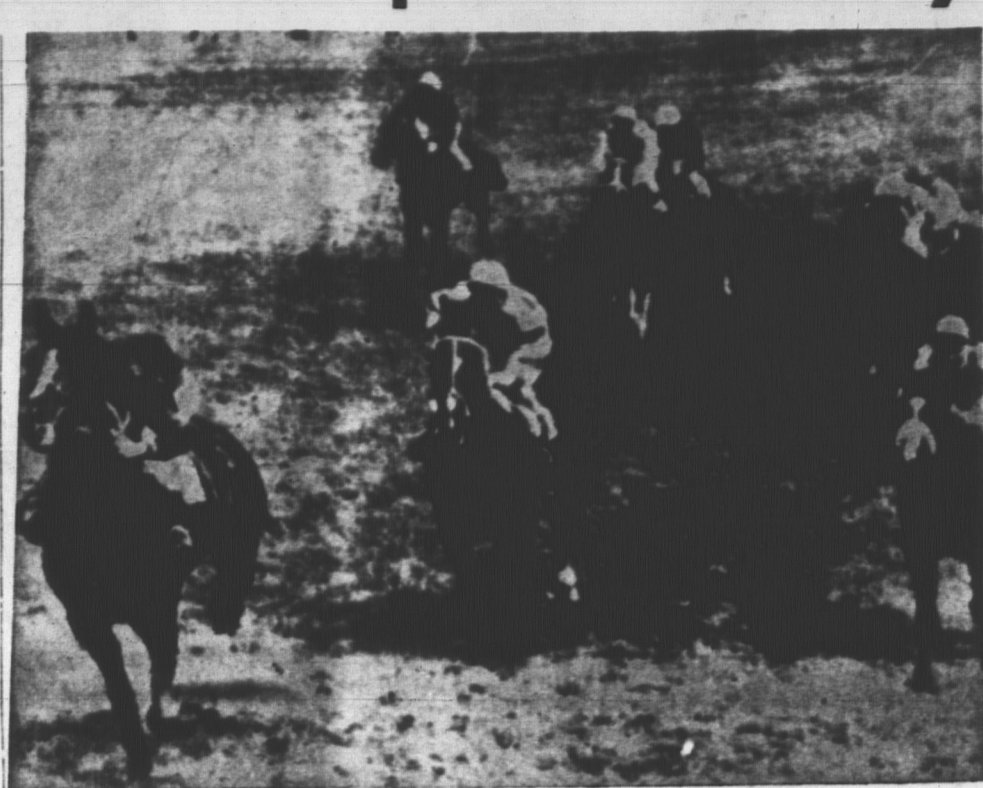
Canadians Meadow Court Is Second In Epson Derby

By RON HOWARD
EPSOM, England (CP) — A roaring Epsom crowd, scenting the sure cash payoffs, noisily acclaimed its favorites as the French-owned Sea Bird II and the Canadian-owned Meadow Court ran first and second, respectively, in the English Derby Wednesday.

Long-striding Sea Bird, ridden superbly by Australian jockey Pat Gyennon, romped over the 1½-mile turf course in two minutes, 38.4 seconds, to win without a whip being applied.

"A wonder horse, a super-horse," admirers called him as Sea Bird, the 7-to-4 favorite, took first prize of £65,301 (\$195,983) for French owner Jean Ternynck.

Calgary publisher Max Bell shared in the Derby purse for the first time in six tries as his Irish-bred Meadow Court finished two lengths back.



SEA BIRD FLIES TO ENGLISH DERBY VICTORY

THRILLS OWNER
Bell, who said he was "thrilled to death" with Meadow Court's second-place performance, won £7,706 (\$23,118). It was believed the first time a Canadian-owned horse had shared in the purse in the 106-year history of the race.

Only two hours before the race, it was disclosed that security men had foiled an attempt to tamper with one of the Derby favorites, Niksar, which finished fourth.

Trainer Walter Nightingall told police that guards fired a shotgun into the air when a gang tried to invade the stables

housing Niksar and I Say, the third finisher, and drove them off.

Security guards and police dogs guarded the stables, half a mile from the course—all Tuesday night, following warnings that Niksar might be "got at." An electronic device which alerted television cameras was also used to foil the raid.

Niksar, winner of the Two Thousand Guineas, went into Wednesday's race at 100 to 8. **CROWD JOYOUS**

The crowd of more than 250,000, including the Queen and seven other members of the Royal Family, roared its approval during the gruelling uphill drive to the wire as Sea Bird shot through the centre of the pack to take and hold first place.

Meadow Court, charging in hot pursuit, closed to within two lengths of the high-flying French colt and opened a safe 1½-length margin over I Say, a 28-to-1 pick. The Bell entry was second choice at 10 to 1.

"That French colt is a great horse and I'm glad we got as close to him as we did," Bell reflected at "raillside after the race."

"I see that Sea Bird isn't entered in the Irish Derby June 26, so we might have a better chance there," Bell added.

He said the chestnut colt probably will be entered in the Irish event and make his next English appearance in the 1½-mile St. Leger Stakes in Doncaster, Yorkshire, in September.

WIN NO RECORD
Sea Bird's time for the fast Derby course, 2:38.41, was far off the record 2:33.8 set by Santa Claus won last year in 2:41.98.

Bell, whose last previous entry in the Derby was Prince d'Amour in 1962, called jockey Lester Pigott, who rode Meadow Court, a "great rider." Pigott, 30, has won the Epsom classic three times since 1954.

Jean Ternynck, owner of the wing-hooved chestnut winner, said he didn't have a son on his colt.

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Probable pitchers for today's major league games, won and lost records in parentheses:
American League
Boston, Monbouquette (5-4) at Minnesota, Pascual (6-0). Only game scheduled.
National League
New York, Lary (1-1) at Pittsburgh, Friend (3-3), (N).
Houston, Nottebart (0-4) at Cincinnati, Arrigo (1-1), (N).
San Francisco, Herbel (3-4) at Milwaukee, Blasingame (5-4) (N).
Los Angeles, Koufax (7-3) at St. Louis, Stallard (3-1), (N). Only games scheduled.

BALL PRACTICE
There will be a ball practice for the Charlottetown Legionaires tonight at Memorial Field starting at 6:30 sharp. The practice has been called by Mr. H. Whitlock.

The Norwegian ship Toronto is a floating trade fair, taking permanent displays from 35 firms around the world.

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